

2023 JAC DECEMBER PRACTICE SCHEDULE

| Date | Day | Notes |
|--------------|-----------|--------------------------------------|
| December 1st | Friday | No Practice |
| 2 | Saturday | 2023 JAC Indoor / Outdoor Opener |
| 3 | Sunday | No Practice |
| 4 | Monday | 4pm-6pm |
| 5 | Tuesday | 4pm-6pm |
| 6 | Wednesday | 4pm-6pm |
| 7 | Thursday | 4pm-6pm |
| 8 | Friday | No Practice |
| 9 | Saturday | JDL Indoor Meet in Winston-Salem, NC |
| 10 | Sunday | No Practice |
| 11 | Monday | 4pm-6pm |
| 12 | Tuesday | 4pm-6pm |
| 13 | Wednesday | 4pm-6pm |
| 14 | Thursday | 4pm-6pm |
| 15 | Friday | 4pm- 6pm |
| 16 | Saturday | Lessons only by appointment |
| 17 | Sunday | Lessons only by appointment |
| 18 | Monday | 4pm-6pm, also lessons by appointment |
| 19 | Tuesday | 4pm-6pm, also lessons by appointment |
| 20 | Wednesday | 4pm-6pm, also lessons by appointment |
| 21 | Thursday | 4pm-6pm, also lessons by appointment |
| 22 | Friday | 4pm-6pm, also lessons by appointment |
| 23 | Saturday | Lessons only by appointment |
| 24 | Sunday | No practice |
| 25 | Monday | No Practice |
| 26 | Tuesday | No Practice |
| 27 | Wednesday | Lessons only by appointment |
| 28 | Thursday | Lessons only by appointment |
| 29 | Friday | Lessons only by appointment |
| 30 | Saturday | Lessons only by appointment |
| 31 | Sunday | No Practice |

December Training is either \$150 for the whole month (unlimited practices) or \$20 drop in fee per practice



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