



MAKING A DIFFERENCE

WITH EXECUTIVE DIRECTOR GRETCHEN SMITH

Happy 2022 everyone!

This newsletter marks my sixth month here in my new coastal home. The holidays were so beautiful here! I have to say, January wasn't exactly what I was expecting, with the ice storm one weekend and snow the next! However, one thing is constant; the beauty here and the kindness of everyone I have met. I want to thank you all for your generosity last year, the following pages reflect all that Smith Clinic Volunteers and Donors were able to provide our community. I have included a quick overview of many services to our patients last year, as well as a huge thank you to the volunteers who made it possible.

We have put a lot of work into a new giving structure, which is on page 7. It is an expansion of the long-standing, well-loved Patient Partner program, to include the ability to partner not only with patients, but our innovative programs and the clinic itself.

I am excited to welcome Angel Morton, the clinic's new Assistant Director! She has an impressive track record in both healthcare administration and community-based programs and is starting this month. She will be featured in her own words in the next Newsletter.

Finally, I am happy to confirm that we are moving forward with the Annual Gala on April 3rd, at Frank's Outback. I look forward to having the opportunity to gather with all the SMC friends and supporters to celebrate the clinic's accomplishments during these difficult Covid years! If you would like to be a part of the Gala, as a partner, volunteer or attendee please reach out. We welcome each and every one of you to be a part!

Gratefully,
Gretchen Smith
gsmith@smithfreeclinic.org



2022 Board of Directors

Eric Armstrong
Bruce Bailey
Doug Eggiman
Vicki Grant
Deb Harris
Trava Hendrix
Kathleen Hughes
Father Wil Keith
Nancy Laprade
Joyce Linnen
Ashley McCray
Charlotte Moore
Theresa Nolan
Rob Unger
Russell Vedder

Welcome Our New Board Chair, Russell Vedder



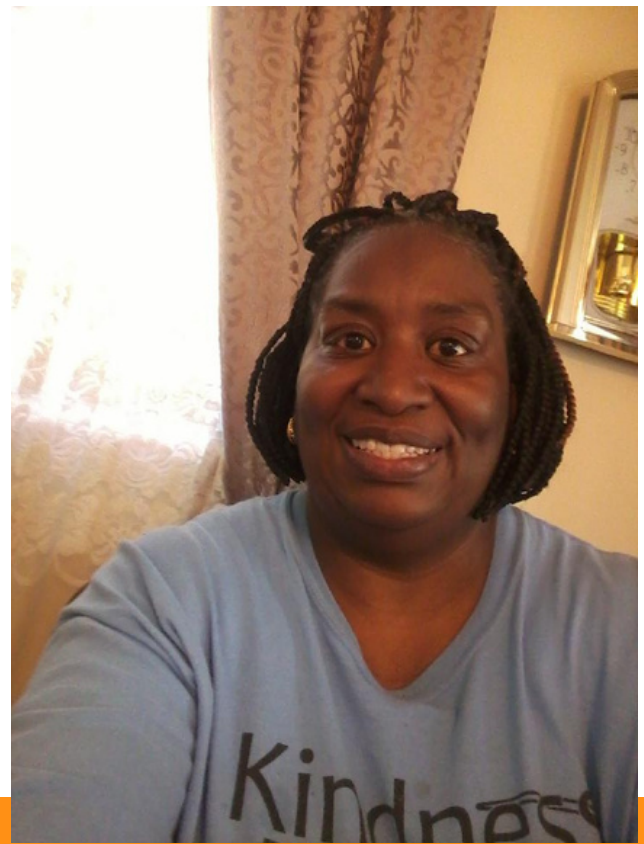
Russell has served the South Carolina banking industry for over ten years. Prior to joining CCNB, he was the president of a local bank here in Georgetown County. Russell completed his undergraduate studies at Clemson University, a master's degree in accounting from the Darla Moore School of Business at the University of South Carolina. He is also a 2015 graduate of the Stonier Graduate School of Banking at the Wharton School of Business at the University of Pennsylvania and is a licensed Certified Public Accountant in the State of South Carolina. Russell enjoys serving his community through his local church and various board activities. He has been an active member of the Smith Clinic board since 2014, serving on the finance committee, and as vice chair. Russell resides in Pawleys Island with his wife Stephanie and their three children.

Patient Spotlight: Debra Green

Smith Medical Clinic has been an important part of Ms. Debra Green's life for many, many years. "I remember seeing Dr. Smith in the original trailer," she says. "My mom never went to the doctor until I convinced her to come to Smith Clinic, too. Everybody is so nice and the care is very good."

Ms. Green stopped coming to Smith Clinic a few years ago when she got a job with the school system that provided her with medical insurance. Last year, however, she became seriously ill with COVID and COVID-related pneumonia and had to leave that job. Ongoing breathing issues caused by those illnesses prevent her from working full-time now. Not one to sit around and feel sorry for herself, Ms. Green works 2 days a week at Publix, just to have some money coming in. "Because I'm short of breath so much, I'm limited in what I can do. I can't afford insurance right now, so I'm back with Smith Clinic."

In addition to helping her manage the long-term impacts of COVID, Ms. Green has gotten her annual mammogram, other health screenings, and her medications through the clinic. "I am grateful to be able to stay current with my tests and labs and to take my medications as needed," Ms. Green says. "I know that's important. This place is just meant to be here. This place has always been a blessing."



"THIS PLACE HAS ALWAYS BEEN A BLESSING..."

YOU CAN HELP PATIENTS LIKE DEBRA

Since 1985, people who want to have a direct impact on the quality of life in our community have supported Smith Clinic. To give you a direct link to the work of the clinic, we established Patient Partners, an annual giving program. This program has become the foundation for the clinic's ability to provide the best medical care possible for our neighbors.

Through the Patient Partner program, a \$250 donation provides complete medical care for a patient for an entire year. As a Patient Partner, your donation will have a direct impact on people's lives and their ability to care for themselves and their families. All patient partners are recognized on the donor wall at the clinic and in our newsletters.

**BECOME A
Patient
Partner**

**If you haven't already, we hope you will join Patient Partners.
You will be making a meaningful investment in the life-saving
services our community needs.**

**More information on this program is on the
enclosed donation envelope.**

Become a Patient Partner today!

THANK YOU 2021 VOLUNTEERS!

MARY ABEL
MINDY ABNEY
ERINN AFFLICK
JULIA ALSTON
SHANA ANTON
ERIC ARMSTRONG
ZACKERY ASBURY
BRUCE BAILEY
MARY BAKER
JAMES BEARD
BARNEY BEAVER
GEORGIA BEAVER
ALSTON BECKMAN
TARA BONILLA
MOE BOUCHER
CLAYTON BOYKIN
LYNNE BRIDGES
JULIA BROGDON
DANIEL BROWN
BETSY BUTER
THOMAS BUTER
JANET CARUSO
JOSEPH CHAFARDON
ADAM CHRISTIAN
KATY CLOSE
SARAH COLE
JANE COOPER
IDA CORBITT
ANDREA COSTER
LAURA CRON
JEAN CROSS
CAROL DAVISON
ROSEMARIE DECKER
MARIA DELLA-CIOPPA
BARBARA DEMPSEY
MITCHELL DEVLIN
VICTOR DIAZ-GONZALES
CATHY DIBERNARDO
ELIZABETH DIXON

CAROLE DOHERTY
FEDERICO ECHEVERRIA
MARIA ECHEVERRIA
CARL EGGIMAN
HARRIET ENZOR
LOWELL EPSTEIN
LINDA FARROW
MARY FAVARO
LAWRENCE FERRARO
MARGARET FERRARO
VICKI FLATHERS
BETSY FRANKLIN
KATHERINE GAGAN
KARYN GALLAGHER
ANNA GASKINS
SUELLEN GEARINGER
ERNEST GELB
CHRISTINE GERBER
ANTHONY GERMINARIO
ERFAAN GHIASSI
SHIRLEY GIEGERICH
CATHERINE GILLESPIE
VICKI GRANT
DEB HARRIS
JEAN HARRIS
JOANN HASHEY
TRAVA HENDRIX
JESSICA HENRY
JAMES HENTZ
MICHELE HERWIG
MARY H HOLBERTON
KATHLEEN HUGHES
MARIE HULSEY
DIANE HUNT
LYN HYLL
KIMBERLY INGERSOLL
SUZANNE JACKMAN
VASUDHA JAIN
JANET JENNINGS

DAPHNE JOSEPH
WILLIAM KEITH
ANN KNIGHT
JOHN KRAMER
THEO KRAPELS
SARAH KRASK
LEISA KRAUS
NANCY LAPRADE
HENRY LAU
MEGAN LAUGHREY
ELIZABETH LEWIS
MARTHA LEWIS
CATHERINE LINDSAY
JOYCE LINNEN
CINDY LOCASALE
KATHERINE LOGAN
ANDRIANA LOVE
JESSE LYONS
MICHAEL MALONE
JAN MASHMAN
EUGENE MAYEAUX
DEBRA MCCAULEY
MATTHEW MCCOSKEY
GEORGIA MCDOWELL
LEDA MCINTYRE HALL
CAROL MCLAUGHLIN-HANSEN
SYBIL MCLAURIN
JOY MCMANUS
STEVEN MEIXEL
JAMES MENSONE
KEITH MILLER
LEONA MILLER
HEATHER MITCHELL
ENAKENO MOKEDI
KATHRYN MOONEY
CHARLOTTE MOORE
JOHN MORRIS
KATHY MORRIS
BARBARA MORTON














SARA MYERS (LAU)
SEAN NGUYEN
JOAN NOBLE
TERESA NOLAN
DEBORAH O'BRIEN
LINDA O'CONNOR
MARCUS OLIVER
EILEEN O'NEILL
GEORGE ORR
MICHAEL OUZTS
MARK OWOLABI
LENNETTE PACHOLSKI
DENISE PATRICK
MELISSA PATTERSON
SUE PAYNE
ANNE PENNINGTON
JUDITH PERDUE
PAMELA PEREIRA
CAROLYN PERRY
CYNDI PHILLIPS
NANCY PICKETT
ROSEMARY PLESHA
FRED POLANDO
TERRY PRATT
A. JAY PRESLAR
SANDRA RAYNES
LORRAINE RICCARDI
LEA ANN ROBERSON
SUSAN ROGERS
LYNN ROMANO
PAULA ROMANOFF
SUSAN RUARK
NICHOLAS RUMMO
DONNA SCHMIDT
JUNE SHEA
SHAUNA SHEA
CHRISTINA SIDERANKO
GAIL SIEGEL
EVELYN SIMMONS

ANNA SKUBIZ
LISA SMARGIASSI
ELOISE (HART) SMITH
TYRA SMITH
MARY SPECHKO
BARBARA SPENCE
SAINT JULIEN SPRINGS
RICHARD STEIGHNER
KARLEE STINSON
ELAINE STRONG
JACK SUTCLIFFE
TED SWEITZER
JOAN SWENSEN
RITA TALLMADGE
TAYLOR THRASH
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KAITLIN TRINKLE
ROBERT UNGER
RUSSELL VEDDER
NICHOLAS VERNON
SUSAN WALLACE
BARBARA WALSH
RICK WATERMAN
HEBER WATSON
PAT WATTERS
BERNADETTE WEICK
DOUG WEISS
BARBARA WELCH
ANGIE WELCHEL
PAYTON WHIDDON
LAVONNE WIERINGA
DEB WILLIS
JACOBIA WILSON
CHRISTINE WORYK

We were thrilled to once again be able to gather with our dedicated volunteers for a great time at Frank's Outback during the Holiday Season.



Annual Review 2021

1,198 INDIVIDUAL PATIENTS 	7,882 TOTAL VISITS 
PATIENT DEMOGRAPHICS  <p>Ethnicity</p> <ul style="list-style-type: none"> • African American: 402 • Caucasian: 397 • Hispanic/Latino: 129 <p>Gender</p> <ul style="list-style-type: none"> • Female: 694 • Male: 504 	COMMON DIAGNOSIS <ul style="list-style-type: none"> • Hypertension : 582 • Diabetes : 252 • COPD : 44 
	10,920 VOLUNTEER HOURS 
1,028 DIAGNOSTIC TESTS 	157 VOLUNTEERS 
7,051 PRESCRIPTIONS FILLED 	270 FLU VACCINES 
211 COUNSELING APPOINTMENTS 	700 COVID VACCINES 
TOTAL VALUE OF MEDICAL CARE \$3.19 MILLION 	HEALTH & WELLNESS SUPPORT SERVICE VISITS: DIABETIC EDUCATION, PHYSICAL THERAPY, NUTRITION & YMCA PARTNERSHIP 1,118 

VOLUNTEERS NEEDED

IN ORDER TO PROVIDE THESE SERVICES AND MORE, WE NEED THE HELP OF VOLUNTEERS!

Please contact Dina Wells at dwells@smithfreeclinic.org if you would like to help in the following ways:

Behavior Health Counseling
 Nursing
 IT
 Gala Volunteer
 Physician

Welcome the Newest Volunteers!



After 20 years of working as a pharmacist in various settings, Lea Ann retired in 2016 to spend more time with her family. Now as an empty nester, she misses the opportunities and challenges that working as a pharmacist bring. She feels that volunteering at SMC provides a great opportunity to use her knowledge and skills to help others.

Dr. Jonathan Whitney just retired from a long career in medicine, but he still has a desire to serve the community as a physician. His parents set a great example in their retirement delivering Meals on Wheels into their upper eighties! SMC looks to be a great place to continue their volunteer spirit.



MEET OUR NEW CLEANING CREW!

The Georgetown Board of Disabilities and Special Needs is a wonderful organization that provides an array of services to persons with disability in Georgetown County. One of which is on the job training, our crew is friendly, courteous, hardworking and do great work! We love having them at the clinic.

SAVE THE DATE

Smith Medical Clinic
Annual Gala

ON THE THIRD DAY OF APRIL AT SIX PM

AT FRANK'S OUTBACK

PAWLEYS ISLAND, SOUTH CAROLINA

TICKETS ON SALE SOON

CHECK OUR WEBSITE FOR MORE INFORMATION

An Update From Long Time Friend and Marketing Director, Anne Sally

Dear Smith Medical Clinic Volunteers, Staff, and Donors,

As most of you are aware that in May of 2021 I was diagnosed with leukemia, thanks to the brilliant Dr. Theresa Nolan and Pat Ames who knew something wasn't quite right with me. But at 55 you can pretty much explain everything away, especially when it is such a busy time of year and don't have time to be sick much less cancer.

Pat Ames sent me to get a blood test at Tideland's Hospital. Within hours the hospital lab called, wanted me to come back and take the test over. My hemoglobin was so low they thought it was a faulty test. The second test came back with an even lower hemoglobin. Dr. Nolan explained what all the different things meant on the blood test, she and Anne Faul arranged for me to see Dr. Betsy Adams that afternoon. Dr. Adams got me into Tideland's Hospital to have a Bone Marrow Biopsy by Wednesday. Then MUSC called on Friday and told me to be at Ashley River Towers by 3:00 and pack for a week. That week turned into 54 days.

They started a regime of chemotherapy that had me hooked up to a pole getting chemo 24 hours for 7 days. At the end of this, the chemo hadn't worked so they started another regime that lasted 5 days with some different drugs and chemo, then I would have a Bone Marrow Transplant.

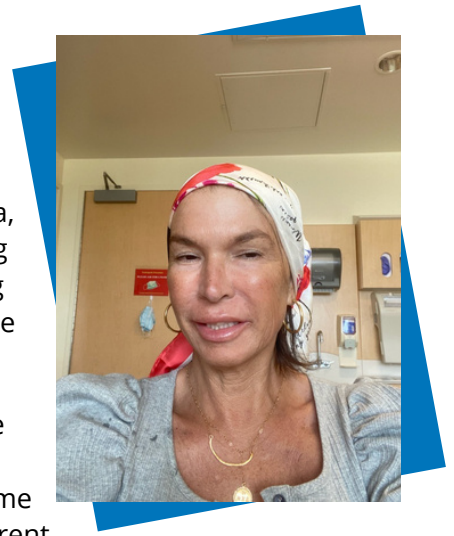
After 54 days they let me go home for about two weeks. Then it was back to MUSC where they started more chemo. This chemo was to hold me in remission while they looked for my Bone Marrow Match. Of course, I can't do things the easy way, the infectious disease doctor found an infection in my blood. So that increased my stay at MUSC a little longer.

In the meantime, the search for my donor had begun. The perfect donor has a 10 out of 10 match. They tested family first, so both of my sons were tested, both in the range to donate, but not a 10. I have a younger sister who I have been estranged from for over 12 years, we weren't even sure where she was living or if she would be willing to donate. My eldest son Josh made it his mission to find her, and she had just moved back to Georgetown and when the Bone Marrow search committee called her, she said "yes"! On top of that she was a 12/12 match.

I was checked back into MUSC on September 14th so they could start chemo that would kill all of my Bone Marrow. They call this the "point of no return", meaning without a transplant, I would have no way to ever have marrow and would die. The transplant was done September 22nd two days after my original birthday. I was doing great, I walked out of MUSC on October 17th. They require you rent an apartment close to MUSC for 100 days in case there are any complications and so you can get to your daily Doctor appointments. They do this also because they want to make sure if the donors bone marrow transplant starts fighting your body you are close to MUSC, this is called Graft vs Host disease. For the first couple of weeks we thought I was out of the woods from getting this, then one night I got severe stomach cramps. When they did an endoscopy they found I had developed Graft vs Host in my colon. So back into the hospital I went for two weeks.

I am still dealing with all the meds I was put on for the Graft vs Host and of course all the meds I was on before. They have started weaning me off some of them. I still have to go to Hollings Cancer Center once a week to meet with my team of doctors. Hopefully this will become once every two weeks soon. I am still in isolation until I get all my immunizations (this includes childhood vaccinations) as my immune system was wiped blank! I can't explain how awesome it is to be home and sleeping in my own bed.

I want to thank everyone for all the beautiful cards, food, Christmas tree ornaments, blankets, flowers, the list goes on and on, but mostly the prayers and love I have felt this whole time.



Anne Sally



CHECK OUT OUR NEW PARTNER LEVELS



GIVE THE *gift* OF *health*



\$250-\$1000

Patient Partner The foundation for Smith Clinic's continuing ability to provide medical care for our vulnerable neighbors, the **Patient Partner** annual giving program directly links donors to clients by funding the care of a single patient, or that of a family for one year.

Early Access for Gala Tickets & Recognition in all publications



\$1001-\$4999

Program Partner A new option added in 2021, the **Program Partner** assists in eliminating barriers to receiving medical care that many of our clients face on a daily basis by giving donors the option to support our programs directly. Some programs of note include:

Uber and Lyft, Diabetic education and monitoring, mobile phone and tablet programs

This partnership is key to unlocking innovation for the future of the clinic and its patients.

2 Gala Tickets and Recognition in all publications as well as signage at Gala



\$5000-\$9999

Clinic Partner The cost to provide medical care to our low income Georgetown County neighbors was approximately \$3000 per (working) day. The **Clinic Partner** provides the vital function of enabling the day-to-day operations of running both the Pawleys Island and Georgetown clinics. This enables Smith Clinic to provide 12,000 patient visits annually; at a cost of \$60 per visit including all tests, labs, prescriptions, provider and nursing consultations.

6 Gala Tickets and Recognition in all publications as well as prominent signage at Gala



\$10,000 +

Smith Founders Circle In 1985, Dr. Cathcart Smith and his wife, Nancy recognized the lack of medical care for vital members of our community, and utilizing an 8-foot wide trailer and medical supplies from his office practice began the clinic. The **Smith Founders Circle** designates major gifts given in the generous spirit of the Smiths more than 35 years ago and continuing to this day.

10 Gala Tickets, Recognition in all publications, Annual Report, Sponsor Signage at Gala



Volunteer Partner Smith Clinic could not survive without our volunteers and donors. The **Volunteer Partner** program recognizes those who contribute to Smith Clinic; their time, talent and money.

Tickets and Recognition commensurate with appropriate giving level

All partnerships can become a sustaining partnership and will be recognized
Would you consider making your gift a pledge of multiple years?



99 Baskervill Drive
Pawleys Island, SC 29585



**Open for all the news
about the 2022 Gala and stay tuned for
Palmetto Giving Day!**

**WANT LIVE UPDATES? FOLLOW US ON SOCIAL MEDIA TO SEE
WHAT WE DO EVERY DAY!**



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