

KEMMERER SENIOR CENTER

KMERSC.COM



The Kemmerer Senior
Center
105 JC Penney Dr
Kemmerer, WY 83101
Phone 307-877-3806

LUNCH

307-877-3806

Monday—Friday

Noon to 12:15 p.m.

60+ Suggested Donation \$5

Under 60 \$9

**Pickup for Carryout @
11:30**

**Home Delivery for
Qualifying**

Individuals start at 10:30

60 and over

**call between 8:00 & 9:30
for Pickup or Carryout
orders**

**or to make changes to your
delivery schedule.**

Under 60

call between 9:30 & 10:00

for carryout.

****If you miss the 9:30/10:00 deadline you
are welcome to stop by the center @ 12:15
following the daily in-house serving.***

Welcome

The Kemmerer Senior Center

Welcomes the Community

Monday—Friday

9:00 a.m.—3:00 p.m.

BOARD OF DIRECTORS

Michelle Muir, President
Irva Johnson, Vice President
Celeste Mori, Secretary
Greg Gray, Member
Dorothy Murdock, Member
Director

**The next board
meeting will be on
Monday,
June 15, at 3:00**

Thank You

The Kemmerer Senior Center would like to thank you for your generosity, support, and time.

Bob Lake
Nancy Orgill
Holly Sudonick
George Putnam



OF THE MONTH CLUB \$\$

DOLLAR OF THE MONTH CLUB

Donations acquired annually help with providing activities, special events, & postage.

If we have forgotten to acknowledge your generosity, please reach out. If your name was on the list and no longer appears your annual donation has expired. Please reach out if you would like to continue to participate in the Dollar of the Month club.

Leonel	Alarcon
Tena	Alarcon
Jerome	Barrette
Thorma	Barrette
Marlin	Batista
Stacy	Batista
Elizabeth	Black
Nancy	Black
Alec	Carlisle
Barbara	Carlisle
Brian	Challinor
Patti	Challinor
Patrick	Clays
Nancy	Combs
Robert	Combs
Mary	Corbett
Judy	Crank
May	Dover
Don	Failoni
Kathleen	Failoni
Connie	Gunter
Roger	Gunter
Kathleen	Hankin
Brian	Harris
Greg	Harwood
Tonya	Harwood

Delores	Hunzie
Mary	Hunzie
Eileen	Jackson
Marie	Julian
Lillian	Juvan
Joe	Kalan
Lori	Kalan
Iris	Long
Terri	Lorenzi
Diana	Mackinen
Michael	Nelson
Vickie	Nelson
Judy	Ourada
Barbara	Peavler
Matt	Peavler
Yetive	Perry
Murph	Roberts
Lori	Roberts
Barbara	Ropelato
Lora	Sanchez
Larry	Shoemaker
Vernona	Shoemaker
Renae	Snell
Debbie	Stefonick
Mary	Stoddard
JoAnn	Sudonick

Frances	Symons
William	Symons
Geraldine	Wright



To all our many volunteers we thank you! You are the heart of this organization. If we have missed mentioning you, please let us know. The way you made us feel, on the day you did what you did, will never be forgotten but sometimes making a list of all of those who have been so generous with their time is tricky.

“Even if you just change one life, you’ve changed the world forever.” – Mike Satterfield

Deb	Archibald
Bev	Black
Elin	Bosch
Susan	Bright
Tracy	Carotta
Terri	Cartwright
Barb	Christensen
Ashlynn	Condos
Sharon	Connelly
April	Corwin
Anna	Chytka
Roger	Gunter
Deb	Harker
Barb	Harwood
Dave	Harwood
Duane	Hawes

Michelle	Hoopes
Ken	Hysell
Eileen	Jackson
Irva	Johnson
Lori	Kalan
Rosa	Kemp
Mike	Kohout
John	King
Kathleen	LaCombe
Bob	Lake
Cindy	Miller
Scott	Miller
Celeste	Mori
Michelle	Muir
Dorothy	Murdock
Deb	Nash

Nancy	Orgill
Barb	Peavler
Ralph	Rasmussen
Ruben	Rosas
Roxanne	Rudy
Dee	Sargent
Denise	Sargent
Darlene	Schulthess
Brock	Stanley
Dalton	Stoddard
Jamie	Thornock
Karen	Wallentine

Wall of Wisdom

“A grateful heart is a magnet for constant magic.” – Louise L. Hay

Happy Father's Day

Join us for lunch on June 19th to celebrate all the men in our lives who have made and continue to make a positive difference.

“To the world you are a Father but to our family you are the world.” – Said Everyone

Food Cost Increases

All of us are noticing the cost of food has increased. As we maneuver this increase, we make cuts where we can and splurge less frequently. This is necessary at home, in business, as well as when managing a non-profit.

The Kemmerer Senior Center recently saw a case of head lettuce increase from \$25 to \$75 per case in less than 2 weeks. This is only one example of the cost increases we have witnessed recently.

One of the most sensible places for the KSC to start is with the beloved salad bar. Every effort will be made to continue to provide the salad bar at least 2 times weekly.

It is the intention to serve salad bar on Tuesday and Thursday each week. There is no guarantee but that is the intention for the time being. Prices fluctuate and if we see an opportunity to purchase items that impact the salad bar at a lesser price on any given week that could change the frequency.

Thank you for your understanding.

Remember to check the website for ITEMS AVAILABLE. If you are interested in items listed reach out to the KSC.

[Kmersc.com/MORE/Volunteer Opportunities/Items Available](http://Kmersc.com/MORE/Volunteer%20Opportunities/Items%20Available)



People Born in June are Bloomin Awesome!

Jun 02	Margie	Barker
Jun 03	Barbara	Nelson
Jun 05	Eddie	Ourada
Jun 05	Marlene	Sheets
Jun 06	Marvine	Whitmore
Jun 07	Sherry	Carlson
Jun 07	Celeste	Mori
Jun 08	Larry	Ellis
Jun 10	Lillian	Richardson
Jun 11	Alpha	Clark
Jun 11	Thomas	Tennyson
Jun 12	Kevin	Semmons
Jun 12	Laura	Pope
Jun 13	Jay	Buck
Jun 14	Darrell	Alder
Jun 17	Lendo	Batista
Jun 19	Krizna	Parks
Jun 22	George	Carollo
Jun 22	James	Sanchez
Jun 23	Jerome	Barrette
Jun 23	Noreen	Borino
Jun 24	Connie	Gunter
Jun 24	Bonnie	Bettine
Jun 29	Mary	Tolhurst
Jun 29	Lori	Roberts
Jun 29	Lori	Donnafield
Jun 30	Benny	Yarber
Jun 30	Patti	Challinor

**Please join us for
the Birthday
Celebration**

**Wednesday, June
10th @ 12:00**

***You and a guest
are invited for a
free birthday
meal.***

***If you are not
included on the
birthday list, your
AGNES has expired.
Please reach out to
the center to
complete an
updated AGNES.***

dates to Remember



OATS - Intro to AI - June 9th at 1:00

What you'll learn: Accessible, human-friendly classes on how to use generative AI programs like ChatGPT and Gemini. You'll learn how to write specific "prompts" to draft emails, plan travel, spark conversations, and protect your privacy online. This will be a 6 part series so be sure and join us when you can.

Evanston Trip - Tuesday, June 16th @ 9:00 am

Below is a list of important things to know before signing up.

- You must sign up at the center if you plan on participating in the trip. June 15th is the last day to sign up for the trip to Evanston. **We must have at least 5 people signed up.**
- The bus will leave the center for Evanston at 9:00 a.m. The bus is expected to return to Kemmerer by 3:00 p.m.
- ***As always if you are unable to meet us at the center, please let us know in advance so that we can pick you up.***
- This trip will include Walmart, Lunch, and a Movie \$\$.

• Book Talk - Book Club will meet again in September to choose books. Enjoy your summer!

- ***Wyoming Title will visit with seniors on Wednesday, June 17th at 11:30 in the conference room. The topic of discussion is protecting your property title from theft. Please come and educate yourself.***
- ***June 18th Healthy Heart w/Anna will include the introduction of Nicholas Green, N.P. He will be joining Anna's staff as a tele-health doctor. Don't miss the opportunity to meet him.***
- ***June 30 Healthy Heart w/Anna will present w/Blue Cross Blue Shield***

Wyoming Welcomes the Wall That Heals

The Wall That Heals will be in Afton, Wyoming July 9 –12

The Kemmerer Senior Center is **looking for 2 volunteer drivers** who can drive the KSC buses to Afton on Thursday and Friday, July 9th and 10th. No CDL required. The KSC would need to add you to their insurance policy for the dates you are available to drive and would require a copy of your current driver's license to do that. If you can help, please stop by the center.

For additional information on the Wall That Heals Contact

Jay Conley 307-248-1861 or

Lisa Grimsley 307-885.9831



Did you know answering calls from unknown numbers puts you at greater risk of scams? Let unknown numbers go to voicemail. If it's someone legitimate, you can call them back. Call your WY Senior Medicare Patrol for more info about Medicare fraud, abuse, or errors at 1 800 856-4398.



Volunteer Opportunities

The Kemmerer Senior Center is looking for all types of volunteers. If you can help, we would love to have you join our team. Stop by or visit kmersc.com and click on Volunteer Opportunities.

- Lunch Delivery Ride Along – Take home delivered meals to the door on route with our driver.
- Shine the Kitchen Crew – Monthly kitchen detail cleaning.
- Crafters to help with monthly craft projects – If you host a craft the KSC can order supplies in advance.

We have been so fortunate to have Nancy Orgill, Holly Sudonick, and Tammie King oversee crafts this past year, but we don't want to wear out their amazing gift of volunteerism. Please share your talent with us!

Big Thank You

Rick Rogers & his wife Jodie are moving on to their next chapter. We would like to thank Rick for all that he has done to support the center by volunteering his time to make runs to the landfill for us, ride on the senior bus for meal delivery, as well as retrieve and deliver furniture from and to patrons. Rick rarely turned a request down. We wish him and Jodie all the best in their future endeavors.

We want to sincerely thank Angie Jackson for the time that she volunteered at the Kemmerer Senior Center helping to make fingernails and patrons look and feel beautiful. We appreciate all that she contributed at the KSC in the past year.

A big thank you to Brittany Backman for getting the seniors moving in her weekly Movement class. It has been a lot of fun for everyone who participated, and we appreciate the time that she has donated to the senior center in the past year

A lot of great relationships have formed, and it has been amazing to watch. **Thank you all for being great examples of what volunteerism looks like!**

SPECIAL THANK YOU!

We would like to thank our anonymous donor who paid for all our Mothers to enjoy a wonderful salmon Mother's Day lunch. We had a great turnout and are very appreciative for our private community donors.

We would also like to give a shout out to the City of Kemmerer who surprised us by painting our parking stripes. We had our New Frontier Independent Learning Student, Landen Reeder, scheduled to paint both the blue handicap stripe along the front of the building as well as the parking stripes. Lucky Landen ended up with only the blue stripe to paint. Thank you to both the city and Landen. We appreciate it!

Land Recordings with County Clerk

Recently we had discussed some fraudulent emails and text messages that people in our community had received. Following that discussion many seniors expressed an interest in land title transfer fraud and how to prevent it. The KSC reached out to April Brunski, Lincoln County Clerk, and discussed how title transfer was handled in Lincoln County. April explained that statutes in place haven't changed over the years regarding land recordings and that the clerks are limited to looking for basic requirements to record documents – documents signed, notarized, and having a legal description. If a deed is signed and notarized fraudulently and submitted for recording, the Clerk's office wouldn't necessarily know because it would meet the requirements to record.

Lincoln County has IDoc Market place on the county website that allows the public to access recorded documents and is one way to monitor their property.

Link for LC Public Records

https://www.lincolncountywy.gov/government/clerk/public_records.php

IDoc Market - First Time Users

- Visit [iDoc Market](https://idocmarket.com/)

<https://idocmarket.com/>

There are also interactive maps on the website to check that property ownership hasn't changed.

April also shared that the public could reach out to the County Clerk's Office any time to inquire about their land title. This is something that could be done quarterly or annually. The direct phone number for the Lincoln County Clerk is (307)877-2021 and the office is open M-F from 8AM – 5PM.

We would like to thank April for her time and her knowledge regarding this matter.

Remember we have invited Wyoming Title to visit the center on June 17th @ 11:30 to discuss some additional protections.

KEMMERER SENIOR CENTER Event Calendar

June 2026						
◀ May						July ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:30 Shopping 1:00 Bingo	2 10:00 Walking Club HS Track	3 11:00 Blood Pressure 12:30 Cornhole	4 10:00 Sit & Stretch 1:00 Sewing	5 10:00 Water Fitness 12:30 Shopping	6
7	8 1:00 Bingo	9 10:00 Walking Club HS Track 1:00 OATS 1:00 Food Bank	10 Birthday Dinner 10:00 Tai Chi 12:30 Shopping	11 10:00 Sit & Stretch 1:00 Sewing	12 10:00 Water Fitness 1:00 Linger Longer	13
14	15 9:30 Shopping 1:00 Bingo 3:00 Board Meeting	16 9:00 Evanston Trip 10:00 Walking Club	17 11:30 Wyoming Title 12:30 Cornhole	18 10:00 Pool MV 11:00 Healthy Heart New Doctor 1:00 Sewing 1:00 Diabetic Toes	19  10:00 Water Fitness 12:30 Shopping	20
21	22 1:00 Bingo	23 10:00 Walking Club HS Track 1:00 Food Bank 1:00 Craft	24 9:30 Shopping 10:00 Tai Chi 12:30 Foot Zoning	25 1:00 Sewing	26 1:00 Linger Longer	27
28	29 9:30 Shopping 10:00 SLMC Therapy 1:00 Bingo	30 10:00 Walking Club 11:00 Blue Cross Blue Shield Discussion W/Anna	<p style="color: #e67e22; font-weight: bold; text-align: center;">We are looking for volunteer drivers for our trips to The Memorial Wall in Afton July 9 and 10. Please reach out if you can help.</p> <p style="color: #e67e22; font-weight: bold; text-align: center;">Walking Club at the KHS Track starting June 2nd.</p>			

If you have a skill that you would like to share with others or something that you are interested in learning, please reach out to us. Reminder – If you host a craft we can order supplies for it in advance.

KEMMERER SENIOR CENTER

June 2026						
◀ May						July ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Hot Dog Chili Sauerkraut Chips Dessert	2 Tacos Hard-Soft Shells Rice & Beans Salad Bar Dessert	3 Stuffed Peppers Potatoes & Gravy Corn Roll Dessert	4 Chicken Noodle Casserole Green Beans Salad Dessert	5 Turkey & Swiss Hoagie French Fries Fruit Dessert	6
7	8 Chicken Nuggets Mac & Cheese Green Beans Salad Bar Dessert	9 Straw Hats Seasoned Burger W/ Toppings Corn Chips Dessert	10 HAPPY BIRTHDAY Fried Chicken Potatoes & Gravy Vegetable Roll Cake NO TAKEOUTS	11 Ravioli w Meat Sauce Vegetables Salad Bar Dessert	12 Grilled Chicken Breast Sandwich W Bacon & Swiss French Fries Cookies	13
14	15 Tator Tot Casserole Vegetable Roll Dessert	16 Chicken Strips French Fries Dipping Sauce Fruit Salad Bar Dessert	17 Pork Chop Fried Potatoes Vegetables Roll Dessert NO TAKEOUTS	18 Fish Nuggets French Fries Tartar Sauce Salad Bar Dessert	19 Fathers Day Cheeseburger Lettuce Tomato & Onion French Fries Dessert NO TAKEOUTS	20
21	22 Taco Soup W Toppings Chips & Salsa Salad Bar Dessert	23 Turkey on Toast w Gravy Mashed Potatoes Dessert	24 French Bread Pizza Corn Salad Bar Cookie	25 Spaghetti w Meat Sauce Asparagus Salad Bar Dessert	26 French Dip Au Jus French Fries Dessert	27
28	29 Pancakes Sausage Bacon Hashbrowns Fruit	30 Pulled Pork Coleslaw Chips Dessert				