



Pricing Menu



GAIN CLARITY. ACHIEVE RESULTS.

Support that meets you where you are
and helps you move forward.



DISCOVERY CALL

A friendly 15–20 minute call to explore how I can support you and answer any questions you may have.

Free 



HYPNOTHERAPY

Typically delivered in blocks of 4 sessions.
Bespoke packages available.

£300

per block of 4



ONE OFF TOP UP SESSIONS

Extra support when you need it.

£85

per session



RELAXATION RESET PROGRAMME

A 4 - 8 week hypnotherapy programme designed to help you reset, recharge and rediscover you.

£300

for a 4 week programme



COACHING

Minimum of block of 4 sessions.
Recommended block of 6 sessions.
Bespoke packages available.

£300

per block of 4

£450

recommended block of 6



PROFESSIONAL SUPERVISION

for people professionals

- ♥ One off session
- ♥ Quarterly sessions
- ♥ Bespoke packages available

£85

per one off session

£300

for the year (quarterly sessions)



CORPORATE PACKAGES

Design and delivery of training and wellbeing programmes.

Drop us a line
to discuss your needs.



www.clearthinkingnlp.com



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Health at Heart,
Chorley

Small steps today, create big change tomorrow.

