

# *PLAYER AND PARENT HANDBOOK*

Please review and return signed pages in one email at [info@humblesavage.com](mailto:info@humblesavage.com) or print and return signed pages to head coach.

*Humble Savage*

*Established 2018 | The Time Is Now*

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### **Our Mission**

To serve our community and provide youth a *positive* environment with equal *opportunities* for learning, *creativity* and personal *growth*. Encouraging one another to persevere through life obstacles in pursuit of success.

### **Our Values**

Be True to Yourself  
Positive Attitude  
Have Fun  
Respect  
Accountability  
Sportsmanship

### **Our Vision**

Be the community leaders of youth basketball player development.

### **Why Humble Savage?**

The foundation of this program is built on family & every decision made within this organization is with the best interest of the youth in mind. We aim to teach players the fundamentals of the game of basketball and inspire players to utilize newly acquired skills during competition settings. We develop our players to reach their fullest potential as an individual as well as a great teammate on and off the court. In the end, it's our hope that each player will develop important life skills while enjoying a positive experience, build lasting relationships and ultimately grow to love this great game of basketball .



# Keys & Qualities

## BEING A GREAT TEAMMATE

Coaches value players who lift the people around them. Great teammates communicate, celebrate others' success, bring positive energy and stay connected even when they're not scoring or playing their best. They encourage, hold others accountable and keep the team aligned with the standard. Being a great teammate shows maturity, leadership and emotional intelligence and it directly impacts culture, trust, and winning. Coaches ALWAYS make room for players who put the team first.

## COACHABILITY

Coaches value players who listen, absorb feedback and apply adjustments quickly. Your body language, eye contact, and response to corrections all matter. Coachable players improve faster and elevate the team's culture.

## EFFORT-MOTOR & COMPETITIVE SPIRIT

Coaches immediately notice how hard you compete. Your motor shows up in how you run the floor, chase rebounds, fight over screens, and battle for 50/50 balls. But competitiveness goes beyond effort, it's your willingness to win every rep, every drill, every matchup. Competitive players raise team intensity, bring energy and set the standard every day. Coaches trust players who hate losing more than they love winning.

## TOUGHNESS

Toughness shows up in more than physical play. It's fighting through fatigue, staying locked in after mistakes, taking charges, finishing through contact, sprinting back on defense even if it wasn't your mistake, boxing-out for rebounds, battling in the post and showing composure in pressure situations. Tough players stabilize teams.

## VERSATILITY

The more things you can do, the harder you are to take off the floor. Can you guard multiple positions? Play on or off the ball? Impact the game without scoring? Versatile players give coaches flexibility with lineups, matchups and schemes. It's important to be great at one thing but the more you contribute to winning the more you will play.

## IMPACT ON WINNING

Some players change the game without filling the stat sheet. Coaches look for screens that free shooters, cuts that create layups or scoring opportunities for other teammates, defensive rotations that save possessions, box-outs that lead to transition offense, communication, making the extra pass. Winning players influence possessions others don't even see.

## CONSISTENCY & HABITS

Coaches value players they can rely on every single day. Consistency isn't just about performance it's built from your daily habits. How you warm up, how you practice, how you communicate, how you recover, how you show up mentally and physically. Good habits create predictable behavior and predictable behavior earns trust. When a coach knows exactly what version of you is showing up, your role becomes bigger, and your impact becomes greater. Consistency in practice leads to stability in games. If a coach knows what version of you is showing up, you instantly become more valuable because they can rely on you.

## IQ & DECISION MAKING

IQ is your ability to think the game. Coaches evaluate how well you read spacing, anticipate plays, understand defensive rotations, recognize mismatches, maintain advantages and make the right choice based on the situation. High-IQ players make the game easier for everyone around them.

How quickly and accurately you make choices makes a difference. Are you choosing good shots? Are you making the extra pass? Do you force plays or let the game come to you? Smart decisions in 0.5 seconds separate role players from difference-makers

## INTANGIBLES

Intangibles are the invisible qualities that makes a player a great teammate. Coaches notice leadership that sets the tone and brings others along, clear and consistent communication that keeps the team connected and accountability where players own mistakes and respond to adversity. Competitiveness, presence and energy influence the game beyond stats, while having a strong mindset, being growth-oriented, resilient and hungry shows coaches who will embrace feedback and keep improving. These qualities often determine who coaches trust in big moments, who earns elevated roles and what becomes the backbone of a winning culture.

**Conclusion** - Things will happen during this season that are out of the coach's control, the players control and the parent's control. We're not perfect, we all will make mistakes! As a team we will do our best to strive for excellence and control the things we can control.

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# ELIGIBILITY AND ACADEMICS

1. Players must remain eligible by passing all classes at all times. Coaches will check periodically to see that you are making good progress in all your classes. Grades below C will draw consequences.
2. School comes first. Those who don't do their schoolwork don't play.
3. Athletics is never an excuse to get out of academic responsibilities.
4. When players are in need of extra help from a teacher, they should make every effort to arrange that help before school or during lunch or a study hall. Talk to coach if this proves difficult.
5. Athletes are expected to behave in class. Your behavior reflects on your coaches and teammates. Missing practice because you feel like goofing around or being a jerk in class is very selfish because it hurts the team. It also shows lack of discipline, and players who can't be disciplined as students can't suddenly become disciplined on the court. Skipping class is not allowed.

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# RULES AND REGULATIONS

1. Attendance: It is of utmost importance for players to be at all practices, meetings, games, events, etc. No progress or improvement will be made without good attendance. As far as excused absences go, the following apply: a family matter (funeral, etc.), injury (though player must be in attendance if physically possible), and meeting with a teacher (test, extra help, etc.). If at all possible, though, player's coach must be informed of these absences in a timely matter. If alerting the coach is not possible, the player is expected to contact the coach as soon as possible after returning to the team function. \*Unexcused absences occur when a player misses practice without prior approval or when a player fails to notify his coach upon arrival to practice or game as to why he/she was late or absent (teamsnap dm/mark availability or text to coaches' cellphone are encouraged in this case as well). Conditioning to make up time missed, partial/full game suspensions and dismissal from the team are options the staff must deal with each individual case.

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2. Academic Eligibility: Partial/full game suspensions and dismissal from the team are options the staff must deal with each individual case.

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3. Non-Payment: Team Membership's are due on the 1<sup>st</sup> of every month, invoices are billed via TeamSnap. Partial/full game suspensions and dismissal from the team are options the staff must deal with each individual case.

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**4. Team Practices (High School) are closed to all spectators when indoor, no parent's are allowed except for the last 10 minutes of practice. Please see coach for volunteer opportunities if you MUST be present on a specific day. On any given day coaches may advise that (Middle School) practices are closed to spectators.**

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5. Behavior for Humble Savage members is expected to be at an even higher level than that of their competition. Members should show respect at all times to not only their teammates and coaches, but to other coaches, officials, scores keepers and spectators.

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6. Smoking, vaping, drinking, use of smokeless tobacco and the use of any drugs not prescribed by a doctor if proven can result in immediate suspension or dismissal from the team.

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7. Any conduct (i.e., on court, off court, stealing or other law-breaking activity) that proves detrimental to the player's or team's image can result in immediate suspension or dismissal from the team.

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8. Basketball-wise, only two things are expected of all players:

\*Members must listen and attempt to do what their coach directs at all times.

\*Member must at all times give their best effort in all team matters (games, practices, meetings, events, etc.). While human mistakes are expected, the effort to follow and attempt the coaches' instructions is vital to our teams' success. Failure to do the above will be considered on a case-by-case basis and can result in immediate suspension or dismissal from the team.

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# PLAYING TIME

**This is an issue that all players and parents are concerned with. Playing time is EARNED, not given. A spot on the team is a precious commodity, especially at Humble Savage. Being able to be on the court at games is another level beyond being on the team. We as a staff will do our best to help players understand their roles as they relate to playing time. It is imperative though that athletes approach the coaches when that understanding is not occurring to the player's expectations. The Keys & Qualities are like any other characteristic a human being has; that being, some players do better at some of them than others. It is the combination of Keys & Qualities that the coaching staff must take into consideration (to the best of their ability) as well as disciplinary reasons when deciding who will be on the court at any given time.**

**Substitutions are a key component in playing time. Athlete may be substituted for when: athlete needs rest, failed to follow directions, is in foul trouble, to get a better match-up with our opponent, correct a mistake and take advantage of a teachable moment, we need to foul at the end of a game, for a special offensive or defensive situation and/or if athlete is just having "one of those nights" when nothing is going right, ect.**

Finally, members may be moved between Practice Player/League Player/Tournament Player based on the number of members on roster, their current skill level and/or competitiveness. The members that earn positions will be given them based on many factors as well as our teams' make-up in a given season.

Practice/Training/Events: Attend every scheduled practice/training/event. Prepare or practice to play at each athletes and our team's highest level. Sacrifices will have to be made to have a good practice. Enthusiasm is a must regardless of whatever happened off the court on that particular day. Members are liable to be excused from that days remaining duration of practice/training/event at coach's discretion if member does not demonstrate the proper enthusiasm, focus, effort, desire to get better/participate. Playing time will be adjusted due to missed practice time. Unexcused practices may result in extra conditioning, suspension or even dismissal from the team.

Game: Attend every game and be prepared to COMPETE and give 100% effort in whatever role is given. Those roles could range from being a high-scoring starter to defensive specialist to bench player who needs to support those on the floor. All of those roles are VERY important to our team's success.

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# Athletes' Code of Ethics

It is the responsibility of the athlete to: Always represent your organization with pride, handling adversity and success with dignity and grace.

It is the responsibility of the athlete to: Achieve and maintain high scholastic standards.

Be Competitive. Play Hard. Play Together. Respect The Game.

Be a role model, committed to the highest standards of sportsmanship, leadership, and personal conduct.

Honor commitments to the sport, coaches and teammates and give an all-out effort in practice and competition.

Demonstrate respect for all coaches, officials, teammates, opponents and spectators.

Practice good citizenship, pursue academic/athletic achievement, and live a healthy lifestyle.

Social Media & Brand Image – Only tag/post Humble Savage content that reflects positivity and good intent.

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# Coaches' Code of Ethics

It is the responsibility of the coach to:

Care for and act in the best interest of all student athletes, promoting development as a whole person.

Create an atmosphere of pride and respect for the sport, players, officials, opponents, coaches and spectators.

Be a positive role model - set high standards; demonstrate fair play and sportsmanship to all; never place winning above the value of instilling the highest, desirable ideals of character.

Be committed, be knowledgeable, and prepare student athletes to compete to the best of their ability.

Promote good citizenship, academic/athletic achievement, and a healthy lifestyle.

No Humble Savage Coach should be impaired by alcohol or drugs while performing their duties.

Social Media & Brand Image – Only tag/post Humble Savage content that reflects positivity and good intent.

# Spectators' Code of Ethics

It is the responsibility of the spectator to:

Always represent your organization with pride, handling adversity and success with dignity and grace.

Demonstrate sportsmanship through positive support and encouragement of all players, coaches, and officials.

Create an atmosphere of respect for the sport, players, officials, coaches, and fellow spectators. Recognize that sports are a learning experience for student athletes and mistakes are sometimes made. Praise them in their attempt to improve themselves as students, athletes and people.

# COACH REQUIREMENTS

- \*Always treat our athletes with respect.
- \*Be very clear with our athletes about their roles with the team.
- \*Motivate staff and our athletes to be their absolute best.
- \*Be cognizant of athletes off-the-court welfare.
- \*Enjoy the time we spend together as a staff and as a team.
- \*Respond promptly and appropriately to parents needs and concerns. All parents' concerns are important ones and are to be treated with respect. Parents should be able to meet with any of us without any cause for concern that the content of the meeting will affect our treatment of their child or their playing time in a negative manner.
- \*Be up-to-date with the latest in coaching methods and/or techniques.
- \*Show class and sportsmanship in game-settings toward opposing fans, coaches, players, spectators and officials.
- \*Spend time in the off-season working to bring about positive exposure to the program and at keeping the program fiscally-sound.

We (coaches) agree to the above terms and will try to live up to them to the best of our ability.

---

Cortney Suell    Christopher Suell    Tank Giles

Abe Pennamon    Byran Jacewicz    Jon Trevor    Rouella Smith    Corey Underwood

# PARENT REQUIREMENTS

\*Always show my support for my child regardless of the circumstances they are under.

\*Support my child's team in a positive manner.

\*Enjoy the games! My child's time as a student athlete is a fleeting one. Make it a time to remember.

\*Show class and dignity in game-settings toward fellow fans, opposing players, opposing coaches and referees.

\*I will allow the coach to coach my child. I will refrain from shouting instructions during the game.

\*When a situation occurs relating to my child that raises concern (pertaining to all matters except playing time, game strategy, or issues concerning other players), I/we will follow this chain of command to resolve said situation:

**\*Parent's Do not approach the coach immediately after the game to question strategy and/or playing time.** Please allow 24 hours from the conclusion of the game before contacting coach to discuss issues regarding strategy and/or playing time. Even before then see proper action steps below.

1) Encourage my child to seek out his coach in a private meeting to discuss strategy and/or playing time.

2) I/we will arrange a meeting with my child's assistant coach. (assistant coach will sit in on meeting with child's Head Coach and parent or assign a team parent to if assistant is not available.

3) I/we will arrange a meeting with all parties.

I/We agree to the above terms and will try to live up to them to the best of our ability:

**I have read, understand and signed/initialed each part of this packet. I understand the expectations placed on each coach, player and parent.**

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Player Name (print)

Signatures of all Parents and/or Guardians

# Humble Helpers Need

\*Player volunteer opportunity at Humble Savage Skills Clinic

\*Like FB page/Follow on IG (post/share/like/engage with content)

\*Record Game Stats

\*Video Record Games

\*Game Action Photos

\*HS Spirit Section at games

\*Team Building Event Manager

\*Fundraising Event Coordinator

\*Travel Coordinator / Budget Planner

\*Community Outreach Coordinator

\*Scout – Provide info on tournaments, players, teams, coordinate scrimmages and open gyms

## Humble Cares

501c3 serving as a non-profit booster club for Humble Savage Club Basketball - visit website to learn more about additional community uplifting initiatives and volunteer opportunities.

<https://humblecares.org/>

### Contacts

#### General Inquiries

Email: [Info@humblesavage.com](mailto:Info@humblesavage.com)

[www.humblesavage.com](http://www.humblesavage.com)