

MIDDLEBURG HIGH SCHOOL

2023 BRONCO BOB Track Meet

Date: April 12, 2023

Entry fee: \$220.00 per school for both teams or 115.00 for only one team.

Make checks payable to **Middleburg High School - Track**

Arrival Time: **No one** is allowed on campus before 2:00.

Athlete Entries: directathletics.com by **Monday, April 10th 11:59 pm.**

General Admission: \$6.00.

Timer: **JAC Timing**

Entry Limits: Relays A team

4 athletes per field/running event, 3 jumps/throws per field event.

Running events: girls followed by boys. (heat against time)

Track: **Rubber 8 lane.** Spikes: $\frac{1}{8}$ only. Spikes will be checked.

Spikes for sale: \$5.00 for 14.

Time Schedule:

2:40 pm **Coaches meeting behind the timers tent. Every school will run an event.**

3:00 pm Long jump followed by Triple jump.

High Jump: Boys followed by girls.

Shot Put: Girls followed by boys.

Discus: Boys followed by girls.

Pole Vault: Girls followed by boys.

3:00 pm 3200m Relay (4x800).

3:30 pm Javelin: Girls followed by boys.

4:20 pm National Anthem

4:30 pm 100mH/110mH

100m Dash

1600m Run

400m Relay (4x100).

Throwers Relay (4x100).

400m Dash

6:00 pm **Senior Night**

400mH

800m Dash

200m Dash

3200m Run (may run girls and boys together).

1600m Relay (4x400).

Contact: 904-336-8075 Coach Floyd ext. 68218 or Coach Tobler 68190

Middleburg High School

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