

2026 JAC Youth Spring Practice Dates and Times

Track and Field

February	23	Monday	6-7pm
	25	Wednesday	6-7pm
March	2	Monday	6-7pm
	4	Wednesday	6-7pm
	9	Monday	6-7pm
	11	Wednesday	6-7pm
	16	Monday	6-7pm
	19	Thursday	6-7pm
	23	Monday	6-7pm
	25	Wednesday	6-7pm
	28	Saturday	TRACK MEET
	30	Monday	6-7pm
April	1	Wednesday	6-7pm
	6	Monday	6-7pm
	9	Thursday	6-7pm
	11	Saturday	TRACK MEET
	13	Monday	6-7pm
	15	Wednesday	6-7pm
	20	Monday	6-7pm
	22	Wednesday	6-7pm
	26	Sunday	TRACK MEET

