

MANIFESTING MONEY: AN EXECUTION PLAN

This execution plan aims to give you a timeline, goals and action items to work on as you manifest your ideal financial situation.

STEP 1: GET RID OF LIMITING BELIEFS



Goal: Shift your emotions.

Any negative underlying assumptions about money will stand in the way of achieving financial abundance.



Timing: 1-7 days.



Tools: Affirmations.

Think of all the reasons you genuinely love money. For example, "I love money because it gives me freedom". (but it's important to make sure the list reflects your thoughts).



TIP: When creating affirmations, remember that you can also integrate them into artwork or set them as reminders on your phone.

STEP 2: SET A CLEAR INTENTION



Goal: Specificity.

If you can't quite decide how much money you want to manifest, why or when, then the universe is not going to know either.



Timing: 3-14 days.



Tools: Dream board.

Play around with your specific intention – try 5-10 different ways of wording it. When something feels right and your intention is set, make it into a dream board. Also, be sure to work your intention into everything you do with the Law of Attraction



TIP: Look around for template dream boards and inspirational examples. Don't be afraid to go online when you're creating, too.

STEP 3: ACTIVELY RESPECT AND LOVE MONEY



Goal: Live as if...

Try not to think of yourself as trying to get money but rather as having already achieved wealth.



Timing: 14-30 days.



Tools: Living "in the knowing."

Get a new wallet, or empty your current one of anything that's irrelevant. Think of it as creating a sanctuary for your intentions.



TIP: Consider smelling money every day – when you expose your brain to this distinctive odor, you come into a kind of vibrational alignment with money.

STEP 4: TUNE INTO YOUR INTUITION



Goal: Identifying intuitions.

By having a clear intention and sending out consistent signals about financial abundance, your intuition will naturally sharpen.



Timing: 7-14 days.



Tools: Visualization.

To tune into your intuitions, try a new daily visualization exercise that involves focusing on your core. Picture light or heat in the center of your body, where you'll often feel the most intense, instant emotional responses to events.



TIP: Look out for coincidences, unexpected encounters, new invitations – basically, anything that evokes a sense of excitement or possibility is probably something you've been sent in order to guide you to abundance

STEP 5: LET GO AND TRUST THE UNIVERSE



Goal: Letting go.

Any execution plan for manifesting money has to involve learning to live without anxiety.



Timing: 7 days.



Tools: Gratitude journal.

Write in your gratitude journal to ensure you feel good about every day and appreciate all the small steps on the road to your ideal life.



Remember: once you've set clear intentions and committed to practicing the appropriate manifestation techniques every day, you've done absolutely everything you can do to set your desires in motion.