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# TENTATIVE SCHEDULE

## TRACK AND FIELD

FRIDAY MARCH 7TH

### FIELD EVENTS

HAMMER (M) 9:00 A.M.  
JAVELIN (W) 9:00 A.M.  
HAMMER (W) 12:00 P.M.  
LONG JUMP (M) 12:00 P.M.  
LONG JUMP (W) 12:00 P.M.  
JAVELIN (M) 12:00 P.M.  
POLE VAULT (M) 1:00 P.M.  
POLE VAULT (W) 1:00 P.M.  
HIGH JUMP (W) 3:00 P.M.  
HIGH JUMP (M) 3:00 P.M.  
SHOT PUT (M) 3:00 P.M.  
SHOT PUT (W) 3:00 P.M.  
DISCUS (M) 4:00 P.M.  
LONG JUMP (G) 5:00 P.M.  
LONG JUMP (B) 5:00 P.M.



### RUNNING EVENTS

100M HURDLES (PRELIM) 12:00 P.M.  
110M HURDLES (PRELIM) 12:30 P.M.  
100M (W) (PRELIM) 1:00 P.M.  
100M (M) (PRELIM) 1:20 P.M.  
400M (W) 1:45 P.M.  
400M (M) 2:10 P.M.  
800M (W) 2:40 P.M.  
800M (M) 3:00 P.M.  
4X100M (W) (PRELIM) 3:25 P.M.  
4X100M (M) (PRELIM) 3:40 P.M.  
4X800M (G) 4:05 P.M.  
4X800M (B) 4:30 P.M.  
3200M (G) 6:00 P.M.  
3200M (B) 6:40 P.M.  
5000M (M) 7:15 P.M.  
5000M (W) 7:45 P.M.

SATURDAY MARCH 8TH

### FIELD EVENTS

DISCUS (G) 8:00 A.M.  
POLE VAULT (G) .  
POLE VAULT (B)  
TRIPLE JUMP (B)  
TRIPLE JUMP (G)  
JAVELIN (B)  
JAVELIN (G) 10:00 A.M.  
DISCUS (W) 11:00 A.M.  
TRIPLE JUMP (W) 12:00 P.M.  
TRIPLE JUMP (M)  
SHOT PUT (B) 12:00 P.M.  
SHOT PUT (G)  
HIGH JUMP (B) 1:00 P.M.  
HIGH JUMP (G)  
DISCUS (B) 2:00 P.M.

### RUNNING EVENTS

1600M (G) 8:00 A.M.  
1600M (B)  
4 X 200 (G)  
4 X 200 (B)  
4 X 200 (W)  
4 X 200 (M)  
100M HURDLES (FINAL) 12:00 P.M.  
100M HURDLES (G)  
110M HURDLES (FINAL) 12:40 P.M.  
110M HURDLES (B)  
4 X 100 (W) (FINAL) 1:30 P.M.  
4 X 100 (M) (FINAL) 1:40 P.M.  
4 X 100 (G)  
4 X 100 (B)  
100M (W) (FINAL) 2:30 P.M.  
100M (M) (FINAL) 2:35 P.M.

### RUNNING EVENTS CONT...

100M (G)  
100M (B)  
1500M (W) 3:15 P.M.  
1500M (M) 3:30 P.M.  
200M (W) 3:45 P.M.  
200M (M) 3:55 P.M.  
400M HURDLES (G) 4:10 P.M.  
400M HURDLES (B) 4:20 P.M.  
400M HURDLES (W) 4:30 P.M.  
400M HURDLES (M) 4:40 P.M.  
4X400M (W) 4:50 P.M.  
4X400M (M) 5:10 P.M.  
4 X 400M (G) 5:30 P.M.  
4 X 400M (B) 5:50 P.M.

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## EVENT CHECK IN PROTOCOL

### Running events:

Participants must check-in with the meet clerk no later than 30 minutes prior to the start of the scheduled event. (Event could be re-seeded)

Athletes failing to report 30 minutes before will be scratched from the event.

### Field Events:

Participants must report to the event site no later than 45 minutes prior to the start of the scheduled event. Athletes failed to report 45 minutes before will be scratched from the event.

Athletes failing to report 45 minutes before will be scratched from the event. (Flights could be combined)

### Implement Weigh-In:

Implements must be measured at the Implement Weigh-In Area located in the parking lot on the North side of the stadium.

Weigh in area opens two and half hours before the throwing event. Implements must be turned in no later than two hours before event's scheduled start time.

### Warm-Up Area:

All warm-ups must be conducted on the practice track and grass practice field next to the track, no one on the competition track for warm-ups.

HODGES STADIUM -  
JACKSONVILLE FL.



Mar 7 -8, 2025

## Important Info:

### The meet:

River City Relays is a Collegiate and High School Invitational Meet

### Entries:

High School  
College  
Unattached

Entries: Via Direct Athletics

### Entry Fee:

College - \$800 per gender

High School - \$400 per team

Unattached - \$75 per athlete

### Contact:

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### Sponsors:

Food: Jason's Deli - Max Torrence  
4375 Southside Blvd. Jacksonville  
FL 32216  
904-620-0707

Hotel: Hampton Inn - Jamie Smith  
General Manager  
Hampton Inn East Regency Square  
1021 Hospitality Lane  
Jacksonville, FL 32225  
PH: 904-722-8881 ext. 602