# 2023 Stallion Invitational

# Tuesday March 21th Middle School- 2:30pm Varsity- 5:00pm

Host: Providence School of Jacksonville

Meet Director: John Heron

Timer: Jacksonville Athletic Club- Eli Sunquist

Meet Entry Fee: \$100 per team

\$150 for both B/G teams

Make Checks payable to:

Providence School of Jacksonville

2701 Hodges Blvd, Jacksonville, FL 32224

Registration Deadline: March 19th at 9pm

4 entries per event/2 Relays (Unlimited in 100m & 1600m)

Food: BnB BBQ Truck

### Middle School Order of Events

## **RUNNING EVENTS** - Girls run first and then Boys

First event starts at 2:30pm and is on a rolling schedule

#### 100m Hurdles

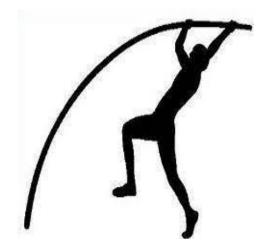


100m 1600m 4x100m

> 400m 800m

200m

4x400m



### FIELD EVENTS- Girls followed by Boys

**2:30pm**- Girls HJ & Boys LJ (switch after completion Boys HJ & Girls LJ)

Girls and Boys TJ will run simultaneously after HJ is completed.

2:30pm - Boys Shot Put and Girls Discus (switch after completion)

3:30pm- Pole Vault

# 2023 Providence Invitational

Tuesday March 21st Middle School- 2:30pm Varsity- 5:00pm

## **Varsity Order of Events**

RUNNING EVENTS - Girls run first and then Boys
First event starts at 5:00pm and is on a rolling schedule

4x800m

Girls 100 Hurdles / Boys 110 Hurdles

100m

1600 Meters

4x100m Relay

400m

400m Hurdles

800m

200m

3200m

4x400m



### FIELD EVENTS- Girls followed by Boys

**5:00pm**- Girls HJ & Boys LJ (switch after completion Boys HJ & Girls LJ) Girls and Boys TJ will run simultaneously after HJ is completed.

5:00pm - Boys Shot Put and Girls Discus (switch after completion)

5:00pm - Pole Vault

Javelin (After shot put and discus finish)