

2023 Assumption Invitational

Saturday May 6th

Youth Meet 12 and under – 2:30 pm

Middle School Last Minute Qualifier – 4:30 pm

Host: Assumption Catholic School

Meet Director: Georgia Ruen

Timer: Jacksonville Athletic Club- Eli Sunquist

MS Meet Entry Fee: \$100 per team

\$150 for both B/G teams

\$20 per unattached athlete (limited entries)

Youth Meet Entry Fee: \$20 per athlete.

Make Checks payable to:

Assumption Catholic School
2431 Atlantic Blvd.
Jacksonville, FL 32207

Registration Deadline: Wednesday May 3rd at 9pm

Middle School Entries:

- 6 entries per running event/2 Relays
- 4 entries per field event

Youth Entries:

- Limit 3 events per athlete 10 and under
- Limit 4 events per athlete 11-12

Youth Meet Order of Events

2:00 pm - Coaches Meeting

FIELD EVENTS- Girls followed by Boys

2:30pm- Girls HJ & Boys LJ (switch after completion Boys HJ & Girls LJ)

2:30pm- Boys Shot Put and Girls Discus (switch after completion)
Turbo javelin will run after the completion of shot put and discus

RUNNING EVENTS- Girls run first and then Boys

First event starts at 3:00pm and is on a rolling schedule

100m Hurdles

100m

1500m

4x100m

400m

800m

200m



Middle School Order of Events

4:15 pm - Coaches Meeting

FIELD EVENTS- Girls followed by Boys

4:30pm- Girls HJ & Boys LJ (switch after completion Boys HJ & Girls LJ)

Girls and Boys Pole Vault will run simultaneously after HJ is completed

4:30pm- Boys Shot Put and Girls Discus (switch after completion)

Girls and Boys Javelin will run simultaneously after shot put and discus is completed

First running event starts at 5:30 pm and is on a rolling schedule

RUNNING EVENTS –Girls run first followed by boys

4x800m

100 Hurdles

100m

1500 Meters

4x100m Relay

400m

800m

200m

3000m

4x400m

