

Recruiting Timeline

Jacksonville Athletic Club

@JAC_TrackField

www.jaxtrack.com



Freshman	Sophomore	Junior	Senior
<ol style="list-style-type: none"> 1.) Try lots of events 2.) Go to camps, clinics, find a good coach 3.) Start thinking about where you would like to go to school 4.) No need to communicate with college coaches at this point 5.) Compete in summer track if possible 6.) Look at your state's lottery scholarship standards (ex. Bright Futures for FL, GA Hope scholarship, etc) 7.) Take your grades seriously!! 	<ol style="list-style-type: none"> 1.) Register for the NCAA Clearinghouse (www.eligibilitycenter.org) 2.) Take the ACT / SAT 3.) Continue trying multiple events 4.) Compete in summer track, if possible 5.) Create a page on berecruited (www.berecruited.com) 6.) Look at your states lottery scholarship standards (ex. Bright Futures for FL, GA Hope scholarship, etc) 7.) Email out college coaches (establish contact) after the conclusion of your sophomore year 8.) Take your grades seriously!! 	<ol style="list-style-type: none"> 1.) Email out college coaches (when emailing, email the head coach as well as the event area coach) 2.) Take some unofficial visits to schools (contact coaches before hand) 3.) Re-take the ACT / SAT if applicable 4.) Do research online on schools that you are interested in (www.tfrrs.com) 5.) Compete in summer track, if possible 6.) Update stats on www.berecruited.com 7.) Compete in some indoor meets (if applicable) 8.) Fill out online questionnaires 9.) Take your grades seriously!! 	<ol style="list-style-type: none"> 1.) Re-take the ACT / SAT (if applicable) 2.) Take recruiting visits, both official and unofficial 3.) Be persistent with the programs that you are interested in 4.) Compete in some indoor meets (if applicable) 5.) Communicate clearly with college coaches. Show them you are an adult 6.) Fill out online questionnaires 7.) Apply to schools and fill out FASFA 8.) Take your grades seriously!!