

JOHN BALOGH

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OCCUPATIONAL HEALTH, SAFETY & ENVIRONMENT EXECUTIVE

Operational Leadership | Strategic Risk Management | Program Development & Integration

EXECUTIVE PROFILE

Transformative OHS executive and entrepreneur with 25+ years of progressive leadership across the energy, construction, and industrial sectors — spanning field operations to global director mandates. Founder of Bentbar Consulting Inc., delivering innovative safety solutions and measurable risk reduction to major organizations across Canada and internationally.

Recognized for building high-performance teams, architecting enterprise-wide safety programs, and aligning OHS strategy with broader business goals. Combines deep technical ability with executive-level commercial acumen and the ability to influence senior stakeholders at both board and operational levels. Consistent record of reducing injury rates, driving cultural transformation, and achieving compliance outcomes in high-risk, complex environments.

- *50% reduction in DART within 3 months at Fraser River Pile & Dredge.*
- *Recordable injury rate below 1% sustained over 3 years through the Safety Technician Program.*
- *TRIF held below 2% over two years across a multi-site contractor safety program.*
- *500+ supervisors and workers trained; HSE systems for 20–200 workers with full COR certification.*

CORE COMPETENCIES

Strategic Leadership	Technical Expertise	Business Acumen
Executive Program Development	ISO 45001 / OHSAS 18001	Entrepreneurship & P&L Oversight
Enterprise Risk Management	Gap Assessment & Auditing	Contract & Vendor Negotiation
Organizational Culture Transformation	Field-Level Risk Evaluation	Marketing & Business Development
Team Building & Talent Development	HSE Data Systems (Intelex)	KPI Design & Performance Monitoring
Stakeholder & Board Engagement	Incident Investigation (DNV)	Cloud-Based Program Integration
Global Operations Leadership	Regulatory Compliance — WorkSafeBC, OSHA, MSHA	Strategic Planning & Execution
HSE Program Design & Implementation	Contractor Safety Management	Cross-Functional Collaboration

PROFESSIONAL EXPERIENCE

BENTBAR CONSULTING INC. — Vancouver, BC

Founder & Principal OHS Consultant | 2017 – Present

- **Established.** Developed and scaled a specialized OHS consultancy that delivers measurable workplace safety transformation to major industrial and energy-sector organizations across Canada.
- **Directed.** Own all executive functions: P&L management, strategic planning, resource allocation, service delivery, and contractor negotiations.
- **Systems.** Designed corporate HSE management systems for multi-site operations with 20–200 workers; achieved 100% regulatory compliance and COR certification.
- **Investigations.** Led incident investigation programs; implemented corrective actions that reduced repeat incidents by 50%.
- **Field leadership.** Supervised and developed 2 field HSE coaches; partnered with supervisors across 10+ work locations to strengthen hazard management and frontline leadership.
- **Training.** Delivered WorkSafeBC-recognized training (fall protection, MEWP, skid steer, telehandler, high-angle and confined-space rescue) to more than 500 supervisors and workers.
- **Contractor safety.** Built a contractor safety program that kept TRIF below 2% over two years across multi-site operations.

FRASER RIVER PILE & DREDGE — New Westminster, BC

Health & Safety Manager | 2015 – 2017

- **Mandate.** Recruited to lead the overhaul and modernization of the organization's health and safety infrastructure across dredging and construction operational sectors.
- **Results.** Achieved a 50% reduction in DART within the first 3 months by architecting and integrating the OHSAS 18001 (ISO 45001) management system with the Intelex EHS data platform.
- **Governance.** Designed and managed KPI frameworks, implementation schedules, and delivery milestones to ensure accountability and continuous improvement across all safety functions.
- **Compliance.** Maintained COR certification and full compliance with regulatory bodies across all projects.

SAVANNA ENERGY SERVICES CORP. — Calgary, AB

Director, HSE — Canadian Drilling Operations | 2013 – 2015

- **Mandate.** Appointed to lead the national HSE function for Canadian drilling operations at multiple active drilling sites.
- **Team.** Built and led a specialized HSE team with the ability to perform performance assessments, operational gap analysis, and program management.
- **Regulatory.** Served as the primary liaison to regulatory agencies, ensuring compliance with health and safety legislation.
- **Growth.** Streamlined delivery of technical services — risk-focused field audits, policy and procedure reviews, and compliance and risk assessments — and expanded HSE services to support business growth.

UNITED SAFETY LTD. — Domestic & International

Progressive Leadership Roles | 2000 – 2013

- **Trajectory.** Delivered a 13-year career trajectory from field operations to global director responsibilities across increasingly complex mandates.
- **Technical Global Director, Business Development & Risk Management (2005 – 2013)**
- Directed global risk management and business development strategy across international field operations; represented the organization at the executive level with major energy-sector clients worldwide.

Earlier Roles (2000 – 2005)

- Project Manager (plant turnaround) | Training & Development Coordinator | Field & Industrial Operations | H2S Safety Supervisor | Domestic & international on/offshore site operations | Rescue Coordinator

KEY PROJECTS & ACHIEVEMENTS

Shell Upgrader Facility Shutdown — Alberta (largest facility shutdown in scope)

- Provided executive management oversight and operational planning; delivered safety training to 5,000+ contractor personnel and managed quality assurance and deployment of 1,000+ safety-critical pieces of equipment.

Power Plant Confined Space Program

- Launched a structured on-the-job training program for junior OHS personnel; reduced attrition to below 7% while expanding career development pathways.

Safety Technician Program

- Spearheaded the design and continuous improvement of an innovative career development and safety program; achieved a recordable injury rate below 1%, sustained over 3 years.

Safety Rewards & Recognition Program

- Increased employee engagement and accountability; reduced attrition from 28% to below 7%.

PROFESSIONAL CERTIFICATIONS & DESIGNATIONS

- **National Construction Safety Officer (NCSO) 11079794** — Alberta Construction Safety Association (ACSA)
- **Internal COR Auditor** — ACSA
- **Train the Trainer — WHMIS, Confined Space Entry & Rescue, Fall Protection, MEWP** — ACSA
- **CRSP Pathway (in progress)** — University of Fredericton

TRAINING & PROFESSIONAL DEVELOPMENT

ACSA: Construction Safety Administration • Auditor Training Program • Alberta OHS Legislative Awareness • Safety Culture: A Roadmap to Zero • Prime Contractor • WHMIS Train-the-Trainer • Leadership for Safety Excellence • Construction Safety Training System • Basic Instructional Techniques • Principles of Health & Safety Management • H2S Alive

OSSA: Regional Orientation Program • Confined Space Entry & Monitor | Occupational First Aid — Level II • Drug & Alcohol Testing in the Workplace

SafeStart Train-the-Trainer • Incident Investigation (Det Norske Veritas — DNV) • Hazard Recognition Plus / Decision Point Train-the-Trainer • Confined Space Entry & Rescue • High Angle Confined Space Rescue (Levels I & II) • Fall Protection Rescue • Respiratory Protection (SCBA & SABA) & Fit Testing • Behavioral Based Safety • Transportation of Dangerous Goods • Business Management BCM205 — University of Calgary