

KEMMERER SENIOR CENTER

KMERSC.COM



The Kemmerer Senior
Center
105 JC Penney Dr
Kemmerer, WY 83101
Phone 307-877-3806

LUNCH

307-877-3806

Monday—Friday

Noon to 12:15 p.m.

60+ Suggested Donation \$5

Under 60 \$9

**Pickup for Carryout @
11:30**

**Home Delivery for
Qualifying**

Individuals start at 10:30

60 and over

**call between 8:00 & 9:30
for Pickup or Carryout
orders**

**or to make changes to your
delivery schedule.**

Under 60

**call between 9:30 & 10:00
for carryout.**

****If you miss the 9:30/10:00 deadline you
are welcome to stop by the center @ 12:15
following the daily in-house serving.***

Welcome

The Kemmerer Senior Center

Welcomes the Community

Monday—Friday

9:00 a.m.—3:00 p.m.

BOARD OF DIRECTORS

Michelle Muir, President
Irva Johnson, Vice President
Celeste Mori, Secretary
Greg Gray, Member
Dorothy Murdock, Member
Colby Merritt, Director

**The next board
meeting will be on
Monday,
July 20, at 3:00**

Thank You

*The Kemmerer Senior Center would
like to thank you for your
generosity, support, and time.*

*Anne Nelson
Kathleen LaCombe
Kemmerer High School
Marv Coon
Greg Corpening*



OF THE MONTH CLUB \$\$

DOLLAR OF THE MONTH CLUB

Donations acquired *annually* help with providing activities, special events, & postage.

If we have forgotten to acknowledge your generosity, please reach out. If your name was on the list and no longer appears your annual donation has expired. Please reach out if you would like to continue to participate in the Dollar of the Month club.

Leonel	Alarcon	
Tena	Alarcon	
Jerome	Barrette	
Thorma	Barrette	
Marlin	Batista	
Stacy	Batista	
Elizabeth	Black	
Nancy	Black	
Alec	Carlisle	
Barbara	Carlisle	
Brian	Challinor	
Patti	Challinor	
Patrick	Clays	
Nancy	Combs	
Robert	Combs	
Mary	Corbett	
Judy	Crank	
May	Dover	
Don	Failoni	
Kathleen	Failoni	
Mary	Frances	Hunzie
Connie	Gunter	
Roger	Gunter	
Kathleen	Hankin	
Brian	Harris	
Greg	Harwood	
Tonya	Harwood	
Delores	Hunzie	
Eileen	Jackson	
Marie	Julian	

Lillian	Juvan
Joe	Kalan
Lori	Kalan
Iris	Long
Terri	Lorenzi
Diana	Mackinen
June	Morris
Michael	Nelson
Vickie	Nelson
Judy	Ourada
Barbara	Peavler
Matt	Peavler
Yevie	Perry
Lori	Roberts
Patrick	Roberts
Barbara	Ropelato
Lora	Sanchez
Larry	Shoemaker
Vernona	Shoemaker
Renae	Snell
Debbie	Stefonick
Mary	Stoddard
JoAnn	Sudonick
Frances	Symons
William	Symons
Geraldine	Wright



To all our dedicated volunteers, we extend our heartfelt thanks. You are truly the heart of this organization. Your generosity, kindness, and willingness to give your time have made a lasting impact on our community.

While we strive to recognize everyone who contributes, it is possible we may have unintentionally missed recognizing you. If this is the case, please let us know so we can add you. Your kindness has not gone unnoticed, and we are grateful for all you do.

"Volunteering is at the very core of being a human. No one has made it through life without someone else's help." – Heather French Henry

Deb	Archibald
Bev	Black
Susan	Bright
Tracy	Carotta
Terri	Cartwright
Barb	Christensen
Ashlynn	Condos
Sharon	Connelly
April	Corwin
Anna	Chytka
Nicholas	Green
Roger	Gunter
Deb	Harker
Barb	Harwood
Dave	Harwood
Duane	Hawes

Michelle	Hoopes
Ken	Hysell
Eileen	Jackson
Irva	Johnson
Lori	Kalan
Rosa	Kemp
Mike	Kohout
John	King
Kathleen	LaCombe
Bob	Lake
Cindy	Miller
Scott	Miller
Celeste	Mori
Michelle	Muir
Dorothy	Murdock
Deb	Nash

Nancy	Orgill
Barb	Peavler
Ralph	Rasmussen
Ruben	Rosas
Roxanne	Rudy
Dee	Sargent
Denise	Sargent
Darlene	Schulthess
Brock	Stanley
Dalton	Stoddard
Holly	Sudonick
Jamie	Thornock
Karen	Wallentine

Happy Fourth of July!!!

Join us for lunch on July 2nd as we celebrate the 250th anniversary of our great country.

“America was not built on fear. America was built on courage, on imagination and an unbeatable determination to do the job at hand.”

— Harry S. Truman

Wyoming Welcomes the Wall That Heals

The Wall That Heals will be in Afton, Wyoming July 9 —12

The Kemmerer Senior Center will be taking a bus on July 10th. Please sign up at the center so that we have an accurate count of who is going.

For additional information on the Wall That Heals Contact

Jay Conley 307-248-1861 or

Lisa Grimsley 307-885.9831



Jul 01	Maria	Robinson
Jul 01	David	King
Jul 02	Rita	Haws
Jul 03	Mathew	Fagnant
Jul 03	Delmar	Bright
Jul 03	Anne	Nelson
Jul 06	Brian	Harris
Jul 08	John	King
Jul 08	Glenda	Young
Jul 08	Dale	Towery
Jul 09	JoAnn	Sudonick
Jul 10	Rosemary	Capellen
Jul 10	Mary	Putnam
Jul 11	Anthony	Ritzdorf
Jul 12	Dulce	Shubert
Jul 13	Denise	Sargent
Jul 13	Cora	LaPorte
Jul 14	Paula	Bowling
Jul 16	Richard	Bailey
Jul 19	Mary	Grisham
Jul 20	Barbara	Carlisle
Jul 20	Elizabeth	Hysell
Jul 20	Patrice	Service
Jul 20	Nicoline	Tucker
Jul 21	Jere	Borino
Jul 22	Barbara	Aimone
Jul 22	Richard	Brown
Jul 22	Adrian	Zumudio
Jul 23	Iris	Long
Jul 24	Maxine	Ritzdorf
Jul 24	Sharon	Connelly
Jul 27	RaeAnn	Kominsky
Jul 28	Connie	McMillan
Jul 28	Georgina	Rollow

**Please join us for
the Birthday
Celebration**

**Wednesday, July
8th @ 12:00**

*You and a guest
are invited for a
free birthday
meal.*

*If you are not
included on the
birthday list, your
AGNES has expired.
Please reach out to
the center to
complete an
updated AGNES.*

Important Dates



Senior Center – Freedom Fest Booth @ 4th of July celebration
Diamondville Park 10AM-4PM *****if you have baked goods or other items for fundraising bring them to the center July 2nd between 10am-2pm.*****

Medicare Seminar by Eric Jenkins 11AM at the center July 8th

The Wall That Heals – trip to Afton on July 10th. Sign up at the center. **We must have 5 or more participants to travel.**

Mountain Man Museum field trip to Pinedale 9AM on July 14th

We must have 5 or more participants to travel.

Jessica Lozier visit- County Commissioner Elect 11:30AM on July 14th



OATS – Intro to AI – July 28th at 1:00

This training was originally scheduled in June but canceled. What you'll learn:

Accessible, human-friendly classes on how to use generative AI programs like ChatGPT and Gemini. You'll learn how to write specific "prompts" to draft emails, plan travel, spark conversations, and protect your privacy online. This will be a 6 part series so be sure and join us when you can.

A CALL TO CONFIRM YOUR SOCIAL SECURITY OR MEDICARE NUMBER?

Not today, scammer.

You're social security or Medicare number isn't flagged. If you get a call like this, hang up. Then, report it to the SMP.



SMPRESOURCE.ORG

Watch out for scammers calling about your social security number or Medicare number needing to be confirmed. You're social security or Medicare number isn't flagged. If you get a call like this, hang up. Then, report it to the SMP at Wyoming Senior Citizens, Inc.

1 800 856-4398



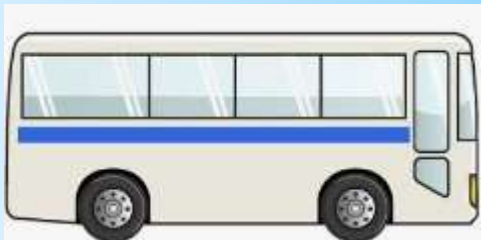
Volunteer Opportunities

The Kemmerer Senior Center is looking for all types of volunteers. If you can help, we would love to have you join our team. Stop by or visit kmeresc.com and click on Volunteer Opportunities.

- Lunch Delivery Ride Along – Take home delivered meals to the door on route with our driver.
 - Shine the Kitchen Crew – Monthly kitchen detail cleaning.
- Crafters to help with monthly craft projects – If you host a craft the KSC can order supplies in advance.

SENIOR CENTER TRANSPORTATION Please Call us at 307-877-3806

Suggested Donation Non-Senior \$2 One Way Suggested Donation Senior \$1 One Way We would like to welcome **Madison King** as our On-Demand Transportation Driver. She is a caring and hard-working person. She has been with us for a couple of weeks, and we are excited to have her as part of our team!



Big Thank You

We would like to thank Anna Chytka for helping with our healthcare needs and being part of the team!

A big thank you to Sandy Wainwright and her generous donation to the center.

Thank you Sheri Paulson for donating crafting supplies to the center.

KEMMERER SENIOR CENTER Event Calendar

July 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Saturday, July 4th 250th Anniversary Diamondville Park	10AM-4PM Come out & support the senior center booth!	1 11:30 4th July Trivia 12:30 Cornhole Take a 4 th of July craft kit home – 20 available	2 10:00 Sit & Stretch 11:45 National Anthem Presented by Janelle Sawaya 12:30 Shopping	3 CLOSED HAPPY FOURTH OF JULY!	4
5	6 10:00 Movement 1:00 Bingo	7	8 Birthday Dinner 10:00 Tai Chi 11:00 Eric Jenkins-Medicare seminar 12:30 Shopping 1:00 Long Term Care-Financial Planning	9 10:00 Sit & Stretch 1:00 Sewing	10 8:30 Trip to Afton – The Wall That Heals- **sign up at center*	11
12	13 9.00 Field Trip/Sack lunch Mountain Man Museum Pinedale 9:30 Shopping 10:00 Movement 1:00 Bingo	14 11:30 Jessica Lozier Visit County Commissioner Elect 1:00 Food Bank	15 12:30 Cornhole	16 10.00 Tri City Pool @ Kemmerer 10:00 Sit & Stretch 1:00 Sewing 1:00 Diabetic Foot Care	17 10:00 Water Fitness 12:30 Shopping	18
19	20 10:00 Movement 1:00 Bingo 3:00 Board Meeting	21 11:30 Dr Green PG Direct Care	22 9:30 Shopping 10:00 Tai Chi 11:00 Dutch Oven Taste Test	23 10:00 Sit & Stretch 1:00 Sewing	24 10:00 Water Fitness	25
26	27 9:30 Shopping 1:00 Bingo	28 1:00 OATS -Intro to AI 1:00 Food Bank	29 12:30 Cornhole 12:45 Foot Zoning	30 10:00 Sit & Stretch 1:00 Sewing	31 12:30 Shopping	

If you have a skill that you would like to share with others or something that you are interested in learning, please reach out to us. Reminder – If you host a craft we can order supplies for it in advance.

KEMMERER SENIOR CENTER Meal Calendar

July 2026							August
June	Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Green Chili w/ Pork Cornbread Salad Bar Dessert	2 Lasagna Mixed Vegetables Garlic Bread Salad Dessert	3 CLOSED Happy Fourth of July	4
5	6 Chicken Noodle Soup Salad Bar Roll Dessert	7 Hot Dog w Chili & Sauerkraut Chips Dessert	8 HAPPY BIRTHDAY Fried Chicken Fried Potatoes Green Beans Cake No Takeouts	9 Chicken Spaghetti Carrots Salad Bar Dessert	10 Rueban Sandwich French Fries Fruit Dessert	11	
12	13 Chicken Ranch Wrap Watermelon Cookie	14 Popcorn Chicken Tator Tots Salad Bar Dessert	15 Meatloaf Mashed Potatoes Corn Roll Salad Bar Dessert	16 Fish & Chips Salad Bar Dessert	17 Italian Meatball Sub Chips Fresh Veggie Pasta Salad Dessert	18	
19	20 Patty Melt French Fries Watermelon Dessert	21 Chicken Strips w/ dipping sauce French Fries Dessert	22 Boneless Pork Chop Scalloped Potatoes Salad Dessert Limited Takeouts	23 Spaghetti w Meat Sauce Green Beans Salad Dessert	24 BBQ Beef on a Bun Baked Beans Tator Tots Salad Dessert	25	
26	27 Sausage Peppers & Onions Dutch Oven Potatoes Pinto Beans Dessert	28 Chicken Enchilada Rice Salad Bar Dessert	29 Pot Roast Potatoes & Carrots Rolls Salad Bar Dessert	30 Pizza Salad Bar Fruit Dessert	31 Cheeseburger Sliders Chips Salad Bar Dessert		