KEMMERER SENIOR CENTER
KMERSC.COM

The Kemmerer Senior
Center
105 JC Penney Dr
Kemmerer, WY 83101
Phone 307-877-3806

IN-HOUSE LUNCH

Monday—Friday

Served

Noon to 12:15 p.m.

60+ $5.00 suggested donation

60 - $9.00 after Seniors are served

TAKEOUT

60+ Call to order **8:00-9:30**

60- Call to order **9:30-10:00**

PICK UP AT 11:00

If you miss the 9:30/10:00 deadline you are welcome to stop by the center @ 12:15 following the daily in-house serving

Hot Home Delivery

Temporary Delivery

for qualifying individuals 60 and over

DELIVERY STARTS @ 10:30

Reach out if you need help

Welcome

The Kemmerer Senior Center

Welcomes the Community

Monday—Friday

9:00 a.m.—3:00 p.m.

BOARD OF DIRECTORS

Scott Miller, President
Greg Gray, Vice President
Dave Harwood, Secretary
Michelle Muir, Member
Dorothy Murdock, Member
Christina Hunter, Director

The next board meeting will be on Monday, November 16, 2026
2:00 Working Meeting
3:00 Board Meeting

Thank You

The Kemmerer Senior Center would like to thank you for your generosity, support, and time.

Renae Snell
Connie Dummer
Ridleys Family Market
Eric & Jordan Jenkins
The Family of Joyce McCloud
Ruben Rosas
Lincoln County Public Health Nurses



OF THE MONTH CLUB $$

One Dollar a Month acquired *annually* helps with providing activities, special events, & postage.

If we have forgotten to acknowledge your generosity, please reach out. If your name was on the list and no longer appears your annual donation has expired. Please reach out if you would like to continue to participate in the Dollar of the Month club.

Leonel	Alarcon
Tena	Alarcon
Jerome	Barrette
Thorma	Barrette
Marlin	Batista
Stacy	Batista
Nancy	Black
Elizabeth	Black
Alec	Carlisle
Barbara	Carlisle
Brian	Challinor
Patti	Challinor
Patrick	Clays
Nancy	Combs
Robert	Combs
Judy	Crank
May	Dover
Don	Failoni
Kathleen	Failoni

Connie	Gunter
Roger	Gunter
Kathleen	Hankin
Mary Frances	Hunzie
Brian	Harris
Tonya	Harwood
Eileen	Jackson
Marie	Julian
Lillian	Juvan
Joe	Kalan
Lori	Kalan
Iris	Long
Terri	Lorenzi
Diana	Mackinen
June	Morris
Judy	Ourada
Majil	Peart
Barbara	Peavler
Matt	Peavler

Yetive	Perry
Roland	Robbins
Lori	Roberts
Murph	Roberts
Barbara	Ropelato
Wade	Rudy
Roxanne	Rudy
Lora	Sanchez
Larry	Shoemaker
Vernona	Shoemaker
Renae	Snell
Debbie	Stefonick
JoAnn	Sudonick
Frances	Symons
William	Symons
Geraldine	Wright
Dorothy	Wright
Robert	Wright

JOIN DOLLAR OF THE MONTH CLUB

I WOULD LIKE TO SUPPORT THE KEMMERER SENIOR CENTER PROGRAMS BY JOINING THE DOLLAR OF THE MONTH CLUB ($12 PER YEAR).

DATE: _____

NAME:_____

ADDRESS:_____

AMOUNT:_____



To all our dedicated volunteers, we extend our heartfelt thanks. You are truly the heart of this organization. Your generosity, kindness, and willingness to give your time has made a lasting impact on our community.

While we strive to recognize everyone who contributes, it is possible we may have unintentionally missed recognizing you. If this is the case, please let us know so we can add you. Your kindness has not gone unnoticed, and we are grateful for all you do.

Susan	Bright
Rose	Capellen
Terri	Cartwright
Alpha	Clark
Ashlynn	Condos
Sharon	Connelly
April	Corwin
Anna	Chytka
Nicholas	Green
Barb	Harwood
Dave	Harwood
Michelle	Hoopes
Nikki	Howard
Jon	Hunter
Ken	Hysell

Lynsie	Ingersoll
Tolson	Ingersoll
Irva	Johnson
Joe	Kalan
John	King
Kristen	King
Kathleen	LaCombe
Cindy	Miller
Scott	Miller
Celeste	Mori
Michelle	Muir
Dorothy	Murdock
Deb	Nash
Jere	Nash
Erin	Parker

Sheri	Paulson
Sue	Percival
Darlene	Polanski
Janet	Rode
Kim	Rose
Roxanne	Rudy
Rikki	Rutledge
Dee	Sargent
Denise	Sargent
Marcy	Setzer
Darlene	Schulthess
Brock	Stanley
Dalton	Stoddard
Holly	Sudonick
Karen	Wallentine

Wall of Wisdom

"Helping hands build better communities, one hour at a time."

Aisha Kamara

The People Making a Difference

BINGO WITH KCDC



ERIC JENKINS PRESENTATION



Our Regular Kathleen



Cornhole Tourney



Sharon making sure it's clean



Beautiful day for Cornhole



CRAFTS



THE MANY WAYS YOU CAN GET

Donations Needed for 75 Senior Snack Boxes

To help our seniors during the Thanksgiving Break closure, we will be providing snack boxes for the day we are closed. We are seeking donations of:

- Meat
- Cheese
- Fruit
- Vegetables
- Nuts

Please have all donations delivered in the morning of November 24 so we can determine what items are still needed.

All donated items will be set out so the seniors can create their own snack boxes to take home or be delivered for Fridays closure.

Thank you for helping us support our seniors during the holiday break.

Lunch Delivery Ride Along- Drop off home delivered meals to the door Monday through Friday. **Generally, 10:20-11:30**.

Shine the Kitchen Crew – **Monthly** kitchen detail cleaning. Help the staff do the little extras that we need to keep our kitchen clean.

We Want Your Ideas!

Tell us what you would like to see happening at the Kemmerer Senior Center:

- Crafts activities and Classes
- Exercise and Wellness
- Fun games and Social Activities
- Educational Workshops and Learning Opportunities

This is your Senior Center. Help us create programs and activities that you want and want to be part of.



DeeDee	Hunzie	Nov 03
Robert	Richardson	Nov 03
Linda	Zager	Nov 03
Barbara	Christensen	Nov 05
Edward	Carlson	Nov 07
Barbara	Harwood	Nov 08
Kim	Rose	Nov 09
Linda	Williamson	Nov 10
Kent	Service	Nov 11
Thomas	Ness	Nov 12
Robert	Wright	Nov 12
Garry	Piiparinen	Nov 13
Terrell	Johnson	Nov 15
Susan	Griff	Nov 15
Wallace	Mierzejewski	Nov 18
Andrew	Shatner	Nov 18
Adrian	Kole	Nov 18
Linda	Suchogorski	Nov 19
Krista	Davies	Nov 21
Irwin	Richardson	Nov 26
Ruth	Woolsey	Nov 26
Cathie	Seaver	Nov 26
Linda	Walker	Nov 26
Shirley	Fredriksen	Nov 28
Thorma	Barrette	Nov 29
Cheryl	Tennyson	Nov 29
Michael	Radosevich	Nov 29

Please join us for the Birthday Celebration

Wednesday, November 11, 2026

You and a guest are invited for a complimentary birthday meal.

If you are not included on the birthday list, your AGNES has expired. Please reach out to the center to complete an updated AGNES.

HAPPY BIRTHDAY!

Celebrate with a FREE MEAL for you and a guest on us!*
Valid on birthday dinner.

Present this coupon to redeem.
Sponsored by:

Quality Realty

Thank you Veteran



Thank you for your bravery
defending our beautiful country.
We have what we have only
because of selfless people like you.
You have sacrificed so
much for complete strangers like
me and words could
never express my gratitude for
what you have done.
God bless you and God bless
America.

To Our Local Veterans

Join us November 11 at 11:45 for lunch and a musical performance to honor you, our Veterans.

Lunch Sponsored by:

Quality Realty

TAI CHI
w/ Barb
Mondays at
11:00

Water Aerobics
w/ Dee
Thursday 5, 12, 19
at 11:00

LINGER LONGER & LEARN
Join us Friday 13 & 20 after lunch to learn Left Right Center, a fast-paced dice game for everyone.



BINGO
Every Monday at
1:00

WALKING CLUB
w/ Christina Tuesdays at 10:00
Join us for our first walks at
the rec center.

OPEN CRAFT

STARTING IN NOVEMBER WE WILL BE DOING AN OPEN CRAFT EVERY TUESDAY AT 1:00 SOMEONE MAY HAVE A CRAFT TO SHARE OR BRING YOUR UFO (UNFINISHED PROJECT). MEET IN THE CONFERENCE ROOM AND ENJOY OTHERS COMPANY AND SHARE YOUR TALENT.

Sit and Stretch Every Thursday at 10:00

Darlene Schulthess will help you gain strength, balance, and flexibility. Come join the fun.

Cards And Cornhole Every Wednesday at 11:00

Learn our NFHS Seniors favorite card game or play cornhole or just visit with our next generation of adults.

Sewing Group Every Thursday at 1:00

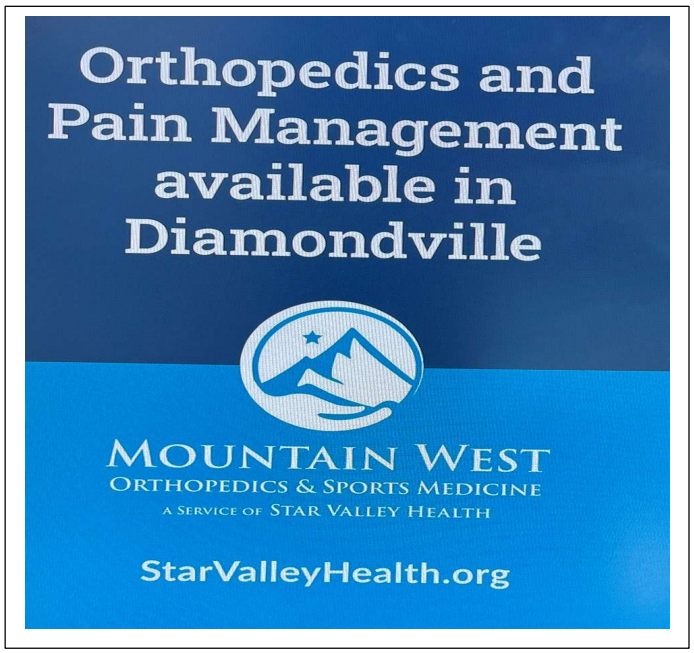
Join our ladies as they finish up the 2026 Block of the Month.

Please click QR Code if you would like to receive your Newsletter by email starting in December.



It's Medicare Open Enrollment time! If you would like help reviewing different plans, you can use Medicare's Plan Finder or contact your local SHIP through the SHIP National Technical Assistance Center at www.shiphelp.org

If you suspect fraudulent marketing activity, call the Wyoming Senior Medicare Patrol at 1 800 856-4398.





HTA Request to Donate!

Mail to: Ridley's Family Markets
Att: Cherie
621 Washington St S
Twin Falls, ID 83301

208-324-4633
x10118

Senior Citizens Association of Kemmerer, WY

105 JC Penny Drive

Kemmerer, WY 83101

Please process a new donation as marked below:

☐ Please donate all of the points in my acct (1 x upon receipt)

☐ Please donate _____ points (1x upon receipt)

☐ Please donate all of the points in my acct (now and at the end of each quarter through the end of the year)

Name: _____

☐ Address: _____

_____

☐ Phone #: _____

Advantage Card #: _____

Signature: _____ Date: _____

KEMMERER SENIOR CENTER EVENT CALENDAR

NOVEMBER 2026

	Mon	Tue	Wed	Thu	Fri	Sat
1	2 **9:30 Shopping** 11:00 Tai Chi **1:00 BINGO**	3 **10:00 Walking Club-Rec** 10:00 Voting Ride **11:00 Healthy Heart & PG Direct** 1:00 Open Craft	4 **11:00 Blood Pressure** 11:00 New Frontier Cornhole/Cards **1:00 Bright Remarkably Bright Creature Movie Watch**	5 **10:00 Sit & Stretch** 10:00 Water Aerobics **1:00 Sewing**	6 **12:30 Shopping**	7
8	9 **11:00 Tai Chi** 1:00 BINGO	10 **10:00 Walking Club- Rec** 11:00 Symbii **1:00 Open Craft**	11 **Veterans Day-Birthday Dinner** 9:30 Shopping **11:00 New Frontier Cornhole/Cards** 11:45 Proud to Be an American Singing	12 **10:00 Sit & Stretch** 11::00 Water Aerobics **1:00 Sewing**	13 1:00 Linger Longer Learn-Left Right Center	14 **Vintage Market @ Fossil Country Museum**
15	16 **9:30 Shopping** 11:00 Tai Chi **1:00 BINGO w/ KCDC**	17 **10:00 Walking Club- Rec** 12:30 Hale Financial-End of Year Tax Strategy **1:00 Open Craft**	18 **11:00 New Frontier Cornhole/ Cards** 12:30 Vision Outreach Services **1:00 Diabetic Foot Care** 1:30 Eric Jenkins Seminar	19 10:00 TriCity Evanston **8:30 Rock Springs Shopping Trip** 9-3 Eric J Appts **10:00 Sit & Stretch** 11:00 Water Aerobics **1:00 Sewing**	20 **9-11:30 Eric Jenkins Appt** 12:30 Shopping **1:00 Linger Longer Learn-Left Right Center**	21
22	23 **11:00 Tai Chi** 1:00 BINGO	24 **10:00 Walking Club-Rec** 11:30 Book Club-*The First Ladies* **1:00 Christmas Craft**	25 **11:00 New Frontier Cornhole/Cards** 12:30 Shopping **1:00 Senior Snack Box** **Pie Donation Day**	26 	27 **CLOSED** **Happy Thanksgiving** **Enjoy your Family**	28
29	30 **9:30 Shopping** 11:00 Tai Chi **1:00 BINGO**	**Water Aerobics has changed to Thursdays @ 11:00 ** **Note Open Craft first 3 Mondays at 1:00** ****Donations** of meat, cheese, veggie, fruit and nuts for senior snack boxes by November 24**				

KEMMERER SENIOR CENTER MENU

November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Whole milk served daily	**2** Clam Chowder Soup w/ ½ Turkey Cheddar Sandwich Salad Bar Peaches Cookie	**3** Beef Enchiladas Beans & Corn Pineapple Flan	**4** Chicken Fried Steak Mashed Potatoes & Gravy Roll Mixed Veggies Fruit Cocktail	**5** Salmon w/ Broccoli Garlic Bread Pears Parfait	**6** Egg Salad Sandwich Chips Mandarin oranges Salad Bar Muffin	**7**
8	**9** Chicken Sausage Gumbo White Rice Salad Bar Fruit cocktail	**10** Loaded Taco Salad w/ meat & beans Mex rice Pineapple Whip	**11** Happy Birthday Fried Chicken Mashed Potatoes & Gravy Green Beans Juice Cheesecake	**12** Spaghetti & Meatballs w/ Garlic Bread Salad Bar Mandarin oranges Jello	**13** Ham Bacon Cheddar Melt Chips Tropical fruit Cookie	**14**
15	**16** Chicken Noodle Soup ½ Chicken Wrap Salad Bar Apple sauce Ice Cream	**17** Meatloaf Mashed Potatoes w/ Gravy Peas & Carrots Pears	**18** Gyros Tater tots Tropical fruit Muffin	**19** Shepherds Pie Bread Peaches Pudding	**20** Turkey Cucumber Crisp Sandwich Chips Mandarin oranges Blueberry Pie	**21**
22	**23** Meat and bean loaded Taco Soup Mexican Rice Salad Bar Pineapple whip	**24** Chicken Ranch Wrap Pasta Salad Pears Cookie	**25** Turkey Dressing Mashed Potatoes Turkey Gravy Roasted Carrots Cranberry Sauce Pie	**26** CLOSED 	**27** CLOSED	**28**
29	**30** Loaded Potato Soup ½ Ham and Swiss Sandwich Salad Bar Tropical fruit Cookie	***Meals subject to change based on food availability. ***				