

# **Servants of our Lord Ministry**

P.O. Box 224 Lexington, IL 61753

Phone: (859) 363 - 6421 Facebook.com/servantsofourlord

Website: servantsofourlordministry.com

Food Distribution Center: 5860 Main St. Clay City, KY 40312

April 2025 Newsletter - Happy Easter!

## Volunteering: An Act of Love

Why do you volunteer for Servants of Our Lord Ministry? We asked this question of our volunteers at our April distribution and here are a few of the answers: I volunteer because I want to serve the Lord in anyway that I can. I love to help people and serve people. I volunteer because I like to give back to the community. I am here because my wife makes me come. If you want to hear and see some of the volunteers and their responses, go to our Facebook page and take a look at our video! We had a new Illinois volunteer this month at the warehouse—Susan Sopek. She did a great job this month!

During this month 's distribution, we visited the Kentucky Cornerstone food pantry in Beattyville. What a treat to see how their food pantry functions and learn about how they serve their community and the Lord! Thank you for showing us around Lisa, Carlos and Troy.

We want to extend our gratitude to the many volunteers that make our world go around and spread the love of God!











#### SCRIPTURE FOCUS

"This is the day that the Lord has made; let us rejoice and be glad in it." Psalm 118:24 (ESV)

Happy National Volunteer Week: April 20—26, 2025

#### OUR MISSION

To serve our Lord, Jesus Christ, by meeting the spiritual and material needs of the many economically deprived individuals living in the Appalachians and surrounding areas.

#### **MINISTRY NEEDS**

Semi drivers needed to haul loads to Clay City, Kentucky for our monthly distributions. Apply at Midwest Food Bank.



Prayer Partners. Please lift up the food pantries and volunteers that make this all possible, and also the families that receive God's abundance!

Please pray for the ministry leaders, that they may know the will of God.

Financial Partners. Please prayerfully consider ways you can help with a monthly donation. 100% of all donations go to providing food to the Eastern Kentucky region. As expenses rise, your consideration for financial donations is greatly appreciated.

### **Benefits of Volunteering**



According to Phil Hodel at Midwest Food Bank:

- 1. **Foster a sense of Community-**Volunteering connects you with others who share similar values and interests. It helps build strong community ties and creates a supportive network of like-minded individuals. Working together towards a common goal builds lasting relationships and contributes to a sense of belonging and shared purpose.
- 2. **Develop New Skills**-Volunteering offers opportunities to learn and develop new skills that can be beneficial both personally and professionally. Hands-on experience gained through volunteering can enhance your skill set and boost your confidence.
- 3. **Enhance Your Resume-**Volunteering is a valuable addition to your resume. It demonstrates your commitment to social causes and showcases your ability to work effectively in diverse environments.

Many employers value the skills and experiences gained through volunteer work, which can set you apart in the job market.

- 4. Improve Mental Health-Engaging in volunteer activities can significantly improve your mental well-being. Helping others and contributing to a cause you care about can reduce stress, alleviate feelings of depression, and increase overall happiness and life satisfaction.
- 5. Expand Your Network-Volunteering provides opportunities to meet new people and expand your professional and social network. Building relationships with individuals from various backgrounds can open doors to new possibilities, ideas, and collaborations. These relationships often extend beyond the scope of volunteer work, enriching your personal and professional life.
- 6. Gain Perspective— Volunteering exposes you to different life experiences and challenges, offering a broader perspective on the world. It helps you develop empathy and understanding for others, enriching your worldview and deepening your appreciation for what you have.
- Increase Physical Health

  Many volunteer activities involve physical tasks, which can
  lead to improved physical health. Regular participation in volunteer work can provide
  exercise and contribute to a healthier lifestyle.
- Boost Self-Esteem
   — Making a positive impact through volunteer work can enhance your self-esteem and sense of accomplishment. Knowing that your efforts are making a difference and are appreciated by others can reinforce your self-worth and personal fulfillment.
- Create Positive Change Volunteering enables you to contribute to meaningful causes and drive positive change in your community or beyond. Your efforts contribute to a better world
- 10. Enjoy Personal Growth— The experiences and challenges faced during volunteer work lead to personal growth. You'll gain insights into your strengths and weaknesses, develop resilience, and build character as you navigate different situations and work towards shared goals.

**Conclusion**—Volunteering is a powerful way to give back while reaping numerous personal benefits. From enhancing your resume to improving your mental and physical health, the rewards of volunteering extend far beyond the immediate impact on those you help.

### **Volunteer Corner**

"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms." (1 Peter 4:10) Volunteering is a good way to share your expertise. We need volunteers to help combat the food insecurity that many counties in Kentucky suffer from. Mark your calendars, so that you can help make a difference! The Clay City, Kentucky distribution for April is Monday, May 19th and Tuesday, May 20th. Come make a difference with us! Checkout our Volunteer Video on Facebook!





## **Ministry Partner**

Please keep in mind, this ministry operates solely on individual donations and the help of volunteers.

If you have the time and desire to help with the monthly food distribution, there are a variety of tasks that need volunteers. If interested, please contact us via email

at <u>servantsofourlord@live.com</u> or phone (859) 363-6421.

If you would like to help with the Ministry's monthly operational costs, please send your tax-deductible donation in the envelope provided or donate on our website at

https://servantsofourlordministry.com/get-involved or mail your donation to P.O. Box 224 Lexington, IL 61753.

Thank you and God Bless.



Donate

# **Prayer Requests**

- Please pray for the food pantry agencies that we serve and the volunteers.
- Please continue to pray for the flood victims.
- Prayers for a Vanceberg family that recently lost a family member
- Praise the Lord for Easter and Spring renewal!
- Prayers for George's daughter .
- Prayers for Lisa's sister in Florida.



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