

# The Kemmerer Senior Center

NEWSLETTER - [KMERSC.COM](http://KMERSC.COM)



shutterstock.com • 1665493006

The Kemmerer Senior Center  
105 JC Penney Dr  
Kemmerer, WY 83101  
Phone 307-877-3806

# LUNCH BREAK

## LUNCH

307-877-3806

Monday—Friday

**Noon to 12:15 p.m.**

**60+ Suggested Donation \$5**

**Under 60 \$9**

**Pickup for Carryout @ 11:30**

**Home Delivery for Qualifying**

**Individuals starts at 10:30**

**60 and over**

**call between 8:00 & 9:30**

**for Pickup or Carryout orders**

**or to make changes to your**

**delivery schedule.**

**Under 60**

**call between 9:30 & 10:00**

**for carryout.**

*\*If you miss the 9:30/10:00 deadline you are welcome to stop by the center @ 12:15 following the daily in-house serving.*

# Welcome

The Kemmerer Senior Center

Welcomes the Community

Monday—Friday

9:00 a.m.—3:00 p.m.

## BOARD OF DIRECTORS

Michelle Muir, President

Irva Johnson, Vice President

Celeste Mori, Secretary

Greg Gray, Member

Dorothy Murdock, Member

Christy Killian, Director

The next board meeting

will be on Monday,

April 20, at 3:00

## Thank You

The Kemmerer Senior Center would like to thank you for your generosity and time. Thank you for thinking of us!

Thank you to Maverik for thinking of us.

Pete & Char Smith and Janet Vetos for your generosity.

New Frontier High School Students as well as KJSHS NHS Students for joining the seniors on game days. We really enjoy it!



# OF THE MONTH CLUB \$\$

## ***DOLLAR OF THE MONTH CLUB***

Donations acquired annually help with providing activities, special events, & postage.

If we have forgotten to acknowledge your generosity please reach out.

If your name was on the list and no longer appears your annual donation has expired. Please reach out if you would like to continue to participate in the Dollar of the Month club.

Leonel	Alarcon	Brian	Harris	Yetive	Perry
Tena	Alarcon	Greg	Harwood	Barbara	Ropelato
Jerome	Barrette	Tonya	Harwood	Roxanne	Rudy
Thorma	Barrette	Delores	Hunzie	Wade	Rudy
Elizabeth	Black	Mary Frances	Hunzie	Larry	Shoemaker
Nancy	Black	Eileen	Jackson	Vernona	Shoemaker
Alec	Carlisle	Marie	Julian	Renaee	Snell
Barbara	Carlisle	Lillian	Juvan	Debbie	Stefonick
Brian	Challinor	Joe	Kalan	Mary	Stoddard
Patti	Challinor	Lori	Kalan	JoAnn	Sudonick
Nancy	Combs	Iris	Long	Frances	Symons
Robert	Combs	Terri	Lorenzi	William	Symons
Mary	Corbett	Diana	Mackinen	Dorothy	Wright
Judy	Crank	June	Morris	Geraldine	Wright
May	Dover	Michael	Nelson	Robert	Wright
Don	Failoni	Vickie	Nelson		
Kathleen	Failoni	Judy	Ourada		
Connie	Gunter	Majil	Peart		
Roger	Gunter	Barbara	Peavler		
Kathleen	Hankin	Matt	Peavler		

### **Important Reminder**

Although we appreciate you thinking of us if the senior center is unable to utilize items that you drop off it becomes an expense to the center to dispose of. Please keep this in mind and ***please ask before leaving items at our doors.*** Thank you for your consideration.



## April Craft



Join us for April's craft on Tuesday, April 21st @ 1:00. Remember to sign up at the center on April 1st. There are only 10 slots available and they will be given on a first come first serve basis. If you cannot attend the entire class please consider allowing someone else to enjoy the craft.



## Snow, Power Outages, and Emergencies



March came in like a lion. We had heavy wet snow on the 3rd that caused a late start at school which was a great indicator that the KSC transportation should start at 10:00 a.m. as well allowing the city crew time to clear the streets and make it safer for everyone.

On March 4th we experienced an unscheduled power outage that started around 9:05 a.m. and was initially projected to last until 12:30pm. Hot home delivery meals had already been prepared but not sealed. Those meals went out as scheduled in take-out containers. The power was restored at 11:08 a.m. and this unfortunately did not allow time for the usual second meal preparation for the main lunch to be completed.

Some lucky seniors who dropped by were able to get take-out from the excess hot home delivered meal prep. They were few but fortunate to get Kathy's famous meatloaf.

The Kemmerer Senior Center did notify the public through text, email, and recorded phone calls from My Senior Center. Information was also posted on the Facebook Community Board. If you did not receive or see the message on FB we apologize.

***We will run a test message from My Senior Center on Tuesday, April 7th. This message will come from our phone number (307) 877-3806 if you have only a land line on file, from (855) 608-3467 via text message, and an email will come from Kemmerer Senior Citizens Association.*** You may receive messages via all 3 methods. If you have a preference please contact the senior center.

Any urgent information that the senior center feels needs to be shared with the public is also posted on the Facebook Community Board and our website, [www.kmersc.com](http://www.kmersc.com).

***Please be aware that the KSC updated the antiquated phone system last year and phones do not work when the power is out. We don't receive calls or messages during a power outage.***



To all our many volunteers we thank you! You are the heart of this organization. If we have missed mentioning you please let us know. The way you made us feel, on the day you did what you did, will never be forgotten but sometimes making a list of all of those who have been so generous with their time is tricky.

***“Those humble, quiet, behind-the-scenes people are the reason anything ever gets done.” - Terri Guillemets***

Deb	Archibald
Brittany	Backman
Bev	Black
Elin	Bosch
Susan	Bright
Tracy	Carotta
Terri	Cartwright
Barb	Christensen
Ashlynn	Condos
Sharon	Connelly
April	Corwin
Anna	Chytka
Dorian	Dietrich
Connie	Dummer
Veronica	Endecott
Roger	Gunter
Deb	Harker
Barb	Harwood
Dave	Harwood
Duane	Hawes
Michelle	Hoopes

Ken	Hysell
Angie	Jackson
Eileen	Jackson
Irva	Johnson
Lori	Kalan
Rosa	Kemp
Camden	Killian
Grady	Killian
Kerry	Killian
Shirley	Kindschuh
Mike	Kohout
John	King
Tammie	King
Kathleen	LaCombe
Bob	Lake
Bob	Mathews
Connie	McMillan
Cindy	Miller
Scott	Miller
Celeste	Mori
Michelle	Muir

Dorothy	Murdock
Deb	Nash
Nancy	Orgill
Judy	Ourada
Barb	Peavler
Ralph	Rasmussen
Rick	Rogers
Ruben	Rosas
Roxanne	Rudy
Dee	Sargent
Denise	Sargent
Janelle	Sawaya
Darlene	Schulthess
Brock	Stanely
Penny	Stapel
Dalton	Stoddard
Jamie	Thornock
Karen	Wallentine

## ***Wall of Wisdom***

**“Happiness doesn’t depend upon who you are or what you have, it depends solely upon what you think.” - Dale Carnegie**

IT'S MY  
**BIRTHDAY**  
MONTH!  
I am now accepting  
birthday  
dinners, lunches and gifts.

Apr 01	Mark Thatcher	Apr 19	Eletta Carotta
Apr 02	Mary Frances Hunzie	Apr 19	Cynthia Vetos
Apr 03	Linda Galloway	Apr 20	Paula Fagnant
Apr 04	Nancy Combs	Apr 21	Larry Gunter
Apr 05	James Gunter	Apr 22	Sherry Levenhagen
Apr 06	Debbie Stefonick	Apr 24	Vickie Kulinsky
Apr 07	Virginia Hartman	Apr 24	Roland Robbins
Apr 10	Kathryn Zimmerman	Apr 24	William Smith
Apr 10	Leonard Sloan	Apr 28	Jonathan Lange
Apr 12	Jackie Larnen	Apr 28	Sharon Hess
Apr 13	Paul Palmer	Apr 30	James Edinger
Apr 14	Richard Wagner	Apr 30	Ken Clark
Apr 16	Vernona Shoemaker		
Apr 16	Robert Mori		
Apr 16	Kelly Tucker		

**Please join us for  
the Birthday Cel-  
ebration**

**Wednesday,  
April 8th @ 12:00**

***You and a guest  
are invited for a  
free birthday  
meal.***

***If you are not in-  
cluded on the  
birthday list, your  
AGNES has ex-  
pired. Please reach  
out to the center to  
complete an up-  
dated AGNES.***

**Remember to check the website for ITEMS AVAILABLE. If you are interested in items listed reach out to the KSC. There is currently a recliner being offered to anyone who would like it.**

**[Kmersc.com/MORE/Volunteer Opportunities/Items Available](http://Kmersc.com/MORE/Volunteer%20Opportunities/Items%20Available)**

# dates to Remember

- **BIG BOY TRAIN @ GREEN RIVER**

The Union Pacific [Big Boy No. 4014](#), the world's largest operating steam locomotive, frequently travels through Green River, Wyoming, as part of its tours across the West and will travel through Green River again on Wednesday, April 1.

**If we have had 5 or more participants sign up by March 31st we will depart at 8:30 a.m. sharp.**

- ***Brent Bien for Governor***

***On Friday, April 3rd from 2:15 to 4:00 Brent Bien will be at the KSC to introduce himself and talk with community members about the future of Wyoming.***

- ***Bingo***

***One last chance to show your support for Bingo. April 13th at 1:00. If you love bingo join us!***

- ***Water Fitness at the Pool***

Water Fitness by popular demand is 3 days this month! April 10, 17, and 24th. You can meet at the center at 9:40 or at the pool at 9:50.

### BOOK CLUB MOVIE

***Join us April 6th at 1:00 to watch, "Guernsey Literary & Potato Peel Pie Society". This was the March book club book and now we would like to compare the book to the movie while eating popcorn. April's Book Club book is, "The Story She Left Behind".***



Cindy will host her first OATS presentation on Tuesday, April 14th at 1:00. The topic for the lecture is Podcasts. Join us for this learning opportunity and some laughs.



Tuesday, April 28th at 1:00 OATS Trainers will host a lecture on Learning Instagram. It should be a lot of fun. Please join us!



For events that have limited slots available such as Nails with Angie, Crafts, and Foot Zoning please remember that you will need to sign up in advance of the scheduled date while you are visiting the center. If you don't often get the chance to join us at the center you might make a special trip at the beginning of the month to sign up for the events that you are interested in. Sign up sheets are posted on the bulletin board near the conference room on the first business day of each month. Our sincere hope is that everyone gets an opportunity to experience and participate in the events that our wonderful volunteers are offering.

# IN LOVING Memory

## Memorial Wall Message

We would like to take a moment to recognize those who we have lost since May 1, 2025, for it is said that those we love never truly leave us.

Sharon Erickson

Marlene Challinor

Audrey Ellis

Lorna Gunter

James Tynsky

Jerry Hess

This list includes those who participated in Kemmerer Senior Center programs. Each of them hold a special place in the hearts of patrons and staff alike.

Please reach out if you would like to purchase a memorial plaque in remembrance. If we missed anyone we apologize. Please let us know.

The KSC will hold a memorial luncheon on Friday, May 22, at 12:00 in remembrance of these amazing people.

\*\*If your loved one isn't listed but you would like to have them included on the KSC memorial wall please feel free to reach out to the center.\*\*

# Thank You! Volunteers!

April is Volunteer Appreciation month and we would like to take some time to express our gratitude for our volunteers. Please join us the week of April 20th through the 24th. Each day that week we would like to share something special with our volunteers.

**Monday** - Join us between 8:00am & 10:00am for Cinamon Rolls. ***WE Would just LIKE YOU TO ROLL BY so that We CAN Say THANK YOU!***

**Tuesday** - Join us throughout the day so that you can see ***All of the JOY YOU BRING***

**Wednesday** - Let us show you that ***We Could NOT Have Picked Any Better Volunteer Than YOU!***

**Thursday** - Let us exclaim **WHAT a LIFESAVER ALL of You Are!**

***Friday - Please join us for a complimentary volunteer lunch to celebrate all you have helped make possible!***

## Thank You to Wade Hirschi

**BIG thank you to Wade for helping so many seniors with their taxes this tax season. This is an amazing service provided by Wade and it is very much appreciated!**

## Wyoming Welcomes the Wall That Heals

The Wall That Heals will be in Afton, Wyoming July 9 —12

They are in need of hundreds of volunteers. If you can help out please visit [www.thewallthathealsaftonwy2026.com](http://www.thewallthathealsaftonwy2026.com) and click on the volunteer link.

You can also visit [www.kmersc.com](http://www.kmersc.com) and the link will be available for you to click on.

For additional information Contact

Jay Conley 307-248-1861 or

Lisa Grimsley 307-885.9831

### SENIOR CENTER TRANSPORTATION



Please Call us at 307-877-3806

Suggested Donation Non-Senior \$2 One Way

Suggested Donation Senior \$1 One Way

We would like to welcome Darlene Polanski as our On-Demand Transportation Driver. Darlene was born and raised in Kemmerer and many of you may know her. She has been with us for a couple of weeks and we are excited to have her as part of our team!



We would like to give a **BIG THANK YOU to Scott Miller and our many ride along volunteers** who stepped up to help us out with meal delivery in March. Things would not have run as smoothly without all of you pitching in. True lifesavers!

**Bob Lake, Rick Rogers, Eileen Jackson, Celeste Mori, Lori Kalan, and Bev Black** 



We are so happy that everyone is enjoying the salad bar. We want to remind everyone that joins us in the center on salad bar days that it is a one trip through salad bar and when items are depleted they will not be replenished. Please consider the patrons who have not yet made it to the salad bar when you are filling your plate. We are excited to offer the salad bar but it is a greater expense than a green salad being served in the main line and is only possible if we manage it well.



**SCAM WATCH**  
There are not new, plastic, or microchipped Medicare cards coming.  
SMP  
SMPRESOURCE.ORG  
877.808.2468

***There are not . . .***

- ***New,***
- ***Plastic,***
- ***OR Microchipped***

***. . . Medicare cards already ordered, coming soon, or in the mail. If you get a call like this, don't give them any information.***

***Report it to the SMP. 1 800 856-4398***



# APRIL 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken Noodle Casserole Roll Salad Bar Dessert	Cauliflower Cheese Soup Ham Cheese Sandwich Chips Salad Bar Dessert	2 Crab Cakes Tartar Sauce Asparagus Salad Bar Roll-Rice Dessert
6	7	8	9	10
Chicken Cordon Bleu Honey Mustard Side Salad Funeral Potatoes Dessert	Stuffed Pepper Soup Baked Potato Salad Bar Dessert	<b>HAPPY BIRTHDAY</b> Fried Chicken Potatoes & Gravy Green Beans Roll Dessert  <b>NO TAKEOUTS</b>	Chicken Parmesan w Meat Sauce Garlic Bread Veggie Salad Bar Dessert	"Philly Style" Sloppy Joes French Fries Salad Bar Dessert
13	14	15	16	17
Bratwurst w/Chili & Toppings French Fries Side Salad Dessert	Chicken Strips French Fries Roll Salad Bar Dessert	Hamburger Steak Potatoes & Gravy Veggie Salad Bar Dessert	Lasagna Veggies Bread Salad Bar Dessert	Pulled Pork on Bun French Fries Baked Beans Coleslaw Dessert
20	21	22	23	24
<b>BRUNCH</b> Pancakes Scrambled Eggs Bacon-Sausage Fruit	Beef Burrito Enchilada Style W Red Sauce Rice & Beans Salad Bar Churro	Pork Chops Mashed Potatoes Veggies Salad Bar Dessert  <b>LIMITED TAKEOUTS</b>	Pizza Corn Salad Bar Dessert	Fried Chicken Sandwich Lettuce Tomato Pickles Chips Dessert
27	28	29	30	
Hamburger Goulash Roll Veggie Salad Bar Dessert	Tacos w Toppings Rice Chips & Salsa Side Salad Dessert	Chicken Spaghetti w Cheese Sauce Bread Stick Corn-Salad Bar Dessert	Country Fried Steak Potatoes & Gravy Biscuit Veggie-Salad Bar Dessert	

# KEMMERER SENIOR CENTER Event Calendar

April 2026							
◀ March						May ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>PLEASE NOTICE SHOPPING DAYS/TIMES HAVE CHANGED SOME.</b>			<b>1</b> 8:30 Big Boy Train Green River Sign up <b>RESCHEDULED TAX FILING Day 9-4:30</b> 9:30 Shopping 11:00 Tai Chi	<b>2</b> 10:00 Sit & Stretch 1:00 Sewing	<b>3</b> 1:00 Linger Longer (Conference Room) 2:15-4:00 Brent Bien for Governor- Community Open House	<b>4</b>	
	<b>5</b>	<b>6</b> 10:00 Movement 1:00 Televised Book Club Movie 9:30 Shopping	<b>7</b> 10:00 Walking Club 11:00 Healthy Heart-Anna	<b>8</b> Birthday Dinner 11:00 Line Dancing & Cornhole/Pool w/ New Frontier	<b>9</b> 10:00 Sit & Stretch 11:00 Blood Pressure 1:00 Sewing	<b>10</b> 9:00 Coffee & Computers 10:00 Water Fitness 12:30 Shopping 1:00 Linger Longer w/HS Interact Students	<b>11</b>
	<b>12</b>	<b>13</b> 10:00 Movement 1:00 BINGO	<b>14</b> 10:00 Walking Club 11:00 History of the Death of Lincoln 1:00 OATS- Podcasts 1:00 Food Bank	<b>15</b> 9:30 Shopping 11:00 Tai Chi 1:00 Nails w/ Angie	<b>16</b> <a href="#">TRI-CITY POOL</a> <a href="#">@ KSC</a> 10:00 Sit & Stretch 1:00 Sewing 1:00 Foot Care 2:30 New Frontier- Cornhole/Cards	<b>17</b> 10:00 Water Fitness 1:00 Linger Longer w NHS KHS	<b>18</b>
	<b>19</b> NATIONAL VOLUNTEER WEEK	<b>20</b> 8-10 Cinamon Roll In 9:30 Shopping 10:00 Movement 11:30 Trivia 3:00 Board Meeting	<b>21</b> 10:00 Walking Club 12:00 Healthy Heart- Anna 1:00 Craft All Day - Volunteers Bring JOY	<b>22</b> 11:00 Line Dancing New Frontier All Day - Volunteers Plant the Seeds	23 10:00 Sit & Stretch 1:00 Sewing All Day - Volunteers are Lifesavers	<b>24</b> 9:00 Coffee & Computers 10:00 Water Fitness Lunch w/Volunteers 12:30 Shopping 1:00 Linger Longer	<b>25</b>
	<b>26</b>	<b>27</b> 10:00 Movement 11:30 Book Club	<b>28</b> 10:00 Walking Club 1:00 OATS- Instagram 1:00 Food Bank	<b>29</b> 9:30 Shopping 11:00 Tai Chi 12:30 Foot Zoning	<b>30</b> NO Sit & Stretch 1:00 Sewing 2:30 New Frontier- Cornhole/Cards		