

JAC Summer Track Meet “Safer at the Track” Policies

The members of the Jacksonville Athletic Club “Back to Track” task force know how important it is to get back out on the track, compete, enjoy the summer sun, and do what you love. We are so thrilled that The Bolles School and USATF Florida has worked with us to allow you to do that. In keeping with the Governor’s “Re-Opening” phases, and complying with the federal CDC guidelines for “Steps to Plan, Prepare, and Proceed with a Mass Gathering”, we at the Jacksonville Athletic Club have come up with the following guidelines to allow you to compete, have fun, and stay safe in the process. If you have any questions or concerns, please email us at eli@jacksonvilletrack.com.

Before the competition:

- In order to compete in any of our meets, you have to [sign up and pay online](#). A cashless transaction is what is recommended by the CDC, and we will not be accepting on-site entries or payments.
- After the entry deadline, start lists and heat sheets will be posted online at jactiming.com, as well as emailed out to all participants. These lists will tell you what heat and lane you are in, what flight you are in, etc. This will eliminate having anyone at a clerking tent or gathering around sheets posted at the track to check the status of your event or race.
- If you have a fever, feel sick, cough a lot or have shortness of breath before the meet, contact us and request a refund if you don’t think it is safe to for you to compete. If you have these symptoms after your race, you most likely just ran fast and are out of breath...

Once you arrive at the track:

- We highly recommend arriving at the track no more than 90 minutes before your first event starts. These track meets should be approached as a business trip for you, and not a social gathering.
- One you arrive, head over to the check-in tent to get your bib number and pins. A staff member in gloves and a mask will be there to hand these items to you. If there is a line to get your bib number and pins, stay at least 1.83m apart from each other when waiting in line. We will also have hand sanitizer (60% alcohol or greater) at the check in tent if you would like some.
- After getting your bib number and pins, feel free to sit in the stands or set up a tent, but make sure you are in groups of 10 or less, and each group is at least 1.83m apart from each other.

Field Event Protocols:

- Check jactiming.com to see what flight you are in for your event.
- While warming up or waiting for your next jump or throw, practice social distancing guidelines.
- Do not share implements with other athletes. If you have to share (i.e. you didn’t bring one), please let a staff member know, and we can properly sanitize them for you.

Running Event Protocols:

- There will be no clerking at our meets. Show up before your race, knowing what heat and lane you are in.
- Distance races will be run in heats of 10 or less.
- We ask that in sprint and distance races you practice social distancing the best that you can during warm ups.

Miscellaneous:

- The water fountains will not be in use. Please bring your own water and snacks, and do not share with others.
- We will allow very limited access to spectators. If a family member needs to bring you or attend, we ask that they practice social distancing. If a large family wants to attend, make sure they sit in a group of 10 or less, and not closer than 1.83m to other groups.
- We will be making announcements about each race, when to report to the start line, etc. We will also make lots of reminders over the P.A. system about these “Safer at the Track” policies.
- If you must use the restrooms, make sure you wash your hands AND use the hand sanitizer that will be provided.
- As with all of our meets, live results will be on jactiming.com. This eliminates handing out paper copies of results.

summertrackmeets.com