

SUNDAY MARCH 24th MEET CHECK-IN AND EVENT LINE-UP

Field Events are ongoing throughout the Meet. Athletes are to compete at their field events in between track events. Track Events are on a Rolling Schedule. Listen for your track events to be called! Track Events are Girls followed by Boys unless indicated differently. Grades and Genders may be combined in heats when necessary but will always be scored separately.

Hurdle Heights:

K and 1st Grade run 12" hurdles

2nd – 6th Grade Girls and Boys and 7th Grade girls run 22" hurdles

7th and 8th Grade boys and 8th Grade girls run 30" hurdles

Long Jump:

2 measured jumps for each athlete; all jumps are measured from the end of the runway

8:00 a.m.	K & 1 st Grade	Check-in and Bib Pickup
8:45 a.m.	K & 1 st Grade	Girls Long Jump
8:45 a.m.	K & 1 st Grade	Boys 60m followed by Boys 60m Hurdles
9:00 a.m.	K & 1 st Grade	Boys Long Jump
		Girls 60m Hurdles followed by Girls 60m
9:00 a.m.	2nd – 5 th Grade	Check-in and Bib Pickup
9:00 a.m.	Pole Vaulters	Pole Vault check-in/Bib Pickup/Warm up at PV Pit
9:45 a.m.	2nd – 5 th Grade	Field Events (Shot put, Discus and Long Jump) All Open
10:00 a.m.	Middle School 1600m	Check-in and warm up for All Grades 1600m
~9:45 a.m.	2nd – 5 th Grade	100m
	2nd – 5 th Grade	100m Hurdles
	2nd – 8 th Grade	1600m (This is ALL grades)
	2nd – 5 th Grade	400m
	2nd – 5 th Grade	800m Grades may be combined in heats (but scored separately)
	2nd – 5 th Grade	200m
10:00 a.m.	High Jumpers Only	High Jump check-in/Bib Pickup/Warmup at HJ Pit
10:30 a.m.	6 th – 8 th Grade	Check-in and Bib Pickup
11:15 a.m.	6 th – 8 th Grade	Field Events All Open
~11:15 a.m.	6 th – 8 th Grade	100m
(or when 2 nd – 5 th grade meet concludes)		
	6 th – 8 th Grade	100m Hurdles
	6 th – 8 th Grade	400m
	6 th – 8 th Grade	800m
	6 th – 8 th Grade	200m