

The Kemmerer Senior Center

NEWSLETTER - *KMERSC.COM*



The Kemmerer
Senior Center
105 JC Penney Dr
Kemmerer, WY 83101
Phone: 307-877-3806

LUNCH BREAK

LUNCH

307-877-3806

Monday—Friday

Noon to 12:30 p.m.

60+ Suggested Donation \$4

January 1, 2026, \$5

Under 60 \$9

Pickup for Carryout @ 11:30

Home Delivery for Qualifying

Individuals starts at 10:30

60 and over

call between 8:00 & 9:30

for Pickup or Carryout orders

or to make changes to your

delivery schedule.

Under 60

call between 9:30 & 10:00

for carryout.

**If you miss the 9:30/10:00 deadline you are welcome to stop by the center @ 12:15 following the daily in-house serving time.*

Welcome

The Kemmerer Senior Center

Welcomes the Community

Monday—Friday

9:00 a.m.—3:00 p.m.

BOARD OF DIRECTORS

Michelle Muir, President

Irva Johnson, Vice President

Celeste Mori, Secretary

Greg Gray, Member

Dorothy Murdock, Member

Christy Killian, Director

The next board meeting
will be on Monday,
December 8, at 2:00

Thank You

Diane & Paul Beachler
Kent & Sharon Connelly
Lacey Cattelan
Irva Johnson

The Kemmerer Senior Center would like to thank you for your generosity. Thank you for thinking of us!



OF THE MONTH CLUB \$\$

DOLLAR OF THE MONTH CLUB

Donations acquired annually help with providing activities, special events, & postage.

If we have forgotten to acknowledge your generosity please reach out.

If your name was on the list and no longer appears your annual donation has expired. Please reach out if you would like to continue to participate in the Dollar of the Month club.

Leo & Tena Alarcon
Jerome & Thorma Barette
Marlin & Stacy Batista
Nancy Black
Rose Capellen
Alec & Barbara Carlisle
Patti Challinor
Robert & Nancy Combs
Mary Lynn Corbet
Judy Crank
May Dover
Don & Kathy Failoni
Violet Goodwine
Larry & Connie Gunter
Roger Gunter
Kathy Hankin
Brian Harris
Duane Hawes
Diane Housley
Tonya & Greg Harwood
Gary & DeeDee Hunzie
Mary Frances Hunzie
Diane Hysell

Eileen Jackson
Irva Johnson
Marie Julian
Lillian Juvan
Joe & Lori Kalan
Terri Lorenzi
June Morris
Mike & Vickie Nelson
Serena Nielson
Judy Ourada
Yetive Perry
Majil Peart
Lori & Murph Roberts
Wade & Roxanne Rudy
Lora Sanchez
Larry & Vernona Shoemaker
Deb Stefonick
Tom & Cheryl Tennyson
George & Linda Williamson
Bob & Dorothy Wright
Gerry Wright

Important Reminder

Although we appreciate you thinking of us as you do your fall cleaning if the senior center is unable to utilize items that you drop off it becomes an expense to the center to dispose of.

Please keep this in mind and ***please ask before leaving items at our doors.***

Thank you for your consideration.





Important

SENIOR Meal Cost Increase

As many of you are aware the Wyoming Department of Health requires an annual Meal Cost Analysis from each senior center in the state. The analysis uses food cost data and participation numbers for a specific time frame to calculate the centers cost per meal. As was discussed in July when the KSC increased non-senior meal prices it appeared then that the KSC was charging below cost for all meals. The KSC Board of Directors wanted to make certain that accurate data was being used for the analysis before increasing meal prices for seniors. We now feel confident in the numbers that are currently being used and clearly see that it is time to increase the suggested donation cost from \$4.00 to \$5.00 effective January 1, 2026. This was approved by the KSC Board of Directors in October. There has not been a meal price increase at the Kemmerer Senior Center since 2008, but food costs have risen and although they have stabilized some they do not show any sign of dropping to previous prices.

For those who have purchased meal tickets already, those tickets will be honored until they have been exhausted. Anyone purchasing a meal ticket after December 12th for more than 10 meals will be charged \$5.00 per meal or \$40 per ticket.

As always, we appreciate your continued support as we strive to meet the needs of seniors in the community.

Activity Changes

Walking Club and Movement are going to swap days beginning December 1st. **Movement will be on Mondays' at 10:30** rather than on Tuesday. **Walking Club will move to Tuesday** and rather than 9:30 will begin **at 10:00**. Please join us. Both groups are having a lot of fun!

Items Needed has found a new home **at kemrersc.com**. You will find it under **More** and **Volunteer Opportunities**.





To all of our many volunteers we thank you! If we miss mentioning you we apologize and hope that you will let us know. Undoubtedly, the way you made us feel, on the day you did what you did, ***was not forgotten.***

“A pessimist, they say, sees a glass as being half empty; an optimist sees the same glass as half full. But a giving person sees a glass of water and starts looking for someone who might be thirsty.”

-G. Donald Gale

Deb	Archibald
Brittany	Backman
Nancy	Black
Susan	Bright
Jay	Buck
Tracy	Carotta
Terri	Cartwright
Joyce	Chadwick
Barb	Christensen
Ashlynn	Condos
Addison	Dietrich
Dorian	Dietrich
Connie	Dummer
Veronica	Endecott
Kathy	Hankin
Roger	Gunter
Chris	Hansen
Barb	Harwood
Dave	Harwood
Duane	Hawes
Dale	Hicks
Louise	Hicks

Michelle	Hoopes
Diane	Housley
Diane	Hysell
Angie	Jackson
Eileen	Jackson
Regan	Jackson
Taryn	Jetkoski
Irva	Johnson
Lori	Kalan
Rosa	Kemp
Camden	Killian
Grady	Killian
Kerry	Killian
Shirley	Kindschuh
Mike	Kohout
Gina	Kominsky
Dave	King
John	King
Tammie	King
Kathleen	LaCombe
Pam	Lindsley
Broch	Lindsay

Bill	Lozier
Kristie	Magee
Bob	Mathews
Connie	McMillan
Cindy	Miller
Celeste	Mori
Michelle	Muir
Dorothy	Murdock
Judy	Ourada
Nancy	Orgill
Caleb	Platt
Gabe	Platt
Jacob	Platt
Ralph	Rasmussen
Rick	Rogers
Alec	Rudy
Roxanne	Rudy
Wade	Rudy
Shelley	Sandall
Merlyn	Sandberg
Dee	Sargent
Denise	Sargent

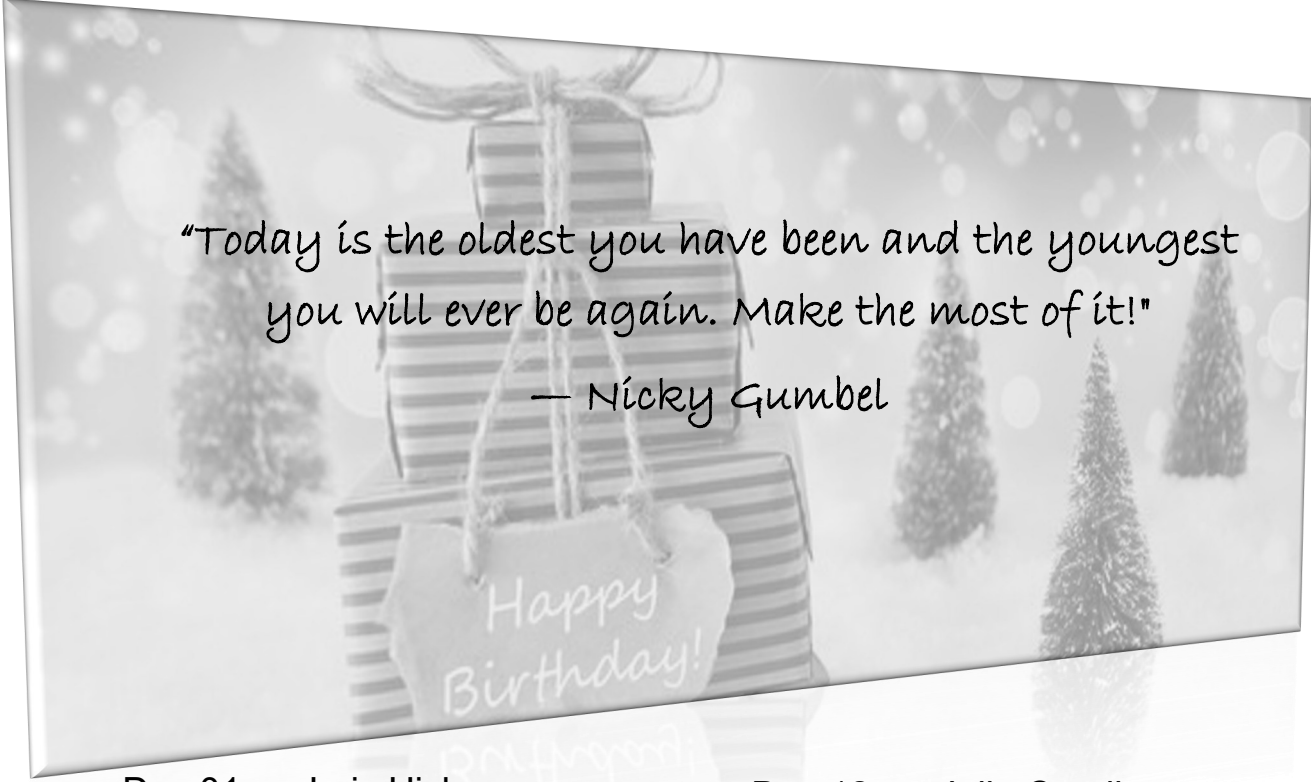
Janelle	Sawaya
Darlene	Schulthess
Charli	Sherbeyn
Larry	Shoemaker
Vernona	Shoemaker
Brock	Stanely
Penny	Stapel
Nikki	Stewart
Dalton	Stoddard
Thomas	Symons
Charlie	Taylor
Annie	Wagner
Julie	Welsh



“We are all like one-winged angels. It is only when we help each other that we can fly.” - Luciano De Crescenzo

Wall of Wisdom

“In our lives the path may look different than imagined, but as long as we keep moving, we still arrive exactly where we should be because it’s not about the turns we missed, it’s about the directions we are choosing.” -Wise One



"Today is the oldest you have been and the youngest
you will ever be again. Make the most of it!"

— Nicky Gumbel

Dec 01	Lois Hicks	Dec 12	Julia Carollo
Dec 01	Peggy Sandall	Dec 12	Beth Shively
Dec 02	Marie Ourada	Dec 13	Mitchell Berger
Dec 04	Evelynn Henderson	Dec 13	Sam Vetos
Dec 04	Bonnie Hudson	Dec 14	Louise Lowder
Dec 04	David Nelson	Dec 15	Michelle Muir
Dec 04	Donna Hinton	Dec 17	Elias Olguin
Dec 05	James Arnold	Dec 20	Debra Harker
Dec 07	Susan Roberts	Dec 21	Fred Tanner
Dec 07	Janet Vetos	Dec 25	Kenneth Hysell
Dec 07	Steve Bowen	Dec 27	Lora Sanchez
Dec 09	Brian Muir	Dec 30	Ray Terkelson
Dec 10	Sue Percival	Dec 31	Sandra Wakeman
Dec 10	Charlene Smith		
Dec 10	Pete Smith		

Please join us for the December Birthday Celebration

Wednesday, December 10th @ 12:00

You and a guest are invited for a free birthday meal.

If you are not included on the birthday list, your AGNES has expired. Please reach out to the center to complete an updated AGNES.

dates to Remember

• SHOPPING FOR THE ANGEL TREE

Seniors are invited to use the donations that we received at the Great Pumpkin Auction for Angel Tree shopping. We will shop locally at Ridley's on December 5th at 1:00 for food items and we will venture to Evans-ton on Monday, December 8th. Wrapping of the gifts for the angel tree will be on December 9th. Please join us in giving back to our community.

• ***Christmas Cards & Labels***

We will create Christmas cards as a group on December 1st. Supplies will be provided and staff will be on hand to show you how a computer can be used to easily make mailing labels.

• ***Christmas Movie***

December 3rd join us following lunch for a Christmas Movie on our recently purchased television. We are excited to try it out. Save room for snacks.

• CHRISTMAS CELEBRATION

Christmas Party on December 23rd. Wear your ugliest Christmas sweater and bring a White Elephant gift if you would like to participate in the exchange. We will have entertainment, Wassail, and great company!

• COOKIE DECORATING

On December 18th and we will decorate Christmas cookies. Cookies will be ready to decorate so come down to the center and join in the fun. Bring your talent, your appetite, or both.

• ***Ring in the New Year***

Join us for our "Noon" Year's Eve Celebration on December 31st. Poker at 10:00, count-down starts at 11:59 p.m. Don't be late!



December

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30 Movement 11:00 Christmas Card Craft or Help 1:00 Shopping	2 10:00 Walking Club REC 11:00 Healthy Heart Food w Anna 1:00 Craft w Tammie	3 10:00 Uno 10:30 Dementia Support 11:30 Piano Recital 1:00 Christmas Movie	4 10:00 Sit & Stretch 11:00 Eric Q & A <i>Eric appts 9-11, 1-3</i> 1:00 Sewing	5 10:00 Wii Bowling 1:00 Shopping 1:00 Shopping for Angel Tree	6
7 December 3 rd from 4-5 Eric Jenkins the Event Center	8 9:30 Angel Tree Shop in Evanston - sign up 10:30 Movement 1:00 Shopping 2:00 Board Meeting	9 10:00 Walking Club REC 11:00 Gift Wrapping 1:00 Food Bank 1:00 Nails w Angie	10 Birthday Dinner No Takeout 1:00 Shopping	11 10:00 Sit & Stretch 11:00 Lunch Trivia 1:00 Sewing 1:00 KCDC Carols	12 10:00 Cornhole	13
14	15 10:30 Movement 1:00 Shopping 1:00 Bingo	16 10:00 Walking Club REC 11:00 SLMC therapy 1:00 Christmas Movie	17 10:00 Cornhole 10:30 Dementia 1:00 Diabetic Toe Care 1:00 Shopping	18 10:00 Tri City Pool MV 11:00 Cookie Decorating 1:00 Sewing	19 10:00 Wii Bowling	20
21	22 9:00-11 Catholic Church Food Bank 10:30 Movement 11:45 Who Knew 10:00-12 Food Bank 1:00 Shopping	23 Christmas Party - NO TAKEOUT 10:00 Walking Club REC 11:00 Local Talent 11:30 Ugly Sweater & White Elephant Gift Exchange	24 CLOSED	25 MERRY CHRISTMAS	26 CLOSED	27
28	29 10:30 Movement 1:00 Shopping	30 10:00 Walking Club REC 11:30 Book Club Christmas Choice Book	31 10:00 Poker 12:00 New Years Eve Countdown 2026 1:00 Shopping			

DECEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Bratwurst w Chili Sauerkraut Chips Veggie & Dip Dessert	2 Vegetable Beef Soup Salad Bar Rolls Dessert	3 Chicken Alfredo Salad Bar Green Beans Garlic Bread Dessert	4 Steak Fingers w/Gravy Mashed Potatoes Biscuits Salad Bar	5 Italian Sub Sandwich w/Toppings French Fries Cookie
8 Taco Soup W Toppings Corn Bread Salad Bar Dessert	9 Spaghetti w Meat Sauce Green Beans Salad Bar Dessert	10 HAPPY BIRTHDAY NO TAKOUTS Fried Chicken Funeral Potatoes Corn on the Cob Cake	11 Sloppy Joe French Fries Salad Bar Dessert	12 Chicken Ceasar Wrap Chips Spaghetti Salad Dessert
15 Biscuits & Gravy Sausage Bacon Hashbrown Dessert	16 Grilled Ham & Cheese Potato Soup Salad Bar Dessert	17 Bacon Cheese Burger W Toppings French Fries Baked Beans Dessert	18 BBQ Chicken Potato Salad Beans Salad Bar Dessert	19 Philly Sandwich Tator Tots Veggies & Dip Dessert
22 Grilled Cheese Tomato Soup Salad Bar Dessert	23 NO TAKEOUTS Prime Rib Baked Potato Veggie Salad Bar Cheesecake	24 CLOSED CHRISTMAS EVE	25 CLOSED MERRY CHRISTMAS	26 CLOSED
29 French Toast Bacon Sausage Fruit	30 Tacos Rice Beans Salad Bar Dessert	31 Baked Ham Salad Bar Scalloped Potatoes Black Eyed Peas Rolls Dessert	1 CLOSED HAPPY NEW YEAR	2 Pizza Salad Bar Dessert



- **December—Angel Tree**
- **Coming in January—Older Adults Technology Services (OATS)**
- **Senior Planet Community**

• ***Dementia Support Group***

Caregiving for those experiencing dementia can be challenging. This Support group is free and will meet twice monthly via Zoom. The KSC is a site location for the program. Remember that we can also assist individuals with joining the meeting from the comfort of their home.

- December 3rd at 10:30—Caring for your Loved One & Yourself
- December 17th at 10:30—An opportunity to ask the support team questions

Items Needed



Senior Patron is in search of a University of Wyoming bronze and gold Wyoming license plate to complete a project. If you have one that you are willing to part ways with please reach out to the center.

307-877-3806



Keep an eye out for me at the center in December. If you find me, there may be a reward in store for you.

BIG Thanks!

Thank you to everyone who helped our naked turkey become a feathered friend in November!

There was indeed a lot to be thankful for and we are grateful to all who participated. BIG THANK YOU TO EVERYONE!

Thank you to AARP



We have purchased our 75" television and stand so that we can move forward with our OATS training and Senior Planet presentations. Thank you again to AARP for their generosity.

Thanks for Sharing Your Ridley's Points

We appreciate all of the community members who have shared their Ridley's Points with the KSC. We received \$149 in November.

Thanks to Oyster Ridge

We appreciate your \$500 donation. Thank you for supporting us.

Thanks to the Kemmer High School Art Class

Many of the pumpkins that were sold during the Great Pumpkin Auction were crafted by the Kemmerer High School Art students. We very much appreciate their participation and want them to know that community members easily saw their amazing talent. Great Job!

Thank You Lincoln County Detention Center

A big thank you to the inmates who shared the proceeds of their in-house hamburger sales with the Kemmerer Senior Center. This was such a thoughtful gesture and is very much appreciated.

***Help support local community businesses who support the
Kemmerer Senior Center!***

MAVERIK

307-877-6940

Your First Stop

Thank you to our local Maverik for

**SELF SERVE ARTESIAN
SPRING WATER AND ICE**

*Willow Springs
Water*



Stay Hydrated!

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***Don't forget to check out BIG Helps, Little Helps
@ kmeresc.com***

- Go to *kmeresc.com* and click on **More** and then click on *Volunteer Op-*



BIG THANK YOU to the Community

We at the Kemmerer Senior Center have had a wonderful year with you and look forward to 2026 with gratitude and hope. We applaud this community and its amazing support for the center. Thank you and may your new year be blessed!