## FITCHEF TEXAS

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**Tottenberry's Private School & Daycare - Healthy Meal Program** 

## September 2020

**Step 1:** Mark the days you would like a meal delivered. This top portion is for your records.

| Monday          | Tuesday | Wednesday | Thursday              | Friday |  |
|-----------------|---------|-----------|-----------------------|--------|--|
|                 | 1       | 2         | 3 Pizza Day           | 4      |  |
| 7 SCHOOL CLOSED | 8       | 9         | 10 Chicken Nugget Day | 11     |  |
| 14              | 15      | 16        | 17 Hot Dog Day        | 18     |  |
| 21              | 22      | 23        | 24 Chicken Nugget Day | 25     |  |
| 28              | 29      | 30        |                       |        |  |

**Step 2:** Circle <u>ALL</u> of the meals your child would enjoy. The meals sent to Tottenberry's will only be chosen from those circled.

| Fish Sticks &<br>Tater Tots<br>Vegetable<br>Fruit | Pasta with Meat<br>Sauce<br>Vegetable<br>Fruit | Chicken Nuggets<br>Mashed Potatoes<br>Vegetable & Fruit | Ham & Cheese<br>Sandwich<br>Chips & Fruit           | Pizza Pasta<br>Vegetable<br>Fruit                |
|---|--|---|---|--|
| Peanut Butter and Jelly<br>Chips<br>Fruit         | Pulled Pork Sandwich<br>Vegetable<br>Fruit     | Taco Chili<br>Bread with Butter<br>Fruit                | Chicken Alfredo<br>Vegetable<br>Fruit               | Spaghetti & Meatballs<br>Vegetable & Fruit       |
| Hotdogs & Beans<br>Bread & Butter<br>& Fruit      | Chili Mac<br>Vegetable<br>Fruit                | Hotdog & Bun<br>Chips & Fruit                           | BBQ Chicken<br>Mashed Potatoes<br>Vegetable & Fruit | Turkey & Cheese<br>Sandwich<br>Chips & Fruit     |
| Beef Lasagna Pie<br>Vegetables<br>Fruit           | Sloppy Joes (Beef)<br>Vegetable<br>Fruit       | Mac & Cheese<br>Vegetable<br>Fruit                      | Chicken Spaghetti<br>Vegetable<br>Fruit             | Mini Pasta/Marinara<br>Sauce /Vegetable<br>Fruit |

**STEP 3:** Recheck the dates you want your child to receive a meal below. Turn in this portion with the above circled selections with your payment.

| 1   | 2           | 4           | 7                | 8          | 9           | 11          | 14          | 15          | 16             | <b>Circle Selection</b> |      |
|---|-------------|-------------|------------------|------------|-------------|-------------|-------------|-------------|----------------|-------------------------|------|
|   |             |             | School<br>Closed |            |             |             |             |             |                | Meal Only               | 3.50 |
| 18  | 21          | 22          | 23               | 25         | 28          | 29          | 30          |             | Meal wi        | th Dessert              | 4.50 |
|   |             |             |                  |            |             |             |             |             | # of MEALS     |                         |      |
|   |             |             |                  |            |             |             |             |             | Price Eac      | ch X                    |      |
| Orders 8  | ι payment   | are due b   | y 11 AM A        | ugust 31 t | o receive a | a meal Tue  | esday, Sept | ember 1. C  | Orders can be  | 2                       |      |
| placed at   | fter due da | ate; please | e give at le     | ast 24 hou | r notice fo | or all orde | rs. Make c  | hecks payak | ole to FitChef | :                       |      |
| Foods TX Refunds will not be issued for sick or absent children |             |             |                  |            | TOTA        | \I          |             |             |                |                         |      |

| NAME          | _CLASSROOM   |
|---------------|--------------|
| PARENT E-MAIL | PHONE NUMBER |