

# 2025 JAC Final Countdown

Saturday, July 26th, 2025

## Tentative Meet Information

The Jacksonville Athletic Club is extremely excited to be able to host the 2025 JAC Final Countdown! This meet will be held on the beautiful campus of The Bolles School (7400 San Jose Blvd, 32217). This is an open track and field meet, not an age-group track meet and anyone who registers ahead of time is welcome to compete! All meet info is below:

**Registration Information:** All registration will be done on Direct Athletics. [A direct registration link can be found here.](#) Entry fee is \$40 per athlete, paid during the registration process. Entry deadline is Thursday, July 24<sup>th</sup> at 1:00pm, so that we can properly seed the meet to ensure the best competition for everyone. Under rare circumstances will we accept late entries, and they will be charged an additional \$10 fee.

**Admission Fee:** We never charge an admission fee for any of our meets for families / spectators.

**Parking:** There will be plenty of parking right next to the track / football stadium. There is no charge for parking.

**Weather and Heat:** Pretty much every Florida afternoon over the summer there is a lot of heat, and a chance of a pop-up shower. Please be prepared for both. In the event of a storm or lightning where we will need to move inside for a short period of time (I would recommend your own vehicle) we will be providing live weather updates on our website ([jacksonvilletrack.com](http://jacksonvilletrack.com)) If we do have to take a break for the weather, we will of course give everyone plenty of time to re-warm up / get situated before continuing on with the next event. This competition is 100% for the athletes, so we will cater to them and what they need.

**Meet Schedule:** Tentative time schedule is below. Please note a if we do have to make any changes to the schedule to better accommodate entries, we will notify everyone shortly after entries close via email and we will post them on our website.

**Results:** Timing for all meets will be done by JACTiming. Live results and final results can be found at [jactiming.com](http://jactiming.com)

## Tentative JAC Final Countdown Time Schedule

### Running Events

8:00am- 1 mile run finals (Women and Men Together)  
8:30am- Kids 60m / 80m hurdles (ages 5-8 / 9-12)  
8:50am- Kids 50m dash (ages 5-8)  
9:00am- Kids 100m dash (ages 9-12)  
9:20am- 800m finals (Women and Men Together)  
9:30am- Kids 400m dash (ages 5-12)  
10:00am- Kids 200m dash (ages 5-12)  
11:00am-100mH finals (Women)  
11:15am- 110mH finals (Men)  
11:30am- 100m prelims (Women, then Men)  
12:30pm- 100m finals (top 16 from prelims, Women, then Men)  
12:45pm- 400m finals (Women, then Men)  
1:30pm- 200m finals (Women, then Men)

### Field Events

9:00am- Men's and Women's Long Jump  
9:00am- Discus Throw (Men and Women Together)  
10:00am- Shot Put (Men and Women Together)  
10:30am- Kids Long Jump (ages 5-12)  
11:00am- Javelin Throw (Men and Women Together)  
12:00pm-Triple Jump (Men and Women Together)  
12:00pm-High Jump (Men and Women Together)  
1:00pm- Pole Vault (Men and Women Together)