2023 Bolles Middle School Invitational Final Information Wednesday, March 29th, 2023

Location: This meet will be held on the beautiful campus of The Bolles School (7400 San Jose Blvd, 32217)

Parking: There is plenty of parking right next to the track / football stadium. Please contact me if you are bringing a bus to park during the meet.

Admission: There is no charge for admission.

Food: Concessions will not be available for this meet, please bring your own food / drinks.

Coaches Meeting: The coaches meeting will be at 3:45 at the timer's tent, right by the finish line. Here we will go over any new information pertaining to the meet, assigning teams some field events to help with, as well as collecting entry fees.

Field Events: Please make note of the schedule on the order of the field events. The boys and girls long jump will be run together, on separate runways. We will be assigning a few teams to help with field events, if there is an event you would really like to help with, please let me know.

Event Check In: All field events will check in at the field event site, and all sprint / hurdle events will check in at the start line for that event. Example, if you run the 400m, you just need to check in to the start of the 400m and you will get your heat and lane assignment. The 800m and 1600m you will need to check in first at the clerking tent to get your hip number.

Results: Timing for this meet will be done by JAC Timing. You will be able to find start lists, live results, and final results at <u>jactiming.com</u>. Final start lists will be made available by 10am on Tuesday.

Order of Events: Field Events (4:00 pm)

Boys and Girls Long Jump (both at the same time, using different runways)

Boys and Girls Triple Jump to Follow Long Jump

Girls High Jump, followed by Boys

Boys Shot Put, followed by Girls

Girls Discus, followed by Boys

Girls and Boys Pole Vault Together

Boys and Girls Javelin to follow Discus

Running Events (5:00 pm) 4 x 800m Relay (4:15 pm start)

100m Hurdles
100m Dash
1600m Run
4 x 100m Relay
400m Dash
800m Run
200m Dash