

# 2020 JAC Open

## Sunday, May 31st

The Jacksonville Athletic Club is proud to host the JAC Open to give athletes of all ages a fun opportunity to compete! The JAC Open will be held on the beautiful campus of The Bolles School (7400 San Jose Blvd, 32217). All meet info is below.

**Important Meet Note:** This is an open track meet that will allow anyone to compete as long as they sign up online before the entry deadline. This is NOT an AAU meet, or an age-group meet. We want to provide the best possible competition, so we will seed the races properly to help promote fast times. We also will run the short sprint races with the wind, as we have two finish line cameras. All of our meets are USATF sanctioned.

**Entry Fee:** Each meet is \$25 per athlete for unlimited events, and all athletes must sign up online prior to competing. All entries must be submitted on [directathletics.com](http://directathletics.com). Meet entries close on Thursday, May 28<sup>th</sup> at 11:59pm. We will NOT accept late entries, and there is no on site entry.

**Meet Schedule:** Final schedule will be posted online and emailed to the athletes after entries close. Tentative schedule is on page two. As this meet will be going on in conjunction with a combined events meet (decathlon and heptathlon), please make sure to follow the schedule that will be emailed to you and posted on [jactiming.com](http://jactiming.com). We will run ON schedule, so please plan accordingly.

**Meet Headquarters:** Please visit [summertrackmeets.com](http://summertrackmeets.com) for all of your meet information and to sign up today!

**Results:** Live results can be found at [jactiming.com](http://jactiming.com) and full results will be posted on [jactiming.com](http://jactiming.com) at the conclusion of the event

### Events Offered

**Sprint Events-** 100m, 200m, 400m

**Hurdle Events-** 100mH, 110mH

**Distance Events-** 800m, 1 mile run

**Throwing Events** –Javelin, Shot Put, Discus Throw

**Jumping Events-** Long Jump, Triple Jump, High Jump, Pole Vault

# JACKSONVILLE



# ATHLETIC CLUB

## ***Tentative Time Schedule***

### **Track Events**

11:00am- 100m prelims (top 16 to finals)  
11:30am-100mH finals  
11:45am-110mH finals  
12:00pm-100m finals  
12:15pm- 400m finals  
12:45pm- 200m finals  
5:45pm- 800m finals  
6:15pm- 1 mile run finals

### **Field Events**

12:45pm- Discus throw  
2:00pm-Shot put  
2:00pm- High jump  
2:00pm- Pole vault  
3:30pm- Long jump  
5:00pm- Javelin throw  
5:00pm- Triple jump

*\*Men and Women will compete together for field events, running events are women followed by men\**

[summertrackmeets.com](http://summertrackmeets.com)

