



EVENT CHECK IN PROTOCOL

Running events:

Participants must check-in with the meet clerk no later than 30 minutes prior to the start of the scheduled event. (Event could be re-seeded)

Athletes failing to report 30 minutes before will be scratched from the event.

Field Events:

Participants must report to the event site no later than 45 minutes prior to the start of the scheduled event. Athletes failed to report 45 minutes before will be scratched from the event.

Athletes failing to report 45 minutes before will be scratched from the event. (Flights could be combined)

Implement Weigh-In:

Implements must be measured at the Implement Weigh-In Area located in the parking lot on the North side of the stadium.

Weigh in area opens two and half hours before the throwing event. Implements must be turned in no later than two hours before event's scheduled start time.

Opening Heights:

HIGH SCHOOL:
HIGH JUMP GIRLS - 1.40M
HIGH JUMP BOYS - 1.73M

HIGH SCHOOL:
POLE VAULT GIRLS 2.60M
POLE VAULT BOYS - 3.15M

COLLEGIATE:
HIGH JUMP WOMEN 1.45M
HIGH JUMP MEN 1.75M

COLLEGIATE
HIGH JUMP WOMEN 3.20M
HIGH JUMP MEN 4.40M

Warm-Up Area:

All warm-ups must be conducted on the practice track and grass practice field next to the track, no one on the competition track for warm-ups.

HODGES STADIUM -
JACKSONVILLE FL.



Mar 7 -8, 2025

Important Info:

The meet:

River City Relays is a Collegiate and High School Invitational Meet

Entries:

High School
College
Unattached

Entries: Via Direct Athletics

Entry Fee:

College - \$800 per gender

High School - \$400 per team

Unattached - \$75 per athlete

Mail Check Payments to:

1-Elite LLC
PO Box 16752
Jacksonville, FL. 32245

Contact:

lilileclass@gmail.com
Ph: 904-274-1737

Brigmant@okaloosaschools.com
Ph: 850-687-4860

Sponsors:

Food: Jason's Deli - Max Torrence
4375 Southside Blvd. Jacksonville
FL 32216
904-620-0707

Hotel: Hampton Inn - Jamie Smith
General Manager
Hampton Inn East Regency Square
1021 Hospitality Lane
Jacksonville, FL. 32225
PH: 904-722-8881 ext. 602

TENTATIVE SCHEDULE

TRACK AND FIELD

FRIDAY MARCH 7TH

FIELD EVENTS

HAMMER (M) 9:00 A.M.
JAVELIN (W) 9:00 A.M.
HAMMER (W) 12:00 P.M.
LONG JUMP (M) 12:00 P.M.
LONG JUMP (W) 12:00 P.M.
JAVELIN (M) 12:00 P.M.
POLE VAULT (M) 1:00 P.M.
POLE VAULT (W) 1:00 P.M.
HIGH JUMP (W) 3:00 P.M.
HIGH JUMP (M) 3:00 P.M.
SHOT PUT (M) 3:00 P.M.
SHOT PUT (W) 3:00 P.M.
DISCUS (M) 4:00 P.M.
LONG JUMP (G) 5:00 P.M.
LONG JUMP (B) 5:00 P.M.



RUNNING EVENTS

100M HURDLES (PRELIM) 12:00 P.M.
110M HURDLES (PRELIM) 12:30 P.M.
100M (W) (PRELIM) 1:00 P.M.
100M (M) (PRELIM) 1:20 P.M.
400M (W) 1:45 P.M.
400M (M) 2:10 P.M.
800M (W) 2:40 P.M.
800M (M) 3:00 P.M.
4X100M (W) (PRELIM) 3:25 P.M.
4X100M (M) (PRELIM) 3:40 P.M.
4X800M (G) 4:05 P.M.
4X800M (B) 4:30 P.M.
3200M (G) 6:00 P.M.
3200M (B) 6:40 P.M.
5000M (M) 7:15 P.M.
5000M (W) 7:45 P.M.

TENTATIVE SCHEDULE

TRACK AND FIELD

SATURDAY MARCH 8TH

FIELD EVENTS

DISCUS (G) 8:00 A.M.
POLE VAULT (G) .
POLE VAULT (B)
TRIPLE JUMP (B)
TRIPLE JUMP (G)
JAVELIN (B)
JAVELIN (G) 10:00 A.M.
DISCUS (W) 11:00 A.M.
TRIPLE JUMP (W) 12:00 P.M.
TRIPLE JUMP (M)
SHOT PUT (B) 12:00 P.M.
SHOT PUT (G)
HIGH JUMP (B) 1:00 P.M.
HIGH JUMP (G)
DISCUS (B) 2:00 P.M.



RUNNING EVENTS

1600M (G) 8:00 A.M.
1600M (B)
4 X 200 (G)
4 X 200 (B)
4 X 200 (W)
4 X 200 (M)
100M HURDLES (FINAL) 12:00 P.M.
100M HURDLES (G)
110M HURDLES (FINAL) 12:40 P.M.
110M HURDLES (B)
4 X 100 (W) (FINAL) 1:30 P.M.
4 X 100 (M) (FINAL) 1:40 P.M.
4 X 100 (G)
4 X 100 (B)
400M (G)
400M (B)

RUNNING EVENTS CONT...

100M (W) (FINAL) 2:40 P.M.
100M (M) (FINAL) 2:45 P.M.
100M (G)
100M (B)
1500M (W) 3:30 P.M.
1500M (M) 3:45 P.M.
800M (G)
800M (B)
200M (W) 4:40 P.M.
200M (M) 4:55 P.M.

RUNNING EVENTS CONT...

400M HURDLES (G)
400M HURDLES (B)
400M HURDLES (W) 5:30 P.M.
400M HURDLES (M) 5:40 P.M.
4X400M (W) 6:00 P.M.
4X400M (M) 6:10 P.M.
4 X 400M (G)
4 X 400M (B)
