2022 Providence Invitational

Tuesday March 7th Middle School- 2:30pm Varsity- 5:00pm

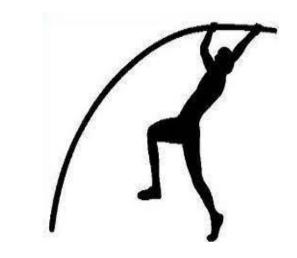
Middle School Order of Events RUNNING EVENTS - Girls run first and then Boys

First event starts at 2:30pm and is on a rolling schedule

100m Hurdles



100m 1600m 4x100m 400m 800m 200m 4x400m



FIELD EVENTS- Girls followed by Boys

2:30pm- Girls HJ & Boys LJ (switch after completion Boys HJ & Girls LJ) Girls and Boys TJ will run simultaneously after HJ is completed.
2:30pm- Boys Shot Put and Girls Discus (switch after completion)
3:30pm- Pole Vault

2022 Providence Invitational

Tuesday March 7th Middle School- 2:30pm Varsity- 5:00pm

Varsity Order of Events

RUNNING EVENTS - Girls run first and then Boys

First event starts at 5:00pm and is on a rolling schedule

4x800m Relay

Girls 100 Hurdles / Boys 110 Hurdles 100m 1600 Meters 4x100m Relay 400m 400m Hurdles 800m 200m 3200m 4x400m Relay



FIELD EVENTS_ Girls followed by Boys

5:00pm- Girls HJ & Boys LJ (switch after completion Boys HJ & Girls LJ) Girls and Boys TJ will run simultaneously after HJ is completed.
5:00pm- Boys Shot Put and Girls Discus (switch after completion)
5:00pm- Pole Vault Javelin (After shot put and discuss finish)