



ONTARIO SAYS NO MORE | Sample Social Media Posts

Please use these sample social media captions when posting your pledge image across all social media platforms.

- Today I joined the Ontario Says NO MORE campaign, saying NO MORE to Domestic Violence and Sexual Assault in Ontario. Join us and learn more at <https://soarinitiative.org/ontario-says-no-more> @onsaysnomore
- Nobody who experiences Domestic Violence or Sexual Assault should feel ashamed or alone. Join the Ontario Says NO MORE campaign: <https://soarinitiative.org/ontario-says-no-more> @onsaysnomore
- 1 in 4 women and 1 in 6 men experience sexual violence. I have joined Ontario Says NO MORE (@onsaysnomore) to help end this and say NO MORE. #CHANGETHELANGUAGE
- I joined Ontario Says NO MORE (@onsaysnomore) to say NO MORE to Domestic Violence and Sexual Assault.
- Join the Ontario Says NO MORE campaign (@onsaysnomore) and become part of something meaningful.
- I say NO MORE to Domestic Violence and Sexual Assault in Ontario. @onsaysnomore #CHANGETHELANGUAGE
- Today I joined the Ontario Says NO MORE #CHANGETHELANGUAGE campaign, raising awareness to help end Domestic Violence and Sexual Assault in Ontario. Learn more about the movement at <https://soarinitiative.org/ontario-says-no-more>
- 1 in 3 women experience some form of intimate partner violence. Follow @onsaysnomore on Threads, Instagram and X (formerly Twitter) and visit <https://soarinitiative.org/ontario-says-no-more> to support the campaign and say NO MORE to Domestic Violence and Sexual Assault in Ontario.
- Join me in saying NO MORE to Domestic Violence and Sexual Assault. Learn more about these issues at <https://soarinitiative.org/ontario-says-no-more> @onsaysnomore
- I have joined the Ontario Says NO MORE campaign (@onsaysnomore) to help end Domestic Violence and Sexual Assault.
- Join me by visiting <https://soarinitiative.org/ontario-says-no-more>, download, sign and post the pledge. #CHANGETHELANGUAGE
- The NO MORE symbol helps raise awareness about domestic violence and sexual assault in Ontario. Join me and become part of the Ontario Says NO MORE campaign. @onsaysnomore #CHANGETHELANGUAGE

Thank you for being part of the Ontario Says NO MORE campaign. Together, we can help end Domestic Violence and Sexual Assault and create a culture where everyone is treated with dignity, respect, and safety.

@onsaysnomore #CHANGETHELANGUAGE