

Mariam A. Mott, Ph.D.

Licensed Psychologist #16181

Office: (949) 858-MOTT Fax: (949) 858-6986 Email: [drmott@drmott.com](mailto:drmott@drmott.com) web site: [www.drmmott.com](http://www.drmmott.com)

## COMMUNITY PROFESSIONALS REFERRAL LIST

(Updated 6/15/18)

**CAVEAT:** These community resources are being shared because Dr. Mott has received direct or indirect information about the services they provide. Nevertheless, she makes NO GUARANTEES about the quality of their services.

### Assessment/Therapy

Michael Angioli, Ph.D., A.B.P.P.  
30011 Ivy Glenn Drive, Suite 205  
Laguna Niguel, CA 92677  
(949) 249-8734  
Email: [dr@angioli.com](mailto:dr@angioli.com)  
Web: [www.angioli.com](http://www.angioli.com)

*Dr. Angioli works with adolescents, adults, couples, and families, and he also conducts psychodiagnostic assessments. He is part of a "group" that specializes in neuropsychological testing. Dr. Angioli is cognitive-behavioral/social learning in orientation. He accepts some insurance. I met him at a professional conference and was impressed by the content and style of his presentation (I do not have first-hand knowledge of his services).*

Priscilla Armstrong, Psy.D., ABPdN  
Fullerton Neuropsychological Services  
385 Imperial Hwy  
Fullerton, CA 92835  
(714) 681-9070  
(714) 773-4788 (fax)  
Email: [parmstrong@fullertonneuro.com](mailto:parmstrong@fullertonneuro.com)  
Web: [www.fullertonneuro.com](http://www.fullertonneuro.com)

*Dr. Armstrong and her associates offer psychological and neuropsychological evaluations and therapy for clients from ages 5-21. They specialize in assessments for ADHD, Learning Disorders, and Autism spectrum conditions. They also work with children who have medical complications/issues that need assessment of neurocognitive functioning following medical treatment. FNS also provides counseling and therapy for anxiety, depression, life changes, etc. Their primary theoretical orientation is Cognitive-Behavioral, although they also including elements of Family Systems Theory. Their therapy referrals are typically for anxiety, depression, life changes, and other challenges. They accept most types of insurance (other than CalOptima/Medi-Cal). They also provide testing as well as counseling on a "fee for service" basis. The cost for assessments can range from \$400.00 to \$1600.00 depending on the extent of testing, and therapy is offered on a sliding scale. IEP meetings are not covered by insurance and are billed at the rate of \$200.00 per hour. I have read a few of Dr. Armstrong's reports, and I have been impressed by their thoroughness and accuracy.*

Amber Baker, Ph.D.  
26932 Oso Pkwy Suite 200  
Mission Viejo, CA 92691  
(949) 441-1372  
(949) 348-9626 (fax)  
Email:

Web: [www.dramberbaker.com](http://www.dramberbaker.com)

*Information about Dr. Baker's practice, fees, and insurance is forthcoming.*

Linda Lifur-Bennett, Ph.D.  
22772 Centre Drive, Suite 180  
Lake Forest, CA 92630  
(949) 215-0066  
(949) 215-0077 (fax)

*Dr. Bennett has been in practice for more than 25 years. She provides therapy and also conducts assessments for children and adolescents. She is strictly fee-for-service (she does not accept insurance). She is available for appointments Tuesdays through Thursdays. Although I do not have first-hand experience from families who have worked with her, she comes highly recommended by other professionals. I attended a presentation she gave and reviewed some of her reports, and I was quite impressed with her expertise and thoroughness.*

Lola Brown, Ph.D.  
26300 La Alameda, Suite 280  
Mission Viejo, CA 92691  
(949) 768-8109  
(949) 770-2440 (fax)  
Email: [LolaBrown@cox.net](mailto:LolaBrown@cox.net)  
Web: [www.LolaBrown.net](http://www.LolaBrown.net)

*Dr. Brown is a licensed psychologist specializing in couples/relationship therapy and the treatment of mood and anxiety disorders using empirically-based cognitive behavioral modalities. Dr. Brown has extensive experience working with college-age individuals, having spent over 25 years as a counselor in academic settings. She has been a professor at Fullerton College and an adjunct professor in the Marriage and Family Therapy Departments at California State University and the University of Southern California. She has authored books and journal articles, and her most recent book is Joyful Mondays: How to find Passion and Joy in Your Work. Dr. Brown holds a Ph.D. from the Claremont Graduate University where her doctoral work centered on the psychological effects of unemployment. She has completed post-doctoral work in cognitive behavioral therapy from McLean Hospital, Department of post-graduate and continuing education. Dr. Brown takes most insurance. She charges \$120.00 per hour for career counseling (I do not have information about her rate for counseling sessions). She is available Monday through Thursday from 12 noon to 7 p.m.*

Peter Candela, M.F.T.  
1310 West Stewart Drive, Suite 306  
Orange, CA 92868  
(714) 771-1404 x7

*Mr. Candela specializes in children with developmental disorders. He worked at the Autism Clinic at UCLA for approximately 10 years. He assesses children in both structured and unstructured settings. He charges \$110.00 per session, and he estimates that it takes 8 to 10 visits to fully assess a child. He does not sit*

*on any insurance panels, but families with PPO insurance have been able to secure reimbursement for him as an out-of-network provider. He comes highly recommended by a family who has benefited from his services.*

Valerie Chen, M.A., B.C.B.A. and Alison Silverson, B.A.

The Friend Ship of Orange County (formerly McKinnon and Associates)

31351 Rancho Viejo Road, Suite 107

San Juan Capistrano, CA 92675

(949) 218-9963

Email:

Web: [www.thefriendshipoc.com](http://www.thefriendshipoc.com)

*According to their website, The Friend Ship of Orange County provides qualitative, comprehensive and individualized social skills training programs for children. They design treatment programs specifically tailored for each child's unique needs following the principles of Applied Behavior Analysis (ABA), evidence-based research, and the Social Skill Checklist developed by Kelly McKinnon. They offer social skills for children ages 4 to 13. Groups are 60 to 90 minutes in duration, depending on the needs of the children and the group size. They match and place children in groups based on their age, needs, and skill levels. They try to include neuro-typical peers in social skills sessions to provide opportunities for peer teaching, peer modeling, and generalization. Their social skills sessions are designed as "structured play dates," during which targeted social skills (e.g., attending skills, play skills, social behaviors, and social pragmatic skills) are learned and practiced via fun, play-based activities. The Friend Ship of OC was formerly known as McKinnon and Associates, and as such, was recommended by families who benefitted from their services. I do not have information about their fees or whether or not they accept insurance.*

Anne Cullinane, M.F.C.C.

Capistrano Valley Counseling Center

27322 Calle Arroyo

San Juan Capistrano, CA 92675

(949) 489-2425

*Ms. Cullinane specializes in child abuse (physical and sexual). She has many years of experience in this area, including employment with Orange County Child Protective Services. I have received positive feedback from families who have utilized her services.*

Stephanie Davis, Ph.D.

OC Anxiety Center

26691 Plaza, Suite 221

Mission Viejo, CA 92691

(949) 600-6095 Ext 2

Email: [davis@ocanxietycenter.com](mailto:davis@ocanxietycenter.com)

Web: [www.ocanxietycenter.com](http://www.ocanxietycenter.com)

*Dr. Stephanie Davis is a counselor specializing in anxiety related disorders, including Obsessive-Compulsive Disorder, Generalized Anxiety Disorder, and Panic Disorder. She completed her internship at Texas A&M University, where she specialized in treating young adults suffering from anxiety and depressive disorders. While an intern, Dr. Davis completed training in biofeedback in order to help anxious clients become more aware of their bodily sensations and learn to reduce physical reactivity. She practices from a CBT and ACT framework, helping clients identify cognitive distortions and mindfully sit with discomfort. She has worked with anxiety concerns in inpatient and outpatient settings, providing both individual and group therapy. She currently works with children, adolescents, and adults. She does not bill insurance directly, but provides clients with "superbills" for each session so they can submit claims to insurance for out-of-network*

*reimbursement. I do not have first-hand knowledge of her services, but she is recommended by another mental health professional (Dr. Hsia) for whom I have high professional respect.*

Alexa Foster, Ph.D.  
Off the Couch Psychology  
27001 La Paz, Suite 336  
Mission Viejo, CA 92691  
(949) 916-0711  
(949) 916-7772 (fax)

Email: [OTCPsych@gmail.com](mailto:OTCPsych@gmail.com)

Web: [www.Offthecouchpsychology.com](http://www.Offthecouchpsychology.com) or [www.facebook.com/OffTheCouchPsychology](http://www.facebook.com/OffTheCouchPsychology)

*Dr. Foster is a licensed clinical psychologist specializing in trauma resolution, interpersonal relationships, and personal and professional growth. She is trained in traditional and modern therapeutic modalities, including cognitive strategies, dynamic therapy, mindfulness training, and coaching techniques. She is certified in EMDR, a leading trauma therapy, and in Kiersey Temperament assessment, an empirically supported method of determining personality traits and potential areas of success. Her professional interests also include therapist development, performance enhancement, and creativity. Dr. Foster works with adults, teens, and couples. Prior to obtaining her doctorate in clinical psychology, she worked as a print journalist for 10 years. She is currently a contributing writer to the web magazine, Purple Clover.com, where she writes about psychological topics. Her fees are \$145.00 for a standard session and \$215.00 for an extended session. Dr. Foster does not bill insurance directly, but she provides documentation to help clients obtain reimbursement. She offers free initial consultations for new clients. I do not have first-hand knowledge of her services.*

Drs. Patricia Gisbert, Luis F. Morales Knight, and Iris Richardson  
Child & Adolescent Behavioral Health Center  
17772 Irvine Blvd, Suite 103  
Tustin, CA 92780

(714) 696-1385

Email: [cabhc@ca-bhc.com](mailto:cabhc@ca-bhc.com)

Web: [www.ca-bhc.com](http://www.ca-bhc.com)

*Drs. Gisbert, Morales Knight, and Richardson provide science-based psychotherapy (CBT, ACT, PCIT, and related approaches) and psychological/psychoeducational testing services (including dyslexia, ADHD, and autism spectrum assessments) to children and young adults aged 0-26 and their families. Their referrals are typically for anxiety, neurodevelopmental issues (such as ADHD and autism spectrum disorders), gifted, "quirky," or otherwise difficult-to-understand children, and emerging adulthood/failure-to-launch issues. They are in-network for Anthem Blue Cross, Aetna, and Cigna. Out-of-network or cash-pay services are available for \$200 per hour (for therapy) or \$240 per hour (for testing). I do not have first-hand knowledge of their services (I met Dr. Morales Knight at a professional networking event and was impressed with his training, previous experience, and approach with children and families).*

Robert M. Gray, Ph.D., ABPP-CN, and Associates  
Advanced Neurobehavioral Health of Southern California  
26440 La Alameda, Suite 220  
Mission Viejo, CA 92691  
(858) 693-3113  
(858) 312-8460 (fax)

Email: [info@anhsocal.com](mailto:info@anhsocal.com)

Web: [www.ANHsocal.com](http://www.ANHsocal.com)

*Dr. Gray is a pediatric neuropsychologist. He and his associates provide consultation and evaluation services for children, adolescents, and adults experiencing a broad range of developmental, attention, learning, cognitive, emotional, and behavioral difficulties. They are able to assess the following disorders (among others): autism and developmental disabilities; learning disabilities; ADHD; communication disorders; neurological disorders including seizures and strokes; and psychiatric and mood disorders. I do not know their fees or whether they take insurance. Dr. Gray was highly recommended by another professional, and I have been impressed with the quality of his assessment reports.*

Darcy Greene, M.A., L.M.F.T.  
24551 Raymond Way, Suite 286  
Lake Forest, CA 92630  
(949) 415-6383  
Email: [info@darcygreene.org](mailto:info@darcygreene.org)  
Web: [www.darcygreene.org](http://www.darcygreene.org)

*Mr. Greene worked in Pastoral Ministry for 23 years before studying to become a Marriage and Family Therapist. He worked extensively with children during his years in Pastoral Ministry, including as a Children's Pastor, Youth Minister, and running before- and after-school programs. He considers himself "cognitive-existentialist" in orientation in that he focuses on the client's sense of self and place in the world. He uses a variety of techniques and approaches (including Family Systems Theory and cognitive techniques) based on his assessment of the client's needs. He works at Concordia University in Irvine in addition to maintaining a private practice in Lake Forest. He does not bill insurance directly, but he provides his clients with "superbills" each month that they can submit to insurance for reimbursement. He charges \$125.00 per 50-minute session, and he has a sliding scale based on family income. He comes highly recommended by a family who has benefited from his services.*

Catharine Jenkins-Hall, Ph.D.  
Neuropsychology and Psychoanalysis  
26451 Crown Valley Parkway, Suite 100  
Mission Viejo, CA 92691  
(949) 367-1335  
(949) 367-1804 (fax)

*Dr. Hall comes highly recommended by a family who sought her services to evaluate their child. I do not know specifics of her practice or her fees, but I believe she accepts some insurance.*

Karen Handley, Ph.D.  
26441 Crown Valley Parkway, Suite 101  
Mission Viejo, CA 92691  
(949) 460-9528  
Email: [khandley@drkarenhandley.com](mailto:khandley@drkarenhandley.com)  
Web: [www.drkarenhandley.com](http://www.drkarenhandley.com)

*Dr. Handley works with children, adolescents and families. She specializes in eating disorders, and also has experience with child sexual abuse. She charges \$150.00 per 50-minute session, and she takes some insurance. She comes highly recommended by families who have benefited from her services.*

Sheila Hedden, L.C.S.W.  
Venture Psychological Services  
6 Venture, Suite 350  
Irvine, CA 92618  
(949) 753-8800  
(949) 753-8899 (fax)  
Email: [sheddenlcsw@cox.net](mailto:sheddenlcsw@cox.net)

Web: [www.sheilaheddenlcsw.com](http://www.sheilaheddenlcsw.com) or [www.venturepsychologicalservices.com](http://www.venturepsychologicalservices.com)

*Ms. Hedden specializes in depression, anxiety, and attentional disorders among children and adolescents. She also conducts adult individual, couples, and family therapy. She is cognitive-behavioral in theoretical orientation. She is part of a group practice that includes psychiatrists, psychologists, and other therapists. She charges \$125.00 per 45-50 minute session, and she accepts some insurance. She was highly recommended by another mental health professional, and I have received positive feedback from families who have benefited from her services.*

Curtis Hsia, Ph.D.  
OC Anxiety Center  
26691 Plaza, Suite 221  
Mission Viejo, CA 92691  
(949) 600-6095  
(949) 689-5892

Email: [Hsia@ocanxietycenter.com](mailto:Hsia@ocanxietycenter.com) or [officemanager@ocanxietycenter.com](mailto:officemanager@ocanxietycenter.com)

Web: [www.OCAnxietycenter.com](http://www.OCAnxietycenter.com)

*Dr. Hsia specializes in anxiety disorders, using Cognitive Behavioral Therapy (CBT) and Exposure and Response Prevention (ERP) (which are empirically proven interventions for anxiety). He also has considerable experience in Applied Behavioral Analysis (ABA) for children with Pervasive Developmental Disorders (PDDs). His general clinical experience includes working with mood disorders, thought disorders, and general counseling issues. He also offers weekly support groups for individuals with anxiety disorders as well as free consultations and presentations within the community (e.g., to school staff, churches, etc.). Dr. Hsia has conducted an impressive volume of research in anxiety disorders. He comes highly recommended by several families who have utilized his services. I also know him through a professional Consultation Group he organized, and I have been highly impressed with his clinical knowledge and expertise. He does not bill insurance directly, but I believe he provides "superbills" that his clients can submit to their insurance companies for reimbursement as an out-of-network provider.*

Christopher Ingalls, Ph.D., Q.M.E.  
Clinical Psychological and Neuropsychological Services  
1001 Dove Street, Suite 140  
Newport Beach, CA 92660  
(949) 722-7441 or (949) 757-9863  
(949) 261-1183 (fax)

*Dr. Ingalls comes highly recommended by a family who benefited from his services. I have read assessment reports that he has written, and I was impressed with the quality of his work. I do not have specific information about his practice or his fees, but I believe he accepts some insurance.*

Kristen Iverson, Ph.D.  
1151 Dove Street, Suite 240  
Newport Beach, CA 92660  
(949) 833-1234  
(949) 223-4296 (fax)

Web: [www.NewportPsychology.com](http://www.NewportPsychology.com)

*Dr. Iverson is a licensed clinical psychologist who specializes in Pervasive Developmental Disorders, Asperger's Disorder and Autism. She provides psychotherapy services, psychodiagnostic assessments, behavior intervention training, social skills training, and educational consultation. She also provides social skills training for the children and parent training for the adults. She is contracted with school districts in Orange County as a consultant, and attends IEP meetings. She does not take insurance directly, but her clients can bill their insurance company. She does not have a sliding scale. Dr. Iverson and her husband Dr. Larson both come highly recommended by other professionals.*

Connie Loughrey-Jones, Ph.D.  
4590 MacArthur Blvd., Suite #660  
Newport Beach, CA 92660  
(949) 852-1670

*Dr. Loughrey-Jones is a marriage and family therapist who has been in private practice for 25 years. She maintains a general practice, but specializes in children and adolescents as well as parents and families. She works with "complex" psychological issues and also has considerable experience working with ADHD. I have received positive feedback from families who have worked with her. Her husband, who is also a psychologist, conducts assessments as well as therapy. He also comes highly recommended by families who benefited from his services. Dr. Loughrey-Jones does not bill insurance directly – she is fee-for-service – but she provides clients with invoices that they can submit to their insurance company for reimbursement.*

Michael Jones, Ph.D.  
4590 MacArthur Blvd., Suite #660  
Newport Beach, CA 92660  
(949) 851-3100  
(949) 851-4347 (fax)

*Dr. Jones conducts assessments and therapy with children and teens. He comes highly recommended by families who have benefited from his services. His wife, Dr. Connie Loughrey-Jones, is a marriage and family therapist who has been in private practice for 25 years. I do not have information about his fees or whether he accepts insurance.*

Sivan Kochinski, Ph.D.  
Mind Health Institute, Newport Beach  
450 Newport Center Drive, Suite 380  
Newport Beach, CA 92660  
(949) 891-0307, ext. 9  
(800) 217-8204 (fax)

Email: [skochinski@mhi-nb.com](mailto:skochinski@mhi-nb.com)

Web: [www.mhi-nb.com](http://www.mhi-nb.com)

*Dr. Kochinski specializes in providing evaluation, treatment, and consultative services for children, adolescents, and young adults (ages 3-25) with: 1) anxiety disorders (e.g., separation anxiety disorder, social anxiety disorder, generalized anxiety disorder, obsessive compulsive disorder, specific phobia, selective mutism, and tic disorders); 2) Autism Spectrum Disorders (ASD); 3) Behavioral difficulties; 4) ADHD; and 5) any Co-*

occurring disorders. She completed her pre-doctoral internship and postdoctoral fellowship at The Children's Health Council and Stanford University Medical Center in the Department of Child and Adolescent Psychiatry. During this time, she worked in the Child Anxiety Disorders clinic and Autism and Developmental Disorders Clinic. She charges \$175.00/hour for a 2-hour intake and \$150.00/hour for therapy (individual therapy, family therapy, or parent training). She does not bill insurance directly – she is fee-for-service – but she provides clients with invoices (“superbills”) that they can submit to their insurance company for reimbursement.

Ralph Kuechle, Ph.D.  
3300 Irvine Avenue, Suite 111  
Newport Beach, CA 92660  
(714) 345-3449  
(949) 250-9485 (fax)

Email: [ralph.kuechle@gmail.com](mailto:ralph.kuechle@gmail.com)

*Dr. Kuechle specializes in crisis intervention, especially with families who have a child exhibiting severe behaviors. He utilizes a Family Systems approach (i.e., he works with the entire family) and offers home visits to observe the family dynamics and identify target behaviors in their natural environment. He also conducts psycho-diagnostic assessments. His theoretical orientation is primarily Psychodynamic, but he is also strongly influenced by Family Systems and Cognitive-Behavioral theories. He utilizes his psychodynamic orientation for case conceptualizations and implements cognitive-behavioral interventions while working with the family with a systems approach. His fee is \$160.00 per 50-minute session. He does not accept insurance, but he provides a “superbill” at the end of each month for families to submit to their insurance (reimbursement depends on the family’s specific coverage). Dr. Kuechle comes highly recommended by families who have benefitted from his services.*

Scott W. Larson, Ph.D.  
1151 Dove Street, Suite 240  
Newport Beach, CA 92660  
(949) 689-6047  
(949) 223-4296 (fax)

Web: [www.NewportPsychology.com](http://www.NewportPsychology.com)

*Dr. Larson is a licensed clinical psychologist with specialized training in neuropsychology. He works with individuals and families with developmental challenges including ADHD, learning disorders, and autistic spectrum disorders. He conducts neuropsychological evaluations and also provides cognitive-behavioral therapy services. He has contracted with school districts in the Orange County area as an independent evaluator. He also maintains a position at Neuroscience Associates Incorporated, a multi-specialty clinical neuropsychology practice located in the Cedars Sinai Medical Office Towers in Los Angeles. I was quite impressed with the quality and thoroughness of evaluations I have reviewed. Dr. Larson and his wife Dr. Iverson both come highly recommended by other professionals. I do not have information about his fees or whether he accepts insurance.*

Misty Oppenheim-Leaf, M.A.  
Behavior Therapy and Learning Center  
200 Marina Drive, Suite C  
Seal Beach, CA 90740  
(562) 431-2155, x228  
(562) 431-8386 (fax)  
Email: [molbtlc@aol.com](mailto:molbtlc@aol.com)

*Ms. Oppenheim-Leaf and staff at the Behavior Therapy and Learning Center provide behavior management services to families and schools of children with intellectual disabilities, developmental disorders (aka "spectrum disorders"), and behavior problems. Their services are based in the principles of applied behavior analysis and include parent training, assessment, program development, reduction of problem behaviors, language development, and social skills instruction. The Behavior Therapy and Learning Center currently accepts Blue Cross, Blue Shield, Cigna, and United Behavioral Health insurances. I do not have direct knowledge of their services.*

Dean Leav, Psy.D.  
UCI University Tower  
4199 Campus Drive, Suite 550  
Irvine, CA 92612  
(949) 607-8758  
Email: [dleav.psych@gmail.com](mailto:dleav.psych@gmail.com)  
Web: [www.dleavpsych.com](http://www.dleavpsych.com)

*Dr. Leav is a licensed psychologist who works with children, adolescents, and parents providing individual and family therapy. He draws from several theoretical orientations, particularly Family Systems Therapy when he works with children and families. He is working toward a Master's in Divinity, and indicated that he incorporates a Christian perspective when appropriate. He also conducts assessments with children, teens, and adults (e.g., for learning disorders, pre-adoption psychological evaluations, parent assessments for child custody cases, danger/risk assessments, personality assessment, and diagnostic clarification). He provides a 15-minute telephone consultation at no cost and charges \$150.00 per 50-minute therapy session (a sliding scale may be considered in certain circumstances). Cost for assessments vary according to what is needed and are determined during consultation with the client/family. Dr. Leav is fee-for-service (i.e., he does not accept insurance), but he does provide an invoice that can be submitted to insurance companies for reimbursement. I do not have first-hand knowledge of his services (he contacted me to inquire about developing a working relationship and serving as a resource to a school at which I worked).*

David M. Lechuga, Ph.D. and Associates  
The Neurobehavioral Clinic and Counseling Center  
13 Orchard Road, Suite 103  
Lake Forest, CA 92630  
(949) 837-3358  
(949) 837-0274 (fax)  
Email: [dlechuga@neuroclinic.com](mailto:dlechuga@neuroclinic.com)  
Web: [www.neuroclinic.com](http://www.neuroclinic.com)

*Dr. Lechuga and associates provide consultation, assessment, and treatment services for children, adolescents, and adults. Assessment services include cognitive, academic, and neuropsychological testing to diagnose learning disorders, ADHD, developmental disorders, and other concerns. The Neurobehavioral Clinic provides a wide range of clinical services, including individual therapy, family counseling, social skills training, parent education/support, and rehabilitative services. These professionals come highly recommended by families who have benefited from their services. I have reviewed several of their reports and I am impressed with their thoroughness and utility. I have collaborated with Dr. Lechuga regarding several students and I have always been pleased with his professionalism, caring, and insight. I do not have information about fees, although the website indicates, "...Our rates are reasonable and sensible. We will always work with our patients and their families...to afford treatment..." I believe they accept some insurance.*

Michele Lob Psy.D., M.F.T., C.E.D.S.  
DBT Center of Orange County  
4299 MacArthur Blvd, Suite 200  
Newport Beach, CA 92660  
Email: [drmlob@dbtcenteroc.com](mailto:drmlob@dbtcenteroc.com)  
Web: [www.dbtcenteroc.com](http://www.dbtcenteroc.com)  
(949) 480-7767  
(949) 209-1977 (fax)

*Dr. Michele Lob is the Executive Director of the DBT Center of Orange County. She is a licensed Marriage Family Therapist, Certified Eating Disorder Specialist, and an intensively-trained Dialectical Behavior Therapist. Dr. Lob and her team offer evidence-based Dialectical Behavior Therapy, Cognitive Behavior Therapy, Acceptance and Commitment Therapy, and Prolonged Exposure and EMDR for the treatment of trauma. The DBT Center of Orange County offers an array of DBT-focused services, including Adult and Adolescent Intensive Outpatient Services, 16-week skills groups, skills coaching, and individual therapy. The DBT Center of Orange County specializes in working with populations who suffer from substance abuse, eating disorders, depression, anxiety, and other mood and personality disorders. Dialectical Behavior Therapy offers a mindfulness platform upon which modules of emotion regulation, distress tolerance, and interpersonal effectiveness are built. DBT helps clients become aware of how to recognize the reasons for extreme emotions and how to be effective in managing them. Dialectical Behavior Therapy is designed to help clients Build a Life Worth Living. A **free** Family Connections group hosted by NEABPD and trained family members, offers a weekly two hour support meeting (this is a closed group and requires preregistration). Please visit the website for more information. DBTOC is not in-network with any insurance providers. We work with a third-party billing service to ascertain insurance benefits for our Intensive Outpatient Program only. Please call for further information.*

Christine Majors, Psy.D.  
1400 Quail Street, Suite 270  
Newport Beach, CA 92660  
(949) 222-0540

*Dr. Majors is a neuropsychologist who conducts evaluations with children, adolescents, and young adults (age 2 through graduate school), as well as adults who want to know if they may be on the Autism Spectrum. Her specialties include: Autism Spectrum Disorders; Developmental Disabilities; Learning Disabilities; ADHD; and medical disorders with cognitive components. She charges \$3500.00 for neuropsychological testing, plus \$200.00 for the initial consultation with parents. She is also available to attend IEP meetings and to appear as an expert witness in due process hearings. She also provides therapy in the areas of anxiety disorders (including PTSD) and depression in children and adults. She uses cognitive-behavioral techniques as well as Eye Movement Desensitization and Reprocessing (EMDR). She is fee-for-service (i.e., she does not accept insurance), but she does provide an invoice that can be submitted to insurance companies for reimbursement.*

Mrs. Mary Manese  
Auxiliary Studies Program Director  
Santa Margarita Catholic High School  
22062 Antonio Parkway  
Rancho Santa Margarita, CA 92688  
(949) 766-6085  
(949) 766-6098 (fax)  
Web: [www.smhs.org](http://www.smhs.org)

*The Auxiliary Studies Program at SMCHS provides support services to SMCHS students with diagnosed learning disabilities and attention problems. They have expanded their services within the community to include psycho-diagnostic testing for children of different ages. Their comprehensive test battery includes assessment of the child's cognitive skills, academic achievement, attentional skills, and "executive functions." Their fees are reasonable (\$1500.00) and they provide practical recommendations in their reports. I do not believe they accept insurance.*

Michelle Matusoff, Ph.D.  
3101 W. Coast Hwy Ste. 407  
Newport Beach, CA. 92663  
(949) 275-5225  
Email: [mm@testingforchildren.com](mailto:mm@testingforchildren.com)  
Web: [www.testingforchildren.com](http://www.testingforchildren.com)

*Dr. Matusoff is a licensed clinical psychologist specializing in psychological and psychoeducational testing of children, teens, and adults. She has over 20 years of assessment experience. She has performed psychological assessments across many different settings, including psychiatric hospitals, non-profit agencies, state and county funded programs, and in private practice. Dr. Matusoff charges a flat fee for a standard assessment battery, typically \$1800. Consultation is over the phone and free of charge, and testing is usually completed in one day. Dr. Matusoff is not on any insurance panels, but she provides a "superbill" that clients can submit to their insurance companies for reimbursement.*

Anna McCarthy, Ph.D.  
4100 Newport Place, Suite 730  
Newport Beach, CA 92660  
(949) 544-3040  
Email: [annamccarthyphd@gmail.com](mailto:annamccarthyphd@gmail.com)  
Web: [www.drannamccarthy.com](http://www.drannamccarthy.com)

*Dr. McCarthy provides services to individuals (children, adolescents, and adults), couples and families presenting with a wide range of treatment issues, and provides case management services to patients needing adjunct support. She specializes in trauma and PTSD, depression, and relationship issues, but works with a wide range of clinical issues. According to her website, she creates individually-tailored treatment plans for each client, focusing on what the client would like to accomplish in therapy. She has expertise in cognitive-behavioral therapy (effective for treating depression, anxiety, phobias, and relationship difficulties, etc.) and uses specialized, empirically supported treatments to help people suffering from the effects of childhood abuse and trauma (e.g., childhood, interpersonal, combat, PTSD, etc.). Her work with a trauma victim was featured on the season premiere of the award-winning TV show "Intervention" (first broadcast on national TV June 28th 2010). Dr. McCarthy charges \$200.00 per 50-minute session. She is "fee for service," meaning that she does not bill insurance companies directly, but she provides "superbills" that her clients can submit to their insurance companies for payment. Although I do not have first-hand knowledge of her services, in my professional interactions with her, she has impressed me as a competent, caring service provider.*

Robin Morris, Psy.D., M.F.T.  
26440 La Alameda, Suite 380  
Mission Viejo, CA 92691  
(949) 351-3770  
(714) 242-1504 (fax)  
Email: [drmorrison05@yahoo.com](mailto:drmorrison05@yahoo.com)

*Dr. Morris specializes in the assessment and treatment of children and adolescents. She provides testing for several mental and behavioral health conditions, including autism/PDD, learning disabilities, GATE testing, ADHD, Anxiety Disorders, Eating Disorders, and Neurological testing. She is able to assess younger children. She provides educational consultation and support, including conducting classroom observations and attending school meetings. She offers a variety of interventions including 8-week social skill groups. I do not have first-hand knowledge of her services or her fees, and I do not know whether she accepts insurance.*

Mariam Mott, Ph.D.

31371 Rancho Viejo Road, Suite 203

San Juan Capistrano, CA 92675

(949) 858-6688

(949) 858-6986 (fax)

Email: [drmott@drmott.com](mailto:drmott@drmott.com)

Web: [www.drmott.com](http://www.drmott.com)

*Dr. Mott is a licensed clinical psychologist specializing in child and adolescent assessment, treatment, and support. She has more than 25 years of experience with children, teens, and families in a variety of settings (e.g., teen substance abuse research, therapeutic foster care, youth group homes, educational settings, and private practice). Her services include cognitive/intelligence testing (including for GATE and the Davidson Institute); academic assessments (including for learning disorders); testing for Attention-Deficit/Hyperactivity Disorder (ADHD); neuropsychological screenings; and emotional and behavioral assessments. She also provides individual counseling with children and adolescents (using cognitive-behavioral and other techniques); consultation services with parents; educational planning and support with public, private, and Catholic schools (she specializes in the Diocese of Orange's Learning Support Programs); and educational groups (e.g., parent training). She incorporates her Christian values into counseling when appropriate and requested by her clients. She charges an all-inclusive "flat fee" for assessments (fees vary depending on what testing is needed). Her fee for counseling services is \$150.00 per 60-minute session. She offers a sliding scale on a case-by-case basis. Although she is a fee-for-service provider, she provides clients with invoices ("superbills") that they can submit to their insurance company for reimbursement.*

Patrick J. Murphy, Ph.D.

1801 East Parks Court Place, Suite 100

Santa Ana, CA 92701

(714) 972-8070

*Dr. Murphy conducts therapy with children, adolescents. He and his wife are practicing Catholics who understand the Church's mission in raising socially conscious youth within our Catholic schools. He comes highly recommended by families from a variety of Catholic schools within the Diocese of Orange (e.g., St. Serra Catholic School, Holy Family Cathedral, St. Cecilia, and Our Lady of Fatima). I do not have first-hand knowledge of his services or fees, and I do not know whether he accepts insurance.*

Shauna Myers, M. A., L.M.F.T.

Strategic Counseling Services

22362 Gilberto, Suite 205

Rancho Santa Margarita, CA 92688

(949) 466-4618

Email: [shaunamyers@yahoo.com](mailto:shaunamyers@yahoo.com)

Web: [www.shaunamyersmft.com](http://www.shaunamyersmft.com)

*Ms. Myers is a Licensed Marriage & Family Therapist who has worked in a variety of settings, including group homes, private practice and outpatient clinics. She has experience with young children,*

*adolescents, individuals and families addressing challenges related to ADHD, Asperger's Disorder, depression, anxiety, self-esteem, personal growth, anger and stress management. She comes highly recommended by a family who has benefited from her services. I do not have information about her fees or whether she accepts insurance.*

Kathleen Ollivier, L.M.F.T.  
1538 Brookhollow Drive, Suite A  
Santa Ana, CA 92705  
(949) 559-2753

*Ms. Olivier specializes in children and families with special needs. She is cognitive-behavioral in orientation, and is directive in her approach. I have received positive feedback from a family that has worked with her. I do not have information about her fees or whether she accepts insurance.*

Yvonne Loebig Ottolini, Ph.D.  
19742 Mac Arthur Blvd., Suite 115  
Irvine, CA 92612  
(949) 595-8900

Email: [docotto@att.net](mailto:docotto@att.net)

*Dr. Loebig Ottolini maintains a part-time private practice conducting individual (child/adolescent/adult) and family therapy pertaining to behavior management issues at home or at school. She works with children who have ADHD, disruptive behavior disorders (including ODD), affective disorders, and learning disabilities. She also provides consultation and recommendations regarding school, psychoeducational, or neuropsychological testing. Finally, she conducts 8-week Parent Training classes for parents with children ages 3 to 11 years, and 6-week Parent Training classes for parents of older children with ADHD. She is cognitive-behavioral in orientation. She comes highly recommended by other professionals. She charges \$125.00 to \$140.00 per hour. I do not know whether she accepts insurance.*

Stephen Pratt, M.A., M.F.T.  
Marriage and Family Therapist  
23120 Alicia Parkway, Suite 234  
Mission Viejo, CA 92692  
(949) 454-8861  
(949) 454-8869 (fax)

*Mr. Pratt specializes in children and adolescent issues, social anxiety treatment, women's and men's issues, work stress, and family therapy. He comes highly recommended by a family who has utilized his services. I do not have information about his fees. He accepts some insurance.*

Donna Schaiterer, Ph.D., L.C.S.W.  
Lifestages Center for Developmental Medicine  
4 Venture, Suite 220  
Irvine, CA 92618  
(949) 753-1233  
(949) 753-0455 (fax)

*Dr. Schaiterer is a licensed psychologist who specializes in children and adolescents with learning, behavioral, attention, and emotional disorders. She has many years of experience conducting comprehensive psychoeducational assessments to identify learning disorders, processing difficulties, and/or emotional/behavioral disorders. Her recommendations include individualized academic accommodations to enable students achieve academic success. She has extensive experience in participating on multidisciplinary*

*meetings (IEP meetings). I read one of her reports and was impressed by its quality and utility. I do not have information about her fees or whether she accepts insurance.*

Julie Elliott Schuck, Ph.D.  
13422 Newport Avenue, Suite D  
Tustin, CA 92780  
(949) 975-8023

*Dr. J. Schuck is a licensed psychologist who conducts Social Skills Training groups for children with ADHD and developmental disorders. She runs five different groups, and can accommodate children ages 6 to 17. In addition to teaching social skills (e.g., accepting frustration, ignoring, assertion, and empathy), she focuses on problem-solving and good sportsmanship. The cost is \$45.00 per session (25 sessions are recommended to go through the entire curriculum). There is also a fee of \$100.00 for the initial interview. There is a wait list for most groups. I do not know whether she accepts insurance.*

Sabrina Schuck, Ph.D. and Colleagues  
Neuropsychology Clinic for Attention, Learning, and Behavior  
Child Development Center  
University of California, Irvine  
19722 MacArthur Blvd.  
Irvine, CA 92612  
(949) 824-1818  
(949) 824-1811 (fax)  
Email: [sabrina@uci.edu](mailto:sabrina@uci.edu)  
Web: [www.cdc.uci.edu](http://www.cdc.uci.edu)

*Dr. S. Schuck is an Educational Psychologist who specializes in evaluations for Attention-Deficit/Hyperactivity Disorder and Reading Disorders. She has over 20 years of experience working with children who have problems of attention, learning, and behavior. She and her colleagues at the Neuropsychology Clinic provide a wide range of testing services, including assessment of cognitive skills, academic achievement, neuropsychological abilities, and emotional functioning. Fees vary according to the extensiveness of testing needed and are based on \$225.00 per hour for the face-to-face time (there is no additional charge for scoring, interpretation, and writing the report). Although the Clinic does not accept insurance, they can provide an invoice for families to submit for possible reimbursement.*

*Additional services available at the Child Development Center include Parent Training classes, Social Skills classes, medication assessment and consultation, on-site classroom observations, school meetings with teachers and learning specialists, a variety of cognitive-behaviorally based interventions, and Educational Therapy. Fees vary according to services provided (e.g., the charge for cognitive-behavioral interventions is \$125.00 per hour; the charge for group therapy/social skills is \$30.00 per session; and the charge for educational therapy is \$100.00 per hour).*

Marc Skelton, Ph.D., Psy.D., A.B.P.P.  
Dana Niguel Family Treatment  
30131 Town Center Drive #215  
Laguna Niguel, CA 92677  
(949) 495-3701

*Dr. Skelton specializes in marriage, family, and child therapy, and has extensive experience working with adolescents. His theoretical orientation is "eclectic," with cognitive-behavioral and interpersonal emphasis. I do not have information about his fees, but I believe he accepts some insurance. He comes recommended by a family who utilized his services.*

Lynnette Wilhardt, M.S.W., L.C.S.W.  
151 Kalmus Drive, Suite C-245  
Costa Mesa, CA 92626-7954  
(714) 417-1171  
Email: [lynnettewilhardt@aol.com](mailto:lynnettewilhardt@aol.com)

*Ms. Wilhardt has worked with children and families in private practice for more than 20 years. She provides psychotherapy for adults, couples, families, and children. She specializes in the psychosocial issues and needs of oncology patients and their families. Her theoretical orientation is primarily cognitive, although she utilizes behavioral strategies as well. For 17 years, she was also the Director of Clinical Services for Kids Konnected, which is an organization for children who have a parent with cancer. I do not have first-hand knowledge of her services, nor do I have information about her fees or whether she accepts insurance.*

Jeffrey Wilson, Ph.D.  
Clinical Director, Attention Deficit Disorder Treatment Center  
23120 Alicia Pkwy, Suite 200  
Mission Viejo, CA 92692  
(949) 272-3870  
Email: [jwilson@ADDTreatmentCenters.org](mailto:jwilson@ADDTreatmentCenters.org)  
Web: [www.ADDTreatmentCenters.org](http://www.ADDTreatmentCenters.org)

*According to their website, the ADD Treatment Centers are committed to helping individuals and families with Attention Deficit Disorder and related disorders. Dr. Wilson and colleagues have more than 20 years of experience in the diagnosis and treatment of ADD and related disorders. They use QEEG (Quantitative Encephalograph, aka "brain mapping") to aid in the diagnosis and treatment of several neurophysiological disorders, especially ADHD. The QEEG measures the efficiency of electrical interaction between various regions of the brain and is used as a tool to help guide diagnosis and treatment using Neurofeedback therapy. I do not have first-hand knowledge of their services or treatment outcomes (I met Dr. Wilson at a professional Consultation Group and was impressed with his knowledge and clinical experience). I also do not have information about the ADD Treatment Center's fees, but I am aware that they do accept some insurance.*

Shelly Zavala, M.F.T., Psy.D.  
Marriage and Family Therapist  
1151 Dove Street, Suite 204  
Newport Beach/Irvine, CA 92660  
(866) 594-0080  
(949) 752-7955 (fax)  
Email: [DrZavala@mac.com](mailto:DrZavala@mac.com)  
Web: [www.drzavala.com](http://www.drzavala.com)

*Dr. Zavala works primarily with adolescents and their families. She specializes in depression, anxiety, eating disorders, self-esteem issues, and ADHD. She uses cognitive-behavioral as well as other therapeutic interventions (she describes herself as experiential, collaborative, and active in her approach). She comes highly recommended by a family who has benefited from her services as well as by another mental health professional. Her rate is \$140.00 per hour, and she does not accept insurance.*

Patricia Zielinski, M.A., L.M.F.T.  
Individual, Marriage, and Family Therapist  
30211 Avenida de las Banderas, Suite 200  
Rancho Santa Margarita, CA 92688  
(949) 433-8949  
Email: [Therapy@patriciazielinski.com](mailto:Therapy@patriciazielinski.com)  
Web: [www.patriciazielinski.com](http://www.patriciazielinski.com)

*Ms. Zielinski works with children, adults, and families. Her areas of specialty include anxiety and depression, eating disorders, grief and loss, teen issues, self-harm, trauma, addictions, and relationship issues. She uses traditional therapeutic techniques as well as creative arts as a tool to help individuals acquire insights and heal through creative expression. She is the author of two children's books, "Willie's Reflection: A Story of Grief, Hope and Healing" and "Grandma Pearl: A Story about Inner Beauty." I know Ms. Zielinski professionally (including by participating in a Consultation Group that she organized), and I have been most impressed with her professionalism, clinical insight, and range of therapeutic techniques and strategies. Her fee is \$120.00 per session and she accepts Aetna insurance.*

## **Medical Doctors**

Cat Dang, D. O.  
Insightful Minds, Inc.  
3300 Irvine Ave, Suite 261  
Newport Beach, CA 92660  
(949) 270-2902  
(949) 270-2908 (fax)  
Web: [www.insightfulminds.org](http://www.insightfulminds.org)

*Dr. Dang is a child and adolescent psychiatrist specializing in the diagnosis and treatment of mental health conditions such as ADHD, anxiety, developmental disorders (e.g., Asperger's disorder and autism), post-traumatic stress disorder, psychosis, and schizophrenia. She is strictly fee-for-service (she does not accept insurance), but her administrative assistant indicated that families may apply for partial reimbursement depending on individual insurance coverage. Her fees are as follows: \$450.00 for the initial consultation/assessment; \$250.00 for 50-minute therapy sessions; and \$150.00 for 25-minute medication management appointments. I have received positive feedback about Dr. Dang from a family with whom she worked.*

Edwin de Leon, M.D.  
Mind Health Institute (Mission Viejo)  
24800 Chrisanta Drive, Suite 120  
Mission Viejo, CA 92691  
(949) 354-0630  
(949) 354-0630 (fax)  
and  
Mind Health Institute (Newport Beach)  
450 Newport Center Drive, Suite 380  
Newport Beach, CA 92660  
(949) 891-0307  
(800) 217-8204 (fax)  
Email: [edeleon@mhi-nb.com](mailto:edeleon@mhi-nb.com)  
Web: [www.mhi-mv.com](http://www.mhi-mv.com) and [www.mhi-nb.com](http://www.mhi-nb.com)

*Dr. de Leon is a Board certified Psychiatrist who specializes in child, adolescent, and adult psychiatry. He provides both medication management and psychotherapy for a range of issues. Dr. De Leon brings a unique cultural perspective to his work, and he also previously worked as an Emergency Medicine physician. He has special interest in ADHD and Sports Psychiatry, and he completed a competitive fellowship at Harbor UCLA Medical Center. Dr. de Leon comes highly recommended by other Mental Health Professionals, and I have also referred a few of my clients to him. I have been exceptionally impressed with his collaborative approach, as well as his skills in case conceptualization and treatment. I do not have information about his fees or whether or not he accepts insurance. Dr. de Leon also works out of the Newport Beach Mind Health Institute office.*

Laurence Greenberg, M.D.  
19200 Von Karman Ave., Suite 210  
Irvine, CA 92612-6560  
(949) 222-6662  
(949) 222-6667 (fax)  
Email: [lfgmd@ca.rr.com](mailto:lfgmd@ca.rr.com)

*Dr. Greenberg is a Board Certified psychiatrist and a Diplomat of the American Board of Psychiatry and Neurology. He maintains a solo private practice. He comes highly recommended by another mental health professional, as well as by several families who have utilized his services. I have collaborated with him regarding several children and I have always been impressed with his professionalism. I do not have information about his fees, but I am aware that he does not accept insurance.*

Geeta Grover, M.D.  
Center for Autism and Neurodevelopmental Disorders  
2500 Red Hill Avenue, Suite 100  
Santa Ana, CA 92705  
(949) 267-0400  
(949) 221-0004 (fax)

*Dr. Grover is a behavioral pediatrician who is board certified in Pediatrics and Developmental-Behavioral Pediatrics. She specializes in the assessment and management of ADHD, learning disorders, and behavioral concerns. Formerly in private practice, she is currently affiliated with the Center for Autism and Neurodevelopmental Disorders (formerly forOCKids). Information about the Center for Autism is listed below under "Centers/Schools." She is also an attending physician for the Developmental and Behavioral Pediatrics rotation for Children's Hospital of Orange County (CHOC) Pediatric Residency Program, as well as a consulting physician for CHOC's Reading Club (a pediatric early literacy program). She comes highly recommended by several families who have benefited from her services. I have collaborated with Dr. Grover on several occasions, and have always been impressed with her knowledge and professionalism. I do not have information about her current fees or whether she accepts insurance.*

Emily Johnson, M.D.  
Venture Psychological Services  
6 Venture, Suite 350  
Irvine, CA 92618  
(949) 753-8800  
(949) 753-8899 (fax)  
Web: [www.venturepsychologicalservices.com](http://www.venturepsychologicalservices.com)

*Dr. Johnson is a Board Certified psychiatrist who specializes in children and adolescents with ADHD, depression, and/or anxiety. She comes highly recommended by several families who have utilized her services, as well as by a mental health professional. An initial evaluation (1-hour appointment) costs \$235.00, and*

*subsequent visits (medication checks) are \$80.00 for 15-minute appointments or \$125.00 for 30-minute appointments. She is strictly fee-for-service (she does not accept insurance). She informed me in April of 2012 that she was not accepting new patients, so please call for current availability.*

Tony King, M.D.  
22865 Lake Forest Drive, Suite 19  
Lake Forest, CA 92630  
(949) 660-5188

*Dr. King is a psychiatrist who works with children, adolescents, as well as with adults. He comes recommended by several families that have used him to treat their child's ADHD or other psychological issues. He was also recommended by a professional within the community. I do not have information about his fees, but I believe he accepts some insurance.*

Matthew Koury, M.D., M.P.H.  
Founder and Director, The Mind Health Institute, Newport Beach  
450 Newport Center Drive, Suite 380  
Newport Beach, California 92660  
(949) 891-0307  
(800) 217-8204 (fax)

Web: [www.mhi-nb.com](http://www.mhi-nb.com)

*According to his biography on the MHI website, Dr. Koury is a Board certified Child, Adolescent, and Adult Psychiatrist. He has impressive academic credentials, including training at the Harvard School of Public Health, UCLA Neuropsychiatric Institute, and New York Presbyterian Hospital of Columbia and Cornell Universities. He is also an Assistant Clinical Professor at UCLA Department of Child & Adolescent Psychiatry. He provides medication management for children, adolescents, and adults with a range of issues. He is known for his thoughtful approach when it comes to using psychiatric medications, and his decisions are informed by current evidence-based standards. He also provides psychotherapy for adolescents and young adults struggling with life transitional issues or mental illness. Dr. Koury is committed to educating his clients and families about their treatment in order to assist them in making the best decisions regarding their ongoing care. Dr. Koury comes highly recommended by multiple mental health professionals. Rates are posted on their website, and range from \$600 to \$800 for a new evaluation (90 minutes) and \$225 to \$425 for 25-50 minute follow-up appointments. He does not bill insurance directly and is "out-of-network" for all providers.*

Nida-Victor Nicasio, M.D.  
Venture Psychological Services  
6 Venture, Suite 210  
Irvine, CA 92618  
(949) 753-8800  
(949) 753-8899 (fax)

Web: [www.venturepsychologicalservices.com](http://www.venturepsychologicalservices.com)

*Dr. Nicasio is a psychiatrist who works with children, adolescents, and adults. She has been in practice for over 15 years and specializes in assessment, prescribing and monitoring psychotropic medication, and psychotherapy. She has expertise in treating anxiety disorders, depression, ADHD, autistic spectrum disorders, PTSD and other trauma-related issues, and eating disorders. She is part of a group practice that includes psychiatrists, psychologists, and other therapists. She comes highly recommended by a community professional. I do not have information about her fees. I do not know whether she bills insurance directly, but I am aware that she provides billing receipts for families to submit to insurance.*

Esther Park, D.O. and Associates  
Oak Health Center  
23141 Moulton Parkway, Suite 213  
Laguna Hills, CA 92653  
(949) 258-3741  
(949) 258-3742 (fax)  
Email: [contact@oak.care](mailto:contact@oak.care)  
Web: [www.oak.care](http://www.oak.care)

*Dr. Park and her colleagues at Oak Health Center provide comprehensive mental health services for individuals of all ages. As described on the website, they have a team of psychiatrists, psychologists, therapists, and nurses who work together to help their clients overcome their illnesses and reach their maximum potential. Services include initial psychiatric evaluations, medication management, assessments (e.g., intelligence, academic achievement, emotional functioning, personality, testing for ADHD, etc.), counseling/therapy (individual, family, couples, and group), and continuous evaluation of each client's life functioning (e.g. effects on social/work/school environment). Dr. Park specializes in psychiatric care for children and adolescents (Dr. Stella Kim and Dr. Steven Calleros provide psychiatric services for adults). Dr. Park is a Diplomate of the American Board of Psychiatry and Neurology in the field of General Psychiatry, a member of the American Osteopathic Association, and a member of the American Academy of Child and Adolescent Psychiatry. She has served as the staff outpatient child psychiatrist at the San Fernando Mental Health Center (LA Department of Mental Health) and has consulted for the outpatient Child & Adolescent Psychiatrist at the Child Guidance Center, Inc. in Orange County. Dr. Park comes highly recommended by many families who have benefitted from her services. I have collaborated professionally with her for several years and I have the utmost professional confidence in her services. Oak Health Center accepts Anthem Blue Cross, Optum, Cigna, and Aetna insurances.*

Ihab Soliman, M.D.  
18662 Mac Arthur Blvd., Suite 475  
Irvine, CA 92612  
(949) 863-1254  
(949) 863-1260 (fax)  
Email: [sfrontoffice@gmail.com](mailto:sfrontoffice@gmail.com)

*Dr. Soliman is a Board Certified child, adolescent, and adult psychiatrist. He is also an Assistant Clinical Professor at the University of California, Irvine, and former Clinical Director of the UCI Child Development Center. He spoke at a conference I attended (co-sponsored by U.C. Irvine Child Development Center). He impressed me as knowledgeable yet down-to-earth and approachable. He comes highly recommended by mental health professionals, as well as by several families who have benefitted from his expertise. He may have a wait list at times due to his popularity. I do not have information about his hourly fees, but I believe that he accepts some insurance.*

## Other Professionals

### Audiologists

Maria Abramson, Au.D., C.C.C-A, F.A.A.A.

Abramson Audiology/Hear Now

28985 Golden Lantern, Suite B-105

Laguna Niguel, CA 92677

(949) 495-3327

(949) 495-3328 (fax)

Email: [abramson@cox.net](mailto:abramson@cox.net)

Web: [www.abramsonaudiology.com](http://www.abramsonaudiology.com)

*Dr. Abramson is an Audiologist with 30 years of experience with children and adults. She is on staff at seven hospitals, and is routinely requested to be an expert witness in audiology, auditory processing and diagnostic assessments. She comes highly recommended by families who benefited from her services. I do not have information about her fees, but I believe she accepts some insurance.*

Rose-Marie Davis, Au.D.

Doctor of Audiology

31862 South Coast Highway, Suite 302

Laguna Beach, CA 92651

(949) 715-3950

(949) 715-0503 (fax)

Email: [rosemarieaudio@gmail.com](mailto:rosemarieaudio@gmail.com)

Web: [www.entdoctororangecounty.com](http://www.entdoctororangecounty.com) (click on “read more” under Hearing Evaluations)

*Dr. Davis has worked in the field of Audiology and Auditory Processing for over 30 years. She works with children and adults with language delays, hearing loss, autism spectrum disorder, learning difficulties, and other challenges. She has extensive experience working with children in multi-disciplinary environments (e.g., with students from several public school districts and private referrals). She provides hands-on interventions to address specific processing issues and has conducted research projects to determine the most effective intervention options. She also works with schools and families to determine the most successful educational accommodations and strategies. Although I do not have first-hand knowledge of her services, she is recommended by another audiologist. Her fees vary according to the services rendered (I do not know whether she accepts insurance).*

### Developmental Optometrists

Beth Ballinger, O.D., F.C.O.V.D.

901 Dover Drive, Suite 100

Newport Beach, CA 92660

(949) 642-0292

Email: [fourvision@yahoo.com](mailto:fourvision@yahoo.com)

Web: <http://www.optometrists.org/California/>

*According to her website, Dr. Ballinger and Dr. Cohn provide a full scope optometric practice dedicated to providing the highest quality vision care to children and adults. They provide comprehensive eye examinations for all ages (including infants and preschoolers); eyewear designing and dispensing; contact lens fitting and follow-up; treatment of eye diseases and co-management of surgery and LASIK; vision therapy for*

*all ages; treatment for learning-related vision problems (including visual difficulties related to ADHD, dyslexia, reading, eye tracking problems, etc.); treatment for strabismus (eye turns) and amblyopia ("lazy eye"); visual rehabilitation for special populations (e.g., patients with traumatic brain injuries, stroke, whiplash, developmental delays, cerebral palsy, multiple sclerosis, etc.); and treatment for stress-related visual problems, including nearsightedness, headaches, and computer vision syndrome. I do not have first-hand knowledge of her services (I met her at a professional Consultation Group and I was impressed with her knowledge and professionalism). I do not have knowledge about her fees or whether or not she accepts insurance.*

Family Tree Optometric  
4950 Barranca Parkway, Suite 101  
Irvine, CA 92604  
(949) 733-1400

Email: [jbrod2020@yahoo.com](mailto:jbrod2020@yahoo.com)

Web: [www.drjulieryan.com](http://www.drjulieryan.com)

*According to their website, Family Tree Optometric (formerly Dr. Julie Ryan, O.D., M.S. Ed.) provides professional vision services, including general vision, ocular health, and vision therapy. Family Tree Optometric continues the quality of care and dedication established by its founder, Dr. Julie Berg Ryan. Dr. Igne, Dr. Wang, and the vision therapists on staff continue to expand the vision therapy department that has provided service to schools and patients for many years. Although Family Tree Optometric does not accept medical insurance, they do accept VSP Signature and Choice plans as well as MES vision insurance. I do not have first-hand knowledge of the current staff's services, but in the past, Dr. Julie Ryan was highly recommended by families whose students benefited from their services.*

Valerie Lam, O.D., F.A.A.O. and Thanh Mai, O.D.

Insight Vision Center Optometry  
3151 Airway Ave, Suite J-2  
Costa Mesa, CA 92626  
(714) 486-3315

Email: [hello@insightvisionOC.com](mailto:hello@insightvisionOC.com)

Web: [www.insightvisionoc.com](http://www.insightvisionoc.com)

*According to the information they provided, Insight Vision Center is a kid-friendly optometry practice with a mission to cultivate good vision development from birth to adulthood. Their services include annual eye exams, contact lens services, vision therapy, and orthokeratology. They accept VSP, Eyemed, MES, and Davis vision insurance for annual eye exams and glasses/contacts.*

*They can also evaluate all visual skills necessary to learn, read, and pay attention. They have a two part evaluation: 1) the Visual Efficiency Evaluation to measure the "mechanics" of the eyes, including tracking skills (keeping your place while reading), eye teaming, and checking for "lazy" eye; and 2) the Visual Information Processing Evaluation to measure how accurately the brain interprets visual information, including letter reversals, eye-hand coordination, and visual memory. This two part evaluation takes about two hours and costs \$500.*

*Their vision therapy program is an eye exercise program custom designed to improve weak vision skills and improve reading for both children and adults. Their weekly sessions are one-on-one with a trained therapist or doctor and each session lasts 50 minutes. To help prevent myopia progression (the climbing prescription every year) Insight Vision Center offers orthokeratology. This is a revolutionary system where patients wear an overnight retainer contact lens to bed at night, and in the morning when they remove the contacts they can see clearly without having to use glasses or contacts throughout the day. Both Vision Therapy and Orthokeratology services are considered fee-for-service (i.e., insurance is not billed), although a pre-pay discount or payment plans are available. (Please call for detailed pricing.)*

*Dr. Lam and Dr. Mai both received their doctorate from the Southern California College of Optometry. Dr. Lam completed a residency in Pediatrics and Vision Therapy working with special populations, pediatric low vision, and vision therapy. She went on to receive her Fellowship of the American Academy of Optometry (FAAO) in 2014. Dr. Mai gained his experience in vision therapy by working with multiple well respected vision therapy doctors across California and he was also trained in the art of fitting orthokeratology lenses. Dr. Mai is the President Elect of the Orange County Optometric Society and holds many leadership positions within local organizations.*

Robyn Rakov, O.D., F.C.O.V.D.

Vision Development Center

25301 Cabot Road, Suite 112

Laguna Hills, CA 92653

(949) 768-7225

Email: [visiondevelopmentcenter@hotmail.com](mailto:visiondevelopmentcenter@hotmail.com)

Web: [www.visiondevelopmentcenter.com](http://www.visiondevelopmentcenter.com)

*According to her web site, Dr. Rakov is behavioral/developmental optometrist specializing in vision development and visual performance. She emphasizes prevention, education, and involvement of patients in their own care. Dr. Rakov has more than 20 years of experience in direct service as well as education (e.g., she is an adjunct professor at CSU Long Beach, a lecturer at National University, and a consultant to the Buena Park Speech and Language Development Center). The Vision Development Center is a full-service optometric office offering a variety of programs for vision assessment and improvement. Dr. Rakov's extensive exams measure the following visual skills: visual acuity; eye teaming skills; depth perception; eye focusing skills; eye movement control; and reversal frequency. Services provided at the Vision Development Center include: comprehensive eye examinations for all ages; eyewear designing and dispensing; vision therapy for all ages; treatment for learning-related vision problems (including ADHD, dyslexia, reading problems, and tracking difficulties); treatment for various vision conditions (including "lazy eye," near vision disorder, double vision, two-eyed depth perception, and cross-eyed/wandering eye); visual rehabilitation for patients with special needs (e.g., developmental delays, autism, stroke, whiplash, traumatic brain injury, etc.); treatment for stress-related visual problems (e.g., blurred vision, eye strain headaches, motion sickness, etc.); sports vision; and Interactive Metronome Training. I have the utmost professional confidence in Dr. Rakov and have referred many students and their families to the Vision Development Center. I have received positive feedback from those who have benefited from her expertise and interventions. Her fees are quite reasonable and she accepts some insurance.*

Terry Tsang, F.C.O.V.D., F.A.A.O.

Optometry, Inc.

4920 Barranca Parkway, Suite A

Irvine, CA 92604

(949) 870-2763 (office)

(949) 552-1402 (fax)

Website: [www.drterrytsang.com](http://www.drterrytsang.com)

*According to her website and personal correspondence, Dr. Tsang specializes in vision development. She has extensive experience treating patients of all ages, including helping children resolve vision problems that previously interfered with reading, learning, and academic performance. The first step is a thorough evaluation with Dr. Tsang to determine the treatment options. Depending on the type of vision problem, sometimes glasses can help. In other cases, vision therapy can often make all the difference. Vision therapy is much like physical therapy, but rather than treating the muscles of the body, it works on the eyes and brain. Although I do not have first-hand experience with Dr. Tsang, my internet search revealed impressively positive reviews and ratings*

from her patients. I do not have information about her fees, but her website indicates that she accepts some insurance.

### **Educational Therapists/Educational Resources**

Virginia Bergquist, Ph.D.  
Board Certified Educational Therapist  
Brainchild Educational Care  
4605 Barranca Parkway, Suite 101B  
Irvine, CA 92604  
(949) 300-0542  
Email: [drvbergquist@aol.com](mailto:drvbergquist@aol.com)

*Dr. Bergquist is a Board Certified Educational Therapist specializing in students with executive functioning issues and learning difficulties in reading, writing, listening, and speaking. An educator for over thirty years, she designs individual learning plans and uses evidence-based intervention strategies to work with student strengths and remediate weaknesses. I do not have first-hand knowledge of her services or information about her fees.*

Susan Brauch, M.S., B.C.E.T.  
Board Certified Educational Therapist  
18811 Huntington Street, Suite 230  
Huntington Beach, CA 92648  
(714) 969-2042  
(714) 969-8118 (fax)  
Email: [susan@learningteacher.com](mailto:susan@learningteacher.com)  
Web: [www.learningteacher.com](http://www.learningteacher.com)

*Ms. Brauch is a Board Certified Educational Therapist with over 30 years of experience in education, including teaching for many years at the high school and college levels. She provides a range of services, including diagnostic reading assessments, academic testing, reading/learning interventions, keyboard training, and parent/school consultations. She is also a certified Fast ForWord provider. I do not have first-hand knowledge of her services or information about her fees.*

Marianne Brooks, B. S.  
Owner, The Reading Gateway  
30211 Avenida de las Banderas, Suite 200  
Rancho Santa Margarita, CA 92688  
(949) 939-1253  
Email: [thereadinggateway@gmail.com](mailto:thereadinggateway@gmail.com)  
Web: [www.thereadinggateway.com](http://www.thereadinggateway.com)

*Although she is not an Educational Therapist, Ms. Brooks is a credentialed teacher and a certified Orton-Gillingham instructor. She provides individual reading instruction based on the Orton-Gillingham approach, which involves multisensory instruction to enhance memory and learning. Each lesson is designed for the individual student based on how he or she learns, and she incorporates individual student interests to keep the lessons relevant. Systematic and direct reading instruction develops decoding and encoding skills in younger students, and practice with Greek and Latin roots helps older students with vocabulary development and comprehension skills. She charges \$60.00 per 45-minute session.*

Claire Camaya, M.S.  
Owner, DOORS Educational Center  
1451 Quail Street, Suite 100  
Newport Beach, CA 92660  
and  
29863 Santa Margarita Parkway, Suite 105  
Rancho Santa Margarita, CA 92688  
(949) 502-8131  
(949) 502-8132 (fax)  
Email: [info@doorsed.com](mailto:info@doorsed.com)  
Web: [www.doorsed.com](http://www.doorsed.com)

*According to the website, "DOORS Educational Center provides students from preschool to the teenage years with the underlying processing skills to reach their individual potential for academic success." Ms. Camaya is an Educational Therapist with a master's degree in Cross-Categorical Special Education (she is in the process of completing her doctoral degree). She has extensive experience teaching, consulting, and designing programs for children with varying needs, including learning differences, Down Syndrome, Autism, Asperger's Syndrome, Fragile X, and ADHD. She has worked in a variety of educational settings, including learning centers as well as public and private education. She is trained in various research-based programs, including Lindamood-Bell, Orton Gillingham, and Fast ForWord. She and her staff also offer "shadow" services at school for clients with Autism Spectrum Disorder. Although I do not have first-hand knowledge of her services, Ms. Camaya impressed me as a competent and knowledgeable professional. She charges \$65.00 per session to meet students in her office and \$80.00 per session to meet in their homes. I do not know whether or not she accepts insurance.*

Paula Dufault, Ed.S.  
Board Certified Educational Therapist  
Irvine, CA  
(949) 842-3523  
Email: [pduf4@cox.net](mailto:pduf4@cox.net)

*Ms. Dufault is an Educational Therapist who helps parents understand and navigate their student's test results and Individualized Education Plans (IEPs). Her rates are flexible, and she provides the first 55-minute consultation meeting at no charge. She also provides phone consultations (up to 20 minutes) at no charge. She does not work with families from the Irvine School District because she is employed with the Irvine School District.*

Karen English, M.S.  
Educational Therapist  
Irvine, CA  
(949) 633-6804  
Email: [englishdiity@cox.net](mailto:englishdiity@cox.net)

*Ms. English is an Educational Therapist who works with children and adolescents. She specializes in educational testing, language, reading and writing disabilities, and study skills. She works individually with students who have reading and/or written language difficulties. I do not have first-hand knowledge of her services or information about her fees.*

Mary Kuykendall, M.A., R.S.C.C.

Educational Therapist

Santa Ana, CA 92705

(714) 744-0950

Email: [m-kuykendall@sbcglobal.net](mailto:m-kuykendall@sbcglobal.net)

Web: [www.tutoring-orange-county.com](http://www.tutoring-orange-county.com)

*Ms. Kuykendall is an Educational Therapist with training in education (3 CA teacher credentials), psychology and neuroscience. She has worked with students from preschool through college/adults. She helps students with learning disabilities and ADHD, as well as students who just need school and homework help to more easily complete their regular assignments. She conducts testing to determine the cause of learning struggles and explain the results so that parents and their students can understand the specific cognitive weaknesses that are causing learning problems. She provides individualized instruction and uses research-based methods to improve reading decoding, reading comprehension, written language, and mathematics skills. She uses the Barton Reading and Spelling System. She also serves as an educational advocate, including writing reports for university students to petition for Disabled Student Services, and for testing modifications and accommodations for SAT, ACT, LSAT, and GMAT exams. I do not have first-hand knowledge of her services or information about her fees.*

Karen Lerner, M.A.

Educational Therapist, ET/P

The College Blueprint

15375 Barranca Parkway, Suite A-215

Irvine, CA 92618

(949) 856-1221

Email: [karenlerner@collegeblueprint.com](mailto:karenlerner@collegeblueprint.com)

Web: [www.collegeblueprint.com](http://www.collegeblueprint.com)

*Ms. Lerner is a former Special Education teacher and former Principal at The Prentice School. She is a Slingerland-trained teacher who works with students with literacy challenges. She is also is an Educational Therapist. She serves on the Tri-County Board of the International Dyslexia Association (IDA) as well as on the National Board of the Association of Educational Therapists (AET). Ms. Lerner sees private clients at The College Blueprint offices. She focuses on case management, including identifying appropriate schools for students, supporting Individual Education Plans (IEPs) and 504 Plans, and working with high school and college students who have "executive functioning" weaknesses. Her fees are \$100 per hour, although she offers a free 1-hour initial consultation meeting. She is fee-for-service (i.e., she does not accept insurance). Although I do not have first-hand knowledge of her services, I know Ms. Lerner from the Orange County AET Study Group, and she impresses me as a competent and qualified professional.*

Sara Levine, M.A., ET/P

Irvine, CA

(949) 241-4879

Email: [learnwithsuccessoc@gmail.com](mailto:learnwithsuccessoc@gmail.com)

*Mrs. Levine is dedicated to helping individuals build key foundational skills so they can learn with success and become efficient, self-reliant learners. She offers on-on-one and small group educational therapy sessions at her office located near UC Irvine. She works closely with the students' teachers and school learning specialists and develops a customized plan to maximize each student's strengths and remediate his/her needs. She specializes in helping students who struggle with learning from traditional approaches, including students with learning disabilities (e.g., dyslexia, dysgraphia, and/or dyscalculia); ADHD; Autism Spectrum Disorder/Asperger's Syndrome; and weaknesses in executive functions, language, and/or information*

*processing. She incorporates a variety of research based multi-sensory approaches (e.g., Slingerland, Orton-Gillingham, Making Math Real, Lindamood-Bell, Project Read, Schools Attuned, and The Alert Program) to remediate a variety of academic skills (e.g., math, reading decoding and comprehension, spelling, written expression, organizational skills, etc.). She comes highly recommended by a family who utilized her services. I do not have information about her fees.*

Elaine Lieberman, M.S. Ed., ET/P  
The Learning Lab  
25306 Darlington  
Mission Viejo, CA 92692  
(949) 587-9200  
Email: [lrnglab@yahoo.com](mailto:lrnglab@yahoo.com)

*Ms. Lieberman has taught in a public school classroom for over 20 years, and has credentials in Special Education, Adult Education, and English as a Second Language. She works with children, adolescents, and adults with language, reading, math and writing disorders, as well as those who have English as their second language. She is certified to utilize Project Read, Orton-Gillingham, and the Barton Reading and Spelling System. She works with students to improve study skills, and she also provides advocacy services. I do not have first-hand knowledge of her services or information about her fees.*

Lisa Reid, Ed.D.  
Reid Educational Support/Stepping Stones Therapy  
3900 Birch Street, Suite 103  
Newport Beach, CA 92660  
(480) 510-9493  
Email: [Lisa@reidday.org](mailto:Lisa@reidday.org)  
Web: [www.reidedsupport.com](http://www.reidedsupport.com)

*Dr. Reid is an educational therapist in private practice. She works with children who have a variety of challenges (e.g., reading and writing difficulties, anxiety, ADHD, executive functioning issues, dyslexia, social/emotional/behavioral difficulties, and auditory and/or visual processing weaknesses). She specializes in supporting the needs of twice-exceptional children. According to her website, "...Dr. Reid's goal is to create awareness and clarity regarding each child's strength's and areas of needed growth and team with families, educators and allied professionals to support children in reaching their true social, emotional, and academic potential..." Her services include educational therapy; educational consultation/record review and interpretation; assessment; IEP support/parent-school communication; teacher training; and Cogmed Working Memory Training. Dr. Reid charges \$125 per 55 minute session for educational therapy; \$175 for an initial educational consultation meeting; \$125 per hour for assessments; \$125 per hour for IEP support and teacher training; and \$1000 per program for Cogmed Working Memory Training.*

Judith Reising, M.Ed.  
Dyslexia Specialist  
27345 Ortega Highway, Suite 120  
San Juan Capistrano, CA 92675  
(949) 633-6895  
Email: [jhreising@cox.net](mailto:jhreising@cox.net)

*Mrs. Reising is an Educational Therapist who specializes in dyslexia. She uses the Barton Reading and Spelling System ([www.bartonreading.com](http://www.bartonreading.com)), among other techniques, to help students strengthen their academic skills. She comes highly recommended by another professional (who is also a Reading Specialist), as well as by several families who have benefited from her services. I do not have information about her fees. **(October 2015***

***update** – Ms. Reising is gradually reducing her caseload in preparation for retirement, although this is a gradual process. She will assess her ability to work with clients depending on the projected length of intervention).*

Carol Richmond, M.S. Ed.

Educational Therapist

3 Featherwood

Irvine, CA 92612

(949) 856-3221

Email: [bc25kids@gmail.com](mailto:bc25kids@gmail.com)

*Ms. Richmond is a resource specialist/special education teacher in private practice. She works one-on-one with preschool through college students to help them master learning and organizational skills. She assesses strengths and areas of learning that need more support, and devises an individualized learning plan for each student. She specializes in working with students with ADHD and their families, as well as students with specified or unspecified learning differences that interrupt learning in a classroom setting. She also coaches parents and teachers and suggests accommodations to the learning environment that will make the student more successful. I do not have information about her fees.*

Elayne Roberts

Orange County, CA

(949) 275-3218

Email: [erobertseducates@gmail.com](mailto:erobertseducates@gmail.com)

*Ms. Roberts is a CA credentialed (K-Adult) educator with a MA.Ed (specializing in curriculum and instruction) and a BFA (fine arts), and she is in the process of completing a program for Educational Therapy. She has experience in tutoring, teaching, and designing educational resource materials. She has worked in both public and private educational settings. She is trained in Orton-Gillingham research-based programs, (Lindamood Bell) LiPS, Barton Consulting & Dyslexia Screening. She is also a Certified Barton Reading & Spelling System© Tutor. She provides individualized multisensory reading (K-Adult) and math instruction (K-6) for individuals with dyslexia, language processing issues, dyscalculia, specific learning challenges and unique learning styles. She uses specialized programs as well as organic curriculum, and she incorporates activities and games based on each student's strengths, learning style, and interests. She charges \$50.00-\$60.00 per session to meet students in their homes or in a community-based setting (depending on travel distance). Her availability varies, but she is typically available during the week between 10:00 a.m. and 7:00 p.m. by appointment. I do not have first-hand knowledge of her services (I met her through the Orange County Association of Educational Therapists Study Group).*

Kelly Scott, M.A., Ed.

Program Director

Learn to Read OC

17461 Irvine Blvd., Suite D

Tustin, California 92780

(949) 533-9439

Web: [www.learn2readoc.org](http://www.learn2readoc.org)

*Learn 2 Read OC (L2ROC) is a low cost, non-profit, tutoring program to help people with dyslexia, language processing issues, or specific learning disability learn to read and spell. Learn 2 Read OC uses the Barton Reading & Spelling System©, an Orton-Gillingham Influenced, Simultaneously Multi-sensory, Explicit, and Systematic Phonics Program. For struggling readers and spellers (ages ranging from 5 to adult), \$295 per month includes (2) one-hour sessions of one-on-one tutoring per week at the Tustin office (by*

*appointment only). Each tutor is specially trained in using the Orton-Gillingham based approach, the only proven system to teach dyslexic readers. Learn 2 Read OC also offers a learning analysis, which is a screening to help determine a student's academic weaknesses and strengths. It will also be able to identify if a student may have dyslexia. Learn 2 Read OC is a non-profit program that operates independently; however, it functions under the umbrella of California Youth Services (CYS). L2ROC is currently seeking grant funding and donations to provide services at no or minimal cost for low income families who need the help but are unable to afford the monthly fee.*

Annbeth Shanfield, M.S.  
Board Certified Educational Therapist  
17332 Irvine Blvd., Suite 286  
Tustin, CA 92780  
(714) 402-8523  
Email: [abshanfield@cox.net](mailto:abshanfield@cox.net)

*Mrs. Shanfield works with children from Kindergarten through 8<sup>th</sup> Grade. She specializes in assessment and diagnosis of learning differences as well as in educational therapy plans that focus on both strengths and areas of development of the client. She is particularly skilled in teaching nonreaders and poor readers how to read. She is trained in all the Lindamood-Bell strategies as well as in several other programs. She also works on language arts (other than reading) and math strategies. I do not have first-hand knowledge of her services or information about her fees.*

Mari Smith  
Educational Therapist  
46 Sycamore Creek  
Irvine, CA 92603  
(949) 854-0244

*Ms. Smith specializes in providing individualized remedial interventions for students in Kindergarten through 8<sup>th</sup> Grade who have learning differences that affect their success in reading, writing, and language skills. She has specific training in Orton-Gillingham (Project Read) and Lindamood-Bell multisensory programs. She has been a master teacher, Primary Learning Coordinator, and Special Education Resource Teacher, and has been in private practice as an Educational Therapist since 1994. She is available Monday through Thursday. I do not have first-hand knowledge of her services or information about her fees.*

Ellie Watkins, M.S.  
Watkins Education  
27001 La Paz Road, Suite 260  
Mission Viejo, CA 92691  
(949) 858-3191  
Email: [watkinseducation@gmail.com](mailto:watkinseducation@gmail.com)

*Mrs. Watkins has worked with struggling students in different capacities for many years (including as a school administrator, in Learning Centers, and in private practice). Her services include: Educational Therapy; Consulting; 1:1 Strategic Cognitive Area Tutoring; Social Skills Development; Lindamood-Bell programs; Reading and Written Language Instruction; Study Skills Strategies Workshops; College and Job Success Skills for Young Adults; and Assessment. Mrs. Watkins' program is taught one-to-one and in small groups, and is for learners of all ages (pre-school through young adults) who are experiencing educational struggles. She provides a wide range of individualized learning interventions. Her services are available to anyone who wants to develop their learning abilities, but she primarily serves individuals with ADHD, High-Functioning Autism, Asperger's Disorder, Dyslexia, or other Learning Disabilities (including visual or*

auditory processing, attention and mental processing speed, and general education students struggling to meet the demands of the classroom setting). I do not have first-hand knowledge of her services or information about her fees.

### **Nutritionists**

Diane Keddy, M.S., R.D., F.A.E.D.  
1151 Dove Street Ste. 204  
Newport Beach, CA 92660  
(949) 552-2385  
[www.dianekeddy.com](http://www.dianekeddy.com)

*Ms. Keddy is a registered dietitian and Nutrition Consultant who has provided nutrition assessment and counseling in private practice for the past 28 years. She works with people of all ages, including children and teens with ADHD, picky eating, Asperger's, emotional issues, and overeating. She uses a non-diet approach, and incorporates cognitive behavioral and dialectical behavioral techniques when appropriate. Her office hours are 10 am to 8 pm Tuesdays and Thursdays. The initial consultation is 90 minutes to 2 hours long, and the fee is \$250.00. Follow up appointments are 30 minutes or 45 minutes, and the fee is \$90.00 and \$130.00, respectively. She does not accept insurance, but she will provide an itemized "superbill" that families can submit to their insurance company or flexible spending plan, or can use as a tax deduction. Ms. Keddy comes highly recommended by a family who has benefitted from her services for their child.*

### **Occupational Therapists**

Cherie Francis-Boegeman, OT/L (owner) and Associates  
The Launchpad Occupational Therapy Clinic  
31351 Rancho Viejo Road, Suite 107  
San Juan Capistrano, CA 92675  
(949) 276-2426  
Email: [cherie@launchpadot.com](mailto:cherie@launchpadot.com)  
Web: [www.launchpadot.com](http://www.launchpadot.com)

*According to their website, The Launchpad Occupational Therapy Clinic offers OT evaluations using standardized assessment tools and offers a range of Occupational Therapy (OT) interventions, including traditional OT, Ayres Sensory Integration, Integrated Listening System (iLS), Handwriting Without Tears, and others. They can also participate in Individual Education Plan (IEP) meetings and they can conduct school observations. Ms. Francis-Boegeman is an occupational therapist who specializes in sensory integrative treatment. She has over 30 years of experience in a variety of settings, including seven years as Manager of Occupational Therapy at CHOC. The Launchpad Occupational Therapy Clinic comes highly recommended by families who have utilized their services. I do not have information about their fees or whether they accept insurance.*

Karyn Buky, OTR/L  
Butterfly Therapies, Inc.  
29863 Santa Margarita Parkway, Suite 100  
Rancho Santa Margarita, CA 92688  
(949) 709-0777  
Email: [karyn@butterflyot.com](mailto:karyn@butterflyot.com)  
Web: [www.bukyoccupationaltherapy.com](http://www.bukyoccupationaltherapy.com)

*Ms. Buky has 20 years of experience as an occupational therapist (OT) working different populations (pediatric to geriatric) in a variety of settings, including hospitals, schools, homes, and community based programs. Prior to opening Butterfly Therapies, Inc., she assisted in a developing a grant funded program in California to serve children ages 0-5 that were predisposed to intrauterine drugs and/or alcohol. She has extensive experience working with a variety of children in private practice as well as within the school systems. Her areas of specialty include treating children with sensory integration needs, coordination deficits, and handwriting delays. She focuses heavily on family inclusion and education during her treatment sessions as well as fostering communication with the entire team for a holistic approach. I have received positive feedback from families whose children have benefitted from her services. I do not have information about her fees or whether she accepts insurance.*

Tricia Collins, M.A., OTR/L  
62 Dawnwood  
Ladera Ranch, CA 92694  
(949) 394-1553  
(949) 888-1990 x211 (office at St. Serra Catholic School)  
Email: [kcbigg@cox.net](mailto:kcbigg@cox.net)

*Mrs. Collins has a Master's Degree in Occupational Therapy from USC. She is a licensed pediatric Occupational Therapist (OT) specializing in sensory integration assessment and therapy. She has almost ten years of experience working within school settings. She has worked with children of all ages, including those with developmental disorders (e.g., Asperger's Disorder and high-functioning autism) to strengthen social skills and improve sensory processing. She has also worked with infants and toddlers ages 0 to 3 to remediate feeding/oral motor weaknesses, fine motor delays, and sensory processing difficulties. She has specialized training using Handwriting without Tears. Mrs. Collins offers OT services on site at St. Serra Catholic School. She charges \$250.00 to \$300.00 for assessments and \$95.00 per hour of therapy (\$50.00 per 30-minute session). She and Mrs. Lauren Ramirez (Speech-Language Pathologist – see below) offer Friendship and Social Skills Training (FASST Class) on campus at St. Serra (\$30.00 per class). She does not bill insurance directly (she is "fee-for-service"), but parents receive an invoice to submit to their insurance company for reimbursement (depending on their specific coverage).*

Deborah Graves, OTD, OTR/L  
Canyons to the Sea OT  
29371 Modjeska Canyon Road  
Silverado, CA  
(949) 529-1272 (office)  
Email: [canyonstothesea@gmail.com](mailto:canyonstothesea@gmail.com)  
Web: [www.canyonstotheseaot.com](http://www.canyonstotheseaot.com)

*According to the website, Dr. Graves is a licensed, doctoral level occupational therapist who specializes in increasing social, motor, sensory, attention, and functional skills while reducing the stress response through providing play-based, child-directed, family-centered, and relationship-oriented care. Dr. Deborah Graves offers clinic, home, community, nature, and adventure-based occupational therapy. She can bring her mobile occupational therapy clinic to your home, meet you out in the community, take you and your family on a fun-filled adventure, or explore quietly in a wilderness area. She implements Ayres Sensory Integration Therapy, multi-sensory integration therapy, Therapeutic Listening, environmental modifications, mindfulness training, and cognitive-behavioral techniques to address foundational issues related to physical, social, or emotional concerns impacting functional performance goals. Focusing on whole child development taking a strengths-based approach, she commonly works with early intervention (babies and toddlers) through school-aged children diagnosed with Autism Spectrum Disorder (ASD), Attention Deficit Disorder (ADD), Sensory Processing*

*Disorder (SPD, including Sensory Modulation Disorder, SMD), Cerebral Palsy (CP), Down and other syndromes, congenital disorders, and General/Global Developmental Delays, among other diagnoses. Dr. Graves also treats families with children who may or may not qualify for school or medically-based services but parents feel they would benefit from additional motor, sensory, or social skills supports. She addresses fine, gross, visual, oral, and sensory motor challenges, as well as social issues and challenges related to attention, self-regulation, and stress management. She collaborates with teachers (or home school vendors), therapists, pediatricians, and other professionals to provide the best integrated care for your family. I do not have information about her fees or whether she accepts insurance.*

Nancy Lin  
Clinical Director, Children's Therapy Studio  
1451 Quail Street, Suite 105  
Newport Beach, CA 92660-2747  
(949) 474-6088

*Ms. Lin is a pediatric occupational therapist and Clinical Director at Children's Therapy Studio (CTS). CTS provides private occupational, physical, and speech therapy services (independent assessment, direct treatment, and consultation) for children. Ms. Lin also serves as an expert witness in due processing hearings involving disputes between school districts and students, and as an advisory board member for New Vista School (see below). She has a clinical background in brain injury and is S.I. certified through USC and WPS. She is currently working on advanced certification in Cranial Sacral Therapy. Although she was recommended by a family, I do not have direct knowledge of her services, her fees, or whether she accepts insurance.*

Newport Therapy Centers  
23361 Madero, Suite #200  
Mission Viejo, CA 92691  
(949) 599-0218  
(949) 859-0849 (fax)

Email: [speak2us@newportlanguage.com](mailto:speak2us@newportlanguage.com)

Web: [www.newportlanguage.com](http://www.newportlanguage.com)

*Newport Therapy Centers (NTC) professional staff provide individual and group treatment to address the special needs of children with a broad range of challenges, including articulation/phonology, cognitive impairments, delayed language, attention deficits, auditory processing, fine/gross motor skill weaknesses, autism spectrum disorders, oral motor difficulties, stuttering, tongue thrust, swallowing, feeding, and sensory integration, among others. NTC offers intensive speech-language as well as occupational therapy treatment for children. Individuals are group according to ability based on results of a thorough assessment. Group programs allow intensive speech-language and/or occupational therapy treatment combined with active exploration and interaction with other children, which provides social language and functional interaction opportunities. NTC's Parent Education Series offers a parent lecture series and "hands-on" Mommy and Me type training. NTC also offers social skills and play groups for children ages 5 to 12 years. NTC Speech-Language Pathologists hold Master's degrees, meet required qualifications for Certification by the American Speech-Language-Hearing Association, and are licensed by the state of California. Occupational Therapists are registered by the American Occupational Therapy Association and licensed by the state of California. Physical Therapists are likewise licensed by the state of California. The cost of intervention varies depending on whether it is provided individually or in a small group. Depending on the diagnosis, treatment may be covered by insurance. Financial assistance from CDRF may be available for qualified families. NTC is also a Regional Center vendor and a California approved Non-Public Agency for the public schools.*

Susan Perrine, M.S., OTR  
Saddleback Pediatric Therapy Services  
68 Liberty, Suite 155  
Aliso Viejo, CA 92656  
(949) 643-3311  
(949) 643-3340 (fax)

Web: [www.saddlebackpediatrictherapy.com](http://www.saddlebackpediatrictherapy.com)

*Saddleback Pediatric Therapy Services is a pediatric occupational therapy facility specializing in the treatment of at-risk children from birth to adolescence. Their staff members are registered Occupational and Speech Therapists with extensive experience in sensory integrative treatment methods. They serve children with a variety of diagnoses, including ADHD, learning disabilities, dysfunction of sensory integration, feeding issues, oral motor dysfunction, autistic spectrum disorders, emotional/behavioral disorders, developmental dyspraxia, handwriting remediation needs, speech/language delay, fine and gross motor issues, auditory processing problems, and neurodevelopmental delay, among others. Services include occupational therapy, speech and language therapy, socialization groups, and therapeutic boxing. Ms. Perrine specializes in sensory integration training and neurodevelopmental treatment and has practiced pediatric occupational therapy for more than 25 years. She also has extensive experience as a neonatal clinical specialist. She is a certified lactation consultant, certified swallow specialist, and an infant massage instructor. Ms. Perrine was recommended by a family, but I do not have direct knowledge of her services, her fees, or whether she accepts insurance.*

Susanne Smith Roley, M.S., OTR/L, FAOTA  
15 Songbird Lane  
Aliso Viejo, CA 92656  
(949) 581-1380  
(949) 581-1384

Email: [susannesr@cox.net](mailto:susannesr@cox.net)

Web: [www.occupationaltherapyforchildren.net](http://www.occupationaltherapyforchildren.net)

*Ms. Roley is an occupational therapist who has specialized in applying the theory of sensory integration in pediatrics for more than 30 years. She is the Project Director for the Comprehensive Program in Sensory Integration at USC and is the Director of Education and Research for Pediatric Therapy Network. She is an internationally recognized author and lecturer on the theory and application of sensory integration. She is in private practice and is also frequently hired by school districts. She comes highly recommended by a family who utilized her assessment services.*

### **Special Education Advocates**

Susan Burnett, Ph.D.  
Special Education Consultant and Professional Advocate  
4477 La Serena Drive  
Yorba Linda, CA 92886  
(714) 985-0922 (office and fax)  
Email: [drsburnett@gmail.com](mailto:drsburnett@gmail.com)

*Dr. Burnett is a special education consultant and professional advocate. She assists students (and parents) in securing help in school. She provides advocacy services for children with learning disabilities as well as physical, emotional, behavioral, and/or developmental delays. Her services can help students and families to receive appropriate educational services and ensure appropriate school placement, thus creating an environment that facilitates each student's overall learning experience. She accompanies parents to Individualized Education Program (IEP) meetings and helps develop appropriate IEPs that allow each child to be more successful in*

*school within IDEA and Section 504 requirements. Dr. Burnett holds a master's degree in Marriage and Family Counseling and a doctoral degree in Clinical Psychology. Her training gives her knowledge and expertise in interpreting psychoeducational evaluations and determining individual educational needs. She has also completed the Strategic Negotiation Skills training by Pepperdine University School of Law in the area of Dispute Resolution. She has worked as a special education consultant and a professional advocate since 1998. I do not have first-hand knowledge of her services, fees, or whether she accepts insurance.*

Nick Davaei, Attorney at Law  
2522 Chambers, Suite 100  
Tustin, CA 92780  
(714) 417-9955  
(714) 242-7304 (fax)

Email: [ndavaei@aol.com](mailto:ndavaei@aol.com)

Web: [www.ocspeciallaw.com](http://www.ocspeciallaw.com)

*Attorney Nick Davaei provides legal support to residents in the greater southern California areas including Orange, Los Angeles, Riverside, San Bernardino, and San Diego counties. According to his website, he has over 10 years of experience in the area of special education and Advocacy and has assisted many families with the IEP process as well as the Due Process proceedings. In his position as a Special Education teacher, he worked closely with students who presented with various challenges and needs including Autism, ADD/ADHD, Speech and Language Delays, Learning Disabilities, Orthopedic Impairments, Visual Impairments, Deaf and Hard of Hearing, Emotional Disturbance. In that process, he attended numerous IEP meetings and collaborated with many professionals and service providers in the field of Special Education and related services. In his position as Long Beach Unified School District's Due Process Liaison/Alternative Dispute Resolution Coordinator, Mr. Davaei worked closely with the District's Office of Special Education and collaborated with the District's Attorneys and Consultants in preparing cases for Due Process litigation.*

*Since 2003, he has represented hundreds of families as a Special Education Advocate in various administrative proceedings against their Local Education Agencies including: IEP meetings, Due Process Hearings, Mediation Conferences, Resolution Sessions, 504 Meetings, SARB Hearings, Expulsion Hearings, Manifestation Determination Hearings and informal Mediations. In May 2010, he was admitted to the State Bar of California and was sworn in as an Attorney at Law. He continues to advocate for students with special needs and is expanding his Law Practice in the area of Disability Rights and matters arising under the IDEA (Individuals with Disabilities Education Act), ADA (Americans with Disabilities Act), Section 504 of the Rehabilitation Act of 1973, and The Family Educational and Rights and Privacy Act.*

*I met Attorney Nick Davaei at a presentation several years ago and was impressed with his knowledge of IDEA and his passion for and dedication to helping students with learning differences obtain necessary services to meet their unique educational needs. His rates range from \$125.00 to \$250.00 per hour depending on the services required, although he usually charges a flat fee. He indicated that families almost always get a portion of his fees reimbursed when the case is settled. He has a sliding scale for lower income families and his website notes that he offers free consultation services.*

### **Speech/Language Pathologists**

Elizabeth Edwards, M.S., C.C.C.-S.L.P.  
14 Salvatore  
Ladera Ranch, CA 92694  
(949) 500-1426

*Ms. Edwards is a Speech and Language Pathologist with more than 20 years of experience. She works full time in the Public School and maintains a part-time practice in the afternoons. She works with children in*

*the areas of articulation, language, social pragmatics/social skills, and stuttering, and she is a Board-Recognized Fluency Specialist. Her fee is \$90.00 per hour. She is fee-for-service (she does not bill insurance directly), but she provides monthly statements that parents can submit for possible reimbursement. Ms. Edwards comes highly recommended by a family who has benefited from her services.*

Randy Jenks, Ph.D.  
28202 Cabot Road, Suite 300  
Laguna Niguel, CA 92677  
(949) 365-5858  
Email: [rjenks@drjenkstherapy.com](mailto:rjenks@drjenkstherapy.com)  
Web: [www.drjenkstherapy.com](http://www.drjenkstherapy.com)

*Dr. Jenks is ASHA certified and specializes in swallowing and speech disorders. His 6-week targeted intervention was highly effective in eliminating a teenager's tongue thrust. His fees are reasonable but he does not accept insurance.*

Cathy Johnson, M.A., C.C.C.  
Licensed Speech/Language Pathologist  
Johnson Academy (formerly Speech, Language, and Learning Center)  
31831 Camino Capistrano  
Franciscan Promenade, Suite 100  
San Juan Capistrano, CA 92675  
(949) 487-5251  
(949) 487-5242 (fax)  
Email: [cathy@ocslinc.com](mailto:cathy@ocslinc.com)  
Web: [www.speechlanguageandlearningcenter.net](http://www.speechlanguageandlearningcenter.net)

*The Johnson Academy assesses and treats children from the age of 18 months to high school in the areas of speech, language, and learning. They work with children who struggle with reading rate, accuracy, and/or comprehension, as well as those who have difficulty with math, spelling, and/or writing. They offer the following programs for remediation: Lindamood-Bell Learning Programs (LiPS, SS, On Cloud 9, and V/V), Fast ForWord, Earobics, Read Naturally, and Touch Math. The Center offers 1:1 individualized instruction after school during the academic year as well as group instruction during the summer. They also offer an alternative school program (similar to a home-schooling program), which is staffed with California credentialed former public school teachers who are trained in therapy. Students are typically taken out of the regular education system for one or two years. Teachers typically work with one or two students at a time, providing individually paced instruction in academics (either full-day curriculum instruction based on California standards or a supplemental curriculum). Students return to the regular school system after learning techniques and strategies that are effective with their individual learning style. I do not have first-hand knowledge of their services, but Ms. Johnson comes highly recommended by another professional. The Center's fees are \$100.00 per hour for assessment and for speech/language therapy, and \$65.00 per hour for academic therapies (Lindamood-Bell, Fast ForWord, Earobics, Read Naturally, and Touch Math). They are preferred providers for a number of insurance companies. The School Program costs about \$1500.00 per month, and preferred-provider organizations can help defray the costs.*

Melinda Konopisos  
Speech/Language Pathologist  
7 Piedmont  
Dove Canyon, CA 92679  
(949) 766-8153

*Mrs. Konopisos has more than 20 years of experience in speech and language. She currently works within the public school system, and also maintains a part-time private practice out of her home. I have first-hand knowledge of her services, and I am very impressed with her expertise and skill. She charges \$50.00 per session. I believe she is "fee-for-service" (meaning she does not accept insurance).*

Barbara Moore, M.A., C.C.C.  
Clinical Director, Speech Pathology Associates  
4010 Barranca Parkway, Suite 220  
Irvine, CA 92604  
(949) 857-6051  
(949) 857-0941 (fax)  
Email: [slp@speechpathologyassociates.com](mailto:slp@speechpathologyassociates.com)  
Web: [www.speechpathologyassociates.com](http://www.speechpathologyassociates.com)

*Ms. Moore is the owner and Clinical Director of Speech Pathology Associates (SPA). She has been practicing speech pathology for over 35 years and has been active with the Children's Hospital of Orange County (CHOC) Cleft/Craniofacial Panel for 30 years. She is an Assistant Clinical Professor in the Department of Pediatrics at UC Irvine and an adjunct faculty member and lecturer at Chapman University. She also provides speech and language services at The Center for Autism and Developmental Disorders. She specializes in craniofacial disorders and autism. SPA provides speech and language services to infants, toddlers, school-aged children, and adults. All SPA clinicians are licensed by the state of California and certified by the American Speech-Language-Hearing Association. They offer thorough assessments that result in recommendations for treatments to meet each client's needs. I reviewed a speech and language evaluation report completed by SPA, and I was impressed by the thoroughness of the report. I do not have information about fees or whether they accept insurance.*

Newport Therapy Centers  
23361 Madero, Suite #200  
Mission Viejo, CA 92691  
(949) 581-8239  
(949) 859-0849 (fax)  
Email: [speak2us@nlsac.com](mailto:speak2us@nlsac.com)  
Web: [www.newportlanguage.com](http://www.newportlanguage.com)

*Newport Therapy Centers (NTC) professional staff provide individual and group treatment to address the special needs of children with a broad range of challenges, including articulation/phonology, cognitive impairments, delayed language, attention deficits, auditory processing, fine/gross motor skill weaknesses, autism spectrum disorders, oral motor difficulties, stuttering, tongue thrust, swallowing, feeding, and sensory integration, among others. NTC offers intensive speech-language as well as occupational therapy treatment for children. Individuals are group according to ability based on results of a thorough assessment. Group programs allow intensive speech-language and/or occupational therapy treatment combined with active exploration and interaction with other children, which provides social language and functional interaction opportunities. NTC's Parent Education Series offers a parent lecture series and "hands-on" Mommy and Me type training. NTC also offers social skills and play groups for children ages 5 to 12 years. NTC Speech-Language Pathologists hold Master's degrees, meet required qualifications for Certification by the American Speech-Language-Hearing Association, and are licensed by the state of California. Occupational Therapists are registered by the American Occupational Therapy Association and licensed by the state of California. Physical Therapists are likewise licensed by the state of California. The cost of intervention varies depending on whether it is provided individually or in a small group. Depending on the diagnosis, treatment may be covered by insurance.*

*Financial assistance from CDRF may be available for qualified families. NTC is also a Regional Center vendor and a California approved Non-Public Agency for the public schools.*

Deborah Ojedas, MS., C.C.C.-S.L.P.  
1151 Dove Street, Suite 245  
Newport Beach, CA 92660  
(949) 422-6410  
Email: [deborah@pragmatics-coach.com](mailto:deborah@pragmatics-coach.com)  
Web: [www.pragmatics-coach.com](http://www.pragmatics-coach.com)

*Ms. Ojedas' practice specializes in strengthening social use of language (aka social communication or pragmatics) with adults (ages 18 and older) who have challenges processing social information and picking up social cues. She works with clients in such areas as: nonverbal communication (e.g., facial expressions, body language, and tone of voice); verbal communication/conversation skills (e.g., active listening, apologizing, asking for clarification, use of indirect communication, and effectively expressing ideas); building and maintaining school/work relationships (e.g., gaining the support of peers, working cooperatively in groups, getting attention and recognition in positive ways, networking, and conflict resolution); self-advocacy (negotiating compromises); and self-regulation (maintaining a listening-ready state). She is a licensed Speech-Language Pathologist with over 20 years of experience and is a certified member of the American Speech-Language-Hearing Association (ASHA). She offers an initial 25-minute consultation (either in person or over the phone) at no charge. She charges \$150.00 per 50-minute individual session and \$75.00 per 50-minute group session (no more than three clients). Reduced-fee services are available on a limited basis. She is a "private pay" (fee-for-service) provider, but she can provide a clients with a "superbill" if the client's healthcare provider (qualified doctor or psychologist) has established a medical diagnosis related to social communication challenges.*

Lauren Ramirez, M.A., C.C.C.-S.L.P.  
19 Magnolia Drive  
Ladera Ranch, CA 92694  
(949) 697-8842  
Email: [laurenpramirez@gmail.com](mailto:laurenpramirez@gmail.com)  
Web: [www.ocspeechtherapy.wordpress.com](http://www.ocspeechtherapy.wordpress.com)

*Ms. Ramirez is a Speech-Language Pathologist who began operating her business out of her home in 2009. Her practice is designed to remediate, enhance, and maintain communicative effectiveness for children. She conducts assessments and provides speech and language therapy, articulation, stuttering, voice, and receptive language interventions. She uses auditory training programs and articulation drill techniques, and has also been trained in Lindamood-Bell programs (LiPS and Visualizing and Verbalizing). She and Mrs. Tricia Collins (Occupational Therapist – see above) offer Friendship and Social Skills Training (FASST Class) on campus at St. Serra (\$30.00 per class). I do not have first-hand knowledge or feedback from families who have utilized her services. I also do not have information about her fees or whether she accepts insurance.*

Molly Bryn Stuckey, M.S., CCC-S.L.P  
Speech-Language Pathologist/Owner  
Coastal Speech Therapy  
1151 Dove Street, Suite 150  
Newport Beach, CA 92660  
(949) 630-8290  
Email: [info@coastalspeechtherapy.com](mailto:info@coastalspeechtherapy.com)  
Web: [www.coastalspeechtherapy.com](http://www.coastalspeechtherapy.com)

Mrs. Stuckey conducts speech and language evaluations, therapy, and small Social Skills groups. She specializes in high functioning autism, Asperger's Disorder, other developmental disorders, and auditory processing disorders. She charges \$500.00 for a comprehensive evaluation and report (including impressions, recommendations, and goals) as well as a consultation with the parents to review the test results. I read one of her evaluation reports and was quite impressed (the family was likewise pleased with her services). Her fees for therapy are: \$85.00 for 30 minutes; \$105.00 for 45 minutes; and \$125.00 for 60 minutes. She charges \$100.00 per hour for Social Skills groups. She is fee-for-service (she does not bill insurance directly), but she is an "out-of-network provider" for most insurance companies.

Kathy Williams, M.S., C.C.C.  
Director, Speech Net  
30240 Rancho Viejo Road, Suite D  
San Juan Capistrano, CA 92675  
(949) 248-7245  
(949) 248-7845 (fax)  
Email: [kathy@speechnet.org](mailto:kathy@speechnet.org)  
Web: [www.speechnet.org](http://www.speechnet.org)

Ms. Williams is a licensed Speech/Language Pathologist who has more than 30 years of experience conducting assessments for children. Her background includes a Master's in Speech Pathology as well as a Master's in Marriage and Family Counseling, with an emphasis in neuropsychology. Although I do not have extensive knowledge of her services, I was quite impressed with an assessment she completed with a student. I do not have information about her fees or whether she takes insurance.

## Centers/Schools

Aliso Viejo Christian School  
1 Orion  
Aliso Viejo, CA 92656  
(949) 389-0300 (office)  
(949) 389-0383 (fax)  
Web: [www.alisoviejochristianschool.org](http://www.alisoviejochristianschool.org)

According to their website, Aliso Viejo Christian School (AVCS) is a ministry of Lutheran Church of the Cross serving students in Kindergarten through 8<sup>th</sup> grade. "...Academic excellence is attained through the core curriculum, which is sequential, cumulative, and developmentally appropriate for each grade level. Students experience educational opportunities to develop good communication, problem solving, critical thinking, and collaborative skills enabling them to lead the Church and their generation into the future." Although I do not have first-hand knowledge of students who have attended AVCS, I visited the school in January of 2016 and I was quite favorably impressed. They appear to offer a range of instructional techniques and accommodations to meet the needs of diverse learners. Tuition is approximately \$8,000 to \$8,750 per year (active members of the Church receive a discount on tuition under the assumption that church members would give in offering the equivalent to the amount discounted from tuition), and there is a sibling discount.

Armenta Learning Academy  
26041 Cape Drive, Suite #270  
Laguna Niguel, CA 92677  
(949) 367-WISE (9473)  
(949) 367-0171 (fax)

Email: [academicsuccessnow@yahoo.com](mailto:academicsuccessnow@yahoo.com)

Web: [www.armentalearningacademy.com](http://www.armentalearningacademy.com)

*According to their office, ALA provides a variety of services for students K through 12, including tutoring (which may include the use of Lindamood-Bell techniques), working with students who have special learning needs, working with gifted students, workshops and classes to prepare for standardized testing (e.g., SAT and ACT), a mentoring program, and a nontraditional school setting with a 6:1 student-to-teacher ratio. Curriculum is self-paced and students attend year-round, so they are able to progress at a rate that is comfortable for them. Services are available seven days per week from 8:00 a.m. to 8:00 p.m. ALA is accredited through WASC and NCA. Students can attend ALA to retake classes failed at their school with the permission of their school's administration. I have received positive feedback from a family whose student attended ALA. I do not have information about their fees or whether they accept insurance.*

Attention Deficit Disorder Treatment Center

Jeffrey Wilson, Ph.D., Clinical Director  
27725 Santa Margarita Parkway, Suite 215  
Mission Viejo, CA 92691  
(949) 272-3870  
(949) 951-2802 (fax)

Email: [jwilson@ADDTreatmentCenters.org](mailto:jwilson@ADDTreatmentCenters.org)

Web: [www.ADDTreatmentCenters.org](http://www.ADDTreatmentCenters.org)

*According to their website, the ADD Treatment Centers are committed to helping individuals and families with Attention Deficit Disorder. Dr. Wilson and colleagues have more than 20 years of experience in the diagnosis and treatment of ADD and related disorders. They use QEEG (Quantitative Encephalograph, aka "brain mapping") to aid in the diagnosis and treatment of several neurophysiological disorders, especially ADHD. The QEEG measures the efficiency of electrical interaction between various regions of the brain and is used as a tool to help guide diagnosis and treatment using Neurofeedback therapy. I do not have first-hand knowledge of their services or treatment outcomes (I met Dr. Wilson at a professional Consultation Group and was impressed with his knowledge and clinical experience). I also do not have information about the ADD Treatment Center's fees, but I am aware that they do accept some insurance.*

Auxiliary Studies Program

Mrs. Mary Manese, Program Director  
Santa Margarita Catholic High School  
22062 Antonio Parkway  
Rancho Santa Margarita, CA 92688  
(949) 766-6085  
(949) 766-6098 (fax)

Web: [www.smhs.org](http://www.smhs.org)

*The Auxiliary Studies Program at SMCHS provides support services to SMCHS students with diagnosed learning disabilities and attention problems. They have expanded their services within the community to include psycho-diagnostic testing for children of different ages. Their comprehensive test battery includes assessment of the child's cognitive skills, academic achievement, attentional skills, and "executive*

*functions." Their fees are reasonable (\$1500.00) and they provide practical recommendations in their reports. I do not believe they accept insurance.*

#### Behavior Therapy and Learning Center

200 Marina Drive

Seal Beach, CA 90740

(562) 431-2155

(562) 431-8386 (fax)

Email: [molbtlc@aol.com](mailto:molbtlc@aol.com)

*The Behavior Therapy and Learning Center staff provide behavior management services to families and schools of children with intellectual disabilities, developmental disorders (aka "spectrum disorders"), and behavior problems. Their services are based in the principles of applied behavior analysis and include parent training, assessment, program development, reduction of problem behaviors, language development, and social skills instruction. The Behavior Therapy and Learning Center currently accepts Blue Cross, Blue Shield, Cigna, and United Behavioral Health insurances. I do not have direct knowledge of their services.*

#### Calvary Christian School

1010 N Tustin Avenue

Santa Ana, CA 92705

(714) 973-2056

Email: [lhess@ccschool.org](mailto:lhess@ccschool.org)

Web: [www.ccschool.org](http://www.ccschool.org)

*As noted on their website, Calvary Christian School uses the phrase, "Sharpening Minds & Transforming Hearts," to describe their purpose. They are committed to sharpening minds by providing challenging academics, which promote critical thinking skills. They seek the transforming of hearts through a nurturing environment that strives to instill Christian values. The Eagle Academy (the school's learning support program) serves K-8<sup>th</sup> grade students who have language-based learning challenges. Students benefit from a multisensory approach and instruction takes place in small groups and/or one-on-one. Interventions provided include Lindamood-Bell® Seeing Stars®, Visualizing and Verbalizing®, and On Cloud Nine® (for Math); Read Naturally; Brain Train; explicit instruction in phonics; and training in active reading and math strategies. Please contact Leah Hess, Head of School, at [lhess@ccschool.org](mailto:lhess@ccschool.org) for more information.*

#### Center for Autism and Neurodevelopmental Disorders (formerly For OC Kids)

2500 Red Hill Avenue

Santa Ana, CA 92705

(949) 267-0400 or (888) 962-5437

(949) 221-0004 (fax)

Email: [thecenter4autism@uci.edu](mailto:thecenter4autism@uci.edu)

Web: [www.forOCKids.org](http://www.forOCKids.org)

*Originally founded in 2001 (as For OC Kids), The Center for Autism provides a team of experts in the field of autism and neurodevelopmental disorders. They provide assessment, diagnosis, care coordination, family support, and education for children with autism spectrum and other neurodevelopmental disorders, including Attention-Deficit/Hyperactivity Disorder (ADHD). According to their website, their goal is to give help and hope to children and families challenged by autism, ADHD and other neurodevelopmental disorders. They provide early identification and intervention, clinical care, follow-up care and coordination, and a wide range of educational resources and research. Their clinical team includes developmental-behavioral pediatricians, a neurologist, a nurse practitioner, psychologists, social workers, speech pathologists, ABA therapists, and occupational therapists. I have received positive feedback from several parents who have had their children*

*assessed (when it was For OC Kids). The Center for Autism accepts most insurance, including Medicaid, CalOptima and Medi-Cal. I do not have information about their fees.*

Center for Autism and Related Disorders (CARD)  
South Orange County Region (multiple locations in Orange and L.A. counties)  
27127 Calle Arroyo, Suite 1921  
San Juan Capistrano, CA 92675  
(949) 661-6753  
(949) 661-6853 (fax)  
Email: [CARDSanJuan@centerforautism.com](mailto:CARDSanJuan@centerforautism.com)  
Web: [www.centerforautism.com](http://www.centerforautism.com)

*According to their web site, CARD is one of the largest organizations in the world providing treatment to children and youth with autism, Asperger's Syndrome, PDD-NOS, and related disorders. They have 17 offices internationally, providing services to nearly 1,000 children. Their Team includes six doctoral-level Directors and Managers, three licensed Speech Pathologists, more than 70 Supervisors, and over 350 Therapists. CARD follows the principles of Applied Behavior Analysis (ABA) to develop individualized treatment plans based on each child's particular strengths and weaknesses. CARD services include: assessment; direct 1-on-1 therapy; parent training; specialized outpatient services; supervision; consultation (e.g., with parents, schools, other professionals, and other agencies); and professional training via domestic and international workshops. CARD is committed to utilizing a scientific approach to evaluate outcomes and to developing products and services to further effective treatment. I do not have first-hand knowledge of their services. I also do not have information about their fees or whether they accept insurance.*

Center for H.U.G.S. (Helping U Grow Socially)/Family Solutions Group  
23792 Rockfield Blvd., Suite 200  
Lake Forest, CA 92630-3820  
(949) 770-HUGS (4847)  
(949) 770-4020 (fax)  
Email: [confidential@centerforhugs.org](mailto:confidential@centerforhugs.org)  
Web: [www.CenterForHugs.org](http://www.CenterForHugs.org)

*According to their literature, the Center for H.U.G.S. provides a variety of services, including play therapy, workshops and self-help seminars (e.g., on positive parenting, surviving divorce, raising a child with autism, etc.), family coaching, and support groups. They provide specific services for families affected by Autism, including individual/couple/family therapy, consultations and referrals, workshops, parent support groups, and social skills groups. I do not have first-hand knowledge about their treatment outcomes, fees, or whether they accept insurance.*

Child & Adolescent Behavioral Health Center  
Drs. Patricia Gisbert, Luis F. Morales Knight, and Iris Richardson  
17772 Irvine Blvd, Suite 103  
Tustin, CA 92780  
(714) 696-1385  
Email: [cabhc@ca-bhc.com](mailto:cabhc@ca-bhc.com)  
Web: [www.ca-bhc.com](http://www.ca-bhc.com)

*Drs. Gisbert, Morales Knight, and Richardson provide science-based psychotherapy (CBT, ACT, PCIT, and related approaches) and psychological/psychoeducational testing services (including dyslexia, ADHD, and autism spectrum assessments) to children and young adults aged 0-26 and their families. Their referrals are typically for anxiety, neurodevelopmental issues (such as ADHD and autism spectrum disorders), gifted,*

"quirky," or otherwise difficult-to-understand children, and emerging adulthood/failure-to-launch issues. They are in-network for Anthem Blue Cross, Aetna, and Cigna. Out-of-network or cash-pay services are available for \$200 per hour (for therapy) or \$240 per hour (for testing). I do not have first-hand knowledge of their services (I met Dr. Morales Knight at a professional networking event and was impressed with his training, previous experience, and approach with children and families).

DBT Center of Orange County  
Michele Lob, Psy.D., M.F.T., C.E.D.S., Executive Director  
4299 MacArthur Blvd, Suite 200  
Newport Beach, CA 92660  
Email: [drmlob@dbtcenteroc.com](mailto:drmlob@dbtcenteroc.com)  
Web: [www.dbtcenteroc.com](http://www.dbtcenteroc.com)  
(949) 480-7767  
(949) 209-1977 (fax)

*Dr. Lob and her team offer evidence-based Dialectical Behavior Therapy, Cognitive Behavior Therapy, Acceptance and Commitment Therapy, and Prolonged Exposure and EMDR for the treatment of trauma. The DBT Center of Orange County offers an array of DBT-focused services, including Adult and Adolescent Intensive Outpatient Services, 16-week skills groups, skills coaching, and individual therapy. The DBT Center of Orange County specializes in working with populations who suffer from substance abuse, eating disorders, depression, anxiety, and other mood and personality disorders. Dialectical Behavior Therapy offers a mindfulness platform upon which modules of emotion regulation, distress tolerance, and interpersonal effectiveness are built. DBT helps clients become aware of how to recognize the reasons for extreme emotions and how to be effective in managing them. Dialectical Behavior Therapy is designed to help clients Build a Life Worth Living. A **free** Family Connections group hosted by NEABPD and trained family members, offers a weekly two hour support meeting (this is a closed group and requires preregistration). Please visit the website for more information. DBTOC is not in-network with any insurance providers. We work with a third-party billing service to ascertain insurance benefits for our Intensive Outpatient Program only. Please call for further information.*

Family Autism Network  
306 East 1<sup>st</sup> Street, Suite 202  
Tustin, CA 92780  
(714) 573-1500 x3  
Email: [info@faninfo.org](mailto:info@faninfo.org)  
Web: [www.faninfo.org](http://www.faninfo.org)

*The Family Autism Network (FAN) utilizes trained volunteers to meet the needs of the underserved families affected by autism in Orange County. FAN increases access to existing resources and assists in finding new supports for people with autism from birth to adulthood. They provide information about a variety of resources (e.g., parenting classes, seminars, social skills groups, etc.) and assist families in securing the services they need.*

The Friend Ship of Orange County (formerly McKinnon and Associates)  
31351 Rancho Viejo Road, Suite 107  
San Juan Capistrano, CA 92675  
(949) 218-9963  
Email:  
Web: [www.thefriendshipoc.com](http://www.thefriendshipoc.com)

*According to their website, The Friend Ship of Orange County provides qualitative, comprehensive and individualized social skills training programs for children. They design treatment programs specifically tailored for each child's unique needs following the principles of Applied Behavior Analysis (ABA), evidence-based research, and the Social Skill Checklist developed by Kelly McKinnon. They offer social skills for children ages 4 to 13. Groups are 60 to 90 minutes in duration, depending on the needs of the children and the group size. They match and place children in groups based on their age, needs, and skill levels. They try to include neuro-typical peers in social skills sessions to provide opportunities for peer teaching, peer modeling, and generalization. Their social skills sessions are designed as "structured play dates," during which targeted social skills (e.g., attending skills, play skills, social behaviors, and social pragmatic skills) are learned and practiced via fun, play-based activities. The Friend Ship of OC was formerly known as McKinnon and Associates, and as such, was recommended by families who benefitted from their services. I do not have information about their fees or whether or not they accept insurance.*

Fusion Academy and Learning Center

23456 Madero, Suite 140

Mission Viejo, CA 92691

(949) 716-7384

Email: [nosborn@fusionacademy.com](mailto:nosborn@fusionacademy.com)

Web: [www.fusionacademy.com/Mission-Viejo/home](http://www.fusionacademy.com/Mission-Viejo/home)

*According to their website and literature, Fusion Academy is a comprehensive, accredited school for students in grades 6 to 12. The Academy specializes in helping students with individualized needs who do not fit the mold of traditional schools. Their environment is highly personal and socially inclusive. Equal emphasis is placed on students' emotional well-being and academic achievements. They offer a full range of courses that meet all California high school graduation requirements, as well as classes specifically created for their students. Instruction is one-to-one and lessons are self-paced, which allows more rapid progression through class work (e.g., a student can accomplish a traditional school year in just six or seven months). Students can schedule their classes anytime from 7:30 a.m. to 9 p.m. and can begin a new semester at any time during the year. Students complete their homework under faculty supervision each day at Fusion's Homework Café. Tuition ranges from \$2220.00 to \$3310.00 per semester per course. Fusion Academy also offers an After-School Program, which includes tutoring, mentoring, classes for credit, test preparation, and enrichment.*

Halstrom Academy

Mission Viejo Campus

25201 Paseo de Alicia, Suite 250

Laguna Hills, CA 92653

1-888-HALSTROM

Web: [www.halstromacademy.org](http://www.halstromacademy.org)

*Halstrom Academy has campuses in Los Angeles County, Orange County, San Diego County, and the San Francisco Bay area, and they also offer on-line classes. The Academy is accredited by the Western Association of Schools and Colleges. Halstrom Academy provides a one-on-one instructional environment for students in Grades 6 through 12 who need a more personalized, alternative school experience with flexible scheduling options. Halstrom works with athletes, actors, and artists; unique learners (e.g., those with ADHD, dyslexia, and other learning challenges); gifted students; individuals who felt lost in the shuffle of large classrooms; students who suffer from social anxiety; conventional students who need to make up credits or replace grades; and conventional students who want to supplement their current coursework or accelerate their education. Each student works with qualified teachers and receives a customized learning plan that is tailored to his or her unique skills, interests, needs and rate of progress. Halstrom's content mastery approach offers learning success because students must master each lesson prior to moving onto the next lesson. Students can*

choose from AP courses, UC/CSU certified courses, and NCAA-approved courses in science, English, fine arts, foreign language, math, computer science, personal development, health and social science. Courses are taught using the latest technology, including the use of iPads loaded with eTextbooks and learning apps. Students can choose to attend Halstrom full-time or part-time, and the school has a year-round open enrollment policy. Tuition is schedule-specific to each student and is determined by the number of courses taken at a time. Full-time enrollment costs \$12,000.00 to \$18,000.00 per year (please visit the website for more information). I do not have first-hand knowledge about their services, although I have visited the school and was impressed with their individualized approach to student learning.

The Help Group  
Administrative Offices  
13130 Burbank Blvd.  
Sherman Oaks, CA 91401  
(877) 994-3588  
(818) 779-5295 (fax)

Web: [www.thehelpgroup.org](http://www.thehelpgroup.org)

According to their web site, The Help Group is the largest, most innovative and comprehensive nonprofit organization in the U.S. serving children with special needs related to autism, Asperger's disorder, learning disabilities, ADHD, mental retardation, abuse, and emotional problems. The Help Group's seven specialized day schools offer Pre-K through High School programs for more than 1,300 students. Their wide range of mental health and therapy services, child abuse and residential programs serve more than 6,000 children and their families each year. The Help Group's schools and programs are located on four major campuses in the Los Angeles area (Sherman Oaks, Valley Glen, Culver City, and Van Nuys). Day Schools offer elementary, middle school, and high school programs, which include diagnostic prescriptive teaching, small classes, individualized curriculum, and enrichment activities to maximize learning. The Village Glen School serves children with social and communicative disabilities, including high functioning autism and Asperger's Disorder. Village Glen School provides individualized education, an emphasis on social skills, and programs for gifted students as well as students with behavioral challenges. The Young Learners Preschool for Autism is designed for children with autism spectrum disorders and other developmental delays. This program assesses the nature and degree of the challenges each child is confronting and fosters development in all essential areas through an interdisciplinary approach. The Bridgeport School integrates an academic curriculum with hands-on life skills training and vocational services for students with mild cognitive delays and challenges in the areas of social communication and/or language development. The Sunrise School provides comprehensive programs designed to promote communicative, behavioral, social, academic, motor, adaptive and independent living skills. The Summit View School allows students with specific learning disabilities to maximize their academic skills and achieve their full potential. Coldwater Canyon Prep offers a comprehensive academic and therapeutic curriculum in a highly specialized day school setting for students with specific learning disabilities and accompanying social-emotional needs. Harbor School West provides a team of teachers, therapists and adjunctive staff who collaborate to deliver a strengths-based academic program within a supportive therapeutic environment. The Pacific Schools provide educational and therapeutic day school programs to address the educational needs of students with emotional and behavioral disabilities. The Help Center also offers the following clinical programs: The Mental Health Services Programs; The Help Group Center for Autism Spectrum Disorders; Project Six Community-Based Residential Treatment Center for Adolescents; Village Glen Commons Therapeutic Boarding School for Adolescents; Stepping Stones Preschool Program; The Speech and Language Disorders Program and Occupational Therapy Program; The Help Group-UCLA Neuropsychology Program; The Help Group-UCLA Autism Research Alliance; and The Child Abuse Prevention and Intervention Programs.

## IN S.T.E.P.P.S.

(Support, Treatment, and Therapy for Parents, Professionals, and Students)

18008 Skypark Circle, Suite 110

Irvine, CA 92614

(949) 474 1493

(949) 726 8324 (fax)

Web: [www.instepps.com](http://www.instepps.com)

*IN S.T.E.P.P.S. specializes in working with children with autism spectrum disorder (ASD) and their families. According to their website, IN S.T.E.P.P.S. is dedicated to providing state-of-the-art services to children and their families. Their evidence-based teaching approaches are tailored to each program. They provide services in the natural environment and include parents, siblings, and any key care providers. They focus on functional skills, using positive reinforcement and positive behavior support strategies. Their goals are to make learning fun for all involved and to (re)create a harmonious family atmosphere. IN S.T.E.P.P.S. uses a team approach and the collaborative process to continually improve programs and services for the children and families they serve. Their services include: individualized behavior therapy with students with ASD, other developmental disabilities and delays, and other diagnoses such as ADHD or Anxiety Disorders; social skills teaching in the natural environment; social skill groups; school support; parent support and education; assessments and evaluations; workshops for parents; Lego Summer Camp and Support in Community Summer Camps; and on-site training and coaching in Pivotal Response Treatment (PRT) for professionals. I do not have first-hand knowledge of their services, and do not have information about their fees or whether they accept insurance.*

## Johnson Academy (formerly Speech, Language, and Learning Center)

31831 Camino Capistrano

Franciscan Promenade, Suite 100

San Juan Capistrano, CA 92675

(949) 487-5251

(949) 487-5242 (fax)

Email: [learningismagic@sbcglobal.net](mailto:learningismagic@sbcglobal.net)

Web: [www.speechlanguageandlearningcenter.net](http://www.speechlanguageandlearningcenter.net)

*The Johnson Academy assesses and treats children from the age of 18 months to high school in the areas of speech, language, and learning. They work with children who struggle with reading rate, accuracy, and/or comprehension, as well as those who have difficulty with math, spelling, and/or writing. They offer the following programs for remediation: Lindamood-Bell Learning Programs (LiPS, SS, On Cloud 9, and V/V), Fast ForWord, Earobics, Read Naturally, and Touch Math. The Center offers 1:1 individualized instruction after school during the academic year as well as group instruction during the summer. They also offer an alternative school program (similar to a home-schooling program), which is staffed with California credentialed former public school teachers who are trained in therapy. Students are typically taken out of the regular education system for one or two years. Teachers typically work with one or two students at a time, providing individually paced instruction in academics (either full-day curriculum instruction based on California standards or a supplemental curriculum). Students return to the regular school system after learning techniques and strategies that are effective with their individual learning style. I do not have first-hand knowledge of their services, but Ms. Johnson comes highly recommended by another professional. The Center's fees are \$100.00 per hour for assessment and for speech/language therapy, and \$65.00 per hour for academic therapies (Lindamood-Bell, Fast ForWord, Earobics, Read Naturally, and Touch Math). They are preferred providers for a number of insurance companies. The School Program costs about \$1500.00 per month and preferred-provider organizations can help defray the costs.*

## Learn to Read OC

Kelly Scott, M.A. Ed., Program Director

17461 Irvine Blvd., Suite D

Tustin, California 92780

(949) 533-9439

Web: [www.learn2readoc.org](http://www.learn2readoc.org)

*Learn 2 Read OC (L2ROC) is a low cost, non-profit, tutoring program to help people with dyslexia, language processing issues, or specific learning disability learn to read and spell. Learn 2 Read OC uses the Barton Reading & Spelling System©, an Orton-Gillingham Influenced, Simultaneously Multi-sensory, Explicit, and Systematic Phonics Program. For struggling readers and spellers (ages ranging from 5 to adult), \$295 per month includes (2) one-hour sessions of one-on-one tutoring per week at their Tustin office (by appointment only). Each tutor is specially trained in using the Orton-Gillingham based approach, the only proven system to teach dyslexic readers. Learn 2 Read OC also offers a learning analysis, which is a screening to help determine a student's academic weaknesses and strengths. It will also be able to identify if a student may have dyslexia. Learn 2 Read OC is a non-profit program that operates independently; however, it functions under the umbrella of California Youth Services (CYS). L2ROC is seeking grant funding and donations to provide services at no or minimal cost for low income families who need the help but are unable to afford the monthly fee.*

## Lindamood-Bell Learning Processes, Newport Beach

4100 Campus Drive, Suite 100

Newport Beach, CA 92660

(949) 252-9275 or (800) 300-1818

(949) 252-9276 (fax)

Web: [www.lindamoodbell.com](http://www.lindamoodbell.com)

*According to their web site, Lindamood-Bell programs are designed to develop language processing in individuals of all ages (ages Pre-K through adult). Instruction focuses on the development of processing skills (rather than subject curriculum), so it is common to see years of learning gain in just a few weeks of intensive instruction. Lindamood-Bell staff work with individuals with a variety of diagnoses, including dyslexia, autism spectrum disorders, ADHD, learning disorders, auditory processing disorders, dyspraxia, dysgraphia, sensory integration dysfunction, traumatic brain injury, and others. Students complete a learning evaluation to identify specific learning strengths and needs, and one-on-one instruction is provided to address those needs. Programs designed to remediate specific aspects of language processing include: Seeing Stars: Symbol Imagery; Lindamood Phoneme Sequencing (LiPS); Visualizing and Verbalizing for Language Comprehension and Thinking (V/V); Talkies: for Oral Language Comprehension and Expression; and On Cloud Nine Math. Instruction can improve a range of academic skills, including: reading decoding, fluency, and comprehension; spelling; memory; oral expression; written expression; math skills; study and test-taking skills; and others. I am aware of several families who have benefited from Lindamood-Bell interventions (either by attending the Center directly or by working with professionals trained in Lindamood-Bell techniques). Services at the Lindamood-Bell Center are quite costly, but financing is available.*

## Mardan Center of Educational Therapy

1 Osborn

Irvine, CA 92604

(949) 733-1500

(949) 733-9234 (fax)

Web: [www.mardanschool.org](http://www.mardanschool.org)

*According to their web site, Mardan School is a private, non-profit, state-certified special education day school. The school's mission is to assist children who have average to gifted intellectual potential, but whose emotional, behavioral, and/or learning difficulties have impacted their ability to succeed in regular school settings. Mardan serves between 80 and 100 students (ages 3-1/2 through 18 years) each year. Students come to Mardan with challenges such as ADHD, ODD, autism spectrum disorders, anxiety disorders, and/or mood disorders. Mardan's individualized program gives children the skills, self-confidence, and coping strategies they need to return successfully to a regular school program. Class sizes are small (no more than 12 students for a credentialed teacher and assistant). Students learn grade-level curriculum, aligned to state standards, via differentiated instruction. They also learn organizational skills, study skills, social communication skills, problem-solving strategies, and coping skills. Support services include regular and adaptive P.E., weekly scheduled time in the Resource Center/Library, bi-weekly group Art sessions, training in life skills, regularly scheduled time in the Computer Lab, and clinical services (speech/language and counseling) as needed. I do not have first-hand knowledge of the school, program outcomes, or the cost of tuition (although their literature says that scholarship assistance is available).*

The Mind Health Institute  
450 Newport Center Drive, Suite 380  
Newport Beach, California 92660  
(949) 891-0307  
(800) 217-8204 (fax)

Web: [www.mhi-nb.com](http://www.mhi-nb.com)

and

24800 Chrisanta Drive, Suite 120  
Mission Viejo, CA 92691  
(949) 354-0630  
(949) 354-0630 (fax)

Web: [www.mhi-mv.com](http://www.mhi-mv.com)

*The Mind Health Institute is a coordinated group of mental health clinics located in several southern California communities including Newport Beach, Pasadena, Beverly Hills, Santa Monica, Mission Viejo, Calabasas and Laguna Beach. According to their website, their unifying goal is to provide state-of-the-art mental health care that not only adheres to the current scientific evidence for best practices, but also exceeds the community standard of care. They believe that they can achieve this goal by fostering a commitment to communication amongst providers, providing service-oriented care, and keeping up with academic standards. The Mind Health Institute was founded by several leaders in the field who strongly believe that top quality mental health care should be the standard – and not the exception.*

*I am most familiar with the professionals at the Newport Beach and Mission Viejo locations. According to their website, The Mind Health Institute, Newport Beach is a multi-disciplinary mental health clinic that provides clinical care that is collaborative, evidence-based, and patient-centered. The Clinic is run solely by mental health professionals who are not only leaders in the field, but who are also committed to the highest professional and ethical standards of care. The Mind Health Institute, Mission Viejo is an integrated mental health clinic that offers an array of psychiatric and psychological services by top providers in their fields. All of their providers are not only well trained at top institutions, but adhere to an academic standard of care that strives to exceed the community standard. They also pride themselves on being patient-focused in an effort to offer a pleasant experience for children, adolescents, and adult clientele.*

*The Mind Health Institute is highly recommended by several mental health professionals. Likewise, individual providers come highly recommended by families who have benefitted from their services. I have collaborated professionally with several of the MHI providers, and I have been most impressed with their expertise and the quality of their services. Fees are posted on the website and depend upon services provided*

*(e.g., Clinical Psychologists charge between \$200 and \$250 per hour; Master's-level Therapists charge between \$150 and \$200 per hour; Psychiatrists charge between \$600 to \$800 for new evaluations (90 minutes) and between \$225 and \$425 for follow-up visits, depending on duration; and testing rates depend upon what is needed, with a standard fee of about \$4000 for a comprehensive psychodiagnostic assessment). The MHI does not bill insurance directly and they are out-of-network for all insurance providers.*

New Vista School  
23092 Mill Creek Drive  
Laguna Hills, CA 92653  
(949) 455-1270  
(949) 455-1271 (fax)

Email: [office@newvistaschool.org](mailto:office@newvistaschool.org)

Web: [www.newvistaschool.org](http://www.newvistaschool.org)

*According to their web site, New Vista School is a grade 6-12+ progressive educational center that provides a safe, structured educational environment. They serve the needs of students with Asperger's Syndrome, high-functioning Autism, and language learning disabilities who may benefit from social and transitional skills development. The school promotes academic achievement and fosters independence through academics, social skills, self-advocacy, and community involvement. I received extremely positive feedback from a mother whose teenage child attends New Vista. She reported that the school offers a small teacher-to-student ratio, a wide range of services, extracurricular activities, and Homework Club. She highly recommends New Vista for students who would benefit from the specialized setting they provide.*

Oak Health Center  
23141 Moulton Parkway, Suite 213  
Laguna Hills, CA 92653  
(949) 258-3741  
(949) 258-3742 (fax)

Email: [contact@oak.care](mailto:contact@oak.care)

Web: [www.oak.care](http://www.oak.care)

*Dr. Esther Park and her colleagues at Oak Health Center provide comprehensive mental health services for individuals of all ages. As described on the website, they have a team of psychiatrists, psychologists, therapists, and nurses who work together to help their clients overcome their illnesses and reach their maximum potential. Services include initial psychiatric evaluations, medication management, assessments (e.g., intelligence, academic achievement, emotional functioning, personality, testing for ADHD, etc.), counseling/therapy (individual, family, couples, and group), and continuous evaluation of each client's life functioning (e.g. effects on social/work/school environment). Dr. Park specializes in psychiatric care for children and adolescents, and Dr. Stella Kim and Dr. Steven Calleros provide psychiatric services for adults. The professionals at Oak Health Center come highly recommended by many families who have benefitted from their services. I have collaborated professionally with Dr. Park for several years and I have the utmost professional confidence in her services. Oak Health Center accepts Anthem Blue Cross, Optum, Cigna, and Aetna insurances.*

OC Anxiety Center (Drs. Curtis Hsia and Stephanie Davis)

26691 Plaza, Suite 221

Mission Viejo, CA 92691

(949) 600-6095

(949) 689-5892

Email: [Hsia@ocanxietycenter.com](mailto:Hsia@ocanxietycenter.com), [davis@ocanxietycenter.com](mailto:davis@ocanxietycenter.com), or

[officemanager@ocanxietycenter.com](mailto:officemanager@ocanxietycenter.com)

Web: [www.OCAnxietycenter.com](http://www.OCAnxietycenter.com)

*The OC Anxiety Center specializes in empirically-based interventions for anxiety. Drs. Hsia and Davis are both trained in Cognitive Behavioral Therapy (CBT) and Exposure and Response Prevention (ERP). For more information about services provided by Drs. Hsia and Davis, please see their individual descriptions above.*

Pathway School

23802 Avenida de la Carlotta

Laguna Hills, CA 92653

(949) 837-1203

(949) 837-1205 (fax)

Email: [pathway@pathwayschool.net](mailto:pathway@pathwayschool.net)

Web: [www.pathwayschool.net](http://www.pathwayschool.net)

*According to their web site, Pathway School exists to educate the minds, encourage the spirits, and develop the God-given potential of intelligent students who learn differently. Pathway School serves the educational needs of at-risk learners who do not qualify for support/intervention programs in the public schools, as well as students with identified learning differences (e.g., ADHD, learning disabilities, dyslexia, language processing deficits, auditory processing deficits, dysgraphia, Asperger's Disorder, and other health impaired conditions). Certificated teachers are trained in meeting the needs of students with diverse learning styles and are committed to the identification and development of each student's strengths, talents, and gifts. Class size is quite small (maximum ratio is 12 students for a teacher and one or two aides), and each student has an individualized educational program. Pathway has trained teachers, staff, and consultants who provide necessary services and programs (e.g., intensive behavior modification, social skills training, music therapy, occupational therapy, art, etc.). Currently, the school accepts students in Kindergarten through 9<sup>th</sup> grade. Tuition is approximately \$17,000.00 per year (need-based scholarships are available).*

Pegasus School

19692 Lexington Lane

Huntington Beach, CA 92646

(714) 964-1224

(714) 962-6047 (fax)

*According to their website, "The Pegasus School is an independent elementary school for grades Pre-K – Grade 8. Pegasus is dedicated to academic excellence and to the development of lifelong learners who are confident, caring, and courageous...As one of the premier independent schools, Pegasus was founded on the belief that strong intellect and a passion for learning should be nurtured and inspired and that learning is a lifelong process. We are grounded in an authentic commitment to service, embracing the opportunity borne by educating bright, capable students. Pegasus students are encouraged to follow their curiosity, challenged to test their abilities and nurtured throughout their journey...At Pegasus we have a shared vision that academic ability must be combined with character and integrity to nurture and grow the whole child."*

*I do not have first-hand information from students and families who have attended Pegasus School, but I have professional interactions with Michelle Carr, M.A., E.T. Mrs. Carr has worked as the Reading Specialist*

since 1999, and I have been impressed with her knowledge and expertise. Annual tuition is approximately \$20,000 plus fees.

Pilgrimage Family Therapy Center  
23201 Mill Creek Road, Suite 220  
Laguna Hills, CA 92653  
(949) 460-5320  
(949) 460-5322 (fax)

*Pilgrimage Family Therapy Center/Pilgrimage Community Counseling Services is a non-sectarian, non-profit outpatient mental health center providing counseling, psychotherapy, and educational services for the benefit of the public. The therapists at Pilgrimage have a minimum of Master's level degrees. They are Licensed Clinical Social Workers, Licensed Marriage and Family Therapists, or students in graduate programs undergoing advanced training and supervision. PFTC offers services to address a variety of issues, including marital problems, behavioral problems, ADHD, child and adolescent behavioral problems, depression, anxiety, substance abuse, and sexual abuse. They also offer a variety of group sessions, such as Parenting Groups and Anger Management Groups for adults and teenagers. I do not have first-hand knowledge of the quality of their services, their fees, or whether they accept insurance.*

Prentice School  
18341 Lassen Drive  
Santa Ana, CA 92705  
(714) 538-4511 or (800) 479-4711  
(714) 538-5004 (fax)

Web: [www.prentice.org](http://www.prentice.org)

*According to their web site, The Prentice School is an independent, nonprofit, co-educational day school for children in Pre-Kindergarten through 8<sup>th</sup> grade. Prentice teaches children with specific language disabilities, including dyslexia, the skills they need to be academically successful and to transition into traditional school settings. Specifically trained, credentialed teachers utilize a specialized instructional program called the Slingerland Multi-sensory Approach to Language Arts (which is an adaptation of the Orton-Gillingham Tutoring Method). This teaching approach is phonics-based and teaches children with dyslexia how to understand and use language. Prentice's curriculum includes enrichment classes in art, music, math, computer technology, science, and library media. Prentice maximizes individual attention by keeping small class sizes (12-16 students). The Prentice School follows state curriculum guidelines, meets California standards, has the highest WASC accreditation, and is certified as a non-public school by the California Department of Education. Support staff includes a psychologist and two speech pathologists who address the unique individual needs of students. Prentice School's on-campus Resource Center is open to students of all ages and their families. Foundations 4 Learning provides learning assessments, tutoring, assistive technology, and many other services. Programs include Discover Your Child (for 3- to 6-year-olds) and Prentice Early Primary Program (PEEP) (for Pre-K through 1<sup>st</sup> grade). Support services include Occupational Therapy, Life Skills Training, Speech and Language, Summer School, and Parent Support. I have received positive feedback from families whose students have attended Prentice. Tuition ranges from \$21,200 to \$22,500 for full-day programs in grades K through 8. Scholarships, financial aid, and payment plans are available.*

PRIDE Learning Center  
27001 La Paz Road, Suite 478-B  
Mission Viejo, CA 92691  
(949) 484-0230 ext. 7  
Email: [info@pridelearningcenter.com](mailto:info@pridelearningcenter.com)  
Web: [www.pridelearningcenter.com](http://www.pridelearningcenter.com)

*PRIDE Learning Center specializes in teaching students of all ages how to read. According to their literature, they personalize a specific reading and writing program that delivers results tailored to the individual child. Their program uses the Orton-Gillingham approach, which utilizes visual, auditory, and kinesthetic modalities to teach language skills. Their multi-sensory learning environment is action oriented and involves constant interaction between a specialist and each child. They provide in-depth evaluations specific to each child, and develop individualized learning plans to maximize student success. Their specialists are trained to work with students with dyslexia, visual and auditory processing disorders, and ADHD. PRIDE comes highly recommended by a family whose student has benefitted greatly from their program. I was told that hour-long sessions are \$75.00, and that their full-day program is \$1000.00 per week. I do not have information about whether they accept insurance.*

Regional Center of Orange County  
East/South Area Office  
1525 North Tustin Avenue  
Santa Ana, CA  
(714) 796-5100 or (714) 796-5354 (intakes)  
(949) 585-9366 (fax)  
Email: [intake@rcocdd.com](mailto:intake@rcocdd.com)  
Web: [www.rcocdd.com](http://www.rcocdd.com)

*According to their web site, The Regional Center of Orange County is a private, not-for-profit corporation contracting with the State of California for the provision of services to persons with developmental disabilities. RCOC's mission is to assist qualifying individuals and their families in securing and coordinating services and supports designed to maximize opportunities and choices. RCOC serves both children and adults who are substantially handicapped due to mental retardation, cerebral palsy, epilepsy, or autism (i.e., conditions meeting the legal definition of "developmental disability"). An infant or young child under the age of three may also be accepted by RCOC as "high risk" because of a significant delay in one or more developmental areas, because of medical problems and complications, and/or because of having a parent with a developmental disability. Once a referral is made, RCOC staff complete an assessment and develop an "Individual Program Plan" and/or "Person-Centered Plan" with specific objectives to develop competencies and achieve goals. RCOC staff coordinate necessary services and supports (provided by public agencies or vendors) to ensure that the Plan is successfully implemented and goals are reached. Program outcomes and financial information are available under the "Report Card" tab on the web site. There is no charge for RCOC services.*

South Orange County Family Resource Center  
23832 Rockfield Blvd., Suite 270  
Lake Forest, CA 92630  
(949) 364-0500  
(949) 364-0575 (fax)  
Web: [www.socfrfc.org](http://www.socfrfc.org)

*According to their website, the South Orange County Family Resource Center has been serving families in many south Orange County communities since 1996. The Family Resource Center brings together services and activities that educate, support and provide resources to families with children. Their overall goal is to*

*promote healthy families and healthy communities. They offer a wide variety of classes and workshops on various parenting issues, parent-child interactive programs, support groups, teen education, parenting advice, healthcare services, and low cost counseling services. Categories include: Community Outreach; Counseling Services; Family Advocacy; Health Care Access Services; Information and Resources; Parent/Child Interactive Programs; Parenting Education; Support Groups; WIC; and Youth Programs. Most of their programs are low cost and some are free of charge. I received positive feedback from a family who utilized services at The Resource Center.*

#### Tutoring and Academic Solutions

Gerry Jennings

Dana Point, CA

(949) 240-2720

Email: [teachme@cox.net](mailto:teachme@cox.net)

*Mrs. Jennings was a classroom teacher for several years before she developed her business out of her home. She tutors and also runs a home-school program for Middle School students. She is approved by the county and by the district, and works closely with public school teachers. Students are kept on the public school roster, but attend her school from 8:30 to 12:30 five days per week. Students eat lunch together, return home, and are expected to complete their homework by 3:00 p.m. They are expected to participate in a sport in order to get sufficient physical activity. Class size is small (7-9 youth), and they are able to progress at their own rate. She does not accept children who are discipline or significant behavior problems. She comes highly recommended by a family whose teen attended her home-school program. I do not have information about her fees.*

#### University of California, Irvine Child Development Center

Sabrina Schuck, Ph.D., Director

19262 Jamboree Road

Irvine, CA 92612

(949) 824-2343

(949) 824-8737 (fax)

Web: [www.cdc.uci.edu](http://www.cdc.uci.edu)

*According to their web site, the UCI Child Development Center (CDC) offers a variety of services for children with ADHD and other learning, behavior, and academic problems. These services include: a school-based clinical day treatment program; neuropsychological and/or psychoeducational assessments; research studies; parent training; and social skills classes. The multidisciplinary team at CDC includes psychologists, counselors, behavioral specialists, and credentialed teachers who are skilled in implementing behavioral interventions. In the Day Treatment Program, one teacher and two behavioral specialists work with up to 15 children in a classroom setting. Services include behavior modification, social skills training, parent training, and a multi-family group to extend parent training skills. Children participate for one to two years before being re-integrated into public or private schools. The Clinic for Attention, Behavior, Learning and Clinical Services provides assessments (charged at \$225.00 per hour for direct/face-to-face time), medication evaluations and consultations (charged at \$225.00 per hour), and child, adolescent, and adult counseling (charged at \$125.00 per hour). Counselors are cognitive-behavioral in orientation and have specific training in disorders of attention, behavior, and learning. Professionals are also trained in the treatment of commonly co-occurring problems such as mood and anxiety disorders. The Clinic offers both individual and group parent training as well as group social skills training for children and adolescents. Additionally, they provide Educational Therapy designed to meet the academic challenges of children, adolescents, and young adults. I am aware of several families who have benefitted from CDC's services.*

UCLA Program for the Enhancement of Achievement, Behavior, and Cognition (UCLA ABC)  
150 Medical Plaza  
Los Angeles, CA, 90024  
(310) 825-9989 or (800) 825-9989

Web: [www.uclahealth.org/nph](http://www.uclahealth.org/nph) or [www.semel.ucla.edu/resnick](http://www.semel.ucla.edu/resnick)

*According to their web site, UCLA ABC offers a day treatment program for short-term, integrated intensive psychological and psychosocial services for children 5 to 12 years old. The ABC Day Treatment Program specializes in treatment for children with a variety of conditions including mood disorders, anxiety disorders, ADHD and problems of impulse control, fetal alcohol spectrum disorders, and autistic spectrum disorders. Located within the Resnick Neuropsychiatric Hospital at UCLA, the ABC program applies evidence-based treatment to help children and their families. Services include behavioral intervention, academic instruction, occupational therapy, recreation therapy, social skills instruction and groups, medication evaluation and intervention, parent training, family therapy, speech and language consultation, psychological testing consultation, educational consultation, and summer programming.*