

# 2025 JAC Invitational

Saturday, July 12th, 2025

## FINAL Meet Information

The Jacksonville Athletic Club is extremely excited to be able to host the 2025 JAC Invitational! This meet will be held on the beautiful campus of The Bolles School (7400 San Jose Blvd, 32217). This is an open track and field meet, not an age-group track meet and anyone who registers ahead of time is welcome to compete! All meet info is below:

**Admission Fee:** We never charge an admission fee for any of our meets for families / spectators.

**Parking:** There will be a large swim meet on campus, so please be prepared to arrive earlier than normal to find a parking spot. They will be parking people on the practice field behind the stadium, as well as along San Jose Blvd if there are no spots available by the stadium / track facility.

**Weather and Heat:** Pretty much every Florida afternoon over the summer there is a lot of heat, and a chance of a pop-up shower. Please be prepared for both. In the event of a storm or lightning where we will need to move inside for a short period of time (I would recommend your own vehicle) we will be providing live weather updates on our website ([jactiming.com](http://jactiming.com)) If we do have to take a break for the weather, we will of course give everyone plenty of time to re-warm up / get situated before continuing on with the next event. This competition is 100% for the athletes, so we will cater to them and what they need.

**Meet Schedule:** FINAL time schedule is below. Please note that we made a few slight changes to the tentative schedule.

**Results:** Timing for all meets will be done by JACTiming. Live results and final results can be found at [jactiming.com](http://jactiming.com)

## FINAL JAC Invitational Time Schedule

### Running Events

8:00am- 1 mile run finals (Women and Men Together)

8:30am- Kids 60m / 80m hurdles (ages 5-8 / 9-12)

8:50am- Kids 60m dash (ages 5-8)

9:00am- Kids 100m dash (ages 9-12)

9:20am- 800m finals (Women and Men Together)

9:30am- Kids 400m dash (ages 5-12)

10:00am- Kids 200m dash (ages 5-12)

11:30am-110mH finals (Men)

11:45am- 100mH finals (Women)

12:00pm- 100m prelims (Women, then Men)

1:00pm- 100m finals (top 16 from prelims, Women, then Men)

1:15pm- 400m finals (Women, then Men)

2:00pm- 200m finals (Women, then Men)

### Field Events

9:00am- Men's and Women's Long Jump

9:00am- Discus Throw (Men and Women Together)

10:00am- Shot Put (Men and Women Together)

10:15am- Kids Long Jump (ages 5-8, **ages 9-12 to follow around 10:45**)

11:00am- Javelin Throw (Men and Women Together)

12:30pm- Triple Jump (Men and Women Together)

12:30pm- High Jump (Men and Women Together)

2:00pm- Pole Vault (Men and Women Together)