

***2024 River City Relays Classic
Track & Field Invitational***

***March 2, 2024
University of North Florida
Hodges Stadium
Jacksonville, Florida***

Online Entry at www.directathletics.com

Meet Director

Ervin Lewis

ervintlewis@gmail.com

(904) 252-9511

Hosted by 1- Elite Class

Contacts

Ricky Fields- creeksidetrackandfield@gmail.com

Facility

The track is a 9-lane all-weather surface. Only ¼" or smaller pyramid spikes are allowed. Fully Automatic Timing & results will be done using FinishLynx Cameras interfaced with Hy-Tek Meet Manager. No smoking, radios, glass containers, or alcoholic beverages are allowed in the facility.

Entry Information

All teams and unattached athletes must utilize Direct Athletics to register for this event.

Teams and independent athletes will have until **11pm EDT, Monday, Feb 26th** to complete registration.

Fees

The entry fee is \$50/athlete up to 8 or \$400.00/school (**not per gender**) for 9 or more. All entries are non-Refundable. Entries must be paid online or via Check made out to **1- Elite Class LLC**.

Eligibility

This meet is open primarily to High School programs in Florida, Georgia and South Carolina.

Entry Limitations

- Individual Events—Teams will be permitted to enter up to 4 athletes in each event.
- 6 Entries for 1600
- **4 additional entries for 100m B races**
- Top 24 entry times in the 1600m will race in 1600 Invite the remaining entries will race during the B section of 1600M

Relays—Teams will be permitted to enter 1 relay team.

Practice

Located on the opposite side of the stadium.

Refreshments:

A Full Service Concession Stand will be provided and a hospitality area for coaches and officials.

Packet Pick-up

Packet pick-up will be available at the main entrance.

Only a member of the school's coaching staff may pick up team packets.

Check-in Procedures

Running Events: Initial check-in for all running events must occur at least 30 minutes before the scheduled start time of the event. Athletes must return to the clerk's tent 15 minutes before the event. Athletes will be held in the warm-up area until the event is to start. All warm-ups should be completed before entering the tent.

Relays: Only one representative should check in to the clerks. If there is any change to a relay team's entry they must fill out or bring a completed relay card to check in. Relay cards will be placed in team packets.

Field Events: Athletes may begin checking in at the event area 60 minutes before the start of the event. Pole Vault may check in 90 minutes prior to start. Those not checked in 30 minutes before event start time may be scratched. Field event warm-up for all competitors may begin 60 minutes before the start of the event, but only if an official is present. 15 minutes before the event starts, warm-up will be restricted to the first flight of competitors only. 10 minute warm-up periods will be given between flights.

Lane Preferences

100/100H/110H 5-4-6-3-7-2-8-1-

200/400/400H/4x100/4X400 6-7-5-8-4-9-3-2-1

We will avoid using Lane 1 in most heats of the 200/400/400H

Officials:

Anyone desiring to officiate at this meet is encouraged to send an email to Ervin Lewis at ervintlewis@gmail.com

Saturday March 2, 2024

**Running
Events with
Estimate
Times.**

| Time | Event | Gender | Notes |
|----------------------------|-------------------------|---------------|--------------------------|
| 9:00am | 1600M- B section | Girls | B Heat |
| 9:30am | 1600M- B section | Boys | B Heat |
| 10:00am | 100 (B Heat) | Girl/Boys | |
| 10:45am | 100H | Girls | Top 9 Advance to Finals |
| 10:30am | 110H | Boys | Top 9 Advanced to Finals |
| 11:00am | 100M Prelims | | Top 9 Advance to Finals |
| 12:00pm | 4x800 | Girls/Boys | |
| Evening Session | | | |
| 1:00pm | 100H Finals | Girls | |
| 1:15pm | 110H Finals | Boys | |
| 1:30pm | 100M Finals | Girls/Boys | |

| | | | |
|--------|---------------------|------------|----------------|
| 1:45pm | 1600M Invite | Girls/Boys | Top 27 Entries |
| 2:15pm | 4x100 | Girls/Boys | |
| 2:30pm | 400M | Girls/Boys | |
| 3:15pm | 400MH | Girls/Boys | |
| 3:45pm | 800 | Girls/Boys | |
| 4:30pm | 4x200 | Girls/Boys | |
| 4:45pm | 200m | Girls/Boys | |
| 5:30pm | 3200M | Girls/Boys | |
| 6:00pm | 4x400 | Girls/Boys | |

Ervin Lewis
(904) 252-9511
ervintlewis@gmail.com

Ricky Fields
(904) 614-0149
creeksidetrackandfield@gmail.com

Field Events

| Time | Event | Gender | Notes |
|------|-------|--------|-------|
|------|-------|--------|-------|

| | | | |
|---------|---------------------|-------|--|
| 9:00am | Long Jump | Girls | |
| 9:00am | Long Jump | Boys | |
| 9:00am | Discus Throw | Boys | |
| 11:00am | Discus Throw | Girls | |
| 9:00am | High Jump | Girls | |
| 9:00am | High Jump | Boys | |
| 11:00 | Triple Jump | Girls | |
| 11:00 | Triple Jump | Boys | |
| 9:00am | Pole Vault | Girls | |
| 12:00am | Pole Vault | Men | |

Field Events

| Time | Event | Gender | Notes |
|---------|----------------------|--------|-------|
| 9:00am | Shot Put | Girls | |
| 11:00am | Shot Put | Boys | |
| 12:00pm | Javelin Throw | Girls | |
| 3:00pm | Javelin Throw | Boys | |

Competition Warmup

Once the meet is underway, all warm-ups will need to be done on the practice track.

Field Events

All legal attempts will be measured for throws and horizontal jumps. Vertical jumps will have opening heights as follows:

Boys High Jump: 1.75m

Boys Pole Vault: 3.00m

Girls High Jump: 1.38m

Girls Pole Vault: 2.44

| | Girls Min | Girls Bonus | Boys Min | Boys Bonus |
|-------------|-----------|-------------|----------|------------|
| Shot Put | 8.00m | 9.10m | 12.00m | 13.50m |
| Discus | 23.00m | 27.00m | 30.00m | 37.00m |
| Long Jump | 4.30m | 4.55m | 5.50m | 6.10m |
| Triple Jump | 8.50m | 9.15m | 11.25m | 12.20m |
| Javelin | 15.24 | 27.43 | 27.43 | 39.00m |

Sports Medicine

Athletic trainers and sports medicine staff will be available at the south end of the track near the scoreboard. For additional sports medicine needs please email Fred Burnett at Fred.Burnett@unf.edu

Awards

The winner(s) of each event will receive an award. All awards can be picked up at the packet pick-up location.

Results

Live results can be found at Results.

Updates

Heat and lane assignments will be located on Results.AdkinsTrak.com. For updates regarding the meet, weather etc. please follow

Parking

There is ample parking space at Hodges stadium. Please see diagram on last page. Additional parking information can be found at packet pick-up.

Hotel Information

Visit Jacksonville has partnered with us to offer the lowest hotel rates available. You can select your lodging using this URL <http://groups.reservetravel.com/group.aspx?id=60415>.

Admission:

A daily admission charge of \$15.00 will be assessed for everyone not competing in the meet. Coaches will be provided passes. Spectator tickets will be sold online.

The University of North Florida facility has a recently renovated warm up track.