

2023 JAC Final Countdown

Saturday, July 22nd, 2023

Final Meet Information

The Jacksonville Athletic Club is extremely excited to be able to host the 2023 JAC Final Countdown! This meet will be held on the beautiful campus of The Bolles School (7400 San Jose Blvd, 32217) All meet info is below:

Parking: There will be a swim meet this weekend on campus, so there will still be parking close to the track, however be aware that the parking lot will be busier than usual!

Concessions: We will not be providing a concession stand for this meet. Please bring your own food / water, as we will not be selling any on site.

Arrival Information: As we will be running some youth events from 8:30am – 10:30am we please ask that you are mindful of those events going on when entering the stadium.

Packet Pickup: We will not have a packet pickup / bib numbers for this meet. Please see below on event check in. We will issue hip numbers at the start of the distance races. All start lists can be found at jactiming.com

Event Check-In: Check-in for all events will be at that event. You do not need to check-in anywhere else for your event, just at the actual event itself. If you are long jumping, you can check-in up at the jumps area with the long jump officials. If you are running the 400m, check-in will be at the 400m start line. We will also be making announcements throughout the meet to hopefully help.

Weather and Heat: Pretty much every Florida afternoon in July there is a lot of heat, and a chance of a pop-up shower. Please be prepared for both. In the event of a storm or lightning where we will need to move inside for a short period of time (I would recommend your own vehicle) we will be providing live weather updates on our website (jacksonvilletrack.com) If we do have to take a break for the weather, we will of course give everyone plenty of time to re-warm up / get situated before continuing on with the next event. This competition is 100% for the athletes, so we will cater to them and what they need.

Tents/ Crowds: We will do our best to provide plenty of space for people to set up camps and space out. You can set up tents on the practice field and in the visitor bleachers, however we ask that you do not set up any tents on the home bleachers.

Meet Schedule: Final time schedule is on page 2. Please note we made some changes from the tentative schedule. We will not run ahead of schedule.

Results: Timing for this meet will be done by JAC Timing. We will be linking up start lists, live results and final results on our website, jactiming.com

2023 JAC Final Countdown

Final Time Schedule

Time	Running Events	Notes
8:00am	1 mile run	Men and Women Together
8:30am	Kids 50mH	Ages 5-8
8:40am	Kids 80mH	Ages 9-12
8:45am	Kids 50m	Ages 5-8
8:50am	Kids 100m	Ages 9-12
9:00am	800m	Men and Women Together
9:15am	Kids 400m	Ages 5-12 (girls, then boys)
9:35am	Kids 200m	Ages 5-12 (girls, then boys)
11:00am	100mH	Women
11:15am	110mH	Men
11:30am	100m Prelims	Women, followed by Men
12:30pm	100m Final	Top 16 from prelims, Women, followed by Men
12:45pm	400m Final	Women, followed by Men
1:30pm	200m Final	Women, followed by Men
Time	Field Events	Notes
10:00am	Long Jump	Kids ages 5-8 and Kids 9-12 together
12:00pm	Long Jump	Men and Women Together
1:15pm	Triple Jump	Men and Women Together
1:15pm	High Jump	Men and Women Together
2:30pm	Pole Vault	Men and Women Together

