



COACH MAC AND BROWN SAINTS OPEN



SANDALWOOD HIGH SCHOOL

SATURDAY, February 21, 2026

The Saints Open is named after Coach Chuck McPhilomy and Coach Charlie Brown, long-time Sandalwood Track & Field coaches.

Please enter athletes online. Scratches can be made at the coaches' meeting.

Entry fee: \$100 per male and female team, \$15 for individuals, due upon arrival.

Awards: Champion and runner-up trophies, Award for 1st place finishers.

Schedule of events:

9:00AM: Coaches meeting, base of press box, breakfast provided

9:30AM: 4 X 800M Relay

10:00AM: Field events

Measurable marks: girls shot 7.5m, boys 10.5m, girls discus 18m, boys 24m

These are also the qualifying distances for the Throwers relay.

HJ girls 1.2m, boys 1.5m PV girls 1.5m, boys 2.4m

12:00PM: running events

100/110 Hurdles

100M

1600M

4x100M Thrower's Relay

4x100M

300M (dash)

300MHurdles

800M

200M

3200M

4x400M



Concessions will be open, coaches will be provided with 2 lunches per team. Please e-mail Coach McCray or Coach Pariseau if you have any questions.

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