



HELLO September

A cluster of autumn leaves in shades of yellow, orange, and red, with a small brown acorn, positioned to the right of the word "HELLO".

SPRINGFIELD FAMILY CENTER

September 2026 Newsletter

So long summer, it was lovely while it lasted!

Another summer season has come and gone.

For many families, the season was filled with finding activities to keep children busy during their time off, squeezing in trips and adventures during the few short weeks available, and enjoying all that Vermont summer has to offer.

For many homestead farmers, it was also a season of tending gardens and hoping for favorable growing conditions to provide food for their families, friends and communities.

Now, school has begun, schedules are settling back into routine, the days are growing shorter, and the nights are becoming cooler. As we look ahead to the

changing season, we are excited to see what it will bring and anticipate continued connections, partnerships, and activities within our wonderful community.

-The Springfield Family Center staff

Grow-A-Row

As we reported in our August newsletter, our community farmers had a bumper-crop kind of year! Neighbors have consistently visited our office with bushels of surplus produce, and our lobby has never looked so full!

Equally satisfying has been hearing from individuals about how their gardens have flourished, thanks in part to our seed “library” giveaways. Many have already begun planning for next year’s gardens! This initiative has truly been one of our most fruitful endeavors, and we are so thankful to be on the receiving end of our community’s hard work and generosity.

While this year’s growing season isn’t quite over, we hope you’ll keep our Grow-a-Row initiative in mind next spring when we launch it once again. Thank you so much for helping make this effort such a success!







Pantry Food Drives

The shelves at SFC are stocked primarily through the generosity of our community partners and neighbors. Our food pantries are accessed in-house through our Food Shelf program as well as at several off-site locations throughout the community. By bringing shelf-stable food items to places our neighbors already frequent, we can help make needed resources more accessible to those who need them most.

With the school year now underway, SFC will resume our monthly pantry drops at three local schools. These school pantries see many visits throughout each month, and our goal is to help keep their shelves well stocked so students and families can access the food and supplies they need.

For supporters who would like ideas on what to donate, we have several pantry wishlists that highlight specific needs for each location. These can be found on our [SFC Website](#), on our Ways To Give tab, or through our Amazon Wishlist (see button below). Every donation—whether it's a few items or a full collection—is greatly appreciated and makes a difference.

Locally based food drives, hosted by community groups and individuals, take place throughout the year and are another wonderful way to support our programs.

We have an upcoming food drive hosted by the Springfield Democrats on Saturday, October 3, from 9 a.m. to 3 p.m.

We are grateful for any support given to SFC through this drive!

In the meantime, we welcome donations to help meet this year's school pantry needs:

Cereal

Microwavable macaroni & cheese

Canned pasta

Spaghetti sauce

Canned soup

Canned fruit

Applesauce

Assorted pasta

Canned tuna

Canned vegetables

Oatmeal

Peanut butter

Jelly

Manual can openers

Please note: If you are donating specifically for the school pantries, kindly indicate that your donation is intended for the schools.





School Pantry Drive Amazon Wishlist

Back to School Backpack Drive Gratitude

This newsletter is filled with gratitude and appreciation for the incredible generosity of our friends and neighbors. Our call for support of our youngest community members at the beginning of August was met with such a tremendous outpouring of donations that we were able to provide supplies to both Springfield's elementary and middle schools!

Backpacks, folders, pencils and pens, pencil sharpeners, pencil cases, art supplies, water bottles—you name it! Our community came together to provide so many of the supplies that can help make a student's school day a little easier and brighter.

Thank you to everyone who donated, whether you brought in one item or many. Your generosity and support are truly amazing, and we are so grateful to have such a caring community behind our students!



Upcoming Community Events

Story Time at the State Park

When: Thursday, September 10

Time: 3pm

Where: Muckross State Park

Fun, family-friendly event is open to all ages and will have a wide range of FUN, health and wellness activities!



Springfield Lions Club 13th Annual Fishing Tournament

When: September 13th

Time: 6:30am - 3:00pm

Springfield Lions Club

Supporting Springfield and surrounding community charities and eyesight programs since 1937.

Presents



Sunday, September 13, 2026

Hoyt's Landing – US Route 5 & Connecticut River – Springfield, Vermont

6:30 a.m. Registration - 3:00 p.m. Prize awards

\$20 Tournament Entry Fee– Includes tournament, prizes & door prize drawing

1st, 2nd and 3rd place Prizes – 3 Categories

Live "Catch & Release" - Bass, Northern Pike and Perch

Children 12 and under are Free

(Special Prizes for 12 and under)

PO Box 776, Springfield, VT 05156

Email: springfieldvermontlions@gmail.com

SAPA TV Event

When: Friday September 18th, 6pm

Where: 335 River St. Suite 1, Springfield, VT

We asked the community if they would be interested in us holding another drive-in movie night so that is exactly what we are doing!

Join us September 18th from 6pm-9pm for a classic movie under the stars!

We will have food, snacks, and popcorn available for purchase.

This year's movie is 1964's *The Last Man on Earth* Starring Vincent Price. The movie starts at 7pm once the sun sets.



Project ACTION OPERATION SAFE SPRINGFIELD

SAFETY WEEK

Working together for a safer, healthier, stronger Springfield.



MONDAY, SEPTEMBER 21, 2026
SUBSTANCE USE & VAPING
Explore the facts, industry tactics, and strategies to make healthy choices.



5 p.m.



Springfield Town Library,
Children's Room



TUESDAY, SEPTEMBER 22, 2026
WATER SAFETY:
Be Smart, Be Safe, Have Fun!
Fun activities that teach kids how to stay safe around water.



6 p.m.



EdgarMay Health and
Recreation Center

**FOR KIDS
AGES 6-9
(GRADES 1-4)**



WEDNESDAY, SEPTEMBER 23, 2026
**MENTAL HEALTH, DE-ESCALATION
& CONFLICT RESOLUTION**
Build communication skills, manage emotions, and resolve conflict respectfully.



5 p.m.



Springfield Town Library,
Children's Room



THURSDAY, SEPTEMBER 24, 2026
ONLINE SCAMS
Learn how scammers work and how to protect your personal information and money.



5 p.m.



Springfield Town Library,
Children's Room



FRIDAY, SEPTEMBER 25, 2026
**INTERNET SAFETY, CONSENT &
HEALTHY RELATIONSHIPS**
Stay safe online, understand consent, and build healthy relationships.



5 p.m.



Springfield Police Department,
Community Room



LEARN. CONNECT. PROTECT.

Creating a safer community—together.
All programs are free and open to the public.
Everyone is welcome!

STAY INFORMED. GET INVOLVED. MAKE A DIFFERENCE. |  @SpringfieldProjectAction

➤ ALL EVENTS ARE FREE AND OPEN TO THE PUBLIC. ⚡



Heartfelt Thanks to Our August Donors

To everyone who donated food, contributed financially, or gave their time to support Springfield Family Center's food programs in July, we are deeply grateful.

Because of your generosity:

Families in our community have nourishing meals.

Seniors can access healthy food.

Neighbors facing challenges feel seen, supported, and cared for.

You are the heart of this work.

Your kindness strengthens our community, making it healthier, more compassionate, and full of hope.

From all of us at Springfield Family Center, thank you for standing with us and with your neighbors.

August Food Donors:

Willing Hands

Plains Brook Farm

Springfield Unitarian Universalist Church

St. Mary's & Holy Family Parish

Springfield Congregational Church

North Springfield Baptist Church

Turning Point

Springfield VT Rotary Club

VTel

Turning Point Recovery Center

VFW Post 771 Auxiliary

American Legion Post 18

Daryl

Keith & Judy Stern

Rita Fletcher

Ginny Thulen

Gerald & Anne Donatelli

Trisha Paradis

Joyce Sylvester

Toni

Mari Csiszer

April Coen

Amanda French

Donna Builder

Casandra Pitney

The Streeter Family

Holy Trinity Orthodox Church

August Monetary Donors:

Couch Family Foundation

Alwin Schuller

Carol Hansen

Ian Speers

Rachel Fontana

Carol Lynn Knight

Joanna Alix Watercolors

Christina Pujdak

Caroline Comley

Pat Hill & Angela Trauth

Tara Anderson

Dianne Culbertson-Jacques

Paul & Angel Cioffi

Jenna Martin

Tessa Daniels

Kathryn E Waters

Kenneth & Sara Spoor

Jeannine & Richmond Hughes

Ramona Chase

Michelle Brown

Thank you to all of our donors; large or small, all efforts contribute to making a difference in so many lives.

With gratitude,

The Springfield Family Center staff

See you in October!

Your Friends at the Springfield Family Center

802 885 3646

Click Here To Donate Today To SFC!

Please note the recent change to Springfield Family Center's mailing address.

New mailing address is: 130 Springfield Plaza Road, Springfield, VT 05156



in

[Web Version](#) [Forward](#) [Unsubscribe](#)