

# MIDDLEBURG HIGH SCHOOL

## BRONCO Quad Track Meet 2024

**Date: February 16, 2024**

**Entry fee:** \$200.00 per school for both teams or 105.00 for one team or \$15 per athlete.

Maximum teams (schools): 4

Make checks payable to **Middleburg High School - Track**

**Arrival Time:** **No one** is allowed on campus before **2:15**.

**Athlete Entries:** [Directathletics.com](https://www.directathletics.com) by Tuesday, February 13th 11:59 pm.

**General Admission:** \$6.00.

**Timer:** **JAC Timing**

**Entry Limits:** Relays A team

4 athletes per field/running event, 3 jumps/throws per field event.

Running events: girls followed by boys. (heat against time)

Track: **Rubber 8 lane**. Spikes:  $\frac{1}{8}$  only. Spikes will be checked.

Spikes for sale: \$5.00 for 14.

### **Time Schedule:**

**2:40 pm** **Coaches meeting behind the timers tent. Every school will run an event.**

**3:00 pm** Long jump followed by Triple jump.

High Jump: Boys followed by girls.

Shot Put: Girls followed by boys.

Discus: Boys followed by girls.

Pole Vault: Girls followed by boys.

**3:30 pm** 3200m Relay (4x800).

Javelin: Girls followed by boys.

4:20 pm National Anthem

**4:30 pm** 100mH/110mH

100m Dash

1600m Run

400m Relay (4x100).

Throwers Relay (4x100).

400m Dash

**6:00 pm** 400mH

800m Dash

200m Dash

3200m Run (may run girls and boys together).

1600m Relay (4x400).

Contact: 904-336-8075 Coach Floyd ext. 68218 or Coach Bassler ext. 64975

Middleburg High School

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