

2023 JAC Elite Summer Distance Running Group Info Sheet

Practice Location	The Bolles School, 7400 San Jose Blvd, 32217
Practice Days	Monday, Wednesday and Friday
Additional Practice Options	You can set up private lessons with Coach Matthew outside of these practice days and times. Please email, call or text to set these up (matt.morrisjr@gmail.com or 904 534 6704)
Team Training	We do offer team training at a discounted rate, please email eli@jacksonvilletrack.com for inquiries
May 29- June 9th Practice Times	May 29th- June 9th, 5:45pm- 7:00pm
June 12th- August 11th Practice Times	June 12th- August 4th, 7am-8:30am
Payment Info	\$700 for the entire summer (can be split up into 2 \$350 payments)
Weather Policy	See here for our weather policy
Questions	call or text 423 943 5507 or email eli@jacksonvilletrack.com

