

Clear Thinking

Professional Supervision for People Professionals



Support • Clarity • Space

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A clear mind
creates space for
better decisions
and bigger results.



WHAT COULD CLARITY
CHANGE FOR YOU?

Clear Thinking

WELLBEING & COACHING SOLUTIONS



GAIN CLARITY, ACHIEVE RESULTS.

FROM OVERWHELM
TO CLARITY



YOU DON'T HAVE TO STAY STUCK.
CLARITY IS POSSIBLE.



Why Supervision?

The people profession carries the emotional load. Working in a high pressure arena, juggling multiple demands, supporting others, making complex decisions, aligning to business strategy and often dealing with issues and situations which are multifaceted, stressful and emotionally demanding. Supervision gives you a confidential space to pause, reflect and stay grounded.



How It Works

- 1:1 monthly sessions to suit your needs.
- Online or in-person
- Calm, supportive, non-judgemental
- Bespoke and tailored to your needs and goals.



Who's It For?

HR professionals, People Partners, ER specialists, Wellbeing Leads, OD Practitioners; anyone who works in a people-focused role.



What You'll Gain

- Clarity on challenging situations.
- Emotional support in a safe, confidential space.
- A sounding board for complex people issues.
- Tools and strategies to stay resilient.
- Space to decompress, reflect and reconnect with your purpose.
- Improved wellbeing and confidence.



About Us

Led by Fay Winstanley, award-winning wellbeing specialist, NLP practitioner and coach with 25 years in the people profession. A calm, compassionate space to think clearly, feel supported and achieve results.



Ready To Feel Supported?

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A Space For Clarity. A Space For You.

