

THE SUNSHINE SPECTACULAR AND TORO TWILIGHT

Sunshine Spectacular

FHSAA Sanctioned Meet

Date:	Saturday, March 28, 2026
Location: NOTE: Times are subject to change based on number of teams and entries.	Tocoi Creek High School 11200 St. Johns Parkway St. Augustine, FL. 32092 Busses may begin arriving on campus at 8:45am (will be directed to park in the bus loop, adjacent to the stadium)
Meet Director:	Patti Hupp
Contact:	coachhupp@gmail.com
Timing Company:	JAC Timing/Contact: elisunquist@gmail.com
Team Entry Fee	\$300/team (B/G) Single gender: \$200/team Individual athlete: \$60/athlete Checks can be made out to: Tocoi Creek High School to address above ("Track & Field" in the memo) Please note school name.
ENTRIES:	4 entries per event per gender. For mile ONLY: 6 entries per gender. We will accept 30 entries in javelin for girls and 30 for boys.
Ticket Prices for Spectators:	\$10/person Spectators 5 & under: FREE Ticket link will be sent out when ready.
Tent City:	Tents can be set up behind home bleachers as well as on the grass on the west end of the track. No tents permitted in the grass surrounding the horizontal jumps/pole vault area.

Meet Information

Coaches Meeting:	11:30am (at the finish line)
Implement Weigh-In:	Javelin: 9:00-9:45am (Start time: 10am) All other implements:
Awards:	Champions of each event (including the thrower and coach relays) will receive a meet patch donated by PRBlocks track club
Athlete Check-In:	Running: At the Clerk's tent by the second call. Field: At the event site 30 minutes prior to start.
Advancement:	Top 8 verified times from prelims (100/110H, 100m, 200m, 400m) advance to finals.
Field Events: NOTE: Depending on entries, jumps may move to cafeteria style to move quickly	All field events are finals. Athletes receive four (4) attempts. Field entries are limited to 4 athletes/school/gender. Minimum standards are posted below and must be verified marks in TFRRS.

Event Order:	All running events will be competed with Girls first, followed by Boys.
Premiere Mile:	The 1600m (Mile) is the premiere event. It will be seeded into three tiers. These will be seeded after the close of entries into... • Open Heats: Run during Session 1. • Invite Heat: The fastest heat, run during Session 2. • Elite Heat: A seeded, premiere heat run as the featured event of the night.
400/400H/800M	Top 8 seeded verified times for 400/400H. In the 800, Invite heat number will be determined by number of entries. (not to exceed 24 athletes)

Official Meet Schedule Session 1: Field Events & Running Preliminaries

Time	Event	Gender	Stage	Notes
10:00am	Javelin	Boys followed by Girls	Final	3 attempts ¼ inch spike only
12:00pm LJ will be cafeteria style 12-2pm	Field Events - Session 1		Final	4 Attempts
	Girls Long Jump	Girls	Final	
	Boys Long Jump	Boys	Final	
	Girls Discus	Girls	Final	
	Boys Shot Put	Boys	Final	
	Girls Pole Vault	Girls	Final	
	Boys High Jump	Boys	Final	
1:00pm	Running Events Begin			
	4x800m Relay	G/B	Final	
	100m Hurdles	Girls	Prelims	Top 8 advance
	110m Hurdles	Boys	Prelims	Top 8 advance
	100m Dash	G/B	Prelims	Top 8 advance
	1600m Run (The Mile)	G/B	No advance	Open Heats
	4x100m Relay	G/B	Final	
	400m Dash	G/B	No advance	All heats except invite heat
	400m Hurdles	G/B	No advance	All heats except Invite
	800m Run	G/B	No advance	All heats except Invite
	200m Dash	G/B	Prelims	Top 8 advance
	3200m Run	G/B	No advance	All heats except Invite. Please enter athletes

				with reasonable times (not to exceed 15 minutes)
To begin following session 1 field	Field Events - Session 2		Final	4 Attempts
TJ will be cafeteria style 2:30-4:30pm	Boys Triple Jump	Boys	Final	
	Girls Triple Jump	Girls	Final	
	Boys Discus	Boys	Final	
	Girls Shot Put	Girls	Final	
	Boys Pole Vault	Boys	Final	
	Girls High Jump	Girls	Final	

*****BREAK AND TOCOI CREEK SENIOR CELEBRATION*****

Toro Twilight

Session 2: Evening Finals Spectacular: Toro Twilight

Time	Event	Gender	Stage	Notes
6:00 PM	National Anthem			
6:05pm	COACHES 4x100	M/W (one female coach required. All coaches must be minimum age of 20)		Relay will count toward team score
6:10 PM	Running Finals Begin		Final	
6:10 PM	100m Hurdles	Girls	Final (Top 8)	
6:25 PM	110m Hurdles	Boys	Final (Top 8)	
6:35 PM	100m Dash	G/B	Final (Top 8)	
6:50 PM	1600m Run (The Mile)	G/B	Final (Invite Heat)	
7:10 PM	400m Dash	G/B	Final (Top 8)	
7:25 PM	400m Hurdles	G/B	Final (Invite Heat)	
7:40 PM	800m Run	G/B	Final (Invite Heat)	
7:55 PM	200m Dash	G/B	Final (Top 8)	
8:10 PM	3200m Run	G/B	Final (Invite Heat)	
8:35 PM	Premiere Event: The Elite Mile		Final	"Under the Lights"
8:35 PM	1600m Run (The Mile)	Girls	Final (Elite Heat)	
8:45 PM	1600m Run (The	Boys	Final (Elite Heat)	

	Mile)			
8:55 PM	4x400m Relay	G/B	Final	
	THROWS Relay			Must be entered as a thrower in the meet
9:15 PM	Team Awards Presentation			

*****FIELD MINIMUM LISTED IN CHART ON FOLLOWING PAGE*****

FIELD EVENT MINIMUMS
(must be TFRRS verified)

Event	Girls	Boys
Long Jump	4.60	5.85m
Triple Jump	9.0m	11.50m
Pole Vault	2.0m	2.70m
High Jump	1.68m	1.27m
Shot	8.5m	10.0m
Disc	25.0m	29.0m
Javelin	23.0m	30.0m