

# The Kemmerer Senior Center

## NEWSLETTER



**VISIT US @ [kmerse.com](http://kmerse.com)**

The Kemmerer  
Senior Center  
105 JC Penney Dr  
Kemmerer, WY 83101  
Phone: 307-877-3806

# LUNCH



# BREAK

## LUNCH

**307-877-3806**

**Monday—Friday**

**Noon to 12:30 p.m.**

*60+ Suggested Donation \$4*

**Under 60 \$9**

***Pickup for Carryout @ 11:30***

***Home Delivery for Qualifying***

***Individuals starts at 10:30***

***60 and over***

**call between 8:00 & 9:30**

**for Pickup or Carryout orders**

**or to make changes to your**

**delivery schedule.**

**Under 60**

**call between 9:30 & 10:00**

**for carryout.**

***\*If you miss the 9:30/10:00 deadline you are welcome to stop by the center @ 12:15 following the daily in-house serving time.***

# Welcome

**The Kemmerer Senior Center**

**Welcomes the Community**

**Monday—Friday**

**9:00 a.m.—3:00 p.m.**

## BOARD OF DIRECTORS

Michelle Muir, President

Irva Johnson, Vice President

Celeste Mori, Secretary

Mike Kohout, Member

Dorothy Murdock, Member

*Christy Killian, Director*

The next board meeting  
will be on Monday,  
August 18, at 3:00 p.m.

## Big Thank You

St. Patrick Catholic Church

Pam Lindsley

Dee Sargent

The Kemmerer Senior Center would like to thank you for your generosity. Thank you for thinking of us!

***kmersc.com***

***Be sure and logon and get acquainted with the new website. Let us know what you think.***

- You will be able to see important messages & updates
- View the Event Calendar, the Newsletter, and the Menu
- View fundraisers and donate to the center with a click of a button (**coming soon**)



KSC is excited to offer the website as an additional tool to foster communication with our community members. We thank our community as well as the Kemmerer Senior Service District Mill Levy Board for the support in creating this website.

# BIG THANK YOU

We would like to send out a **BIG THANK YOU** to **Annie Wagner** who met with staff in July to go over basic first aid and provide a CPR refresher course. Staff who was able to attend said that it was very informative and we appreciate Annie taking time out of her summer break to help us out.

## NOMINATIONS

**On Wednesday, August 13th, starting at 11:45 the Kemmerer Senior Center Nomination Committee will be accepting nominations from the community for a member at large board position set to expire in September. If you are interested or know of someone who is, please make sure to be present. The nominations will be voted on at the election in September. It is important to put forth nominees who are willing to commit their time and effort to the senior center. Please keep this in mind when making nominations for the board. They will represent the Kemmerer Senior Center, the community, and most importantly you.**



# OF THE MONTH CLUB \$\$

## ***DOLLAR OF THE MONTH CLUB***

Donations acquired **annually** help with providing activities, special events, & postage.

If we have forgotten to acknowledge your generosity please reach out.

Leo & Tena Alarcon  
Jerome & Thorma Barette  
Marlin & Stacy Batista  
Nancy Black  
Rose Capellen  
Alec & Barbara Carlisle  
Patti Challinor  
Robert & Nancy Combs  
Judy Crank  
Carol Deno  
May Dover  
Don & Kathy Failoni  
Violet Goodwine  
Larry & Connie Gunter  
Roger Gunter  
Kathy Hankin  
Brian Harris  
Diane Housley  
Mary Frances Hunzie  
Diane Hysell  
Eileen Jackson  
Irva Johnson

Marie Julian  
Lillian Juvan  
Joe & Lori Kalan  
Terri Lorenzi  
June Morris  
Serena Nielson  
Judy Ourada  
Majil Peart  
Yetive Perry  
Eddie Pete  
Roland Robbins  
Murph & Lori Roberts  
Barbara Ropelato  
Wade & Roxanne Rudy  
Lora Sanchez  
Larry & Vernona Shoemaker  
Mary Ann Stoddard  
Tom & Cheryl Tennyson  
George & Linda Williamson  
Bob & Dorothy Wright  
Gerry Wright

## FraudWatch Newsletter



**Telegram Marketing & Investment Trap:** A Western Wyoming resident reported a Telegram scam where a trusted contact invited them to join a fake marketing company. The scam involved completing simple “missions” (like following accounts and sending screenshots) in exchange for small payments (\$5–\$10), plus bonuses for recruiting others. Eventually, the scam shifted to a “speculation” phase, urging participants to invest their earnings into Bitcoin with promises of 30–35% returns. However, to join, users had to contribute their own money, starting small but quickly escalating to thousands. The scam impersonated a legitimate marketing company, which confirmed they were not involved. *CyberWyoming Note: Always be cautious with unexpected job or investment opportunities, especially those that come through social media or messaging apps. Verify the legitimacy of the company through official web-sites or direct phone calls and never send money or share personal financial information.*



To all of our many volunteers we thank you! If we miss mentioning you we apologize and hope that you will let us know. Undoubtedly, the way you made us feel, on the day you did what you did, was not forgotten.

“How wonderful that no one need wait a single moment to improve the world.” -Anne Frank

Deb	Archibald
Nancy	Black
Susan	Bright
Jay	Buck
Tracy	Carotta
Terri	Cartwright
Joyce	Chadwick
Addison	Dietrich
Dorian	Dietrich
Connie	Dummer
Veronica	Endecott
Kathy	Hankin
Roger	Gunter
Chris	Hansen
Dave	Harwood
Duane	Haws
Dale	Hicks
Louise	Hicks
Diane	Housley

Diane	Hysell
Angie	Jackson
Eileen	Jackson
Regan	Jackson
Taryn	Jetkoski
Irva	Johnson
Lori	Kalan
Rosa	Kemp
Camden	Killian
Grady	Killian
Kerry	Killian
Shirley	Kindschuh
Mike	Kohout
Gina	Kominsky
Dave	King
John	King
Tammie	King
Pam	Lindsley
Broch	Lindsay

Bill	Lozier
Kristie	Magee
Bob	Mathews
Connie	McMillan
Cindy	Miller
Celeste	Mori
Michelle	Muir
Dorothy	Murdock
Judy	Ourada
Nancy	Orgill
Gabe	Platt
Ralph	Rasmussen
Alec	Rudy
Roxanne	Rudy
Wade	Rudy
Shelley	Sandall
Merlyn	Sandberg
Dee	Sargent
Denise	Sargent

Janelle	Sawaya
Darlene	Schulthess
Larry	Shoemaker
Vernona	Shoemaker
Penny	Stapel
Nikki	Stewart
Thomas	Symons
Annie	Wagner
Julie	Welsh

“Volunteers wear working boots but leave a trail of angel footprints.” -Terri Guille-



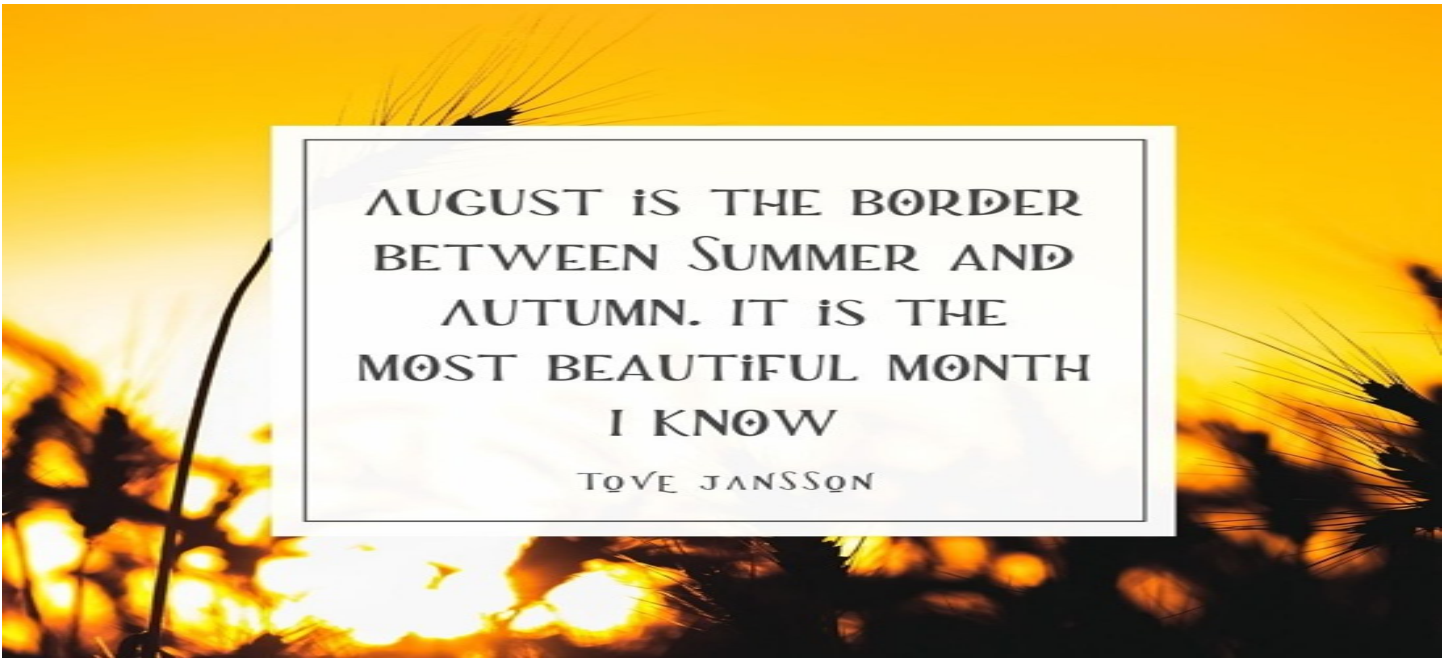
## Afternoon Outdoor Games any day you choose -

We have many outdoor games available for use either in the senior center yard or in the adjacent J.C. Penny house yard anytime you would like. ***Come out and enjoy the weather and YOUR Senior Center.***

- Bocce Ball
- Croquet
- Cornhole







AUGUST IS THE BORDER  
BETWEEN SUMMER AND  
AUTUMN. IT IS THE  
MOST BEAUTIFUL MONTH  
I KNOW

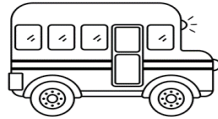
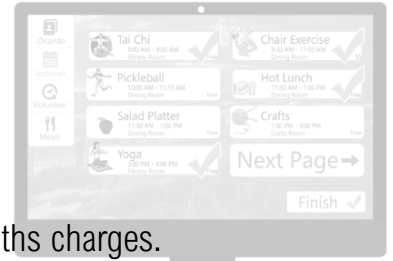
TOVE JANSSON

Aug 01	Joseph Guice	Aug 15	Carol Deno
Aug 01	Sylvia Schaechterle	Aug 19	J'Lene Buck
Aug 02	Geanie Kingman	Aug 19	Enrique Munoz
Aug 03	Judy Ourada	Aug 20	Lynn Putnam
Aug 03	Debra Hansen	Aug 20	Frank Sedey
Aug 04	Joesph Lint	Aug 20	Jamie Thornock
Aug 06	John Failoni	Aug 21	Donna Whitten
Aug 06	Sandra Larsen	Aug 22	Terri Cartwright
Aug 06	Kathleen Peters	Aug 23	Earl Blackham
Aug 06	Joe Kalan	Aug 26	Allan Sager
Aug 07	Gregory Gray	Aug 27	Steven Winbigler
Aug 08	Serena Nielson	Aug 28	Melvin Bowling
Aug 08	Karen Dykes	Aug 28	Tammie Thornton
Aug 12	Eddie Pete	Aug 30	Sharon Costello
Aug 12	Renee Masching	Aug 31	Janie Alder
Aug 13	Charis Stansell		
Aug 13	Mark Hansen		
Aug 15	Anne Bluemel		

**Please Join us for the August Birthday Celebration on  
Wednesday, August 13th @ 12:00**

## REMINDERS

- Meals prices have increase for under 60 patrons—\$9 July 1st
- KSC no longer uses a meal ticket to process C2 home delivery meals.
- Those meals invoiced at the beginning of each month are for the prior months charges.
- No tickets will be issued for those under 60. Cash or check will be accepted for all under 60 meals whether eaten in house or taken out.



### SENIOR CENTER TRANSPORTATION

Please Call us at 307-877-3806

Suggested Donation Non-Senior \$2 One Way

Suggested Donation Senior \$1 One Way

We provide around the town transportation daily Monday through Friday between **9:00 a.m. and 2:00 p.m.** We will do our best to accommodate transportation needs outside of those times with advance notice. If you depend on the senior bus for transportation, please keep this in mind when scheduling appointments. ***We do not offer out of town transportation.***

## Cornhole Tournament

### KSC 50/50 Fundraiser



*All Community Members Welcome*

*Please feel free to bring your grandkids.*

**Diamondville Park**

**10:00 a.m.**

**\$10 Per Person Buy-in**

**Signup at the event between 9:30 and 10:00**

# UPCOMING EVENTS

## • **WALKING CLUB**

**Walking Club** will meet every Monday at 10:00 through August. This is a short walk for those who are recovering from injury or haven't walked in years. You can meet us at the center or at the golf course. Make sure you let us know that you are planning to join us so we will be expecting you.

## • **Introducing "Movement"**

We would like to congratulate Alec Rudy on his recent opportunity and thank him for the time that he volunteered here at the KSC introducing us to Mobility & Mentality. The Kemmerer Senior Center remains dedicated to the belief that maintaining a positive mentality and consistent mobility is vital for individuals of all ages, as both greatly enhance quality of life and independence. We would like to introduce and welcome **Brittany Backman** who has volunteered to host The Movement Program. **Movement** will meet weekly beginning Tuesday, August 19th at 10:30 a.m. Remember that regular movement—through walking, stretching, and light exercise keeps the body agile, supports joint health, and improves balance, all of which are key to preventing injury and maintaining confidence in daily tasks. Please join us for the first program and see what you think!

## • ***Dementia Support Group***

Caregiving for those experiencing dementia can be challenging. We have partnered with the Wyoming Dementia Care Giver Network working through the University of Wyoming. It is their mission to help improve levels of depression, burden, self-advocacy, and empowerment regarding the caregivers experience. This Support group is free and will meet monthly via Zoom. The KSC will be a site location for the program. The first meeting will be Wednesday, August 13th at 10:30. We can also assist individuals with joining the meeting from the comfort of their home. There is a bit of a process so please reach out if you would like assistance signing up as soon as possible.

## • ***Lincoln County Fair, Afton***

The Lincoln County Fair is August 1st through the 9th. Again, there are community members who would like to travel to the fair but prefer to travel with others. We will be working to match drivers and community members. If you would like to volunteer or ride along for any of the events, **please let us know**. For information on online entries and fair events see links & information below.

**<https://lincolncountyfair.info/>**

**Nancy Stafford at (307) 754-680, [nancy.stafford@lincolncountywy.gov](mailto:nancy.stafford@lincolncountywy.gov)**

## • ***Pickleville Playhouse Garden City, UT***

Welcome to Hunky Dory—a quaint little western township where the good guy always wins and everyone lives happily ever after. Or do they? Scoot to the edge of your seat as our spitfire heroine, Dotty Darling, begins noticing cracks in her seemingly fairytale world. Is life really meant to be this perfect—or could it be she's tied to the tracks of a melodrama? Chaos erupts as our zany cast of characters spirals into an identity crisis so colossal, it may just obliterate the entire fourth wall. Runtime is 2 Hours w/a 15 minute intermission.

**Limited space. Signup by Monday, August 4th.**

**Departure 10:00 a.m. / Return by 4:00 p.m.**

**Bring Money for Lunch or a Famous Raspberry Milkshake**



# August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Wii Bowling 11:45 Local Talent 1:00 Shopping	2
3	4 10:00 Walking Club 1:00 Shopping **Pickleville Deadline	5 10:00 Bocce Ball	6 10:00 Cornhole 1:00 Shopping	7 10:00 Yoga Video Lincoln County Fair Trip	8 10:00 Wii Bowling 12:30 Pickleville - Hunky Dory - \$\$ for lunch - Depart 10:00	9
10	11 10:00 Walking Club 1:00 Shopping	12 1:00 Food Bank 1:00 Nails w Angle	13 Birthday Dinner 10:30 Dementia Together Care Support Group 11:00 Blood Pressure 11:45 Nominations for Expired Board Position	14 10:00 Cornhole Tourney Fundraiser - Diamondville Park 10:00 Yoga Video	15 10:00 Wii Bowling 1:00 Shopping	16
17	18 10:00 Walking Club 1:00 Shopping 3:00 KSC Board Meeting	19 10:30 Movement 11:00 Bingo	20 1:00 Diabetic Foot Care 1:00 Shopping	21 Tri City Pool Evanston 10:00 Yoga Video 11:30 Trivia w Prizes	22 10:00 Wii Bowling	23
24	25 10:00 Walking Club 1:00 Shopping	26 10:30 Movement 1:00 Food Bank	27 10:00 Cornhole 11:00 Bocce Ball	28 10:00 Yoga Video	29 10:00 Wii Bowling 1:00 Shopping **Drop of Back-to-School Supplies	30

## AUGUST 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Grilled Chicken & Bacon Sandwich W/ Swiss Cheese Lettuce Tomatoes Chips Fruit Dessert
<b>4</b> Straw Hats on Corn Chips Lettuce Cheese Baked Beans Dessert	<b>5</b> Chicken & Waffles Home Fries Coleslaw Dessert	<b>6</b> Pork Chop Baked Potato Sour Cream Green Salad Mixed Vegetables Whole Wheat Roll Dessert	<b>7</b> Pigs In Blanket Bean Salad Tator Tots Dessert	<b>8</b> Turkey Wrap Green Salad Cottage Cheese Fruit Cookie
<b>11</b> Sloppy Joes French Fries Macaroni Salad Broccoli Dessert	<b>12</b> Homemade Chicken Pot Pie Green Salad Tator Tots Whole Wheat Roll Dessert	<b>13</b> Fried Chicken Green Salad Mashed Potato Gravy Corn Whole Wheat Roll Cake	<b>14</b> Spaghetti w/ Meat Sauce Green Beans Cucumber Salad Bread Sticks Dessert	<b>15</b> Brats W/ Chili Sauerkraut Pasta Salad Veggies & Dip Dessert
<b>18</b> SOS Hamburger & Gravy on Toast Carrots and Peas Dessert	<b>19</b> Baked Ham Candied Yams Salad Mixed Veggies Roll Dessert	<b>20</b> Chicken Fried Chicken Green Salad Tomato Cucumber Mashed Potato Gravy Biscuit Dessert	<b>21</b> Lasagna Loaded Green Salad Green Beans Bread Sticks Dessert	<b>22</b> Patty Melt French Fries Veggies & Dip Dessert
<b>25</b> Grilled Cheese Tomato Soup Spaghetti Salad Chips Dessert	<b>26</b> Chicken & Stuffing Green Bean Casserole Salad Mashed Potato Gravy Cranberry Sauce Dessert	<b>27</b> Hamburger Steak Onions Green Salad Mashed Potato Gravy Green Veggies Dessert	<b>28</b> Chicken Alfredo Green Beans Green Salad Garlic Toast Dessert	<b>29</b> Fried Chicken Sandwich Tomato Lettuce Pickles Tator Tots Dessert

***Help support local community businesses who support the  
Kemmerer Senior Center!***

# Ball Family Chapel & Floral



**Call 1-307-877-4505**

**ballfamilychapel@gmail.com**

**We are here for all your floral needs.**



***Thank you to Ball Family Chapel & Floral for donating  
balloons monthly for our Birthday Celebration.***

## MAVERIK

**307-877-6940**

**Your First Stop**

**Thank you to our local Maverik for  
donating delivery sacks.**

**Stay Hydrated!**

**SELF SERVE ARTESIAN  
SPRING WATER AND ICE**



**44109 US HWY 189 N**

**Kemmerer, WY 83101**

**307-677-5684**

**Open 24/7**

**<https://willowspringswater.com/>**

### HTA Request to Donate!

Mail to: **Ridley's Family Markets**  
Att: Cherie  
621 Washington St S  
Twin Falls, ID 83301  
  
208-324-4633  
x10118

Senior Citizens Association of  
Kemmerer, WY

105 JC Penny Drive

Kemmerer, WY 83101

Please process a new donation as marked below:

☐ Please donate all of the points in my acct  
(1 x upon receipt)

☐ Please donate \_\_\_\_\_ points  
(1x upon receipt)

☐ Please donate all of the points in my acct  
(now and at the end of each quarter  
through the end of the year )

Name: \_\_\_\_\_

☐ Address: \_\_\_\_\_

☐ Phone #: \_\_\_\_\_

Advantage Card #: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# The Kemmerer Senior Center

## Giving Back to the Community



We would like to invite anyone who would like to contribute back to school supplies for the elementary students in our community. Please drop school supplies off at the KSC before August 29th @ 3:00. Our dedicated volunteers will deliver the supplies to Canyon Elementary school. Please see supply list below for ideas.

### 2025/2026 Canyon Elementary Supply List

Classroom Supply Fee: \$20.00 per grade level can be paid by check, please make checks out to LCSD#1.  
Used for the cost of classroom activities, fees for field trips and additional supplies as needed.  
Thank you!

Supply Drop Night is August 26<sup>th</sup> at 6pm

#### Developmental Kindergarten (DK):

- 1 pair pointed Fiskar-type scissors (Please label before school with your child's name in permanent marker.)
- 5 #2 pencils – sharpened (Suggested: Ticonderoga brand - please no designs)
- 1 boxes of 24-count crayons and 1 box of 8- count crayons
- 2 large boxes of Kleenex
- 1 large backpack (large enough to put winter gear in along with papers)
- 10 glue sticks (no colors or character sticks, please)
- 2 sets of Crayola Colored Pencils
- 2 containers of Clorox disinfectant wipes
- 1 package of fine-tip dry erase markers
- 2 spiral bound notebooks
- \$20 Classroom Supply Fee – checks should be made out to LCSD#1 – no cash please

Suggestion: To help spread out the cost of school supplies, try buying one or two items at a time over the summer so you don't have to buy it all at once. Only label your child's scissors! The rest of the Developmental Kindergarten supplies are shared between all of the students.

#### Music:

- KG-6<sup>th</sup> Grade: 1 #2 Wooden Pencils to be left in class
- 4<sup>th</sup> Grade: \$13 Fee for recorder and book (please make checks out to LCSD#1 – separate check from all other fees)



#### Kindergarten:

- 1 pair pointed Fiskar-type scissors (Please label before school with your child's name in permanent marker.)
- 5 #2 pencils – sharpened (Suggested: Ticonderoga brand - please no designs)
- 2 boxes of 24-count regular colored crayons
- 1 large boxes of Kleenex
- 1 large backpack (large enough to put winter gear in along with papers)
- 1 package of glue sticks (no colors or character sticks, please)
- 2 boxes of colored pencils
- 2 containers of Clorox disinfectant wipes
- 1 package fine-tip dry erase markers
- \$20 Classroom Supply Fee – checks should be made out to LCSD#1 – no cash please

Suggestion: To help spread out the cost of school supplies, try buying one or two items at a time over the summer so you don't have to buy it all at once. Only label your child's scissors! The rest of the Kindergarten supplies are shared between all of the students.



#### Art:

- Kindergarten and 1<sup>st</sup> grade – 1 Water Color Set

#### Physical Education/Health:

- Students must have separate non-marking gym shoes for PE, to be left at school, that are not worn for normal or outside wear. Cleats or turf shoes are not acceptable for use in the gym. Must be a tie or strap one shoe.
- Health: Grades 5 & 6: Spiral Notebook