2020 JAC March Practice Schedule

Date	Day	Notes
March 1st	Sunday	No Practice, Indoor Pole Vault Meet
2	Monday	5:30pm-7:00pm
3	Tuesday	Lessons only by appointment
4	Wednesday	5:30pm-7:00pm
5	Thursday	Lessons only by appointment
6	Friday	No Practice, Bolles Meet
7	Saturday	Lessons only by appointment
8	Sunday	Lessons only by appointment
9	Monday	5:30pm-7:00pm
10	Tuesday	Lessons only by appointment
11	Wednesday	5:30pm-7:00pm
12	Thursday	Lessons only by appointment
13	Friday	Lessons only by appointment
14	Saturday	Lessons only by appointment
15	Sunday	Lessons only by appointment
16	Monday	3:30pm- 5:30pm OR 5:30pm-7:00pm
17	Tuesday	4pm-6pm
18	Wednesday	3:30pm - 5:30pm OR 5:30pm-7:00pm
19	Thursday	4pm-6pm
20	Friday	Lessons only by appointment
21	Saturday	Lessons only by appointment
22	Sunday	Lessons only by appointment
23	Monday	5:30pm-7:00pm
24	Tuesday	Lessons only by appointment
25	Wednesday	5:30pm-7:00pm
26	Thursday	Lessons only by appointment
27	Friday	No practice, Multiple Track Meets
28	Saturday	Lessons only by appointment
29	Sunday	Lessons only by appointment
30	Monday	5:30pm-7:00pm
31	Tuesday	Lessons only by appointment

In-Season Training is a \$10 drop in fee per practice

Please email or text (423-943-5507) to set up lessons

To set up lessons outside of these times during Spring Break please contact us

jacksonvilletrack.com