

# Recreational Resources for All!

## We Love Parks

In this quarterly report of - We Love Parks @OpenRoadNYC & @CityLyfe4u, introduces 5 parks out 1700 NYC Parks



PHOTO: LAKE SIDE DUCK PROSPECT PARK, PARADE STREET ENTRANCE BY A Neighborhood Narrator

and Recreations parks as the "Must See NYC Parks Beginning with the Letter E". (Scan the QR code.)  
**Mission:** encourage both New York City Residents and visitors to be resourceful and by keeping our city parks resourceful.

Monday, January 6th, 2025

## Writers on Writers Block

Hello creative writers and authors! Let's share our stories.  
**Project:** assist with creative writing skill building; build character knowledge of self; learn social and public speaking skills; learn how to write and edit and much more (Scan the QR code for more details.)

## Monthly Resource Collection

It's our mission to make it your mission to learn "How to be Resourceful" with City Inc and more this 2024. Where should you start?

- visiting our website and checking out our "resourceful resources"
- send a service inquiry if you are in need of a "resourceful resource"
- sharing our "resourceful resources"
- share your "resourceful resources" with us
- volunteering
- making a donation to ensure we remain "resourceful resources"



Photo: Ad. for Uniform Donation Collection, by a Neighborhood Narrator

# Join us! Our Annual Events

## The Family Portrait Picnic

**Need to Know**  
**Free RSVP**  
 Includes

Access to: Early Enrollment for current interns and Opportunistic Big Games / Paint & Sip w/ Juice Box (ages 2-6) / Double Dutch / Sack Race Resources / Refreshments.

Access to @PattiePalace Picnic Style Menu.

SB Bring all your favorite picnic personal: Dietary Needs, Blankets, Sanitary items and more.

Get a Free Notary Service w/ a Family Portrait Donation

Documents must be reviewed prior to performing services. Service Hrs: 2pm-5pm (General Acknowledgments only)

Thank you for Meeting us at the Carousel.

We hope you enjoyed our 1st Annual Family Portrait Picnic Community Fair. To learn more about future projects please feel free to visit our website or Instagram.

THE FAMILY PORTRAIT PICNIC Internship Fair

SATURDAY, AUGUST 19TH, 2023 FROM 1PM-5PM

The Resource Club invites you and your family to their 1st Annual Family Portrait Picnic Community Fair. Meet us at the Carousel, we hope to make a connection with our Future City Planners and their families.

@citylyfe4u  
 Sharing@citylyfe4u.com  
 www.citylyfe4u.com

Photo: Ad. for 2023 Family Portrait Picnic, by a Neighborhood Narrator

Looking for some where to show NYC "How Resourceful you are? Join us on **August 18th, 2024** we will be celebrating our **2nd Annual Family Portrait Picnic: Community Fair**. Last year, our 'neighborhood narrators' gathered their family and friends to "Meet us at the Carousel". Where we took family photos, played games, created art and offered NYC HS and College Graduates opportunities to internships with **AMPM Gallery** (Creative Cultural Arts Program-Williamsburg) & **CSL Studios** (New Youth Media Program-Lower Manhattan. This year we hope that you and your family can join us too. (Scan the QR Code.)

**Interested** in sharing your "resourceful resource" send us a service inquiry via email.

## We prefer connect in person,

but heres our Social Medias

IG: CITYLYFE4U  
 TIKTOK: CITYLYFE4U  
 TWITTER: CITYLYFEINC  
 FACEBOOK: CITYLYFE4U

Email: Sharing@citylyfe4u.com

Scan the QR code to learn more about City Lyfe Inc.

# Thanks

for being resourceful.



"We are a community services advocacy program. Our goal is to identify community resources that are designed to provide support or care to individuals experiencing hardships, transitioning into community. We utilize art therapy and strength based case management techniques to assist individuals with their transitions." -notated by a **Neighborhood Narrator**.

**The Resource Club**  
 by City Lyfe Inc.  
 www.citylyfe4u.com

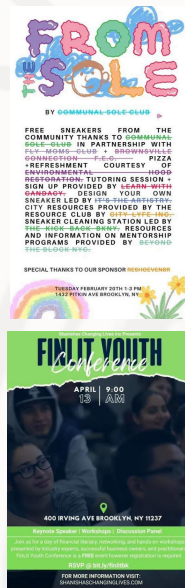
# Our Mission is Our Practice how to be resourceful.

To ensure our "Neighborhood Narrators" are always being resourceful, we have allowed them to navigate through a variation of community resources giving them the opportunity to regain a connection with community while building on necessary skillsets to identify niche for self.



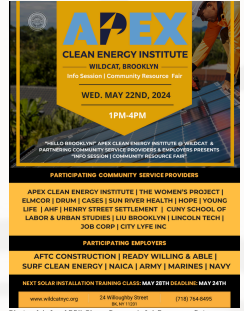
Our monthly resource collection has given us the opportunity to build and connect with our communities here and abroad. We share how we have been resourceful through a series of blogs located on our website (Scan the QR Code).

- Jan 24 Edition: **Ground Cycle** in Midwood
- Feb 24 Edition: **Communal Sole Club** in Brownsville
- Mar 24 Edition: **Sophia & Family** East Giveaway in Manchester, Jamaica West Indies
- Apr 24 Edition: **FinLit a Financial Literacy Youth Conference** in Bushwick
- May 24 Edition: **Wildcats, BK** Info Session | Resource Fair Down Town Bk.
- June 24 Edition : TBD



## How we maintain our resources.

The Creative Arts Hub assist with the collection of data to help individuals and businesses, develop program services more defined for their intended audiences. (Scan the QR for more examples.)



By collaborating with other individuals and local services providers we were able to curate a referral systems that encourages improvement for client advocacy through resources fairs and more.

## how we've been resourceful.

Our founder and program coordinator **Jamila Carmen Salmon** Psy. M. facilitates monthly census to identify community needs per customer service interactions. Doing so has allowed her to create a team of resources that are developed internally and externally for community use on a monthly basis.



## Thanks to You.

We were able to design a series of free and budget friendly services to ensure that we remain **accessible** and **resourceful**. Through these services we've raised over **\$20,000** while servicing over **15,000** individuals and families. Doing so has ensured the development of our core values for a more sustainable foundation and future for City Lyfe in Community.

## How can we be more resourceful?

We'd love to hear from you let us know how we can be a resource for you (sharing@citylyfe4u.com)



## Free & Paid Services

### The Advantage by City Lyfe Inc.



**Designed to:** provide professional development for individuals, groups and organizations who are in need of "guidance" or "direction" to tools that will allow them to improve their individual needs.

**Service Types:** Resume | Cover Letters | Curriculum Vitae | Website Builder | Business Cards | Identification & Employment Document Prep & more.  
**Free Services:** Every 4th Saturday of the month (requires RSVP (Scan the QR Code)).  
**Free & Paid Services:** By appointment

## Express Services | Travel Notary

Monday to Friday 10am-6pm

### EXPRESS SERVICE | TRAVEL NOTARY STATION

This express service station is run by an independent contractor. Please respect the rules and regulation: This is a travel notary station located on private property, if you are not receiving a service please leave or the authorities will be called. We require all visitors to respect everyone's privacy. We do not consent to any audio or visual recordings of any kind. Thank you for your service request: 25% of service fee will be contributed to the resource club by City Lyfe inc. a NYC based community service advocacy program. (www.citylyfe4u.com).

Station instructions: Sign in / log the time, your name, preferred contact and service type and wait your turn. All services provided must be recorded.

SERVICES	PRICE	QUICK GRABS	PRICE
<b>Email to Print</b>	\$2	Stamps	\$1
Priced per copy \$ .25 per page.		Envelop	\$ .50
<b>Copy</b>	\$ .50	Minilla Folder	\$1
30 or more pages at \$ .25 per 85W page.		Minilla Envelop	\$1
<b>Labels</b>	\$3	Plastic Sleeve	\$1
Priced per copy \$1 per page.			

**Designed to:** provide convenient, fast and efficient clerical services for individuals located in Down Town, Brooklyn and neighbor cities.  
**Free Services:** Learn the importance of identification Every 2nd Saturday of the month (requires RSVP).  
**Open Forums:** Every 1st Monday Free Notes for Notaries: Learn how to appropriate service and store documents  
**Paid Services:** By appointment and walk in (See website for travel station location Dt, BK).

Photo: A.E. The Advantage a professional development program by City Lyfe Inc. by a Neighborhood Narrator