



March 31, 2020

Principal: John Kniseley
Athletic Director: Brian Rado

Mandarin High School Meet Staff:

Meet Director: Steven A Gonzalez, Mandarin High School
Meet Referee:
Meet Starter: Lewis Williams, Mandarin High School
Finish Line Judge: Steven A. Gonzalez, Mandarin High School
Head Field Judge:
Clerk of the Course: TBD
Timing and Data: JAC Timing
Field Event Judges: Head Coaches
Exchange Zone Officials: Head Coaches of Assigned Schools
Meet Announcer: Pat Adams
Hurdle Crew: MHS Track
Field Event Crew: Assistant Coaches/managers of Assigned Schools
Volunteers: MHS Volunteer Squad

Meet Schedule:

3:30PM: Coaches Meeting at the Finish Line; Coaches pick up field event assignments

3:45 JAVELIN

4:00PM: Start Time for Field Events

Shot: Boys, then Girls (first throw measured, then minimum distance)

Discus: Girls, then Boys (first throw measured, then minimum distance)

High Jump: Girls, then boys (starting heights: 4'; 5')

Long Jump: Combined Genders

Pole Vault: Girls, then boys (starting heights: 5';8')

4:00PM: Start Time for Running Events 4X800m

4:30PM 100m/110m Hurdles; 100m Dash; 1600m Run; 4X100M; 400M; 300M hurdles;
800m; 200m; throwers 4x100m; 3200m; 4x400m Relay

Entry Limits:

Individual Events: 6 per team

Relays: A and B teams allowed.

TIMING AND REPORTING:

- All Mandarin Home Meets will be timed by Miles and Minutes. Running events will be recorded and published with Fully Automated Timing (FAT) results
- Results will be posted at the end of each event, and will be reported live at www.flrunners.com
- Official results will be posted at www.flrunners.com

REGISTRATION and SIGN-UP OF ATHLETES:

FAT Timing; \$150

Payment: Attn: Steven A. Gonzalez. Make checks to MHS Athletics Booster.

Registration closes on Sunday, 3/29 at 11:59PM

- Athletes must be registered for events on www.direcathletics.com by Sunday, March 29 @ 11:59PM. All athletes who will be competing must be registered. **There are no meet day entries.**
- Entries for sprint and field events are limited as follows:
 - 6 per event
- Teams can have A and B Team Relays
- **Teams wishing to make changes to entries after registration closes will be charged \$50 by the timing company.**

PARKING:

- Buses: Teams can unload along the parking lot by the portables, the park in the area at the far end of the portables away from the ticket booth (North East Corner of Parking lot)
- Parents and Fans: can park in any marked space in the student parking lot.
- Cars: are not allowed to park on grassed areas or sidewalks.

PACKET PICK-UP:

- Team packets will be available at the coaches meeting at 3:30PM. After that they will be at the clerk of the course table at the track entrance.
- Coaches and athletes will receive colored wrist bands and must have these on prior to entering the stadium

ADMISSION:

- Ticket Booth opens at 3:00PM
- Student and Adult prices are \$5.00
- Current FHSAA, and press passes will be honored. Only one person admitted per pass
- Faculty/staff of the competing schools will be admitted with faculty/staff ID. Only one person admitted per ID card.

TEAM CAMPS and TENTS:

- May set up in the Visitors Stands or on the grassy knoll adjacent to the visitors stands.
- Garbage bags will be supplied at the coaches' meeting.
- Please ensure that your athletes keep their team camps clean and well ordered.

WARM-UP AREA:

- PLEASE inform your athletes that the warm-up area will be in the practice field behind the home stands. There will be NO WARM-UPS allowed on the track.

VISITING COACHES RESPONSIBILITIES:

- Coaches of Participating Schools **must serve as field event officials**
 - Assignments may be established in advance or at the coaches meeting.
 - Field events start with run-throughs at 3:45PM followed by Events at 4:00PM
 - Coaches must be on location and ready to begin field events.
- Coaches will not be expected to provide timers
- Coaches may be assigned to assist with finish line management and exchange zones
- Coaches are responsible for maintaining control over their athlete's team camp and sportsmanship.

INCLEMENT WEATHER POLICY:

- If we have a lightning delay, teams and fans can:
 - Seek shelter inside the gym OR
 - Return to their buses
- If weather looks unavoidable, a decision will be made regarding the meet via Athletic Directors and/or at the Coaches meeting

ADDITIONAL INFORMATION:

- At no time are spectators to enter the field areas. Only team members, team personnel, and school representatives (AD/Administration) allowed entrance to the field area.
- NO Athletes will be allowed on the MHS main campus. If any athletes are found on campus they will face disqualification and DCPS Code of Conduct will be enforced.
- **There will not be an ambulance on site.** Our athletic trainer, Katlyn, will be available/on call should your team have a need for first aid.
- Live Results will be posted during the meet at **www.flrunners.com**