

CHILES Capital City Classic

This is a FHSAA Sanctioned meet.

There will be designated coaches' boxes by the field events in the infield for the field events.

Remind athletes that there should be **NO electronics** in the competition area.

WARM UP AREA WILL BE BEHIND THE SOFTBALL FIELD.

All throws and horizontal jumps will get 4 attempts

<u>Minimum</u> measurable Distance after conducting a Successful Throw			
	Girls	Boys	
Shot put	25 ft	35ft	
Discus	70 ft	90ft	
Javelin	60 ft	100 ft	
High Jump	5cm below lowest entered height	5cm below lowest entered height	
Long Jump	4.27M - 14 ft	5.18M - 17 ft	
Triple Jump	8.53M - 28 ft	10.97 M - 36Ft	

MEET SCHEDULE

8:30am Implement weigh-in

9:30am Coaches Meeting

11:00am Open 1600m

11:30am Open 3200m

10:00am

Field Events and 4x800m Relay

Girls Javelin followed by Boys

Boys Discus followed by Girls

Girls Long Jump followed by Girls Triple

Boys Long Jump followed by Boys Triple

Girls and Boys Pole Vault. The bar will start at the lowest height and move up.

Boys High Jump followed by Girls

Shot Put will follow the completion of the Discus and Javelin. Girls then Boys

12:00am Finals. Rolling Schedule.

100/110 High Hurdles

100m Dash

1600m Run

4x100m Relay

400m Dash

400m Intermediate Hurdles

800m Run

200m Dash

3200m Run

4x400m Relay