

Stop Smoking Sayings for Signs

You would need to double your present weight before it would carry the same health hazard as smoking twenty cigarettes per day.

Lung cancer in a non-smoker is an extremely rare disease.

Coffin Nails, another name for Cigarettes.

If a couple who each smoked an average of thirty cigarettes per day stopped smoking for one year, they could afford to take their family on a holiday to the south of Spain.

Smoke-Free Zone.

Choose Life.

The only people who don't have troubles in this world are buried six feet under it.

Good health is far more enjoyable than smoking.

Choose Life.

Now is the time.

Quitting gradually is much like a person who hits their head with a rock saying they will stop a little at a time.

Looking Good and Feeling Better.

