

2024 PROVIDENCE INVITATIONAL TRACK MEETS 4:00 3/26 4/2

Fully Automatic timing by JAC timing

SCHEDULE

3:15 Coaches meeting

4:00 4x800

Field Events

Shot put Girls followed by Boys.

Discus Boys followed by Girls.

High jump Boys followed by Girls

Pole Vault Girls followed by Boys

Long Jump 2 runways

Triple jump 2 runways

Javelin Girls followed by Boys

5:00 Running Finals

100H/110 H

100 m

1600m

400 m

400 IH

4x100 relay

800m

200m

3200

4X400m relay

FULL CONCESSIONS (NO CASH) Go Fan Tickets

Entry fee \$250 both (boys and girls) payable Providence School

3/26 meet: Entry Deadline: 3/24

4/2 meet Entry Deadline: 3/31



PROVIDENCE MIDDLE SCHOOL INVITATIONAL TRACK MEET

April 2 ,2024 at Providence school time 2:00 Coaches meeting 1:45

Timing and Meet management by JAC Timing

FIELD EVENTS TIME 2:00

Boys and girls long jump followed by Triple Jump

Girls High Jump followed by Boys.

Boys Shot Put followed by Girls Girls Discus followed by Boys.

Girls Pole vault followed by Boys.

RUNNING EVENT TIME 3:30

100 Hurdles

100 meters

1600 meters

4x100 Relay

400 meters

800 meters

200 meters

4x400m Relay

FULL CONCESSION (CASH FREE)

Entry Deadline 3/31 Direct Athletics

Entry \$150 boys and girls

Question Email Rpompeo@prov.org