

**Effective January 1, 2022, we will not be able to bill VSP.** We value our patients and have made every effort to stay in network with your vision plan. However, VSP has made this impossible. We want to give you plenty of notice and offer the following options:

**OPTIONS AVAILABLE TO OUR VSP PATIENTS:**

1. Transfer your services to a different provider that is "in-network" with VSP (*we hope you don't!*)
2. Continue seeing Dr. Mayes and submit an itemized receipt to VSP for *out-of-network reimbursement*
3. Switch your INSURANCE PLAN when your annual renewal comes up to one of the following payers (we are preferred providers for the following):
  - **DAVIS VISION** or **FEP BLUE VISION**
  - ~~SUPERIOR VISION~~ (LIMITED PLANS for now- check your specific plan)
  - **NATIONAL VISION ADMINISTRATORS (NVA)**
  - **VISION CARE DIRECT (VCD)** & **Primary Care Vision Services (PVCS)**
  - ~~SPECTERA/UHC VISION~~ \*\*We can see some UHC Vision plans & are working on expanding

**REASONS WE ARE "OPEN ACCESS" PROVIDERS WITH VSP:**

→When we moved to our new location, VSP refused to credential us as "in network" due to an arbitrary rule that the owners of the clinic must be the same owners of the optical store. We tried every option, but this is completely out of our control. We are considered "Open Access" providers meaning you can use your out-of-network benefits to see Dr. Mayes and purchase glasses.

**CAN YOU STILL SEE DR MAYES IF YOU HAVE VSP?**

→YES! We can give you an itemized receipt with simple instructions to mail to VSP or submit online for reimbursement

→See below for more information on cost/reimbursement

If you have any questions, **TEXT or CALL our office at 405-778-8993**

**DON'T FORGET WE ARE AT OUR NEW LOCATION:**  
**10001 S. Western Ave, STE 200 (north of 104<sup>th</sup> St)**  
**OKC, OK 73139**

Sincerely,

*Lisa Mayes, OD*  
Sylvester Eye Care (and Total Vision Care optical)

*If you have VSP and choose to see Dr. Mayes, we recommend contacting VSP and confirming you have OON benefits.*

*We will provide an itemized receipt with simple instructions to send in for reimbursement.*

## DEFINITIONS OF EYE CARE SERVICES

**Medical Eye Exams**- Dilated exam + testing, diagnosis, & treatment of diseases of the eyes. REFRACTION for glasses is considered an additional service. We bill your medical insurance for this visit. Some plans cover refraction, some do not.

**Routine Vision Exam**- REFRACTION + eye health "screening" but does *not* include the diagnosis & treatment of eye diseases

**REFRACTION**- the measurement of a glasses prescription. This service is included in the cost of a routine vision exam but is not included in the cost of a medical eye exam.

**Medical Eye Exam + Refraction**- If a refraction is requested during your medical visit, an additional fee of \$30 is charged. Some medical payers will cover this charge, some do not. We cannot bill your medical insurance AND vision insurance for the same visit. If you want to use both benefits, you will need to be seen for 2 visits and pay both copays.

**CONTACT LENS (CL) SERVICES**- CL Exam includes a Vision Exam + Refraction + CL fitting + trial CL- fees vary based on complexity of prescription (astigmatism or multifocal/monovision) and new versus established CL exams.

### VISION PATIENTS

-Routine Vision Exam + Refraction

→ **\$75 Vision Exam**  
(-) ~\$40 reimbursed by VSP

### MEDICAL PATIENTS: (Ex: cataracts, dry eyes, diabetes...)

- Dilated Medical Exam (Refraction optional)

→ **Med Copay + \$30 Refraction**  
(-) ~\$20 reimbursed by VSP

### CONTACT LENS (CL) PATIENTS

Return CL exam \$160 (basic Rx) or \$180 (astigmatism or multifocal Rx)

→ **\$160 - \$180 CL Exam**  
(-) ~\$40 reimbursed by VSP

**CL orders**- VSP will reimburse ~\$105 for OON CL orders through our office *OR* we can show you how to **order online from VSP directly** (once we have finalized your prescription)

**EYEGASSES PURCHASE:** Cost varies depending on your frame/lens selection and upgrades chosen.

- **\$50** up to ~\$149-\$199 FRAMES + Lenses
  - Additional fee for lens/frame upgrades
- ~\$300-\$550 Complete pair of PREMIUM EYEGASSES
  - DIGITAL PROGRESSIVES
  - (Includes frames, digital progressives, anti-reflective lenses, 2-year/2-time lens replacement scratch warranty, expert fitting advice & adjustments)

(-) ~\$120-\$150 reimbursed for OON purchase

	<b>Patient Cost (In-Network)</b>	<b>SELF PAY - Patient Cost <i>before</i> VSP reimbursement*</b>	<b>Average VSP OON reimbursement**</b>
<b>Vision Exam</b>	\$10-\$15 copay	\$75	\$35-\$40
<b>Contact Lens (CL) Exam</b>	\$60 copay	Basic CL Eval \$85 Complex CL Eval \$105	\$0
<b>Contact Lens (CL) Order</b>	Cost of CL order minus \$150 VSP allowance	Cost of CL (option to order from our office OR through VSP vendor)	\$105 (if ordered from us) \$150 (if ordered online through VSP)
<b>Eyeglasses (GL) Purchase</b>	\$25 Frame copay + amount over \$150 frame cost + Fee for lens add-ons	\$50-\$199 (Frame + Lenses) + upgrades (self-pay discount) +1-year lens/frame warranty +2-year/2-time scratch warranty	\$105-\$150 depending on plan
<b>APPROX Eyeglasses + Premium Progressives</b>	\$450-\$700 (Many VSP patients have reported this is their in-network cost on premium glasses)	\$250-\$550 depending on upgrades (our self-pay discounted prices average LESS than using an in-network VSP optical PLUS we offer a 2-year scratch warranty and digital progressives)	~\$125-\$150
<b>TOTAL Patient Cost (Exam + basic eyeglasses)</b>	\$10-\$15 exam + \$25 Glasses copay + add-ons = \$35 up to several hundred \$	\$75 + Eyeglasses (\$50-\$199) + upgrade options = \$125-\$400 depending on upgrades chosen	~\$140-\$190 total reimbursed
<b>TOTAL Patient Cost (Premium Progressives)</b>	\$460-\$700 average in-network cost for exam + premium progressives	\$350-\$500 average self-pay cost for exam and expert eyeglasses fitting for premium DIGITAL progressives with 2-year/2-time lens replacement warranty and 1-year frame warranty	~\$140-\$190 total reimbursed

\*Fees quoted assume you are an established patient in our office. New patient fees and first time CL fitting services may be higher.

\*\* We recommend calling VSP at 800-877-7195 to verify out-of-network benefits and amount VSP will reimburse for each service.