

SFC's Meal Guide: Microwaveable Chicken Casserole

This dish is mostly shelf-stable and you can get the ingredients here at the Food Shelf! It's an easy to make, delicious dinner to try.

	Ingredients:	Items Youll Need:
	•1-2 5 oz can chicken	•Can Opener
· · ·	chunks, drained •1 4 oz can diced	•Large Bowl
	green chiles	•Mixing Spoon
and the second sec	•1 10 oz can	•1 cup and 1/4 cup
The thread the shares	condensed cream of	measuring cups
and the second second second second	mushroom soup	• Tablespoon
And Aller and a state of the st	•2 cups shredded	•9x13 inch
「大学ない」を見ていた。そのでは、	Cheddar cheese •2 tablespoons dried	Casserole Dish
The main and the state of the s	minced onion	(Microwave Safe)
A REAL PROPERTY AND A REAL	•Salt and pepper to	•Plastic Wrap or
A S CA WE PROVIDE STORE	taste	Lid
CONTRACTOR OF THE OWNER	•1 ¼ cups water	 Microwave
	•2 cups instant rice	•Plate/Teaspoon

Directions:

1. In a large bowl, combine the chicken, chiles, soup, cheese, onions, salt, pepper and water and pour the mixture into your casserole dish.

2. Add the rice and mix in. The mixture should be the consistency of soupy pancake batter.

3. Cover the dish with a lid or plastic wrap and microwave for about 15 minutes. Stop at 10 minutes to check the dish then continue microwaving until the rice is cooked through.

Enjoy!

Recipe Adapted From: https://www.allrecipes.com/recipe/8746/southwest-chicken-casserole/