

2025 JAC JANUARY PRACTICE SCHEDULE

Date	Day	Notes
January 1st	Wednesday	No Practice, Happy New Year!
2	Thursday	Lessons only, by appointment
3	Friday	Lessons only, by appointment
4	Saturday	Lessons only, by appointment
5	Sunday	Lessons only, by appointment
6	Monday	4pm-6pm
7	Tuesday	4pm-6pm
8	Wednesday	4pm-6pm
9	Thursday	4pm-6pm
10	Friday	4pm-6pm
11	Saturday	Pole Vault Clinic 10am-12pm and lessons by appointment
12	Sunday	Lessons only, by appointment
13	Monday	4pm-6pm
14	Tuesday	4pm-6pm
15	Wednesday	4pm-6pm
16	Thursday	4pm-6pm
17	Friday	4pm-6pm
18	Saturday	Pole Vault Clinic 10am-12pm and lessons by appointment
19	Sunday	Lessons only, by appointment
20	Monday	1st Day of FHSAA Practice
21	Tuesday	Lessons only, by appointment
22	Wednesday	Lessons only, by appointment
23	Thursday	Lessons only, by appointment
24	Friday	Lessons only, by appointment
25	Saturday	Pole Vault Clinic 10am-12pm and lessons by appointment
26	Sunday	Lessons only, by appointment
27	Monday	Lessons only, by appointment
28	Tuesday	Lessons only, by appointment
29	Wednesday	Lessons only, by appointment
30	Thursday	Lessons only, by appointment
31	Friday	Lessons only, by appointment

January Training is either \$150 for the whole month (unlimited practices) or \$20 drop in fee per practice



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