

# 2022 Providence Invitational

Tuesday March 7th  
Middle School- 2:30pm  
Varsity- 5:00pm

## Middle School Order of Events

**RUNNING EVENTS** - Girls run first and then Boys

First event starts at 2:30pm and is on a rolling schedule

### 100m Hurdles



100m  
1600m  
4x100m  
400m  
800m  
200m  
4x400m



### **FIELD EVENTS**- Girls followed by Boys

2:30pm- Girls HJ & Boys LJ (switch after completion Boys HJ & Girls LJ)

Girls and Boys TJ will run simultaneously after HJ is completed.

2:30pm- Boys Shot Put and Girls Discus (switch after completion)

3:30pm- Pole Vault

# 2022 Providence Invitational

Tuesday March 7th  
Middle School- 2:30pm  
Varsity- 5:00pm

## Varsity Order of Events

**RUNNING EVENTS** - Girls run first and then Boys

First event starts at 5:00pm and is on a rolling schedule

4x800m Relay

Girls 100 Hurdles / Boys 110 Hurdles

100m

1600 Meters

4x100m Relay

400m

400m Hurdles

800m

200m

3200m

4x400m Relay



**FIELD EVENTS**- Girls followed by Boys

**5:00pm**- Girls HJ & Boys LJ (switch after completion Boys HJ & Girls LJ)

Girls and Boys TJ will run simultaneously after HJ is completed.

**5:00pm**- Boys Shot Put and Girls Discus (switch after completion)

**5:00pm**- Pole Vault

Javelin (After shot put and discuss finish)