



A2 Achieve Worksheet for Annabelle May
Future Vision & Milestone Map: Envisioning My Life in 1, 3, 5 & 10 Years

PURPOSE

This worksheet is designed to help you picture the life you are working toward, not just the job you are applying for. Sometimes the clearest way to understand your goals is to imagine the life around them: where you live, what your day looks like, who you are becoming, and what kind of work gives you energy.

You do not have to have every answer today. This is just a starting point.

MY FUTURE VISION STATEMENT

When I imagine a life that feels meaningful, independent, and exciting, I picture:

The words I want my future life to feel like are:

- ☐ Independent
- ☐ Peaceful
- ☐ Successful
- ☐ Purposeful
- ☐ Social
- ☐ Stable
- ☐ Adventurous
- ☐ Financially secure
- ☐ Creative
- ☐ Impactful
- ☐ Other: _____

1-YEAR VISION

Where I Am Living

In one year, I picture myself living:

- ☐ At home, but preparing for independence
- ☐ In my own apartment
- ☐ With roommates
- ☐ In a new city
- ☐ In the same city, but with more independence
- ☐ Other: _____

Describe what you see when you picture your living situation:

Where are you? What does your room, apartment, neighborhood, or routine look like?

Work & Career

In one year, I hope my work situation looks like:

I want to be learning:

I want to be surrounded by people who are:

A realistic career milestone for one year from now is:

Personal Growth

In one year, I want to feel more:

- ☐ Independent
- ☐ Confident
- ☐ Capable
- ☐ Settled
- ☐ Brave

- ☐ Experienced
- ☐ Financially responsible
- ☐ Other: _____

One habit I need to build this year is:

One decision I need to make this year is:

3-YEAR VISION

Where I Am Living

In three years, I picture myself living:

What does that space represent to me?

Examples: independence, stability, confidence, adulthood, freedom, peace, achievement.

Work & Career

In three years, I hope to be:

- ☐ Growing in my first major career path
- ☐ Working in environmental engineering
- ☐ Working in sustainability, ESG, or energy
- ☐ Working in consulting or project coordination
- ☐ In a leadership-track role
- ☐ Exploring entrepreneurship
- ☐ Living in a city I enjoy
- ☐ Other: _____

My three-year career picture:

By then, I hope I have gained experience in:

A three-year milestone I would be proud of:

Life & Confidence

By three years from now, I want to be able to say:
“I am proud of myself because...”

5-YEAR VISION

Where I Am Living

In five years, I picture my home/living situation as:

What kind of city, neighborhood, or community do I want to be part of?

Work & Career

In five years, I may want to be:

- ☐ Managing projects
- ☐ Mentoring younger professionals
- ☐ In a technical role
- ☐ In a client-facing consulting role
- ☐ In a sustainability or environmental leadership role
- ☐ Building a side business
- ☐ Running my own business
- ☐ Working for a mission-driven company
- ☐ Other: _____

My five-year career vision:

What kind of impact do I want my work to have?

Entrepreneurial Possibility

By five years from now, I may want to explore or build something of my own.

Business or side-project ideas that interest me:

- ☐ Sorority recruitment coaching
- ☐ College women's leadership coaching
- ☐ Student organization consulting
- ☐ Sustainability communication
- ☐ Environmental education content
- ☐ Resume/interview coaching for college students
- ☐ Social media or branding support
- ☐ Event planning / philanthropy consulting
- ☐ Other: _____

The kind of people I might want to help are:

The problem I might help them solve is:

10-YEAR VISION

Where I Am Living

In ten years, I picture myself living:

When I imagine walking into my future home, I see:

That home represents:

- ☐ Freedom
- ☐ Stability
- ☐ Success
- ☐ Family

- ☐ Peace
- ☐ Confidence
- ☐ Adventure
- ☐ Financial independence
- ☐ Other: _____

Career & Purpose

In ten years, I want my career to give me:

- ☐ Purpose
- ☐ Flexibility
- ☐ Leadership
- ☐ Financial security
- ☐ Creativity
- ☐ Community impact
- ☐ Technical growth
- ☐ Entrepreneurial freedom
- ☐ Other: _____

My ten-year professional vision:

The kind of leader, professional, or business owner I want to become:

MILESTONE BRIDGE

Now look back at your 1-year, 3-year, 5-year, and 10-year visions.

What themes do I notice?

I keep picturing:

I seem to care most about:

The type of work that keeps showing up is:

The type of living situation that keeps showing up is:

WHAT NEEDS TO HAPPEN FIRST?

In the next 30 days, I can:

In the next 3 months, I can:

In the next 6 months, I can:

In the next year, I can:

MY CURRENT SEASON

Right now, I am in a season of:

- ☐ Searching
- ☐ Waiting
- ☐ Building
- ☐ Learning
- ☐ Healing
- ☐ Preparing
- ☐ Growing
- ☐ Becoming

The purpose of this season may be:

One way I can use this time well is:

One thing I do not want to waste this season worrying about is:

One thing I want to thank my future self for doing now is:

FINAL REFLECTION

If my future self could encourage me today, she would say:

My next brave step is:
