

Tottenberry's Private School & Daycare - Healthy Meal Program

October 2019

Step 1: Mark the days you would like a meal delivered. This top portion is for your records.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 Pizza Day	4
7	8	9	10 Chicken Day	11
14	15	16	17 Hot Dog Day	18
21	22	23	24 Chicken Day	25
28	29	30	31 Chicken Day	

-----CUT HERE-----

Step 2: Circle ALL of the meals your child would enjoy. The meals sent to Tottenberry's will only be chosen from those circled.

Fish Sticks & Tater Tots Vegetable Fruit	Pasta with Meat Sauce Vegetable Fruit	Chicken Nuggets Mashed Potatoes Vegetable & Fruit	Ham & Cheese Sandwich Chips & Fruit	Tater Tot Beef Casserole Vegetable Fruit
Peanut Butter and Jelly Chips Fruit	Pulled Pork Sandwich Vegetable Fruit	Chicken Pot Pie Bread & Butter Fruit	Chicken Alfredo Vegetable Fruit	Spaghetti & Meatballs Vegetable & Fruit
Hotdogs & Beans Bread & Butter & Fruit	Chili Mac Vegetable Fruit	Hotdog & Bun Chips & Fruit	BBQ Chicken Mashed Potatoes Vegetable & Fruit	Turkey & Cheese Sandwich Chips & Fruit
Beef Lasagna Vegetables Fruit	Sloppy Joes (Beef) Vegetable Fruit	Mac & Cheese Vegetable Fruit	Chicken Spaghetti Vegetable Fruit	Mini Pasta/Marinara Sauce /Vegetable Fruit

STEP 3: Recheck the dates you want your child to receive a meal below. Turn in this portion with the above circled selections and payment.

1	2	4	7	8	9	11	14	15	16	Circle Selection
										Meal Only 3.50
18	21	22	23	25	28	29	30			Meal with Dessert 4.50
										# of MEALS
										Price Each X

Orders & payment are due by 11 AM September 30 to receive a meal Tuesday, October 1. Orders can be placed after due date; please give at least 24 hour notice for all orders. Make checks payable to FitChef Foods TX. Refunds will not be issued for sick or absent children.

TOTAL

CHILDS NAME _____ CLASSROOM _____

PARENT E-MAIL _____ PHONE NUMBER _____