Raines Track Season Opener Tuesday, February 27, 2024

MEET INFORMATION

1. Registration is on www.directathletics.com

\$50 for non Duval County Public Schools
NO ENTREE FEES FOR DUVAL COUNTY PUBLIC SCHOOLS

All checks need to be made out to:

Raines High School

Re: Raines Track and Field

If mailing send to: Raines High School Attention: Bookeeper 3663 Raines Ave. Jacksonville, FL 32209

- 2. General Admission: gofan.com
- 3. Entries/Entry Limits: Entries online at www.directathletics.com by Sunday, February 25th @ 11:59PM 4 entries per event; 1 relay
- 4. The meet will be team scored.
- 5. The meet will be timed by JAC Timing & Data. (This provides an excellent opportunity for your athletes to run legitimate times and be recognized on a state and national level.)
- 6. Certified officials will be provided.
- 7. This meet is sanctioned by the FHSAA and all FHSAA rules will be enforced.

Meet Directors:

Kevin Aiken and Steven Bellamy

Meet Referee: Lewis James

Contact information:

Steven Bellamy 904-482-9208

trackraines@gmail.com

Meet Schedule

4PM Field Events
(4 Attempts in the LJ, TJ, SP, & Discus)
Long Jump (G & B)
High Jump (G followed by B)
Pole Vault (G followed by B)
Shot Put (G followed by B)
Discus (B followed by G)
Triple Jump followed by Long Jump

4:15PM 4 x 800m

5PM Running Events

100mH/110mH

100m

1600m

4x100m

400m

400H

800m

200m

3200m

4x400m